

Welcome Guide for Parents



CRUSH
IT!
JUNIOR GOLF

A Welcome from the CEO

“We’re excited to introduce Crush It, a brand new program specifically designed to help junior golfers reach their fullest potential on the course. The program is based on the ADM model with great rewards seamlessly built in, and it provides a structured program to help your child forge a life-long love for the game. We’re excited to hear what you think about the program and share in your child’s success!”

David Pillsbury
CEO



Welcome & Thank you

Thank you for registering your child to the Crush It Junior Monthly Program. We are excited to welcome you and your child to the program. This short guide acts as your introduction to this program and will give you all the information you need to understand the program, what is involved and the journey that your child is about to embark on. This guide includes the following:

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Let's Crush It

What is Included?

Within your monthly subscription payment, your child is entitled to receive the following:



1. A One Hour Weekly Junior Monthly Class

Included within your monthly subscription is a weekly class within the Junior Monthly program. Classes are available across three age groups. The exact time and day of your class will be unique to the venue your child attends and this will be communicated to you by their class coach.



2. Entry to Course Play Events

It's important for juniors to play the course and this is accomplished through a developmentally appropriate structure. This will help juniors learn to play and score and where necessary with a competitive element. Course Play events are organised at your child's club on a monthly basis and attendance to these events are included within your subscription fee.



3. Access to the Junior Welcome Pack

For a one-off fee, you can access the Junior Welcome Pack. This includes everything your child needs to support their participation in the program.



Welcome Pack - What is Included?

As part of your registration to the program, for an additional fee your child will receive a Welcome Pack. This Welcome Pack has been designed to give your child all of the resources they need to actively engage in the program. The Welcome Pack includes:



myJunior Folder

The *myJunior* Folder provides your child with everything they need to know to engage in their journey through the program and it fits perfectly into your child's golf bag!



Junior Crush It Hat

Used as a symbol of participation in the program, the Junior Crush It Hat gives your child the ability to proudly display their participation in the program and the Junior Hat Pins!



Program Resources

Interactive and educational resources for your child are included within the *myJunior* folder and will help your child to navigate the program, track their progress and collect the reward elements.



Crush It Backpack

A symbol of participation on the program and ideal for storing equipment required during classes and events.



Crush It Valuables Pouch

Perfect for storing everything your child needs in practice and on the course.



Divot Tool, Ball Marker, Towel & Water Bottle

Perfect for laying the foundations for educating your child on equipment necessary to play the game.

Please discuss the Welcome Pack with your child's coach.

What Will Your Child Learn?

The program develops your child through four learning outcomes. These learning outcomes are interlinked and are critical to develop your child's competency and confidence to play the game. They are also vital to help your child to thrive as a person outside of golf and to become an active participant at the club. These learning outcomes shape the program curriculum and your child's progression through the program pathway. The four learning outcomes are:



1. Mastering the Game

This element is focused on developing your child's golf skills to play the game confidently and competently.



2. Learning the Game

This element is focused on developing your child's knowledge to be at the club and to play the golf course independently, socially and/or competitively.



3. The Whole Child

This element is focused on the development of your child to thrive in golf and wider life across a range of social and psychological development elements.



4. Physical Literacy

This element is focused on the development of your child's necessary movement skills and physical development to thrive in golf and the necessary grounding for a healthy and active life.

Mastering the Game

This learning outcomes focusses on developing your child across four skills within the game. Within each of these skills are sub-skills that are necessary for your child to develop in order to play the game confidently and competently. These elements shape the learning and coaching opportunities across the programs. Each week your child will attend a class which focusses on one of three elements, Swing, Around the Green and On the Green.

Your child will develop their skills within the On the Course element during the Junior Course Play events which compliment the program.

1. Swing

Development of the skills required for your child to competently use the clubs in full swing areas of the game including driving, fairway woods and irons.

2. On the Course

This element is focused on the development and transference of your child's skills onto the golf course independently, socially and competitively.



3. Around the Green

Development of the necessary skills your child will require in situations around the green. including pitching, chipping and bunker play.

