Practice Club Class Plans

Practice On the Green - Scoring Monday, January 24th - Sunday, January 30th



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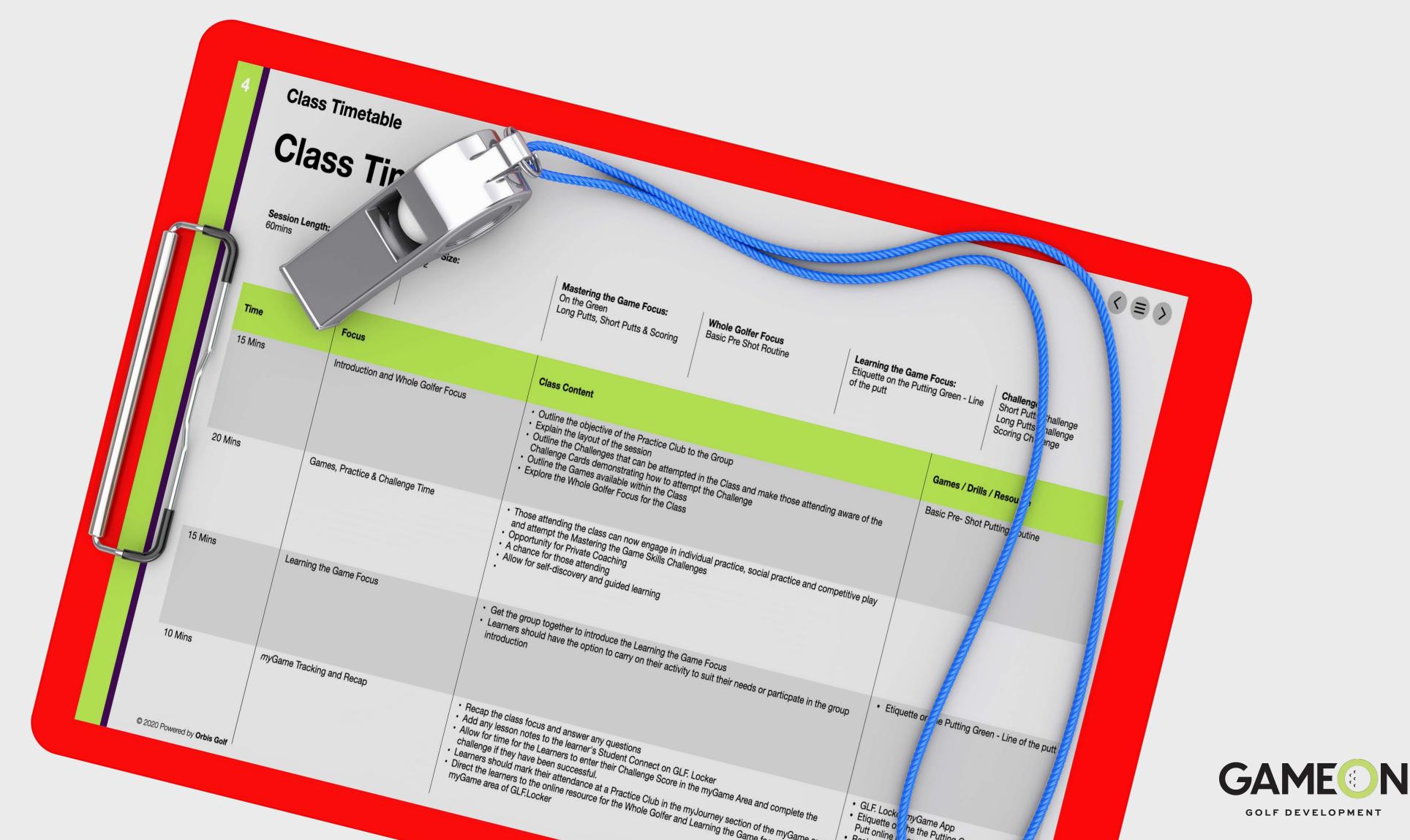






Class Timetable

Class Timetable





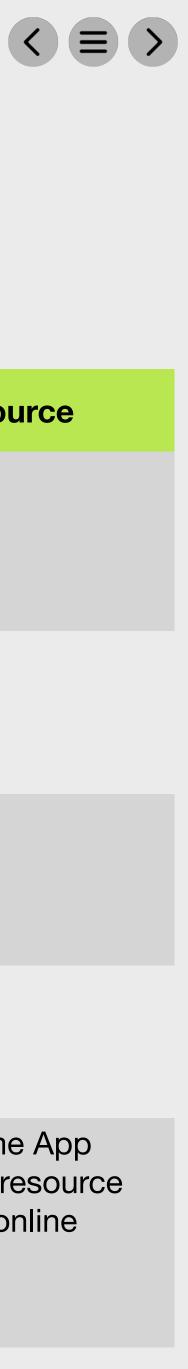




Class Timetable

Class Timetable

Class limetable					
Session Length: 60mins	Group Size: 1:12	Mastering the Game: On the Green Scoring	Whole Golfer: Playing in front of others	Learning the Game: Who plays first? Using a Scorecard	Challenge: Short Putts Challenge Long Putts Challenge Scoring Challenge
Time	Focus	Class Content			Games / Drills / Resource
10 Mins	Introduction and Whole Golfer Focus	Objectives - Opportunity for learners to practice their putting Practice Station: Pick a Point Game Station: Round the Clock Whole Golfer Focus: Playing in front of other golfers			
20 Mins	Games, Practice and Challenge Time	Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning			Pick a Point Round the Clock
	Learning the Game Focus	Get the group together to introduce the Learning the Game Focus Learners should have the option to carry on their activity to suit their needs or participate in the group introduction to the Learning the Game focus			Who plays first?Using a scorecard
	Games, Practice and Challenge Time	Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning			Pick a Point Round the Clock
	<i>my</i> Game Tracking and Recap	Recap and add any lesson notes to the learner's Student Connect on GLF. Locker Allow for time for the Learners to enter their Challenge Score in the myGame Area and complete the challenge if they have been successful Learners should mark their attendance at a Practice Club in the myJourney section of the myGame area			 GLF. Locker <i>my</i>Game App Whole golfer online resou Learning the game online resource



