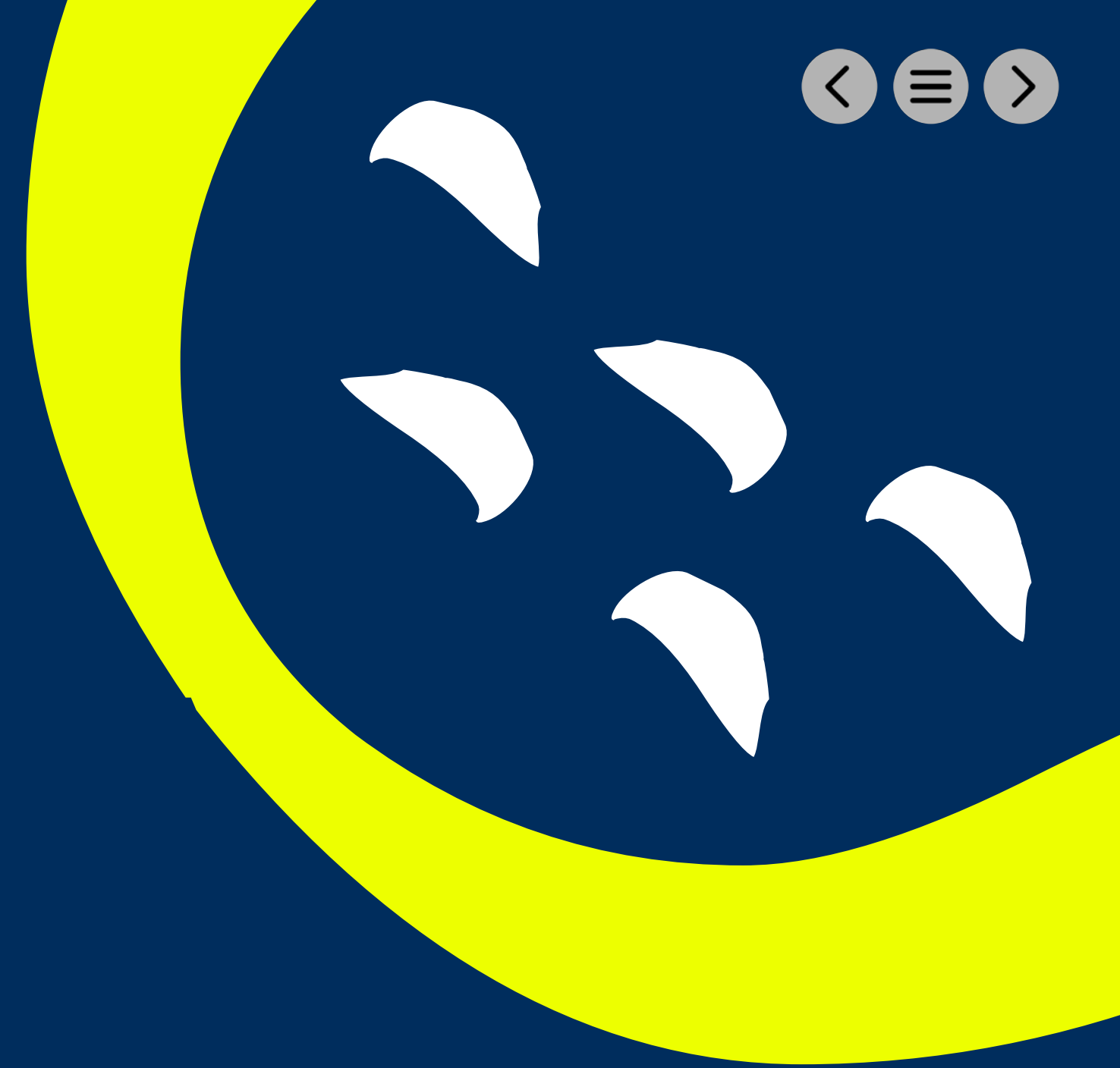


Full-Day Camp Timetable



Camp Week Timetable

4

Class Plans

Playing

Course Progression Levels

Session
60mins

Group Size:
1:6

Mastering the focus:
Swing

Element:
Irons

Learning the game focus:
Orientation

myJunior Challenge:
Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	<ul style="list-style-type: none">Outline the lesson objectives to the groupIntroduce the warmup game to the groupIntroduce FMS and Physical Literacy focusSplit into teams & demonstrate warm up gamePlay the warmup game	
5 Mins	Learning the Game Focus	<ul style="list-style-type: none">Introduce the components of the Golf BagIntroduce the Iron & components of the club	<ul style="list-style-type: none">Relay Race
35 Mins	Mastering the Game Focus	<ul style="list-style-type: none">Outline the safety instructions & class layoutIntroduce games, tasks & challengesDeliver one to one & group coaching on the Mastering the Game learning outcomesChildren can attempt the Iron ChallengeChildren rotate around the stations	<div>Coming Soon</div>
10 Mins	myJunior Track & Reward	<ul style="list-style-type: none">Recap Mastering the Game and Learning the Game Focus from the session to check for understandingDistribute Learning the Game Resource if appropriateChildren can complete myProgress Wheel and add stickers where appropriateAdd any lesson notes to the child's myProgress sectionAward the Achiever Reward to a student in front of the parents and the groupAward any Pins & Hats	<ul style="list-style-type: none">The Iron ChallengeTug of WarStepping Stones <div>Coming Soon</div>

