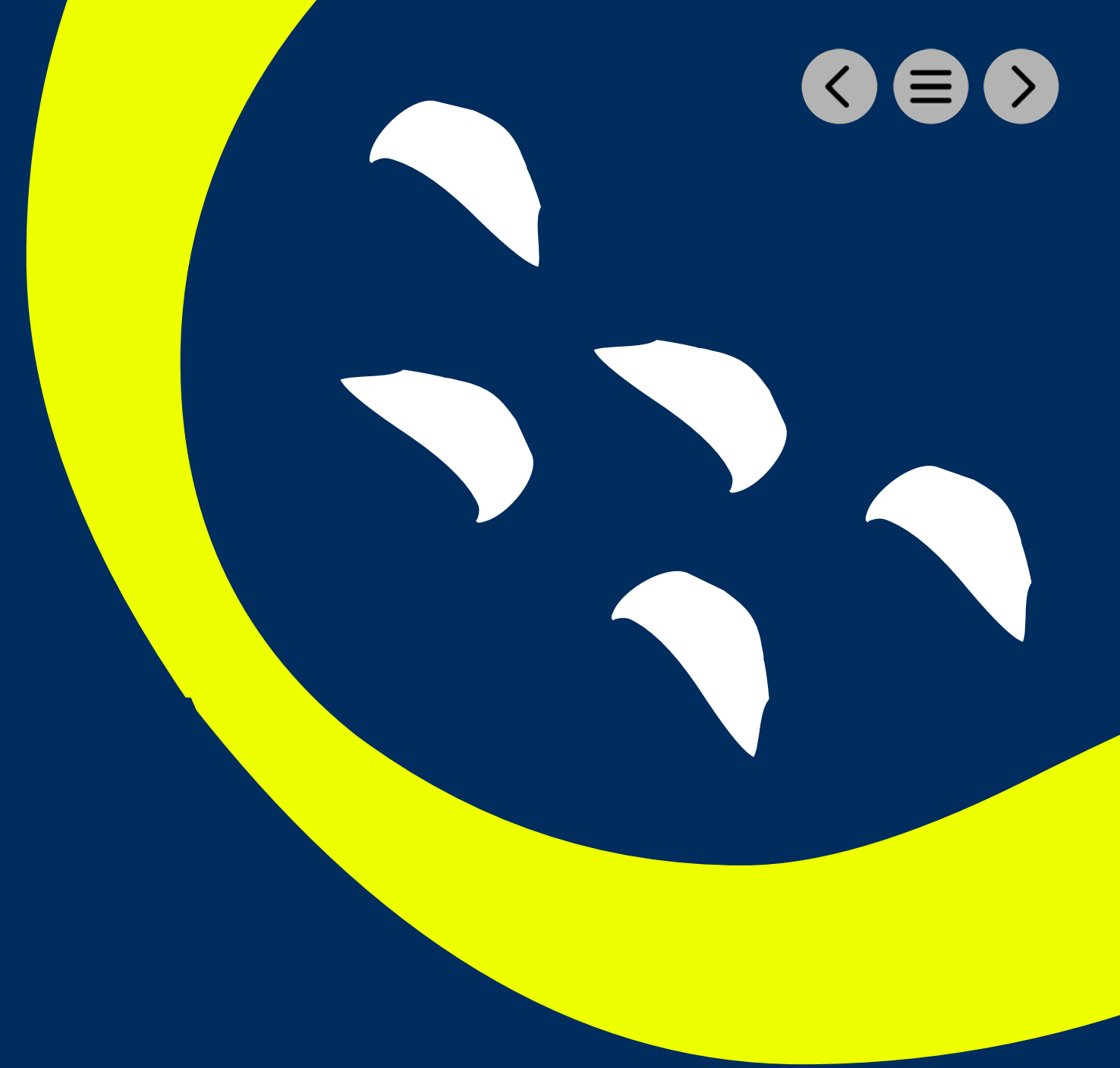


Full-Day Camp Timetable



Camp Week Timetable

4

Class Plans

Playing

Course Progression Levels

Session
60mins

Group Size:
1:6

Mastering the focus:
Swing

Element:
Irons

Learning the game focus:
Orientation

myJunior Challenge:
Iron Challenge

| Time | Focus | Suggested Theme Content | Games / Drills / Resources |
|---------|-----------------------------|---|--|
| 10 Mins | Introduction & Warm Up Game | <ul style="list-style-type: none">Outline the lesson objectives to the groupIntroduce the warmup game to the groupIntroduce FMS and Physical Literacy focusSplit into teams & demonstrate warm up gamePlay the warmup game | |
| 5 Mins | Learning the Game Focus | <ul style="list-style-type: none">Introduce the components of the Golf BagIntroduce the Iron & components of the club | <ul style="list-style-type: none">Relay Race |
| 35 Mins | Mastering the Game Focus | <ul style="list-style-type: none">Outline the safety instructions & class layoutIntroduce games, tasks & challengesDeliver one to one & group coaching on the Mastering the Game learning outcomesChildren can attempt the Iron ChallengeChildren rotate around the stations | <div>Coming Soon</div> |
| 10 Mins | myJunior Track & Reward | <ul style="list-style-type: none">Recap Mastering the Game and Learning the Game Focus from the session to check for understandingDistribute Learning the Game Resource if appropriateChildren can complete myProgress Wheel and add stickers where appropriateAdd any lesson notes to the child's myProgress sectionAward the Achiever Reward to a student in front of the parents and the groupAward any Pins & Hats | <ul style="list-style-type: none">The Iron ChallengeTug of WarStepping Stones <div>Coming Soon</div> |

© 2020 Powered by Orbis Golf

Full-Day Camp | Week Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Day | 9am | 9:15am | 9:30am | 10:10am | 10:50am | 11:00am | 11:45am | 12:00pm | 1:00pm | 1:20pm | 3:50pm | 4:00pm |
|-------|---------|--------------|------------------------|--------------------|---------|------------------------|------------------------------|---------|-----------------|-----------------|--------------------------------------|-------------|
| Day 1 | Welcome | Warm Up Game | Swing Games | On the Green Games | Break | Around the Green Games | Recap / Morning Points total | Lunch | Warm Up Games | On Course Games | End of Day Recap / Team Points Total | End of Camp |
| Day 2 | Welcome | Warm Up Game | Around the Green Games | Swing Games | Break | On the Green Games | Recap / Morning Points total | Lunch | Warm Up Games | On Course Games | End of Day Recap / Team Points Total | End of Camp |
| Day 3 | Welcome | Warm Up Game | Around the Green Games | Swing Games | Break | On the Green Games | Recap / Morning Points total | Lunch | On Course Games | | End of Week Prize Presentation | End of Camp |

Camp Daily Timetable

4

Class Plans

Playing