Practice on the Green Class Layout and Setup

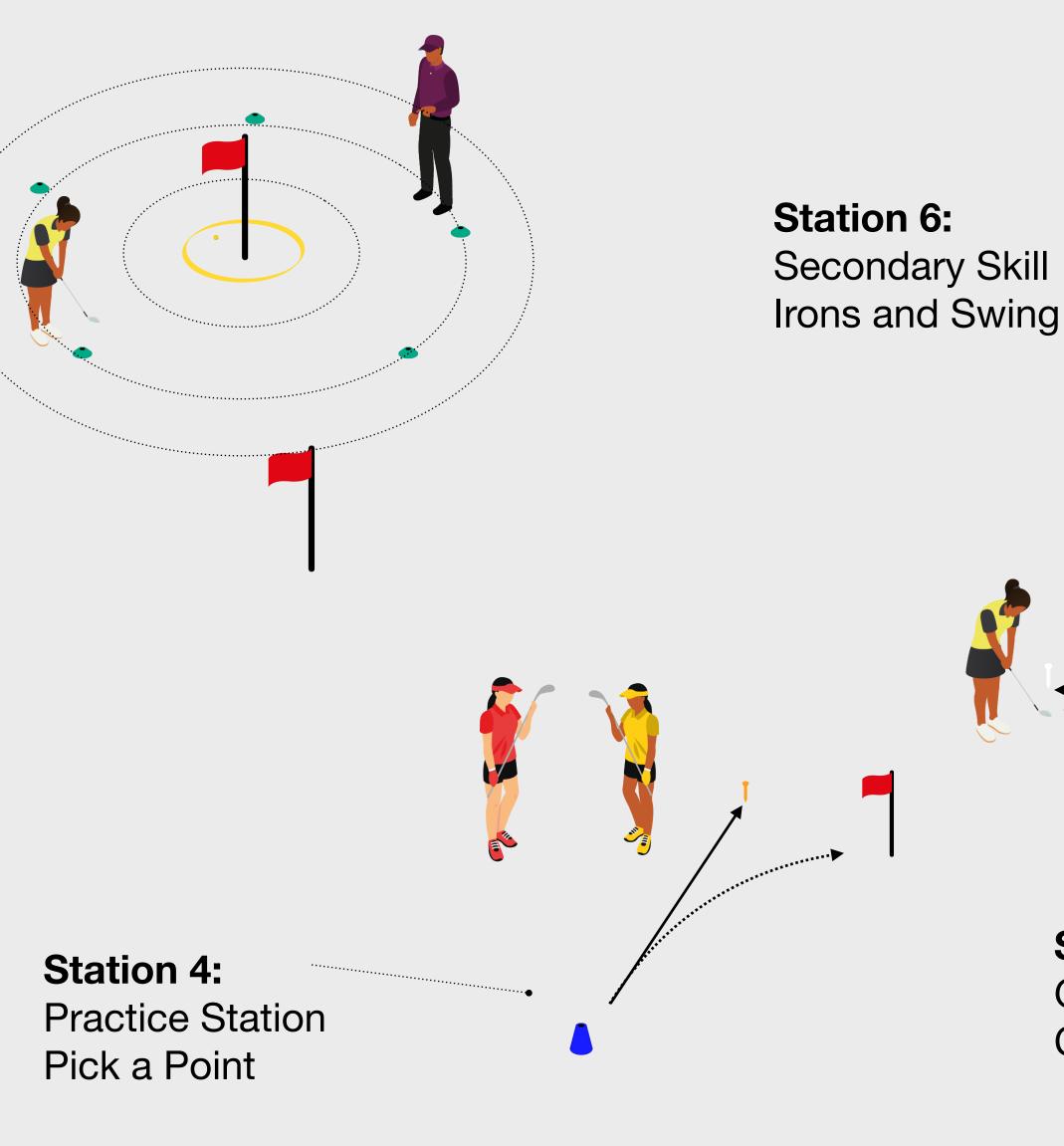
Station 1: Short Putts Challenge



Station 2: Long Putts Challenge

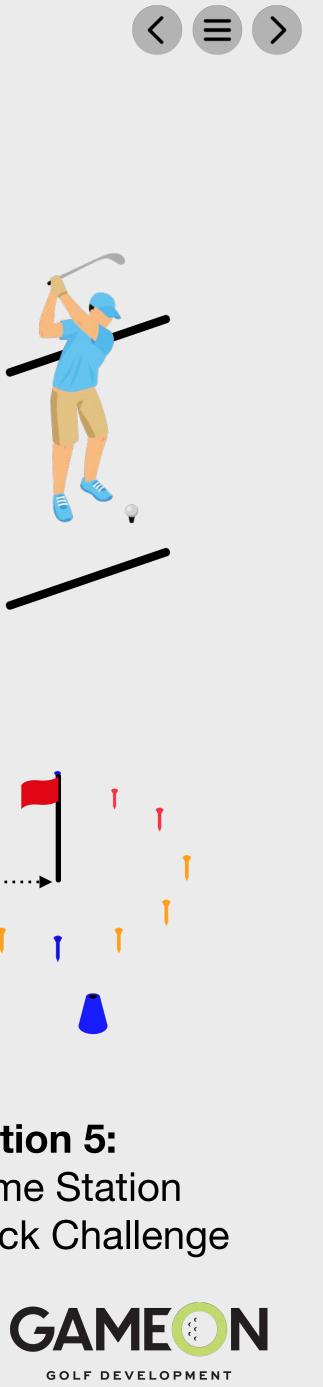


Station 3: Scoring Challenge



Station 5: Game Station

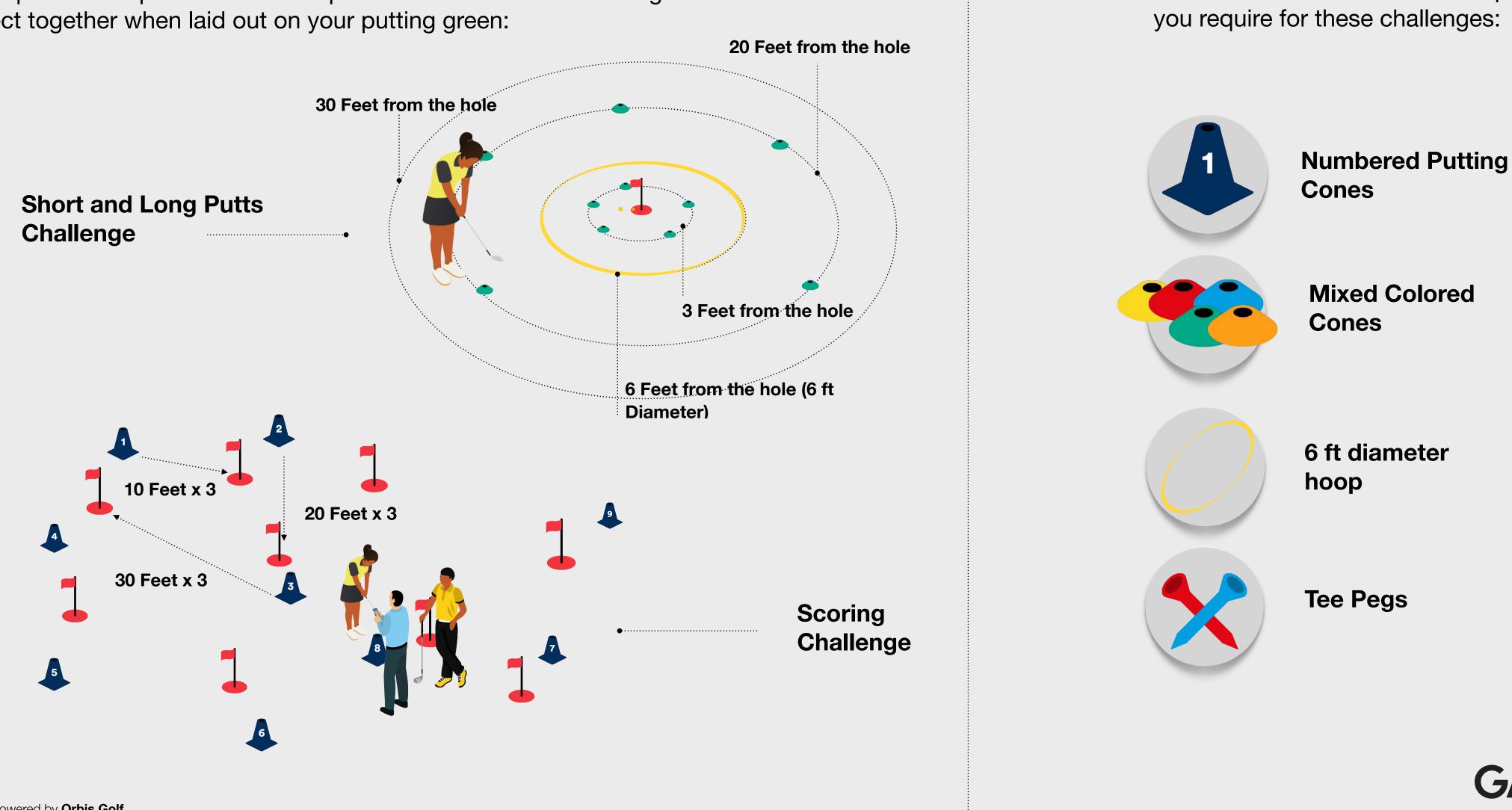
Clock Challenge





On the Green Challenges Layout and Set Up

The graphic below provides an example of how each of the challenges connect together when laid out on your putting green:



