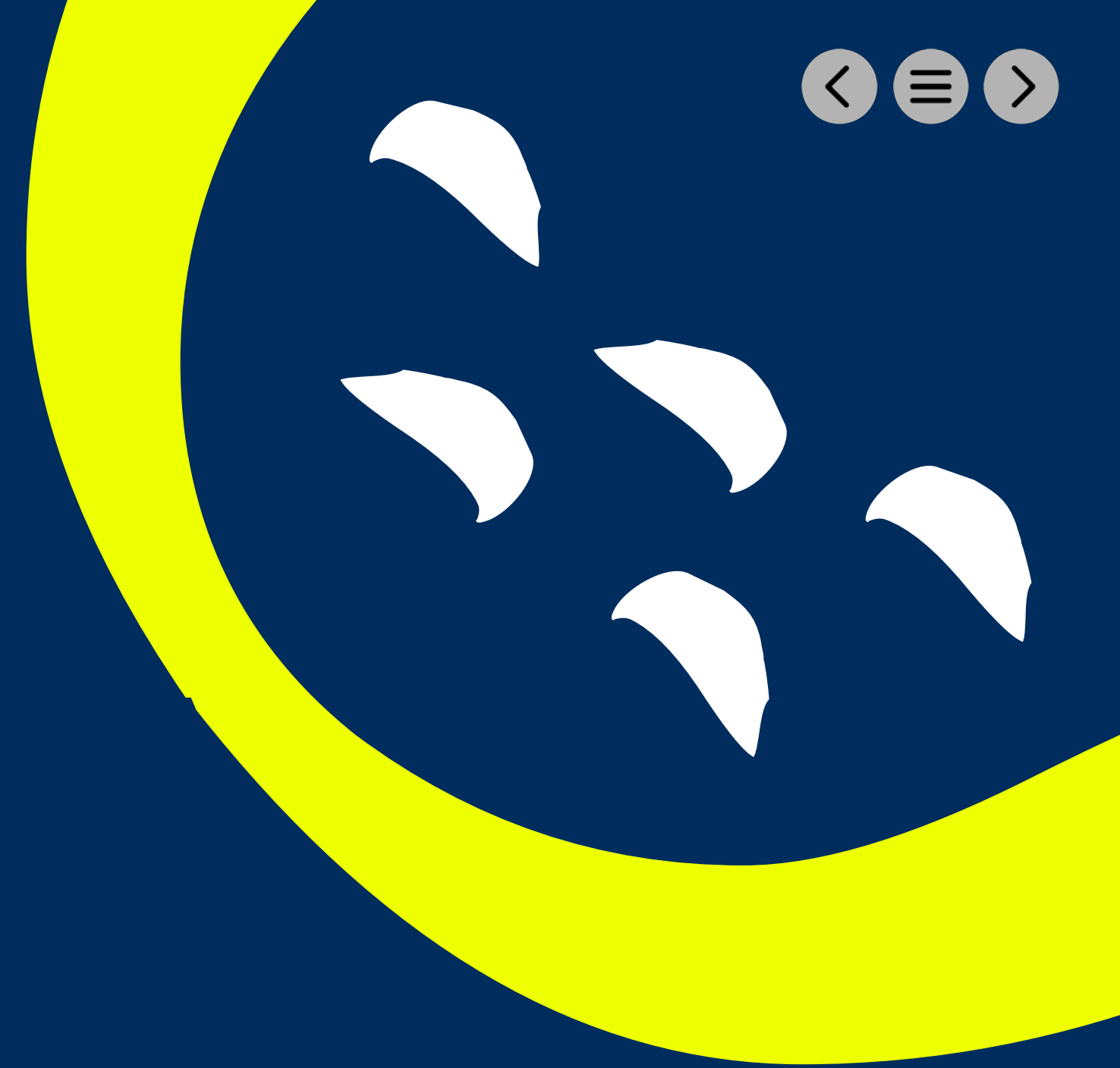


Full-Day Camp Timetable



Camp Week Timetable

4

Class Plans

Playing

Course Progression Levels

Session
60mins

Group Size:
1:6

Mastering the focus:
Swing

Element:
Irons

Learning the game focus:
Orientation

myJunior Challenge:
Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	- Outline the lesson objectives to the group - Introduce the warmup game to the group - Introduce FMS and Physical Literacy focus - Split into teams & demonstrate warm up game - Play the warmup game	
5 Mins	Learning the Game Focus	- Introduce the components of the Golf Bag - Introduce the Iron & components of the club	Relay Race
35 Mins	Mastering the Game Focus	- Outline the safety instructions & class layout - Introduce games, tasks & challenges - Deliver one to one & group coaching on the Mastering the Game learning outcomes - Children can attempt the Iron Challenge - Children rotate around the stations	Coming Soon
10 Mins	myJunior Track & Reward	- Recap Mastering the Game and Learning the Game Focus from the session to check for understanding - Distribute Learning the Game Resource if appropriate - Children can complete myProgress Wheel and add stickers where appropriate - Add any lesson notes to the child's myProgress section - Award the Achiever Reward to a student in front of the parents and the group - Award any Pins & Hats	- The Iron Challenge - Tug of War - Stepping Stones Coming Soon