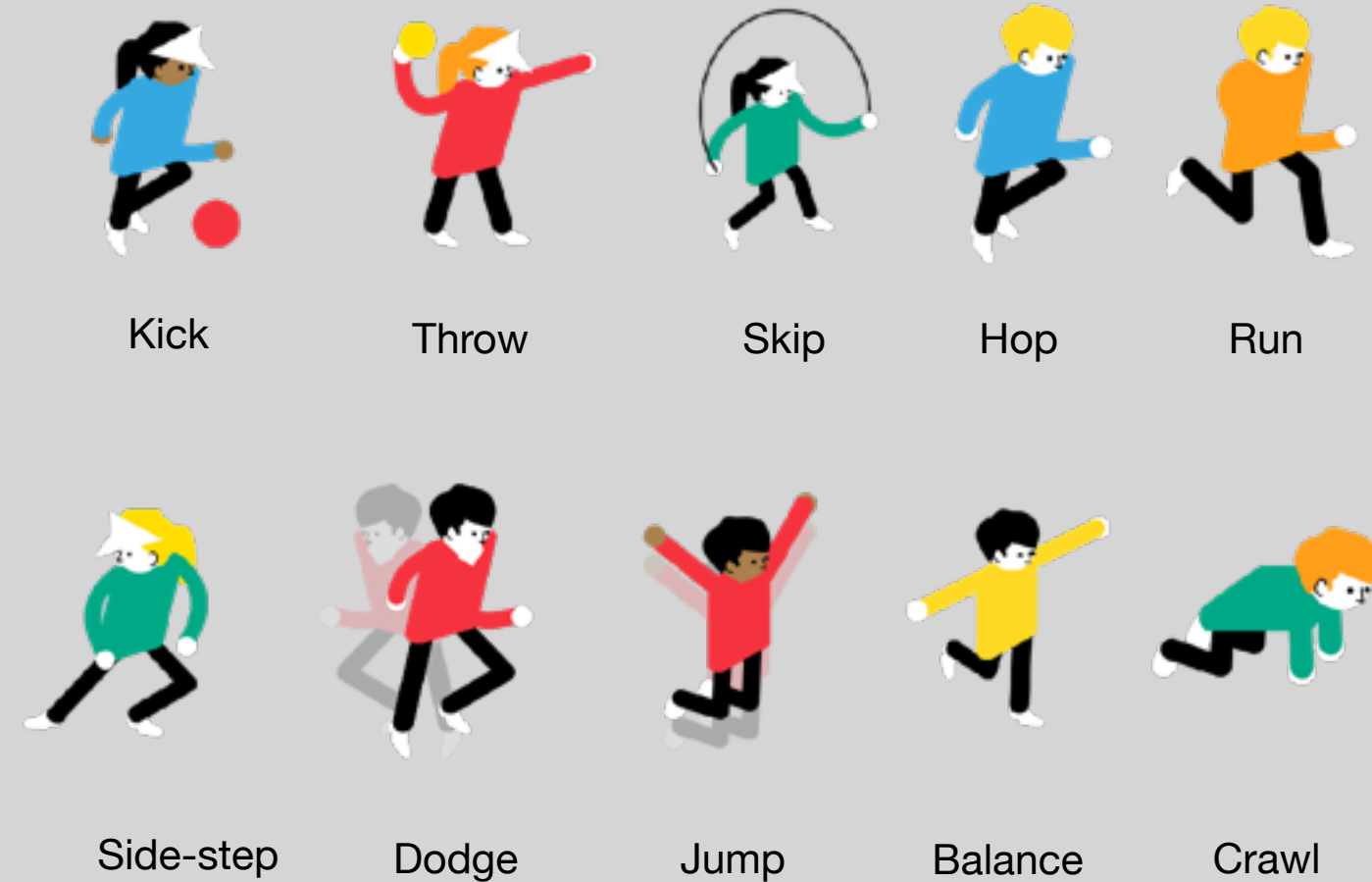
4. On the Green

Development of the necessary skills your child will require in situations on the green including short putts, long putts and scoring.

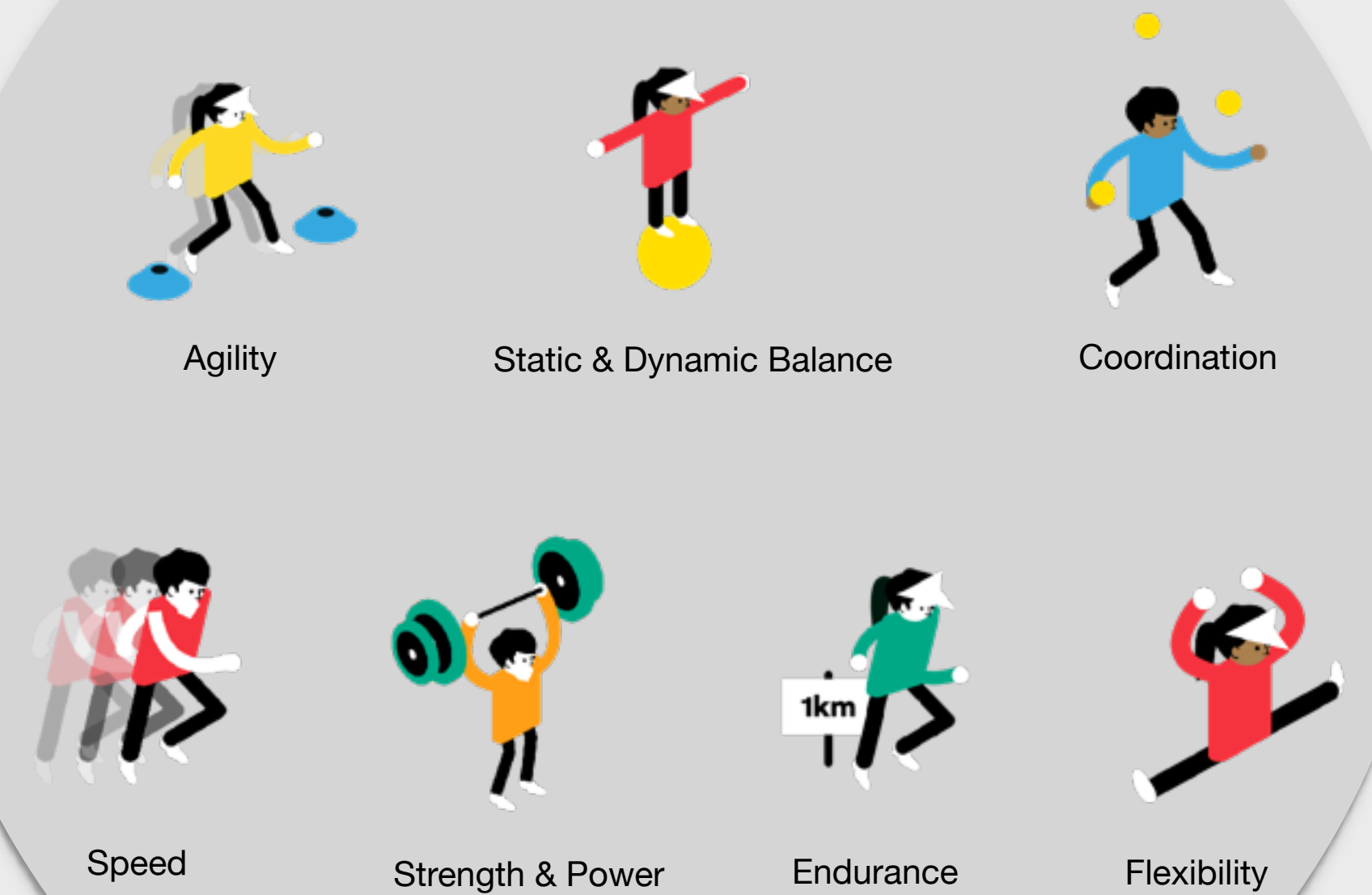
Physical Literacy

This element is focused on developing the fundamental movement skills (FMS) and basic athleticism skills to play golf and thrive to live a healthy and active lifestyle. The physical literacy component is delivered within classes in the form of warm up games and activities that are delivered in a developmentally appropriate way.