Please find below a list of the equipment you require for these challenges:





GOLF DEVELOPMEN

Pick a Point





Equipment Needed

- 2 Tee Pegs
- Putter
- Golf Ball

How to Practice

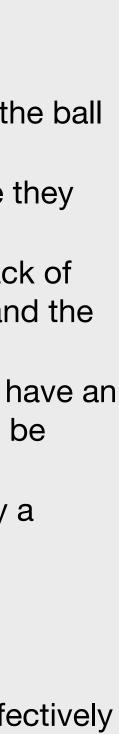
- Set this activity up on a sloped surface with a tee peg where the ball should be placed
- Get the learner to place another tee in a straight line to where they think that they should aim in order to hole the putt
- The learner should attempt the putt and based on the feedback of whether the ball missed high or low should adjust their aim (and the tee position) accordingly
- Be sure to help the learner understand that speed of putt will have an effect on how soon the putt breaks, and therefore this should be taken into account when choosing the position to aim at
- Encourage the learners to work in pairs here and discuss why a certain position is correct or not

Technical Link

 This activity will help the learner to understand how to aim effectively on a sloped surface and simplify the process with respect to sloping putts

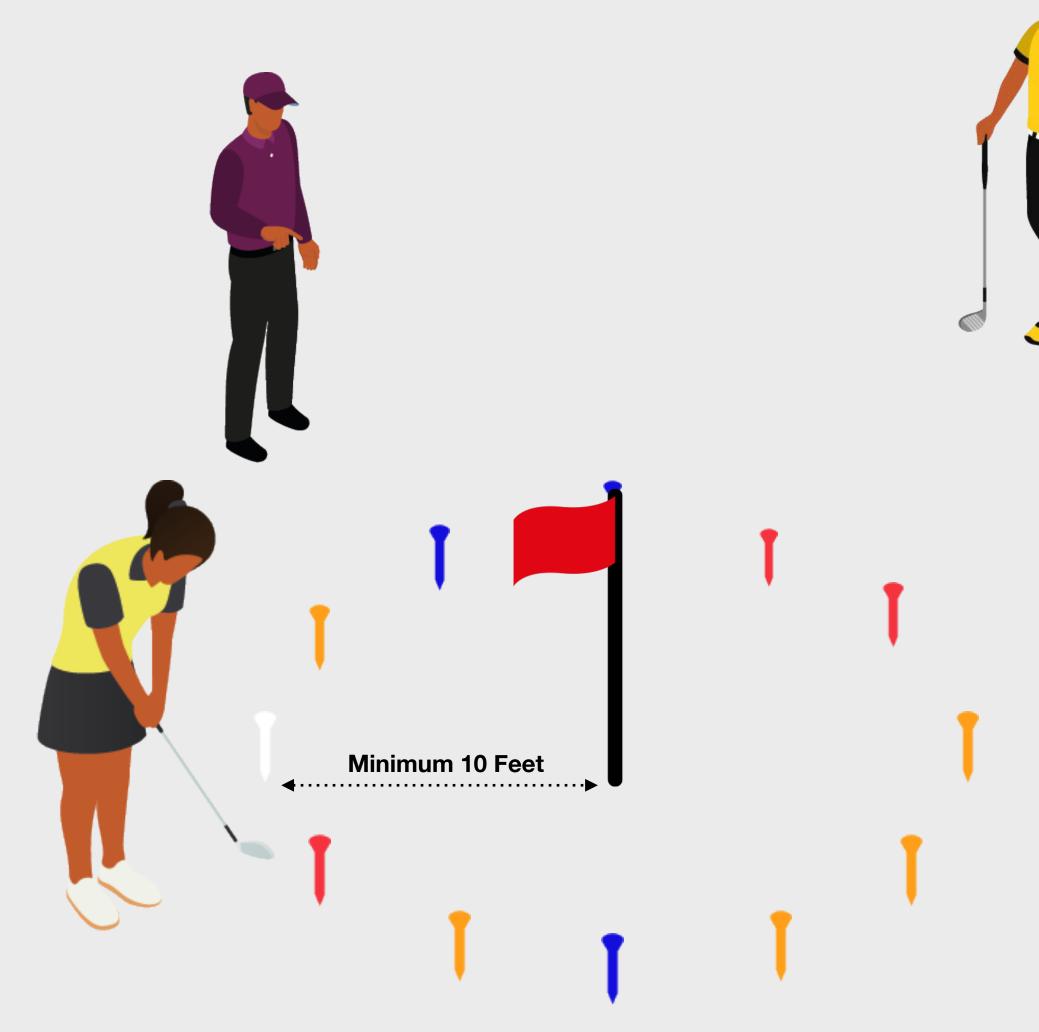






Themed Class Plans

Round the Clock





Equipment Needed

• Tee pegs to mark the 12 points on a clock at least 10 feet from the hole on a sloped part of the green

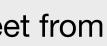
How to Play

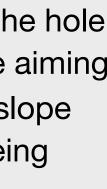
- A learner attempts one putt from each tee peg
- The purpose is to note how the slope changes around the hole and therefore the learner needs to adapt where they are aiming
- We suggest framing this as an opportunity to learn the slope on a green, although it can be played competitively, seeing how many putts each learner can hole
- This game can be played individually, in pairs or small groups

Progression Ideas

- Play on a more severely sloped surface
- Introduce a competitive element
- Increase or decrease the length of the putts









Learning the Game

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

1.Who Plays First? 2.Using a Scorecard

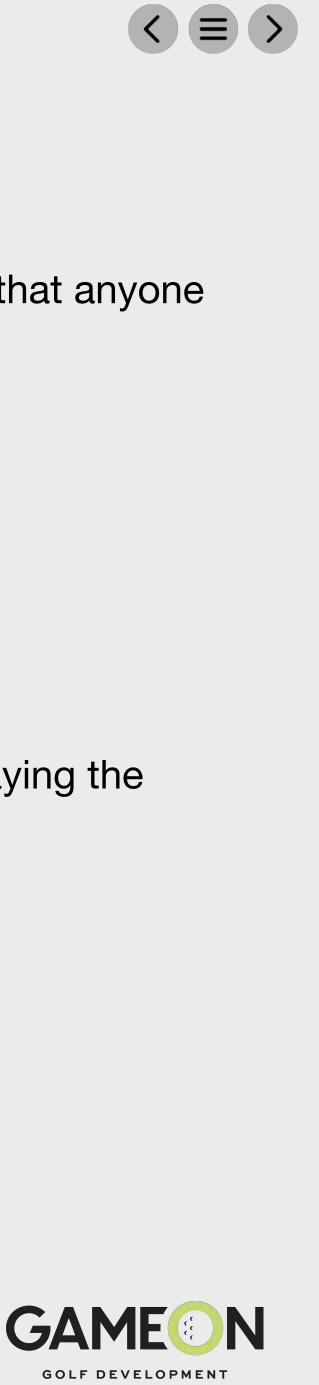
The Learning the Game theme this week is about understanding who's turn it is to play. This can be learnt when playing the scoring challenge. You can also introduce the scorecard and how to use it properly to mark your score.

Understanding these elements will prepare the learner for playing in the monthly course play events.



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Practice Club Class Plans

Whole Golfer

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

Playing in Front of Other Golfers

Highlight to learners that they need to practice playing in front of other people to build confidence and to understand that it doesn't matter if they hit a poor shot - everyone does it!