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Full-Day Camp | Week Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Day	9am	9:15am	9:30am	10:10am	10:50am	11:00am	11:45am	12:00pm	1:00pm	1:20pm	3:50pm	4:00pm
Day 1	Welcome	Warm Up Game	Swing Games	On the Green Games	Break	Around the Green Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 2	Welcome	Warm Up Game	Around the Green Games	Swing Games	Break	On the Green Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 3	Welcome	Warm Up Game	On the Green Games	Around the Green Games	Break	Swing Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 4	Welcome	Warm Up Game	Around the Green Games	Swing Games	Break	On the Green Games	Recap / Morning Points total	Lunch	On Course Games		End of Week Prize Presentation	End of Camp

Camp Daily Timetable

4

Class Plans

Playing

Course Progression Levels

Session
60mins

Group Size:
1:6

Mastering the focus:
Swing

Element:
Irons

Learning the game focus:
Orientation

myJunior Challenge:
Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	<ul style="list-style-type: none">Outline the lesson objectives to the groupIntroduce the warmup game to the groupIntroduce FMS and Physical Literacy focusSplit into teams & demonstrate warm up gamePlay the warmup game	<ul style="list-style-type: none">Relay Race
5 Mins	Learning the Game Focus	<ul style="list-style-type: none">Introduce the components of the Golf BagIntroduce the Iron & components of the club	
35 Mins	Mastering the Game Focus	<ul style="list-style-type: none">Outline the safety instructions & class layoutIntroduce games, tasks & challengesDeliver one to one & group coaching on the Mastering the Game learning outcomesChildren can attempt the Iron ChallengeChildren rotate around the stations	<div>Coming Soon</div>
10 Mins	myJunior Track & Reward	<ul style="list-style-type: none">Recap Mastering the Game and Learning the Game Focus from the session to check for understandingDistribute Learning the Game Resource if appropriateChildren can complete myProgress Wheel and add stickers where appropriateAdd any lesson notes to the child's myProgress sectionAward the Achiever Reward to a student in front of the parents and the groupAward any Pins & Hats	<ul style="list-style-type: none">The Iron ChallengeTug of WarStepping Stones <div>Coming Soon</div>

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Day 1 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none">Welcome and allocate children their teams for the week.	<ul style="list-style-type: none">Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">Knockdown NoodlesTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">Swing	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Rocket LauncherPower PlayKnockdown TowerCrossbar ChallengeTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">On the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Cat and MouseRound the Clock SpiralTic Tac Toe - PuttingPutting PartnersTeam Points Tally Sheet
10 Mins	Mid-Morning Break	<ul style="list-style-type: none">Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game <ul style="list-style-type: none">Around the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Golf TennisClosest to the PinTic Tac ToeMouse TrapTeam Points Tally Sheet
15 Mins	End of Morning Recap	<ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning	<ul style="list-style-type: none">Team Points Tally Sheet

Day 1 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none">Enjoy lunch and provide indoor activity to complete	<ul style="list-style-type: none">Design a Golf Balll
20 Mins	Warm Up Games	<ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">Tee It Up Challenge
150 Mins	On Course Play <ul style="list-style-type: none">Team Foursomes	<ul style="list-style-type: none">Outline the safety instructionsIntroduce the formatThe children play in pairs with another player from their teamsAllocate appropriate tee positions depending on abilityRecord scores for as many holes that can be completed in the allotted time	<ul style="list-style-type: none">ScorecardsTeam Points Tally Sheet
10 Mins	End of Day Recap	<ul style="list-style-type: none">Recap the games, find out the children’s favouritesGive out the Achiever Award for the dayAnnounce the points total	<ul style="list-style-type: none">Team Points Tally Sheet

Day 2 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none">Welcome and allocate children their teams for the week.	<ul style="list-style-type: none">Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">Head, Shoulders, Knees and ToesTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">Around the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Closest to the LineBattleshipsSplash ShotOver or UnderTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">Swing	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Stepping StonesTug of WarUp the LadderFlamingo ShotsTeam Points Tally Sheet
10 Mins	Mid-Morning Break	<ul style="list-style-type: none">Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game <ul style="list-style-type: none">On the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Closest to the LinePick a Cone, Hit a ConeCoconut ShyMinefieldTeam Points Tally Sheet
15 Mins	End of Morning Recap	<ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning	<ul style="list-style-type: none">Team Points Tally Sheet