1. Fundamental Movement Skills (FMS)



2. Athleticism



Learning the Game

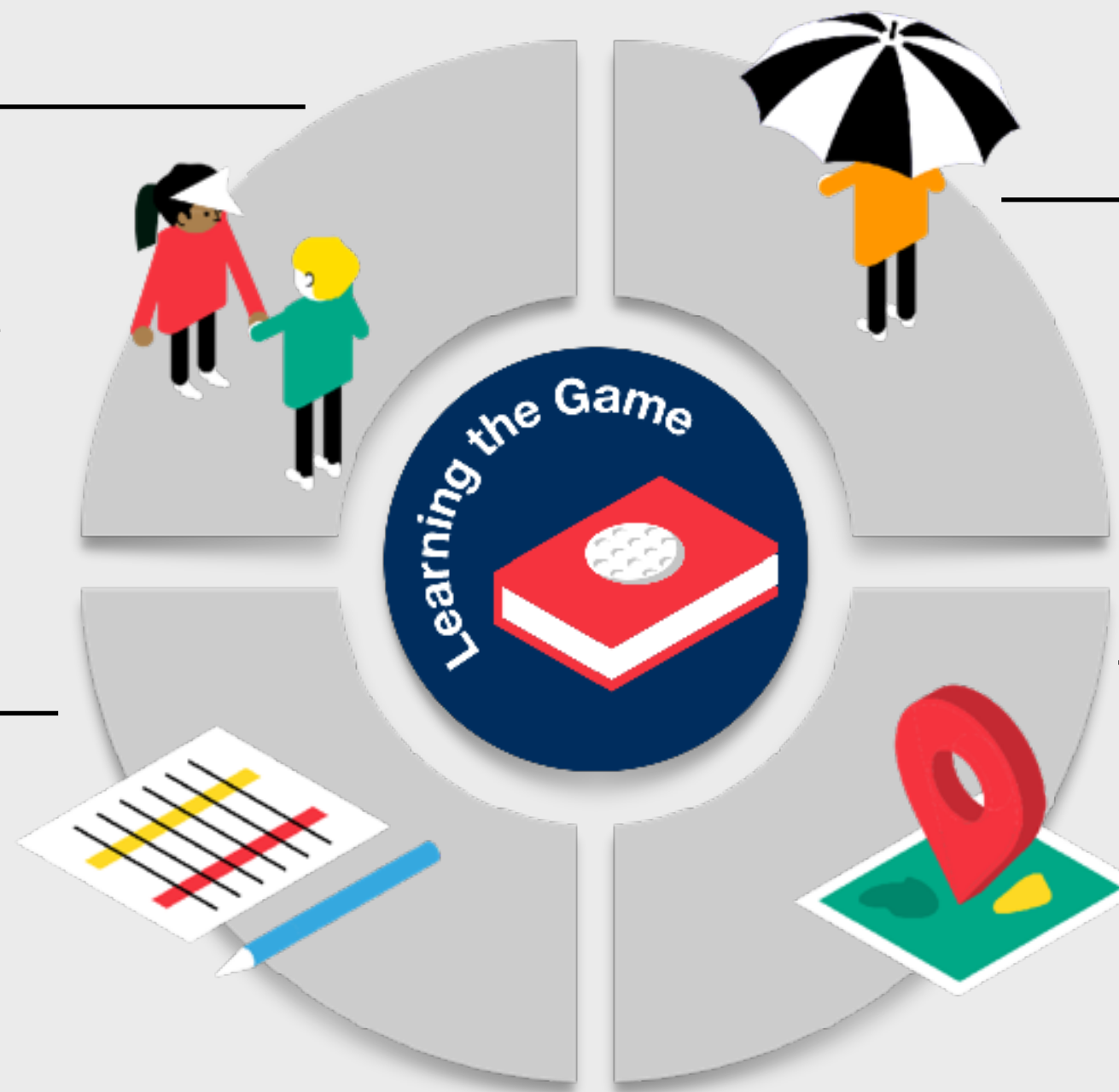
This element is focused on building your child's knowledge of the game to play the golf course, play with others and engage in life at the club. The Learning the Game learning outcome focuses on developing the following four areas and is built into the program delivery:

1. Rules and Etiquette

This element introduces and develops your child's knowledge to play the golf course with others socially and competitively within the rules and standards of the game.

2. Playing and Scoring

This element introduces and develops your child's knowledge to play the golf course in a variety of formats competitively and socially.



3. Preparing to Play

This element introduces and develops your child's knowledge to prepare for playing the golf course in a range of conditions and environments.

4. Orientation

This element introduces and develops your child's knowledge to navigate the course and the club, being safe and to play with confidence.

The Whole Child

This element is focused on the social-behavioural and psychological development of your child so they can thrive in golf, life at the club and in wider life. Your child will develop these elements through active participation in the programs, and engaging actively in life at the club with others. This learning outcome will develop:

1. Social

These are the skills necessary to develop your child's ability to work as part of a team and engage constructively with others.

2. Creative

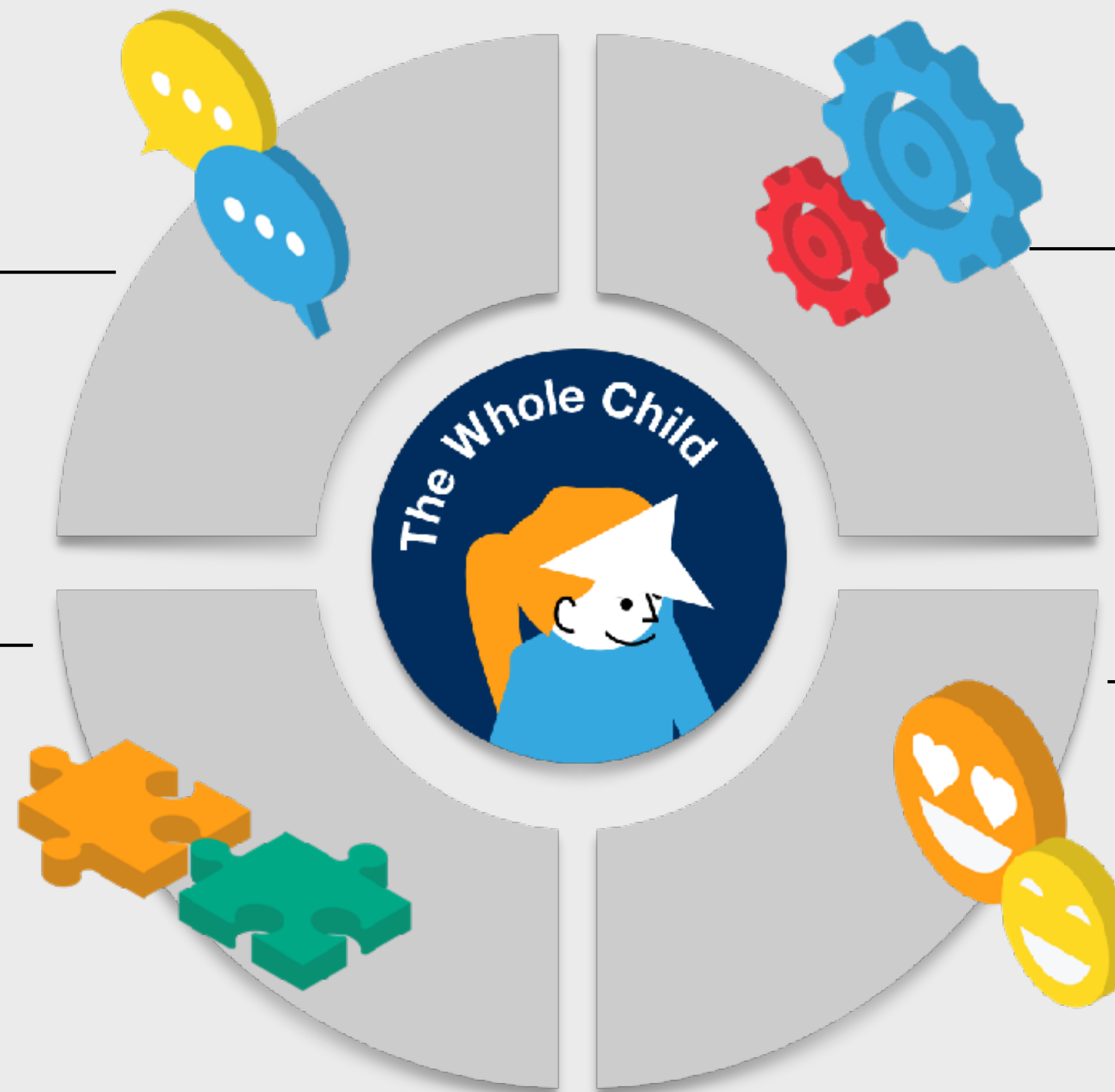
These are the skills to develop innovative ways to tackle tasks and challenges within the necessary rules and in a safe way.

