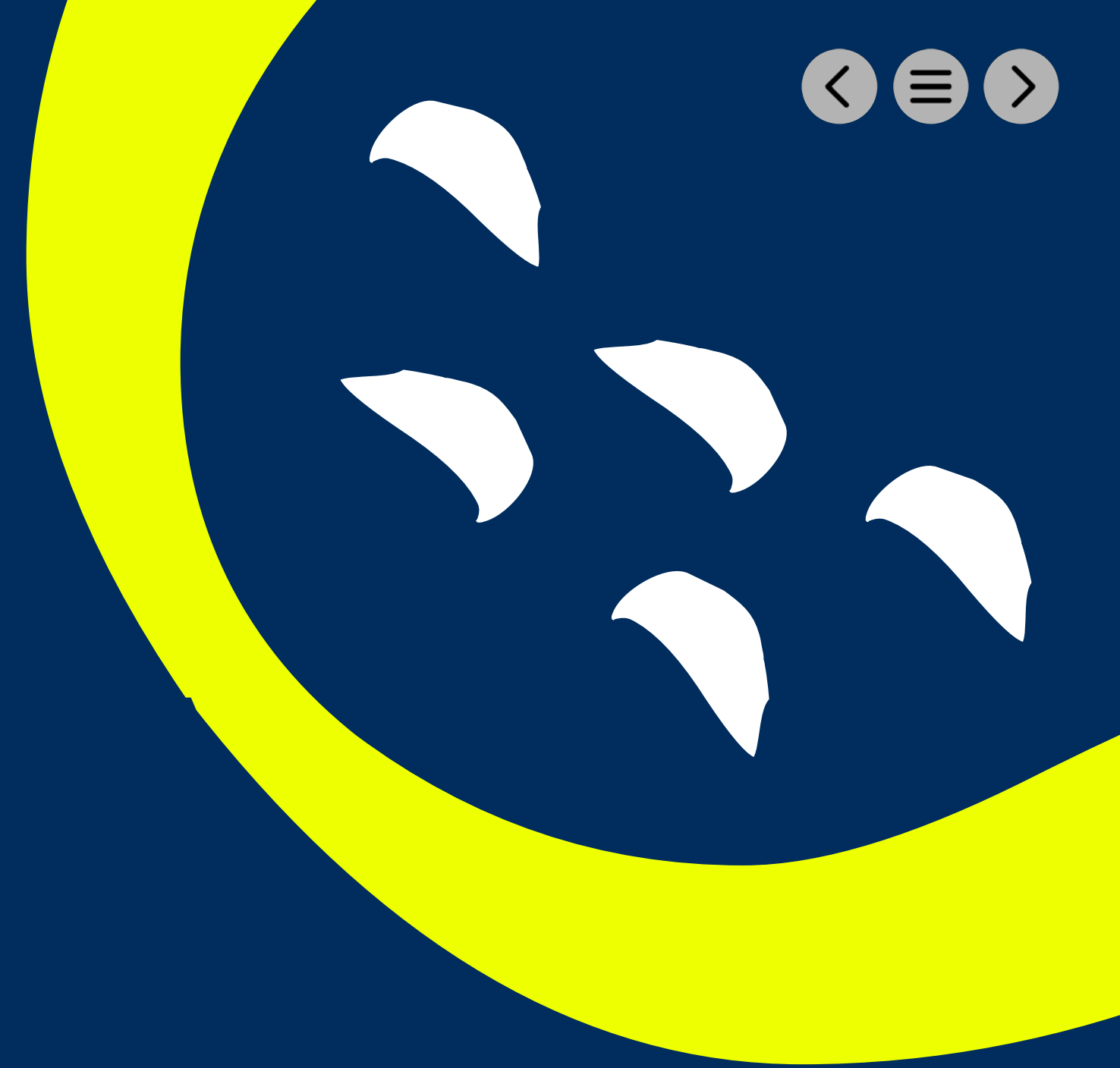


Mini-Camp Timetable



Class Timetable

4

Class Plans

Playing

Course Progression Levels

Session
60mins

Group Size:
1:6

Mastering the focus:
Swing

Element:
Irons

Learning the game focus:
Orientation

myJunior Challenge:
Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	- Outline the lesson objectives to the group - Introduce the warmup game to the group - Introduce FMS and Physical Literacy focus - Split into teams & demonstrate warm up game - Play the warmup game	Relay Race
5 Mins	Learning the Game Focus	- Introduce the components of the Golf Bag - Introduce the Iron & components of the club	
35 Mins	Mastering the Game Focus	- Outline the safety instructions & class layout - Introduce games, tasks & challenges - Deliver one to one & group coaching on the Mastering the Game learning outcomes - Children can attempt the Iron Challenge - Children rotate around the stations	Coming Soon
10 Mins	myJunior Track & Reward	- Recap Mastering the Game and Learning the Game Focus from the session to check for understanding - Distribute Learning the Game Resource if appropriate - Children can complete myProgress Wheel and add stickers where appropriate - Add any lesson notes to the child's myProgress section - Award the Achiever Reward to a student in front of the parents and the group - Award any Pins & Hats	- The Iron Challenge - Tug of War - Stepping Stones Coming Soon

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Mini-Camp | Week Timetable

Session Length:
90 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green
On the Green

Day	9am	9:15am	9:30am	9:55am	10:20am	10:30am
Day 1	Welcome	Warm Up Game	Swing Games	On the Green Games	Recap / Morning Points total	End of Camp
Day 2	Welcome	Warm Up Game	Around the Green Games	Swing Games	Recap / Morning Points total	End of Camp
Day 3	Welcome	Warm Up Game	Around the Green Games	Swing Games	End of Week Prize Presentation	End of Camp

Class Timetable



Day 1 - Event Timetable

Session Length:
90 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
On the Green

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	• Welcome and allocate children their teams for the week.	• Team Register
15 Mins	Warm Up Games	• Introduce the Warm Up game, play in teams and record scores	• Knockdown Noodles • Team Points Tally Sheet