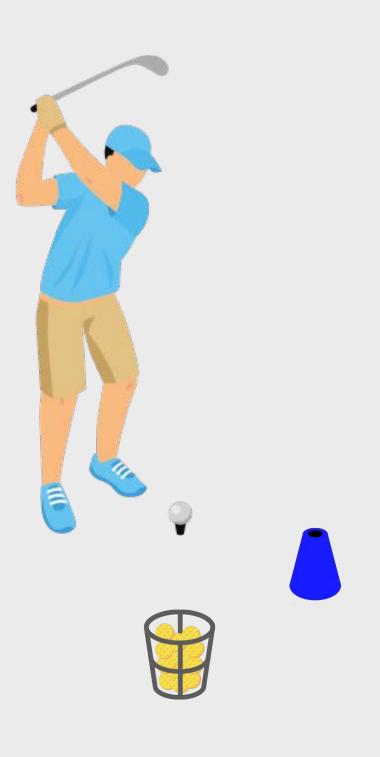
Secondary Skill

To allow for variety of practice during the session, and to enable those that may have missed a class to catch up on practicing some of the other skills we recommend having one of the stations set up as a secondary skill.

This week's secondary skill is swing, providing learners an opportunity to practice what was learnt in their swing classes.









GOLF DEVELOPMENT





Mastering the Game Skill Challenges

Skill Challenges





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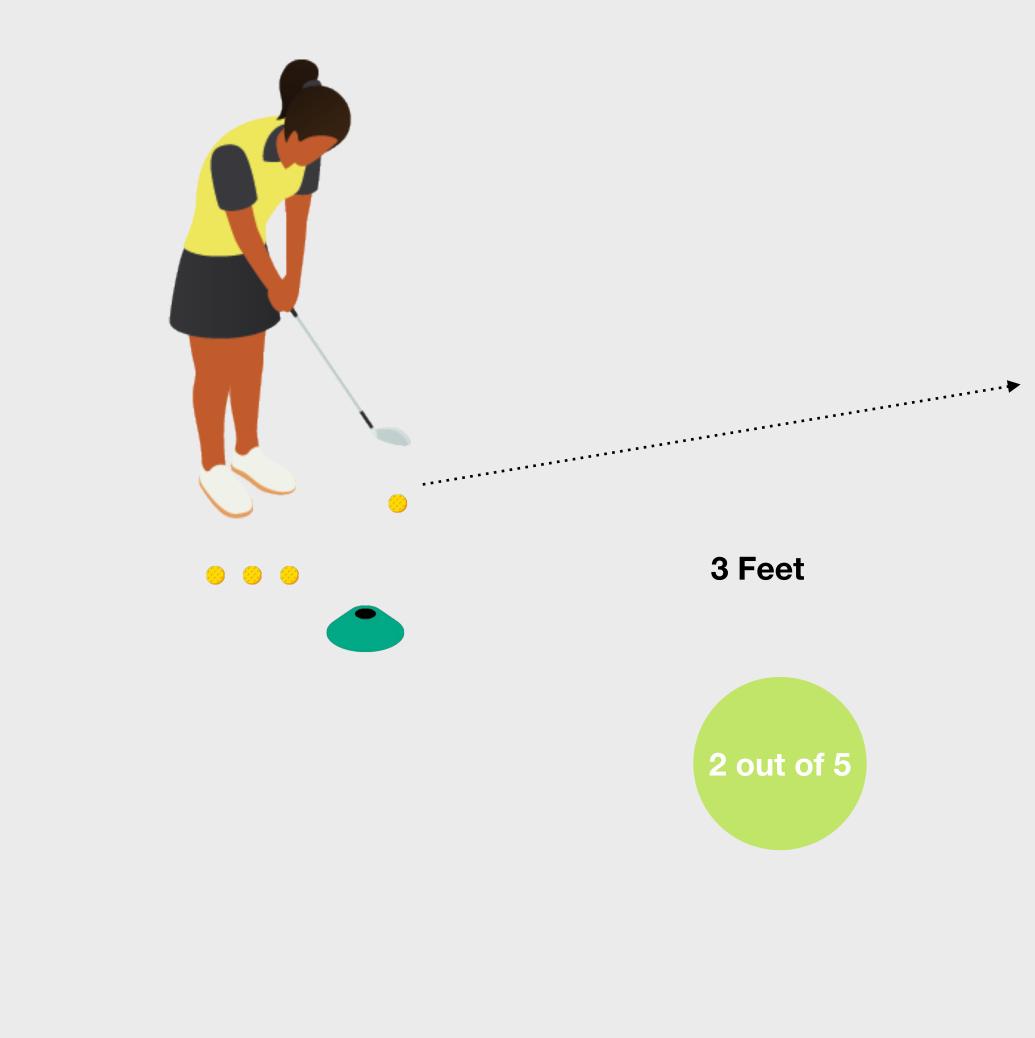
13







Short Putts Challenge



14





The Challenge

To complete the Level 1 Challenge the learner needs to putt 2/5 balls in the hole from 3 feet on a flat green surface from one position around the hole.

What should the Learner do next?

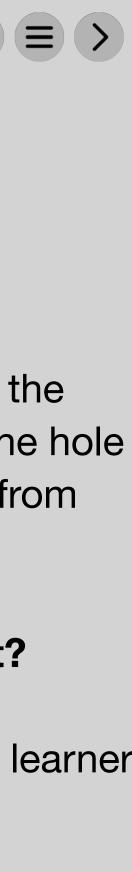
After attempting the challenge, the learner should:

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

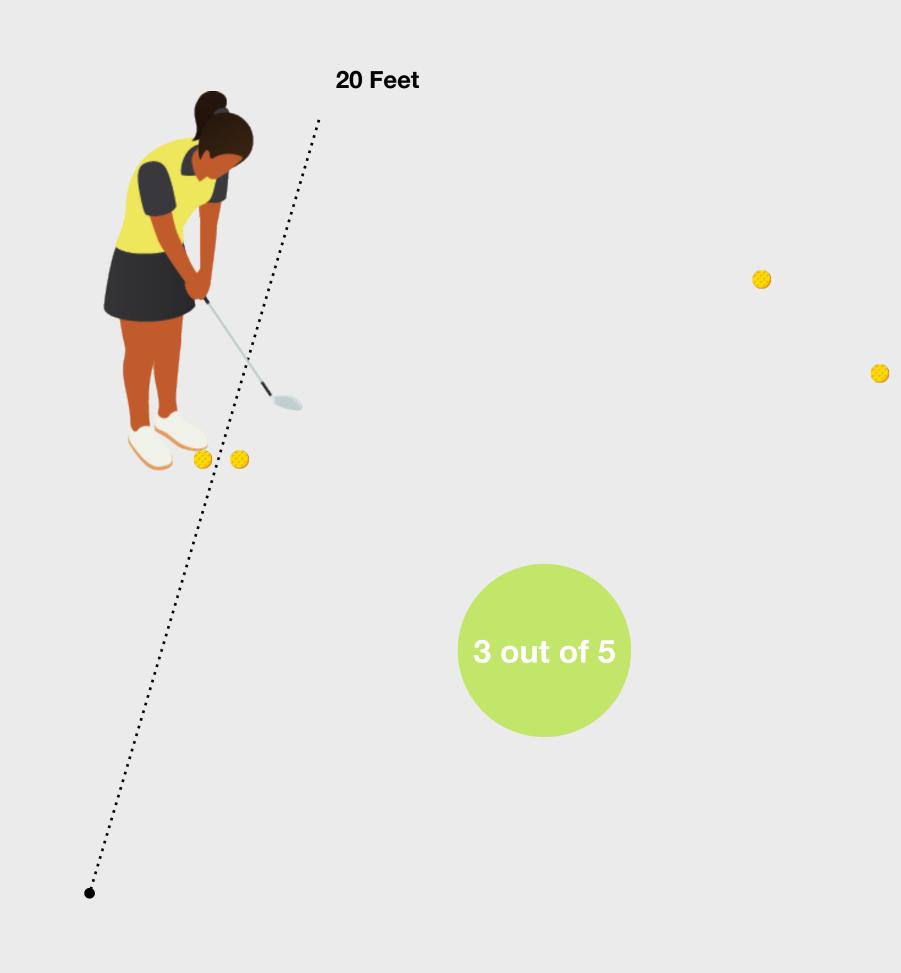
Short Putts



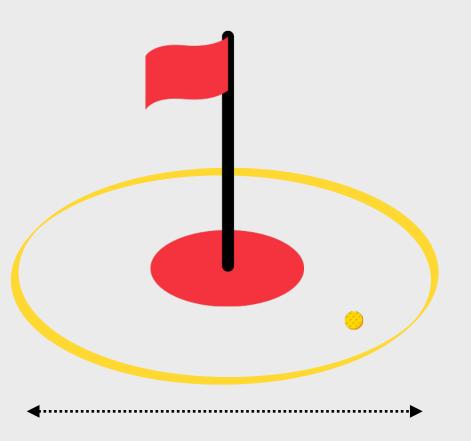




Long Putts Challenge



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6 Feet



The Challenge

To complete the Level 1 Challenge within the Long Putts skill element, the Learner has 5 attempts to putt 3 balls to within a 6 foot diameter circle around the hole from a single position 20 feet from the hole.