3. Cognitive

These are the skills to develop strategies that will enable your child to complete a variety of tasks in an efficient and confident manner.

4. Personal

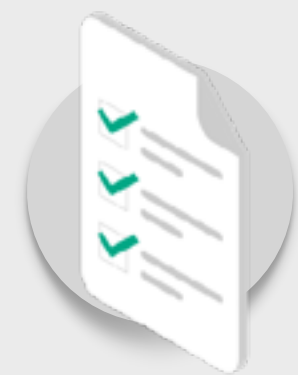
These are the skills intrinsic to your child and include the ability to self motivate and exert self control.



The Progression Levels

Through participation in the program, your child, where developmentally appropriate, has the opportunity to progress through a pathway built across six levels. The levels are color coded across the program resources and rewards.

The Mastering the Game Learning Outcome is used as the means to monitor, track and reward your child's journey through the progression levels. It is important that your child is able to move through progression levels during their participation in the program. Offering a progression pathway that will connect you, the child and their coach. The progression levels will help to:



1. Measure Progress

Through the progression pathway you, your child and their coach can track progression. This will shape your child's unique journey through the whole program.



2. Drive Engagement

The progression pathway will provide you, your child and their coach with the opportunity to drive engagement in your child's development. This will include independent and social learning opportunities outside of the program classes and events.



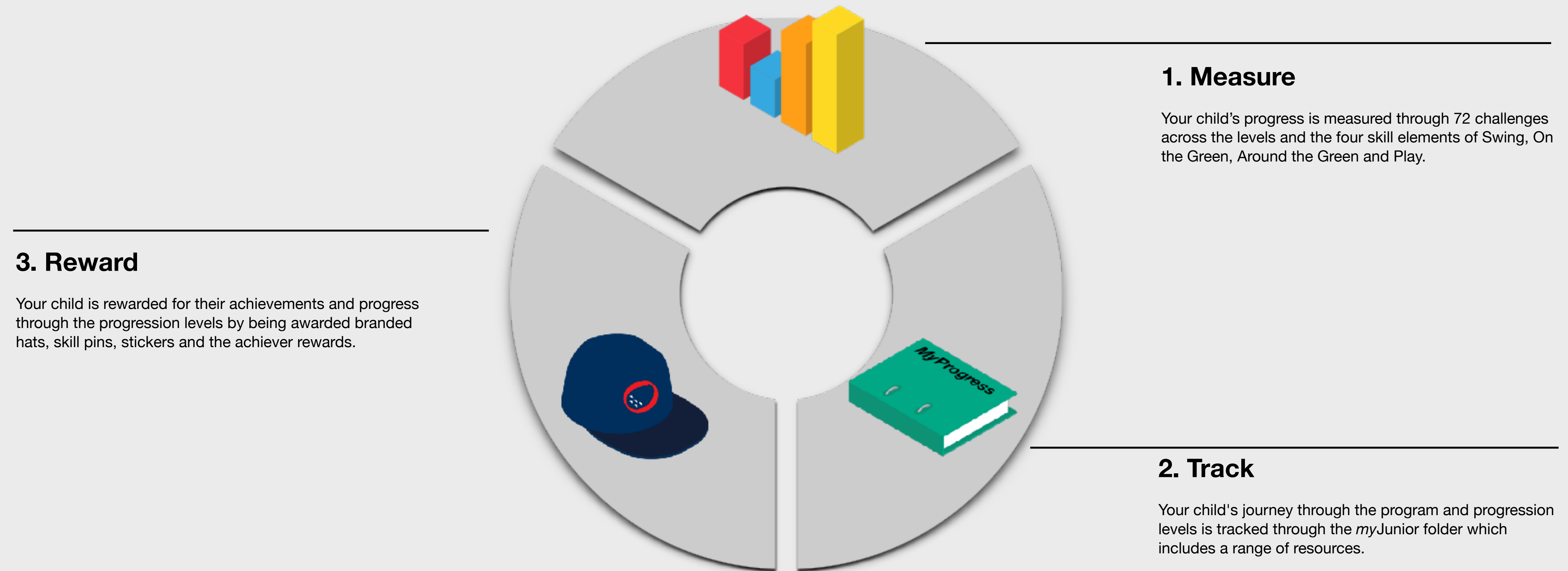
3. Reward Achievement

The progression pathway will drive self confidence, enjoyment and fulfillments by rewarding your child's success at every stage.