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Full-Day Camp | Week Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Day	9am	9:15am	9:30am	10:10am	10:50am	11:00am	11:45am	12:00pm	1:00pm	1:20pm	3:50pm	4:00pm
Day 1	Welcome	Warm Up Game	Swing Games	On the Green Games	Break	Around the Green Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 2	Welcome	Warm Up Game	Around the Green Games	Swing Games	Break	On the Green Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 3	Welcome	Warm Up Game	On the Green Games	Around the Green Games	Break	Swing Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 4	Welcome	Warm Up Game	Swing Games	On the Green Games	Break	Around the Green Games	Recap / Morning Points total	Lunch	Warm Up Games	On Course Games	End of Day Recap / Team Points Total	End of Camp
Day 5	Welcome	Warm Up Game	Around the Green Games	Swing Games	Break	On the Green Games	Recap / Morning Points total	Lunch	On Course Games		End of Week Prize Presentation	End of Camp

Camp Daily Timetable

4

Class Plans

Playing

Course Progression Levels

Session 60mins

Group Size: 1:6

Mastering the focus: Swing

Element: Irons

Learning the game focus: Orientation

myJunior Challenge: Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	- Outline the lesson objectives to the group - Introduce the warmup game to the group - Introduce FMS and Physical Literacy focus - Split into teams & demonstrate warm up game - Play the warmup game	Relay Race
5 Mins	Learning the Game Focus	- Introduce the components of the Golf Bag - Introduce the Iron & components of the club	
35 Mins	Mastering the Game Focus	- Outline the safety instructions & class layout - Introduce games, tasks & challenges - Deliver one to one & group coaching on the Mastering the Game learning outcomes - Children can attempt the Iron Challenge - Children rotate around the stations	Coming Soon
10 Mins	myJunior Track & Reward	- Recap Mastering the Game and Learning the Game Focus from the session to check for understanding - Distribute Learning the Game Resource if appropriate - Children can complete myProgress Wheel and add stickers where appropriate - Add any lesson notes to the child's myProgress section - Award the Achiever Reward to a student in front of the parents and the group - Award any Pins & Hats	- The Iron Challenge - Tug of War - Stepping Stones
			Coming Soon

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Day 1 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	Welcome and allocate children their teams for the week.	Team Register
15 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	- Knockdown Noodles - Team Points Tally Sheet
40 Mins	Mastering the Game Swing	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Rocket Launcher - Power Play - Knockdown Tower - Crossbar Challenge - Team Points Tally Sheet
40 Mins	Mastering the Game On the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Cat and Mouse - Round the Clock Spiral - Tic Tac Toe - Putting - Putting Partners - Team Points Tally Sheet
10 Mins	Mid-Morning Break	Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game Around the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Golf Tennis - Closest to the Pin - Tic Tac Toe - Mouse Trap - Team Points Tally Sheet
15 Mins	End of Morning Recap	Recap the games, find out the children’s favourites and announce the points total for the morning	Team Points Tally Sheet

Day 1 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	Enjoy lunch and provide indoor activity to complete	Design a Golf Ball
20 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	Tee It Up Challenge
150 Mins	On Course Play Team Foursomes	- Outline the safety instructions - Introduce the format - The children play in pairs with another player from their teams - Allocate appropriate tee positions depending on ability - Record scores for as many holes that can be completed in the allotted time	- Scorecards - Team Points Tally Sheet
10 Mins	End of Day Recap	- Recap the games, find out the children’s favourites - Give out the Achiever Award for the day - Announce the points total	Team Points Tally Sheet

Day 2 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	Welcome and allocate children their teams for the week.	Team Register
15 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	- Head, Shoulders, Knees and Toes - Team Points Tally Sheet
40 Mins	Mastering the Game Around the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Closest to the Line - Battleships - Splash Shot - Over or Under - Team Points Tally Sheet
40 Mins	Mastering the Game Swing	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Stepping Stones - Tug of War - Up the Ladder - Flamingo Shots - Team Points Tally Sheet
10 Mins	Mid-Morning Break	Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game On the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Closest to the Line - Pick a Cone, Hit a Cone - Coconut Shy - Minefield - Team Points Tally Sheet
15 Mins	End of Morning Recap	Recap the games, find out the children’s favourites and announce the points total for the morning	Team Points Tally Sheet