Course Progression Levels

Session 60mins

Group Size: 1:6

Mastering the focus: Swing

Element: Irons

Learning the game focus: Orientation

myJunior Challenge: Iron Challenge

| Time | Focus | Suggested Theme Content | Games / Drills / Resources |
|---------|-----------------------------|--|---|
| 10 Mins | Introduction & Warm Up Game | <ul style="list-style-type: none"> Outline the lesson objectives to the group Introduce the warmup game to the group Introduce FMS and Physical Literacy focus Split into teams & demonstrate warm up game Play the warmup game | <ul style="list-style-type: none"> Relay Race |
| 5 Mins | Learning the Game Focus | <ul style="list-style-type: none"> Introduce the components of the Golf Bag Introduce the Iron & components of the club | |
| 35 Mins | Mastering the Game Focus | <ul style="list-style-type: none"> Outline the safety instructions & class layout Introduce games, tasks & challenges Deliver one to one & group coaching on the Mastering the Game learning outcomes Children can attempt the Iron Challenge Children rotate around the stations | <div>Coming Soon</div> |
| 10 Mins | myJunior Track & Reward | <ul style="list-style-type: none"> Recap Mastering the Game and Learning the Game Focus from the session to check for understanding Distribute Learning the Game Resource if appropriate Children can complete myProgress Wheel and add stickers where appropriate Add any lesson notes to the child's myProgress section Award the Achiever Reward to a student in front of the parents and the group Award any Pins & Hats | <ul style="list-style-type: none"> The Iron Challenge Tug of War Stepping Stones |
| | | | Coming Soon |

© 2020 Powered by Orbis Golf

Day 1 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|---------|---|--|---|
| 15 Mins | Introduction | <ul style="list-style-type: none">Welcome and allocate children their teams for the week. | <ul style="list-style-type: none">Team Register |
| 15 Mins | Warm Up Games | <ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores | <ul style="list-style-type: none">Knockdown NoodlesTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">Swing | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Rocket LauncherPower PlayKnockdown TowerCrossbar ChallengeTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">On the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Cat and MouseRound the Clock SpiralTic Tac Toe - PuttingPutting PartnersTeam Points Tally Sheet |
| 10 Mins | Mid-Morning Break | <ul style="list-style-type: none">Time to rest, enjoy a drink and snack | |
| 45 Mins | Mastering the Game <ul style="list-style-type: none">Around the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Golf TennisClosest to the PinTic Tac ToeMouse TrapTeam Points Tally Sheet |
| 15 Mins | End of Morning Recap | <ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning | <ul style="list-style-type: none">Team Points Tally Sheet |