Measuring, Tracking and Rewarding Progress

Core to your child's journey through the progression levels is the ability to for you, your child and their coach to measure, track and reward progress at every stage. This interaction is essential to enjoyment, engagement and success of the overall program:



Measuring Your Child's Progress

Your child's progress across the six levels and the four skill elements are assessed using 72 Challenges. There are three challenges within each skill element at each level. Your child will have the opportunity to attempt these challenges during Junior Monthly classes under supervision of their coach and within the organized Course Play events. The challenges that your child will attempt are included within their *myJunior* Folder.

6 Levels

- Level 1
- Level 2
- Level 3
- Level 4
- Level 5
- Level 6

4 Skills

- ⚙ Swing
- ⚙ Around the Green
- ⚙ On the Green
- ⚙ On the course

Swing Challenges

- ⊙ Iron Challenge
- ⊙ Driver Challenge
- ⊙ Fairway Wood Challenge

Around the Green Challenges

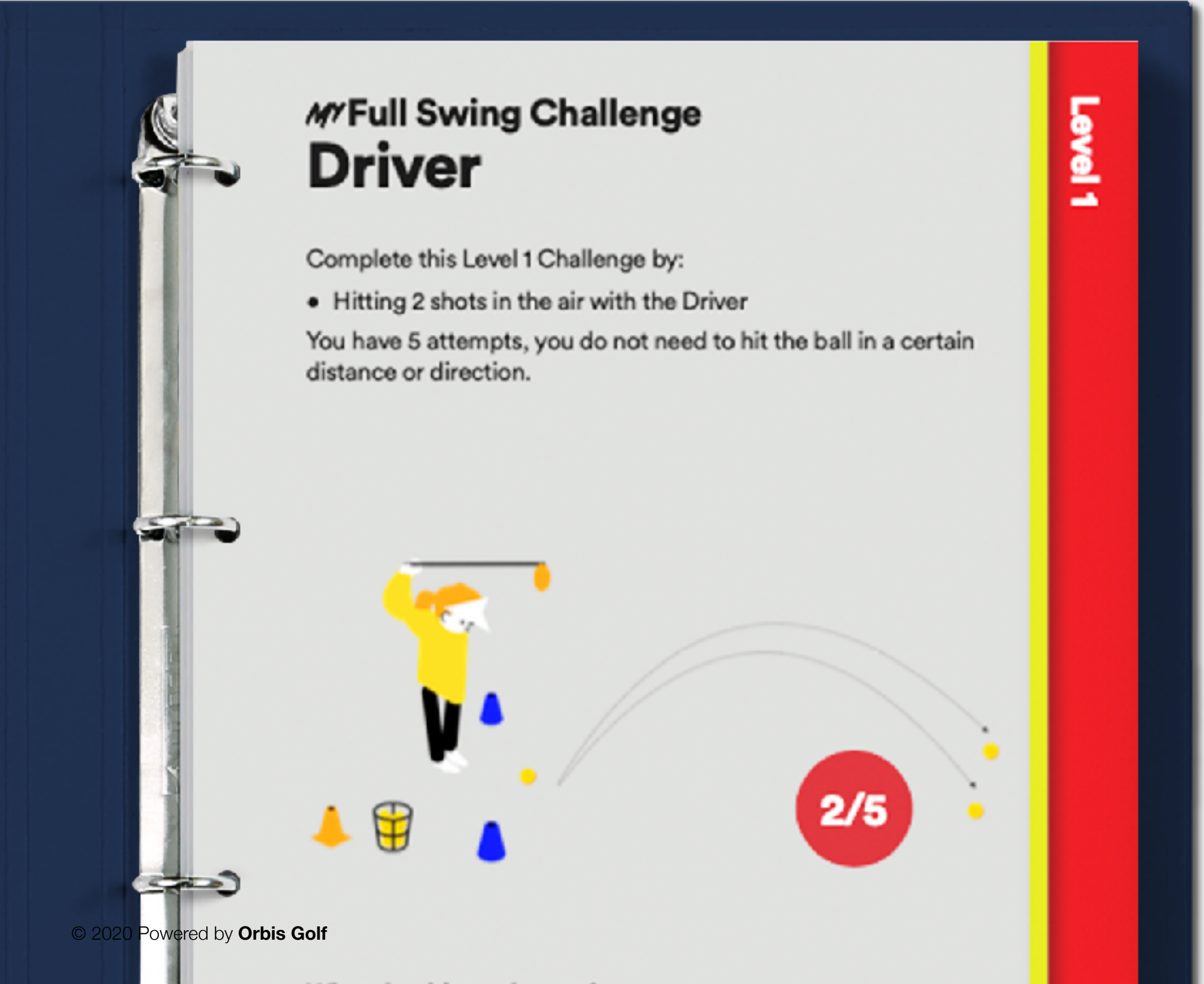
- ⊙ Chipping Challenge
- ⊙ Pitching Challenge
- ⊙ Bunker Play Challenge