Day 2 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	Enjoy lunch and provide indoor activity to complete	Crossword
20 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	Relay Race
150 Mins	On Course Play Team Scramble	- Outline the safety instructions - Introduce the format - Let the children play in teams and record scores for as many holes completed	- Scorecards - Team Points Tally Sheet
10 Mins	End of Day Recap	Recap the games, find out the children’s favourites and announce the points total for the day	Team Points Tally Sheet

Day 3 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	Welcome and allocate children their teams for the week.	Team Register
15 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	- Floor is Lava - Team Points Tally Sheet
40 Mins	Mastering the Game On the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Through the Gates - Compass - Putting Runway - Finders Keepers - Team Points Tally Sheet
40 Mins	Mastering the Game Around the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Cone Crusher - Choose Your Trajectory - Curling - Single, Double Triple - Team Points Tally Sheet
10 Mins	Mid-Morning Break	Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game Swing	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Slalom - Happy Shots - Pinseeker - Pot Luck - Team Points Tally Sheet
15 Mins	End of Morning Recap	Recap the games, find out the children’s favourites and announce the points total for the morning	Team Points Tally Sheet

Day 3 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	Enjoy lunch and provide indoor activity to complete	Design a Golf Hole
20 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	Pitch vs Chip
150 Mins	On Course Play Team Foursomes	- Outline the safety instructions - Introduce the format - Let the children play in teams and record scores for as many holes completed	- Scorecards - Team Points Tally Sheet
10 Mins	End of Day Recap	Recap the games, find out the children’s favourites and announce the points total for the day	Team Points Tally Sheet

Day 4 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	Welcome and allocate children their teams for the week.	Team Register
15 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	- Rock, Paper, Scissors - Team Points Tally Sheet
40 Mins	Mastering the Game Swing	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Crossbar Challenge - Up the Ladder - Clubface Contact - Tug of War - Nearest to the Pin - Team Points Tally Sheet
40 Mins	Mastering the Game On the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Ten Pin Bowling - Putting Pool - Finders Keepers - Kentucky Derby - Team Points Tally Sheet
10 Mins	Mid-Morning Break	Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game Around the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Cone Crusher - Finders Keepers - Single, Double, Triple - Bullseye - Team Points Tally Sheet
15 Mins	End of Morning Recap	Recap the games, find out the children’s favourites and announce the points total for the morning	Team Points Tally Sheet

Day 4 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	Enjoy lunch and provide indoor activity to complete	Create a Team Flag
20 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	Launch Pads
150 Mins	On Course Play Team Scramble	- Outline the safety instructions - Introduce the format - Let the children play in teams and record scores for as many holes completed	- Scorecards - Team Points Tally Sheet
10 Mins	End of Day Recap	Recap the games, find out the children’s favourites and announce the points total for the day	Team Points Tally Sheet

Day 5 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	Welcome and allocate children their teams for the week.	Team Register
15 Mins	Warm Up Games	Introduce the Warm Up game, play in teams and record scores	- Obstacle Course - Team Points Tally Sheet
40 Mins	Mastering the Game Around the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Splash Shot - Mouse Trap - Golf Tennis - Over or Under - Team Points Tally Sheet
40 Mins	Mastering the Game Swing	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Crossbar Challenge G. O. L. F. - Stepping Stones - Straight Shooter - Team Points Tally Sheet
10 Mins	Mid-Morning Break	Time to rest, enjoy a drink and snack	
45 Mins	Mastering the Game On the Green	- Outline the safety instructions and class layout - Introduce games, tasks and challenges - Deliver one to one and group coaching - Children rotate around the stations	- Putting Runway - Stick Shift - Putting Challenge - Team Points Tally Sheet
15 Mins	End of Morning Recap	Recap the games, find out the children’s favourites and announce the points total for the morning	Team Points Tally Sheet

Day 5 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	Enjoy lunch and provide indoor activity to complete	Rules and Etiquette Quiz
150 Mins	On Course Play Team Betterball	- Outline the safety instructions - Introduce the format - Let the children play in teams and record scores for as many holes completed	- Scorecards - Team Points Tally Sheet
30 Mins	End of Week Presentation	- Announce the winners for the week, present prizes - Provide information on the Junior Monthly Program - Thank everyone for coming	- Team Points Tally Sheet - Prizes - Junior Monthly Flyer