Day 1 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|----------|---|---|--|
| 60 Mins | Lunch | <ul style="list-style-type: none">Enjoy lunch and provide indoor activity to complete | <ul style="list-style-type: none">Design a Golf Balll |
| 20 Mins | Warm Up Games | <ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores | <ul style="list-style-type: none">Tee It Up Challenge |
| 150 Mins | On Course Play <ul style="list-style-type: none">Team Foursomes | <ul style="list-style-type: none">Outline the safety instructionsIntroduce the formatThe children play in pairs with another player from their teamsAllocate appropriate tee positions depending on abilityRecord scores for as many holes that can be completed in the allotted time | <ul style="list-style-type: none">ScorecardsTeam Points Tally Sheet |
| 10 Mins | End of Day Recap | <ul style="list-style-type: none">Recap the games, find out the children’s favouritesGive out the Achiever Award for the dayAnnounce the points total | <ul style="list-style-type: none">Team Points Tally Sheet |

Day 2 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|---------|---|--|---|
| 15 Mins | Introduction | <ul style="list-style-type: none">Welcome and allocate children their teams for the week. | <ul style="list-style-type: none">Team Register |
| 15 Mins | Warm Up Games | <ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores | <ul style="list-style-type: none">Head, Shoulders, Knees and ToesTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">Around the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Closest to the LineBattleshipsSplash ShotOver or UnderTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">Swing | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Stepping StonesTug of WarUp the LadderFlamingo ShotsTeam Points Tally Sheet |
| 10 Mins | Mid-Morning Break | <ul style="list-style-type: none">Time to rest, enjoy a drink and snack | |
| 45 Mins | Mastering the Game <ul style="list-style-type: none">On the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Closest to the LinePick a Cone, Hit a ConeCoconut ShyMinefieldTeam Points Tally Sheet |
| 15 Mins | End of Morning Recap | <ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning | <ul style="list-style-type: none">Team Points Tally Sheet |

Day 2 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|----------|--|---|--|
| 60 Mins | Lunch | <ul style="list-style-type: none">Enjoy lunch and provide indoor activity to complete | <ul style="list-style-type: none">Crossword |
| 20 Mins | Warm Up Games | <ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores | <ul style="list-style-type: none">Relay Race |
| 150 Mins | On Course Play <ul style="list-style-type: none">Team Scramble | <ul style="list-style-type: none">Outline the safety instructionsIntroduce the formatLet the children play in teams and record scores for as many holes completed | <ul style="list-style-type: none">ScorecardsTeam Points Tally Sheet |
| 10 Mins | End of Day Recap | <ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the day | <ul style="list-style-type: none">Team Points Tally Sheet |

Day 3 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|---------|---|--|---|
| 15 Mins | Introduction | <ul style="list-style-type: none">Welcome and allocate children their teams for the week. | <ul style="list-style-type: none">Team Register |
| 15 Mins | Warm Up Games | <ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores | <ul style="list-style-type: none">Obstacle CourseTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">Around the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Splash ShotMouse TrapGolf TennisOver or UnderTeam Points Tally Sheet |
| 40 Mins | Mastering the Game <ul style="list-style-type: none">Swing | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Crossbar ChallengeG. O. L. F.Stepping StonesStraight ShooterTeam Points Tally Sheet |
| 10 Mins | Mid-Morning Break | <ul style="list-style-type: none">Time to rest, enjoy a drink and snack | |
| 45 Mins | Mastering the Game <ul style="list-style-type: none">On the Green | <ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations | <ul style="list-style-type: none">Putting RunwayStick ShiftPutting ChallengeTeam Points Tally Sheet |
| 15 Mins | End of Morning Recap | <ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning | <ul style="list-style-type: none">Team Points Tally Sheet |

Day 3 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

| Time | Focus | Suggested Theme Content | Games / Drills / Resource |
|----------|--|---|---|
| 60 Mins | Lunch | <ul style="list-style-type: none">Enjoy lunch and provide indoor activity to complete | <ul style="list-style-type: none">Rules and Etiquette Quiz |
| 150 Mins | On Course Play <ul style="list-style-type: none">Team Betterball | <ul style="list-style-type: none">Outline the safety instructionsIntroduce the formatLet the children play in teams and record scores for as many holes completed | <ul style="list-style-type: none">ScorecardsTeam Points Tally Sheet |
| 30 Mins | End of Week Presentation | <ul style="list-style-type: none">Announce the winners for the week, present prizesProvide information on the Junior Monthly ProgramThank everyone for coming | <ul style="list-style-type: none">Team Points Tally SheetPrizesJunior Monthly Flyer |