On the Green Challenges

- ⊙ Short Putts Challenge
- ⊙ Long Putts Challenge
- ⊙ Scoring Challenge

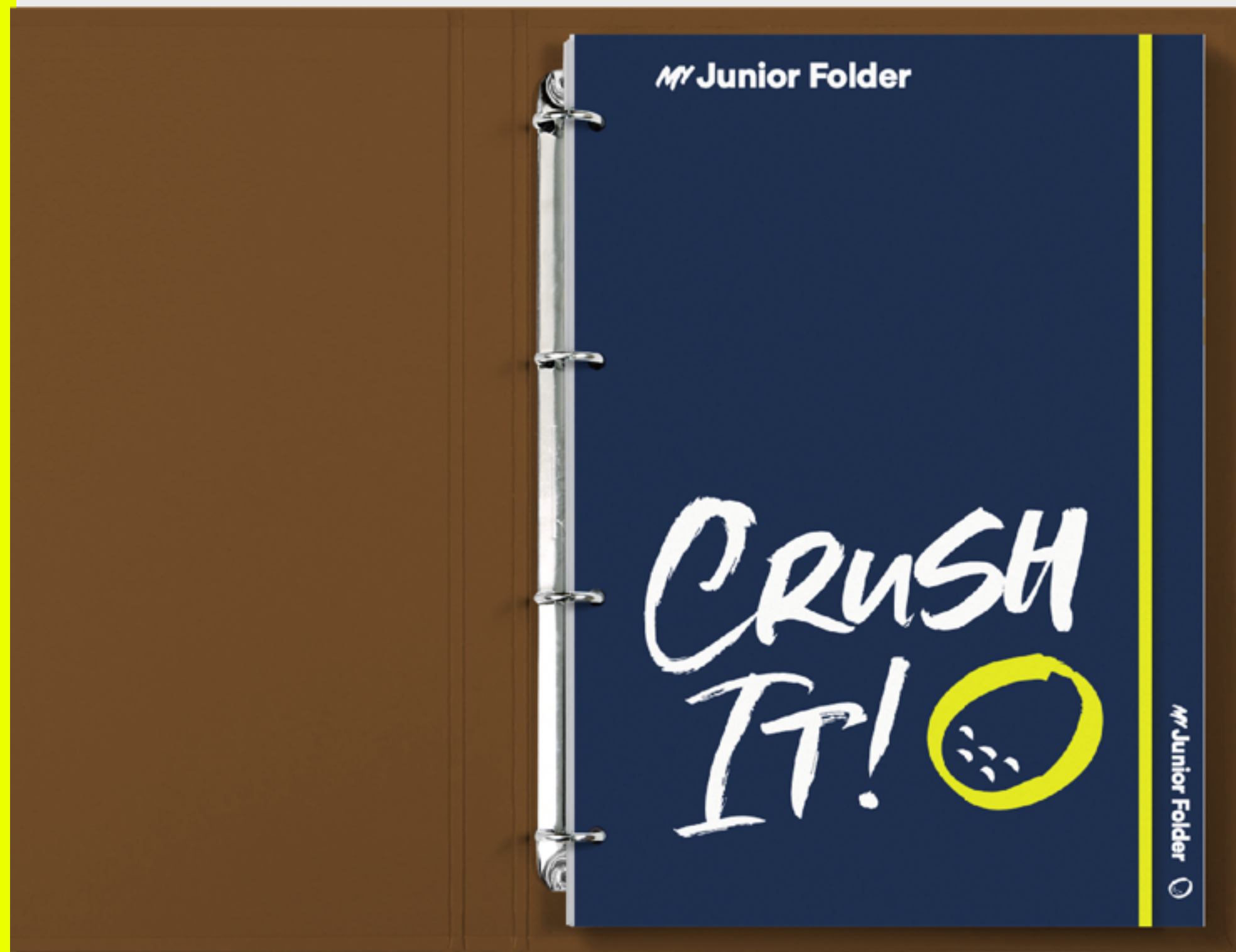
On the Course Challenges

- ⊙ Attendance Challenge
- ⊙ Number of Holes Challenge
- ⊙ Score Challenge



Tracking Your Child's Progress

It is essential to track your child's progress through the progression levels and this is achieved through their *myJunior* Folder within their Welcome Pack. This folder is the hub for you, your child and their coach and includes a range of interactive and educational resources to support your child's journey.



myProgress Wheels

The interactive *myProgress* wheels allows your child to interactively and visually track progress through the progression levels and the journey towards achieving the different reward elements.



Challenge Trackers

The challenges trackers provide a quick view of the challenges within each level and will help your child to visually track their journey to completing each level. Your child can add the skill challenges sticker to the tracker when complete.



Level 1-6 Challenges

A visual of each of the challenges within each levels is provided within the folder to help your child understand the challenges and practice outside of program classes.



On the Course Bonus Challenges

These are additional scoring challenges that your child can attempt during course play events and outside of events under supervision of you or their coach.



On the Course Trackers

These trackers will help your child to track their performance during course play events and add achiever stickers for each event they attend.



Achiever Trackers

During program classes, your child can collect achiever stickers from their coach for a range of behaviours and the coach will add these to your child's folder.

Rewarding Your Child's Progress

As your child progresses through the levels, they will be rewarded for their success at every stage. There are a variety of reward elements that your child can achieve and these are built into the program. Your child's coach will help you to navigate through the program and support your child. The reward elements that your child can work towards include:



Crush It Level Hats

On sign up to the program, your child is awarded a Crush It Hat. They can use this to collect and display their Hat Pins. On completion with all 12 challenges within a level your child will be awarded the next Crush It Level Hat.



Crush It Hat Pins

When your child successfully completes the 3 challenges within each skill, they will be awarded a Hat Pin for that level. This can be displayed on their Crush It Level Hat!



Challenge Achievement Stickers

These stickers are included with your child's myJunior Folder and these can be added to the correct tracker sheet when your child completes a challenge.