25 Mins	Mastering the Game • Swing	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Rocket Launcher • Power Play • Knockdown Tower • Crossbar Challenge • Team Points Tally Sheet
25 Mins	Mastering the Game • On the Green	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Cat and Mouse • Round the Clock Spiral • Tic Tac Toe - Putting • Putting Partners • Team Points Tally Sheet
10 Mins	End of Day Recap	• Recap the games, find out the children’s favourites and announce the points total for the day	• Team Points Tally Sheet

Day 2 - Event Timetable

Session Length:
90 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	• Welcome and allocate children their teams for the week.	• Team Register
15 Mins	Warm Up Games	• Introduce the Warm Up game, play in teams and record scores	• Head, Shoulders, Knees and Toes • Team Points Tally Sheet
25 Mins	Mastering the Game • Around the Green	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Closest to the Line • Battleships • Splash Shot • Over or Under • Team Points Tally Sheet
25 Mins	Mastering the Game • Swing	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Stepping Stones • Tug of War • Up the Ladder • Flamingo Shots • Team Points Tally Sheet
10 Mins	End of Day Recap	• Recap the games, find out the children’s favourites and announce the points total for the day	• Team Points Tally Sheet

Day 3 - Event Timetable

Session Length:
90 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
On the Green

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	• Welcome and allocate children their teams for the week.	• Team Register
15 Mins	Warm Up Games	• Introduce the Warm Up game, play in teams and record scores	• Obstacle Course • Team Points Tally Sheet
25 Mins	Mastering the Game • Swing	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Crossbar Challenge • G. O. L. F. • Stepping Stones • Straight Shooter • Team Points Tally Sheet
25 Mins	Mastering the Game • On the Green	• Outline the safety instructions and class layout • Introduce games, tasks and challenges • Deliver one to one and group coaching • Children rotate around the stations	• Putting Challenge • Team Points Tally Sheet
10 Mins	End of Day Recap	• Recap the games, find out the children’s favourites and announce the points total for the day	• Team Points Tally Sheet