What should the Learner do next?

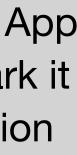
After attempting the challenge, the learner should:

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Long Putts

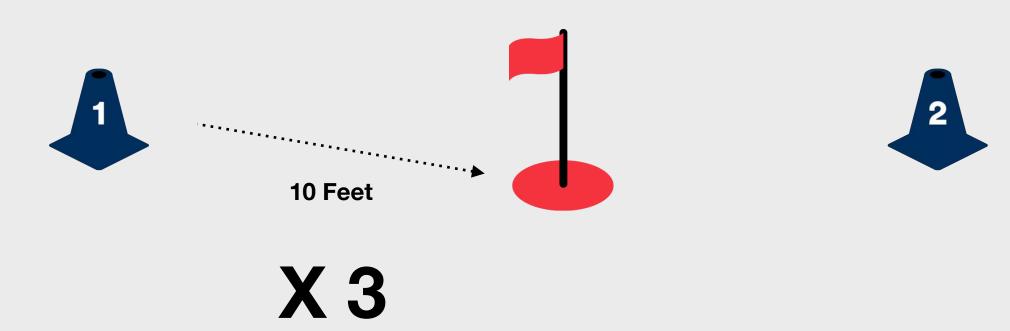


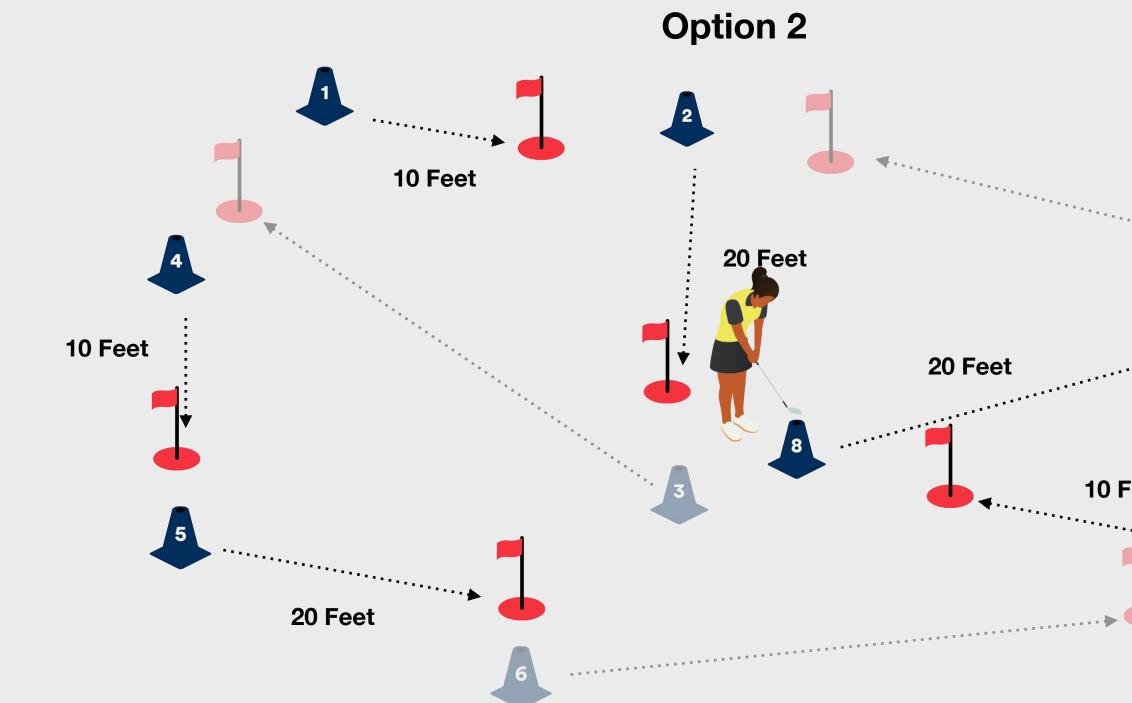


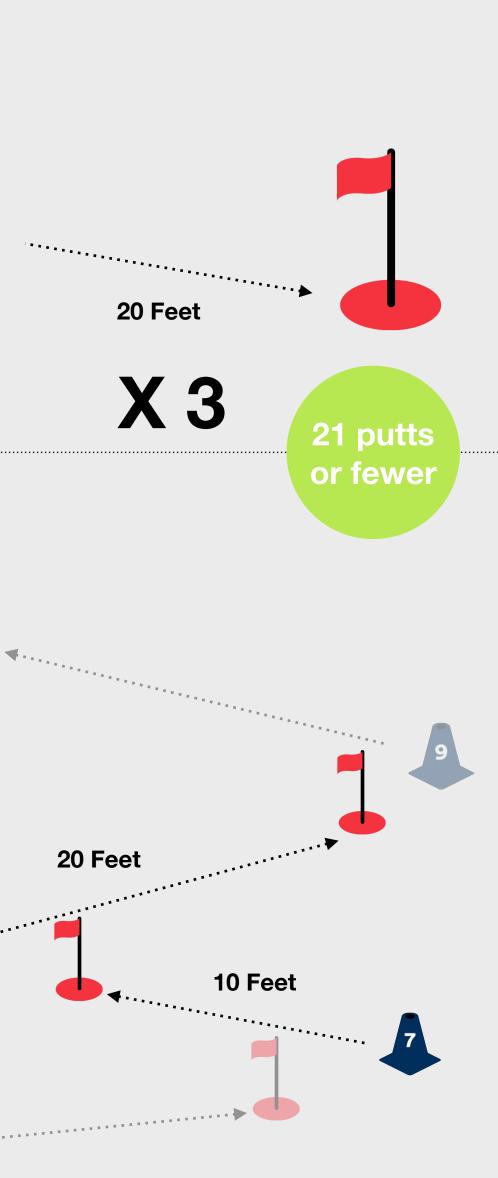


Scoring Challenge

Option 1









The Challenge

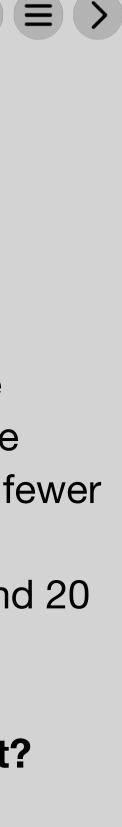
To complete the Level 1 Challenge within the Scoring skill element, the learner needs to score 21 putts or fewer over 6 holes on the putting green starting 10 feet away on 3 holes and 20 feet away on 3 holes.

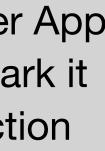
What should the Learner do next?