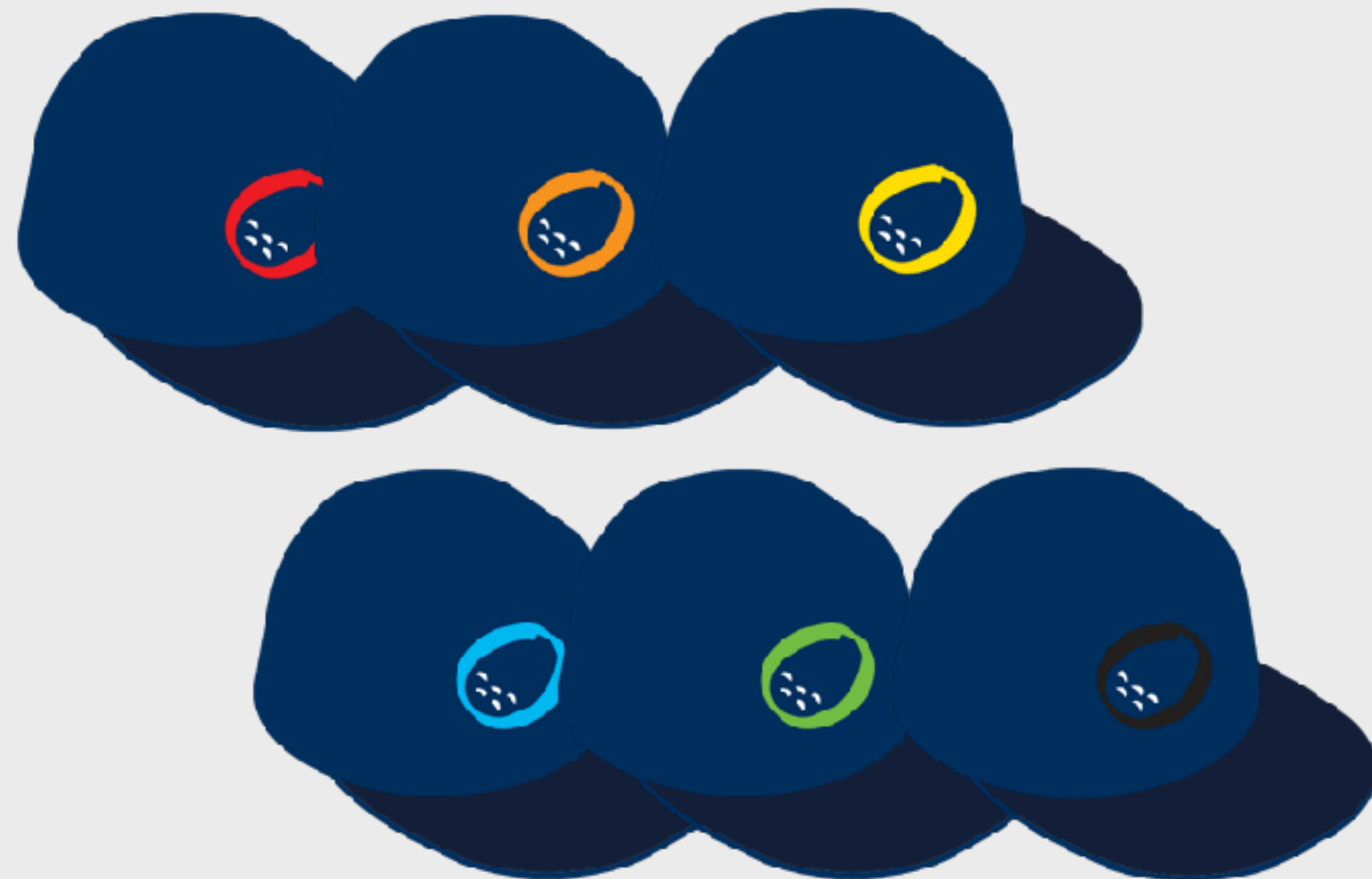
Achiever Stickers

These are also included within your child's myJunior folder and can be added to the tracker sheets. Achiever stickers can be achieved for a range of behaviours in class, attendance of course play events and completion of the bonus challenges!



Achiever Reward

The achiever reward is awarded by your child's coach at the end of every class for a standout performance. This is awarded at the discretion of the coach and the child gets to keep the reward in between classes.



Introduction to GLF. Locker

When registering for your child's Junior Monthly place, you may have used the GLF.Locker system to do this, or you will receive an automated account registration link to create an account. The GLF.Locker system is the hub for you to engage with the program. Your account is completely FREE and includes a range of features to help you engage with the program, your child's coach and the other services available at the club.

Features include:



Online Booking

Book your child's place on Course Play events, additional Crush It Programs and supplement their monthly coaching with private lessons.



In-App Messaging

Communicate with your child's coach through in-app messaging on the App.



myGame & Virtual Trophies

Track your child's journey through the challenges and progression levels as well as show them their virtual rewards.



Automated Confirmations & Reminders

Reminder and confirmations straight to your inbox so you never miss a class or event.

Download the APP on your iPhone or iPad by visiting the App Store and search for **GLF.Locker**. After download, search for your child's Golf club.

Coming soon on Google Play for Android!

What We Need From You

In order to ensure that the best interests and wellbeing of your child and others within the program are maintained at all times, we need some important information from you. Please review the information below and make sure that you return the documents when it is requested or before your child attends their first class:



Medical Request Form

This is vital information to ensure that you have the important information relating to your child in case of an emergency.



Minor Release Agreement

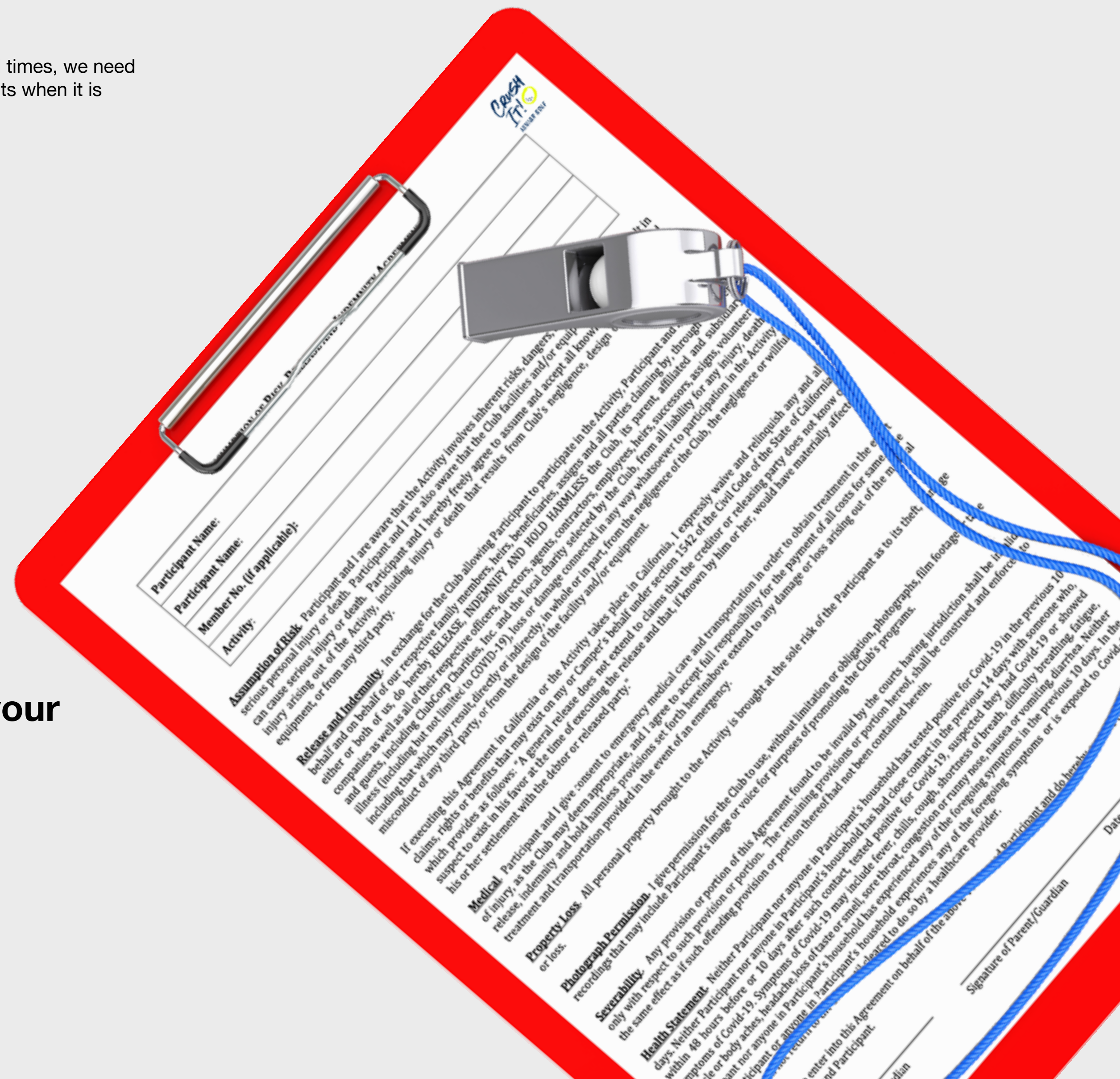
This is vital to ensure we have the required permissions and assurances for your child to attend the program classes