Day 2 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none">Enjoy lunch and provide indoor activity to complete	<ul style="list-style-type: none">Crossword
20 Mins	Warm Up Games	<ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">Relay Race
150 Mins	On Course Play <ul style="list-style-type: none">Team Scramble	<ul style="list-style-type: none">Outline the safety instructionsIntroduce the formatLet the children play in teams and record scores for as many holes completed	<ul style="list-style-type: none">ScorecardsTeam Points Tally Sheet
10 Mins	End of Day Recap	<ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the day	<ul style="list-style-type: none">Team Points Tally Sheet

Day 3 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none">Welcome and allocate children their teams for the week.	<ul style="list-style-type: none">Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none">Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">Floor is LavaTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">On the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Through the GatesCompassPutting RunwayFinders KeepersTeam Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">Around the Green	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">Cone CrusherChoose Your TrajectoryCurlingSingle, Double TripleTeam Points Tally Sheet
10 Mins	Mid-Morning Break	<ul style="list-style-type: none">Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game <ul style="list-style-type: none">Swing	<ul style="list-style-type: none">Outline the safety instructions and class layoutIntroduce games, tasks and challengesDeliver one to one and group coachingChildren rotate around the stations	<ul style="list-style-type: none">SlalomHappy ShotsPinseekerPot LuckTeam Points Tally Sheet
15 Mins	End of Morning Recap	<ul style="list-style-type: none">Recap the games, find out the children’s favourites and announce the points total for the morning	<ul style="list-style-type: none">Team Points Tally Sheet

Day 3 Afternoon | Full-Day Camp Timetable

Session Length: 420 mins		Group Size: 1:8	Mastering the Game Focus: Swing Around the Green On the Green Course Play	
Time	Focus	Suggested Theme Content		Games / Drills / Resource
60 Mins	Lunch	• Enjoy lunch and provide indoor activity to complete		• Design a Golf Hole
20 Mins	Warm Up Games	• Introduce the Warm Up game, play in teams and record scores		• Pitch vs Chip
150 Mins	On Course Play • Team Foursomes	• Outline the safety instructions • Introduce the format • Let the children play in teams and record scores for as many holes completed		• Scorecards • Team Points Tally Sheet
10 Mins	End of Day Recap	• Recap the games, find out the children’s favourites and announce the points total for the day		• Team Points Tally Sheet

Day 4 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none">• Welcome and allocate children their teams for the week.	<ul style="list-style-type: none">• Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none">• Introduce the Warm Up game, play in teams and record scores	<ul style="list-style-type: none">• Obstacle Course• Team Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">• Around the Green	<ul style="list-style-type: none">• Outline the safety instructions and class layout• Introduce games, tasks and challenges• Deliver one to one and group coaching• Children rotate around the stations	<ul style="list-style-type: none">• Splash Shot• Mouse Trap• Golf Tennis• Over or Under• Team Points Tally Sheet
40 Mins	Mastering the Game <ul style="list-style-type: none">• Swing	<ul style="list-style-type: none">• Outline the safety instructions and class layout• Introduce games, tasks and challenges• Deliver one to one and group coaching• Children rotate around the stations	<ul style="list-style-type: none">• Crossbar Challenge• G. O. L. F.• Stepping Stones• Straight Shooter• Team Points Tally Sheet
10 Mins	Mid-Morning Break	<ul style="list-style-type: none">• Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game <ul style="list-style-type: none">• On the Green	<ul style="list-style-type: none">• Outline the safety instructions and class layout• Introduce games, tasks and challenges• Deliver one to one and group coaching• Children rotate around the stations	<ul style="list-style-type: none">• Putting Runway• Stick Shift• Putting Challenge• Team Points Tally Sheet
15 Mins	End of Morning Recap	<ul style="list-style-type: none">• Recap the games, find out the children’s favourites and announce the points total for the morning	<ul style="list-style-type: none">• Team Points Tally Sheet

Day 4 Afternoon | Full-Day Camp Timetable

Session Length: 420 mins		Group Size: 1:8	Mastering the Game Focus: Swing Around the Green On the Green Course Play	
Time	Focus	Suggested Theme Content		Games / Drills / Resource
60 Mins	Lunch	• Enjoy lunch and provide indoor activity to complete		• Rules and Etiquette Quiz
150 Mins	On Course Play • Team Betterball	• Outline the safety instructions • Introduce the format • Let the children play in teams and record scores for as many holes completed		• Scorecards • Team Points Tally Sheet
30 Mins	End of Week Presentation	• Announce the winners for the week, present prizes • Provide information on the Junior Monthly Program • Thank everyone for coming		• Team Points Tally Sheet • Prizes • Junior Monthly Flyer