- Log their score on the GLF. Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring











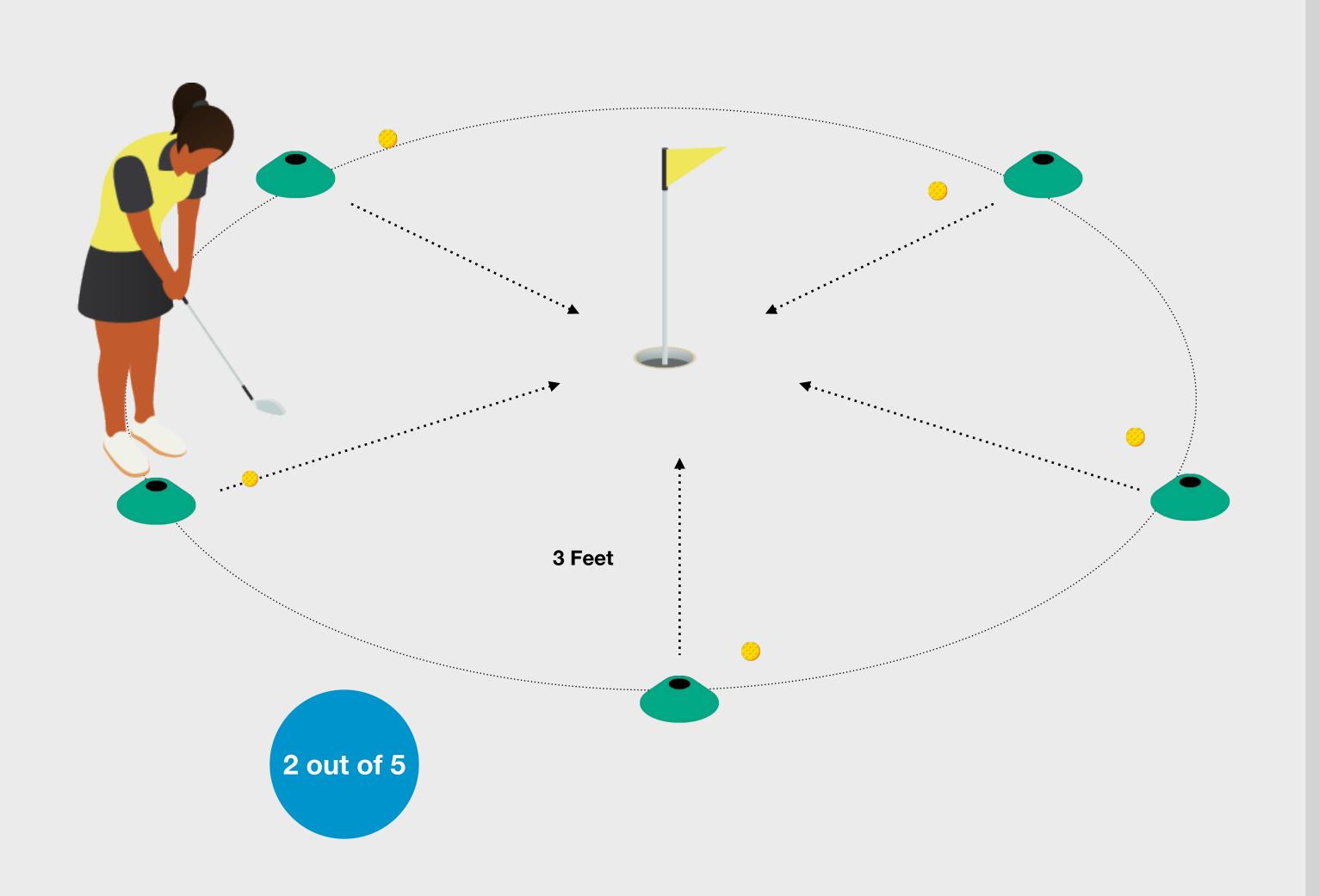
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Level 2 Challenges - Coach

Short Putts Challenge



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The Challenge

To complete the Level 2 Challenge the learner needs to hole 2 out of 5 putts from a distance of 3 feet from 5 different positions around the hole.

What should the Learner do next?

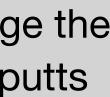
- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

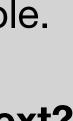
Short Putts





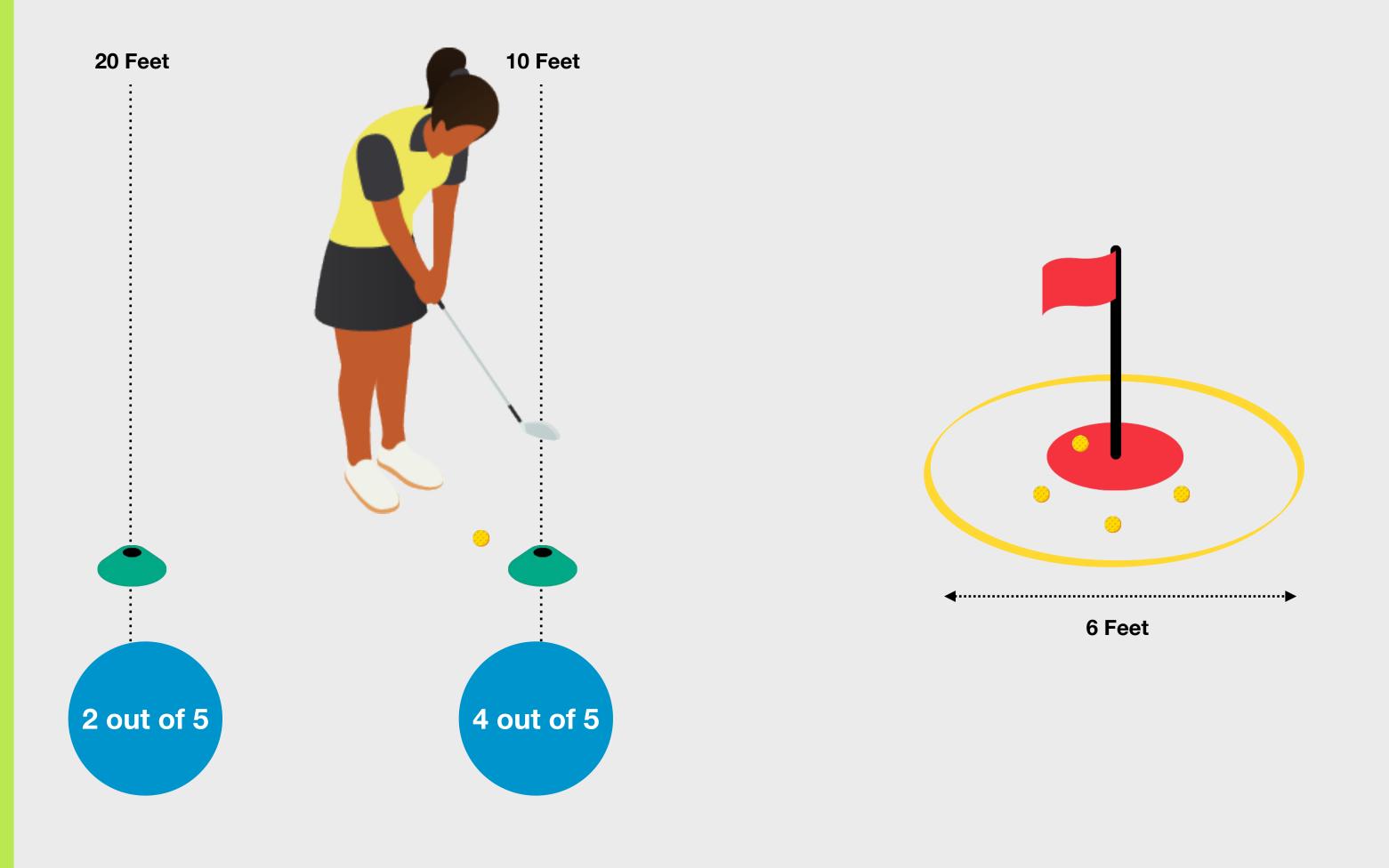








Level 2 Challenges - Coach Long Putts Challenge



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The Challenge

To complete the Level 2 Challenge within the Long Putts skill element, the Learner has 5 attempts to putt 4 ball to within a 6 foot diameter circle around the hole from a 10 feet from the hole and 2 balls from a distance of 20 feet from the hole.