Subscription Payment Setup

So that we can charge you for your child's place on the program on a recurring basis, we require your payment details.

If any of the information needs updating, please contact your child's coach at the earliest opportunity.



We Need Your Support!

The family circle plays a vital role in your child's progression and their overall enjoyment of the program and ultimately the game of golf. We need your support at every stage of their journey through the program to enable the best outcomes. We have put together a list of the most important ways in which you can support the delivery of the program:



Communicate with your child's coach at any time regarding the program, life at the club, their progress and any concerns you may have.



Help your child to attend classes and events on time and be fully prepared with the necessary equipment.



Be supportive at all times and keep everything you do as fun as possible to promote life-long participation in the game.



Help your child to understand any resources that may be distributed by their coach to promote the learning outcomes.



Promote engagement in the *myJunior ClubLife* folder by helping your child to bring it to classes, keep it in good condition and engage in the learning resources.



Help your child to understand the progression pathway and learning outcomes.



Follow our recommendation for Course Play when playing with your child on the course outside of program events.



Final Thoughts

It is important that we coaches and the family support our juniors as they develop as people and golfers. We'd like to provide you with our top five tips that we use in our coaching sessions to help us encourage all our junior golfers:

**1**

Be patient and encouraging, allow them to problem solve as opposed to giving them the answer.

2

If our kids know we love them when they fail, they become bullet proof, and aren't afraid to try.

3

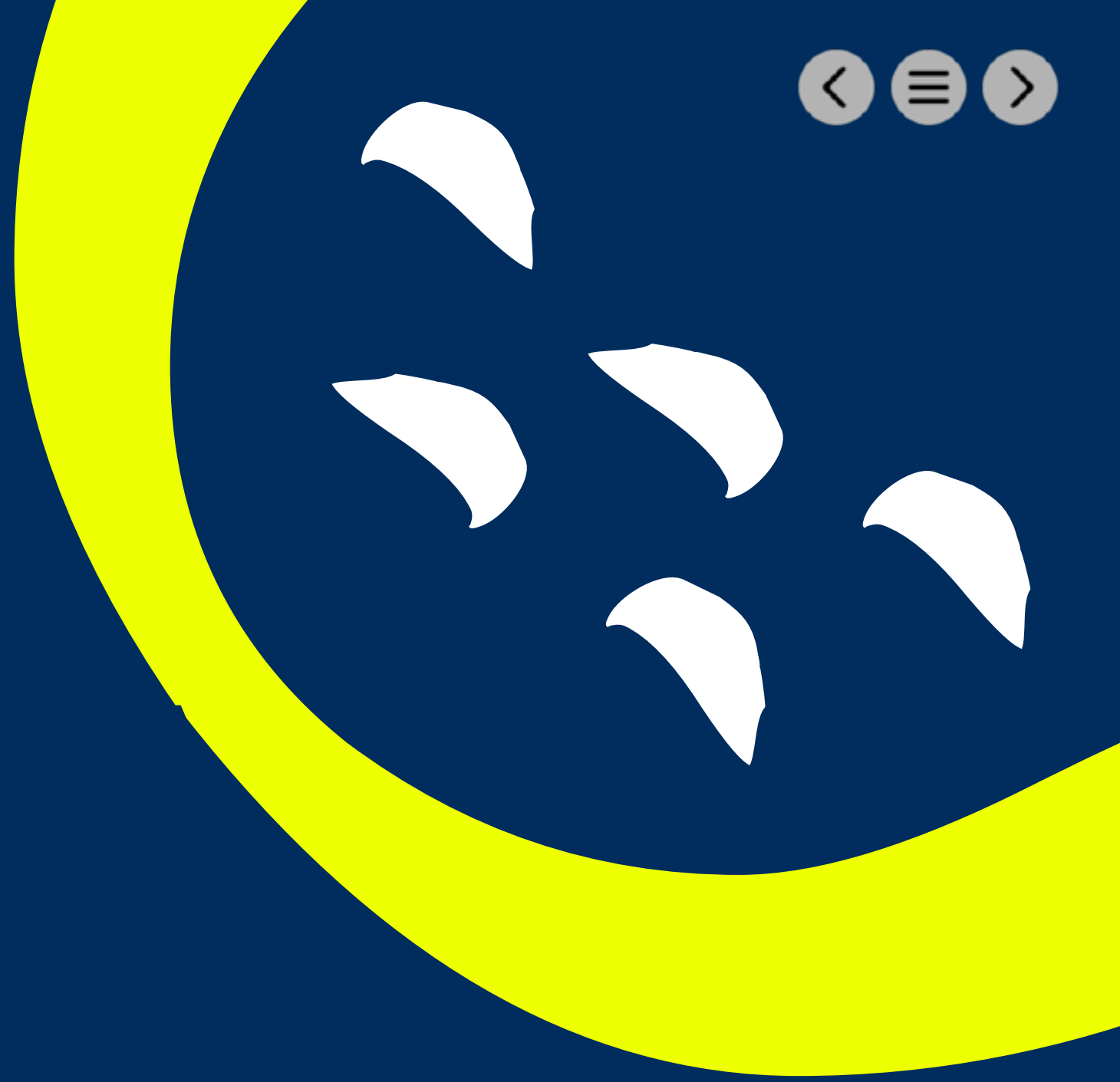
Create experiences that will encourage kids to play the game forever.

4

Be the calm in their game, don't be the chaos!

5

After each practice or competition ask these three questions: What went well? What do you need to improve? What did you enjoy most?



Thank you.