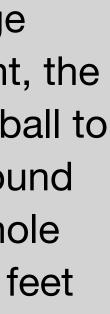
What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

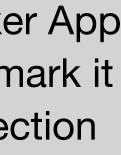
Long Putts





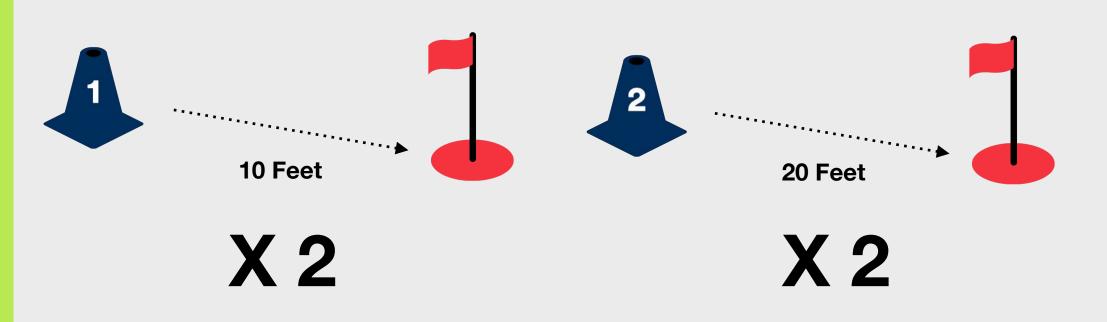




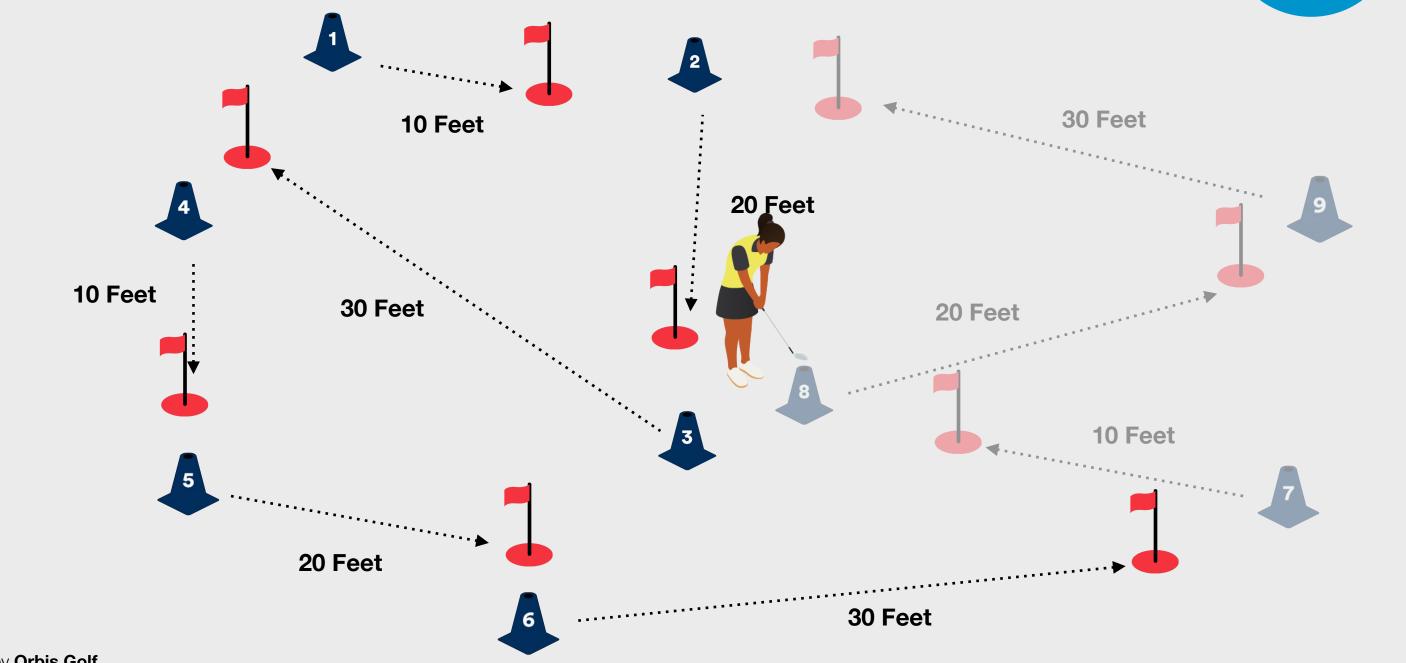


Level 2 Challenges - Coach Scoring Challenge

Option 1

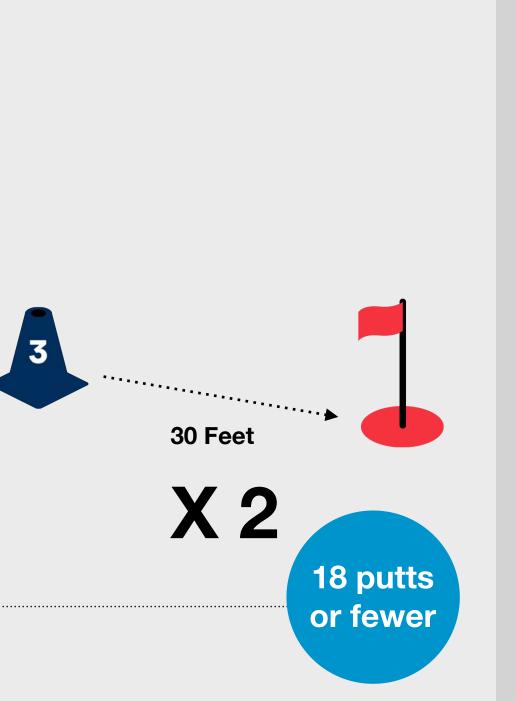


Option 2



N

Blue





The Challenge

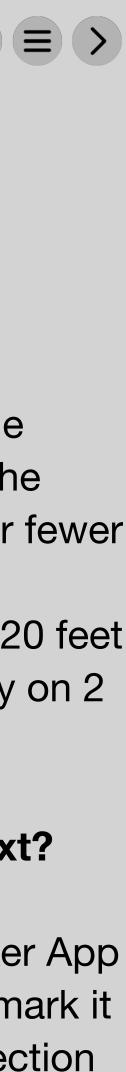
To complete the Level 2 Challenge within the Scoring skill element, the learner needs to score 18 putts or fewer over 6 holes on the putting green starting 10 feet away on 2 holes, 20 feet away on 2 holes and 30 feet away on 2 holes.

What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring





Level 3

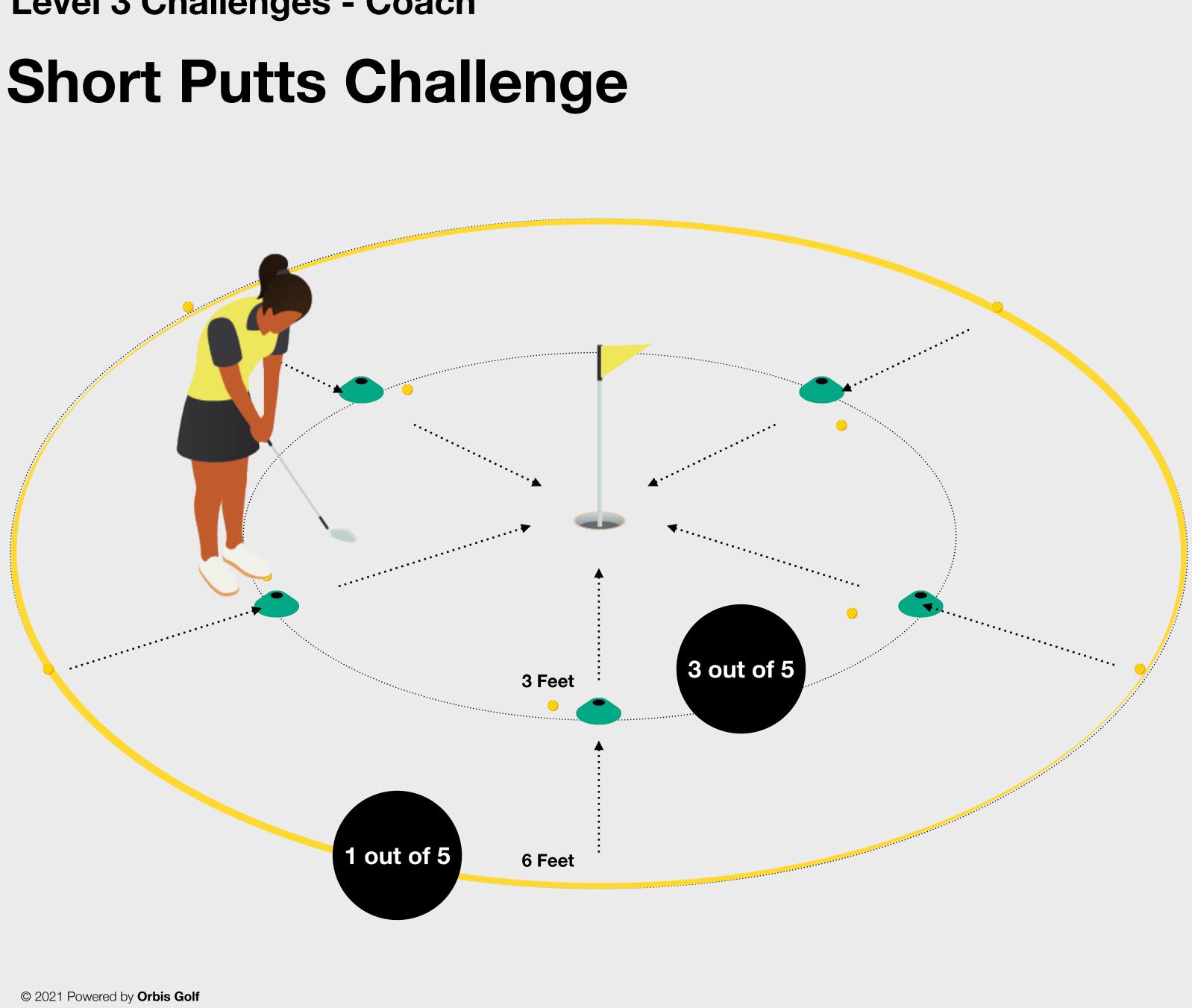








Level 3 Challenges - Coach





The Challenge

To complete the Level 3 Challenge the learner needs to hole 3 out of 5 putts from a distance of 3 feet and and 1 out of 5 putts from 6 feet from 5 different positions around the hole.

What should the Learner do next?

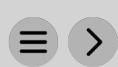
- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Short Putts



3



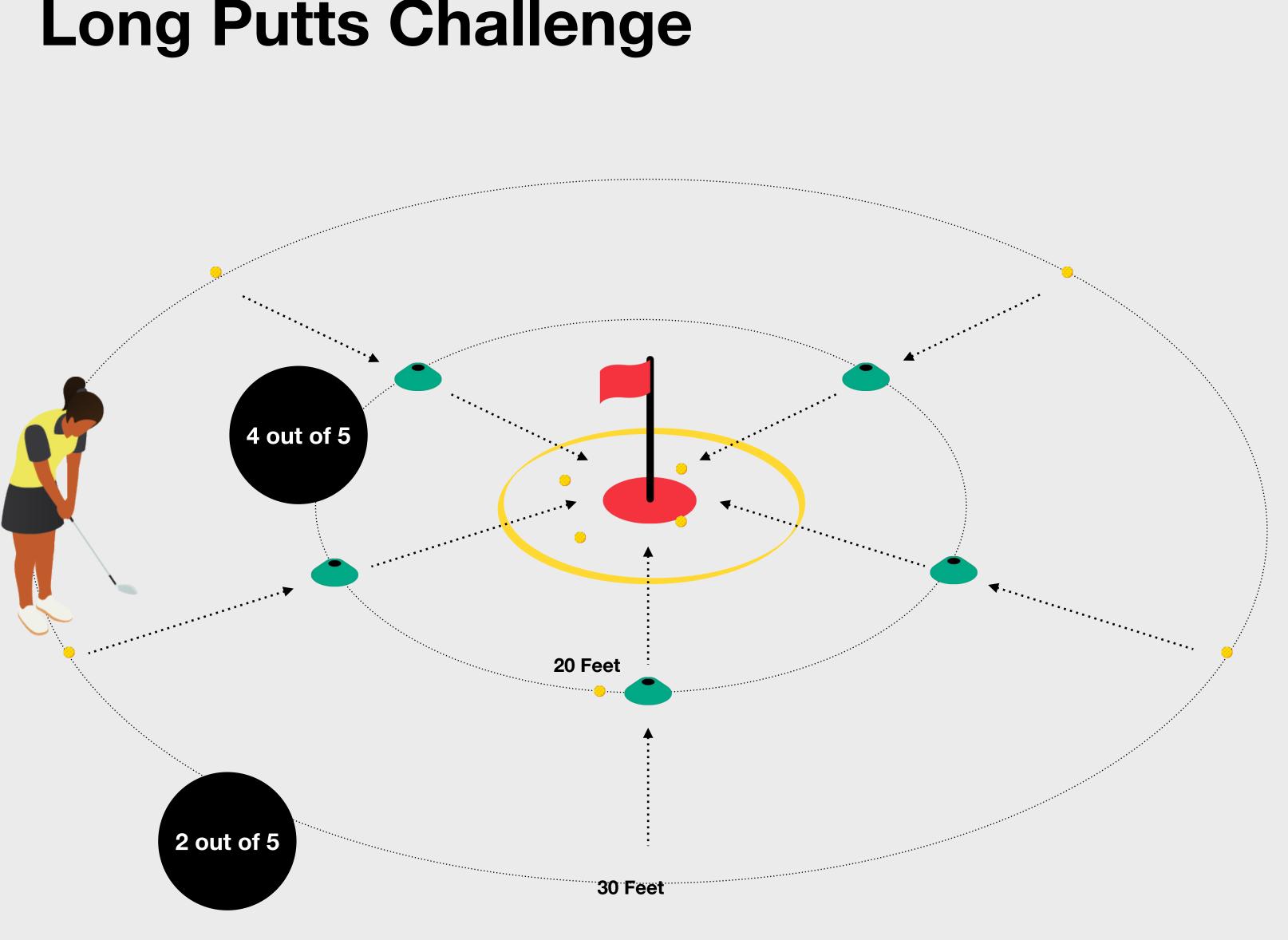






Level 3 Challenges - Coach

Long Putts Challenge





The Challenge

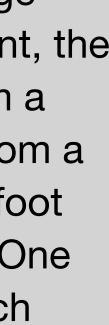
To complete the Level 3 Challenge within the Long Putts skill element, the learner needs to putt 4 balls from a distance of 20 feet and 2 balls from a distance of 30 feet to within a 6 foot diameter circle around the hole. One putt should be attempted for each position around the hole.

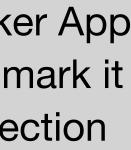
What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Long Putts



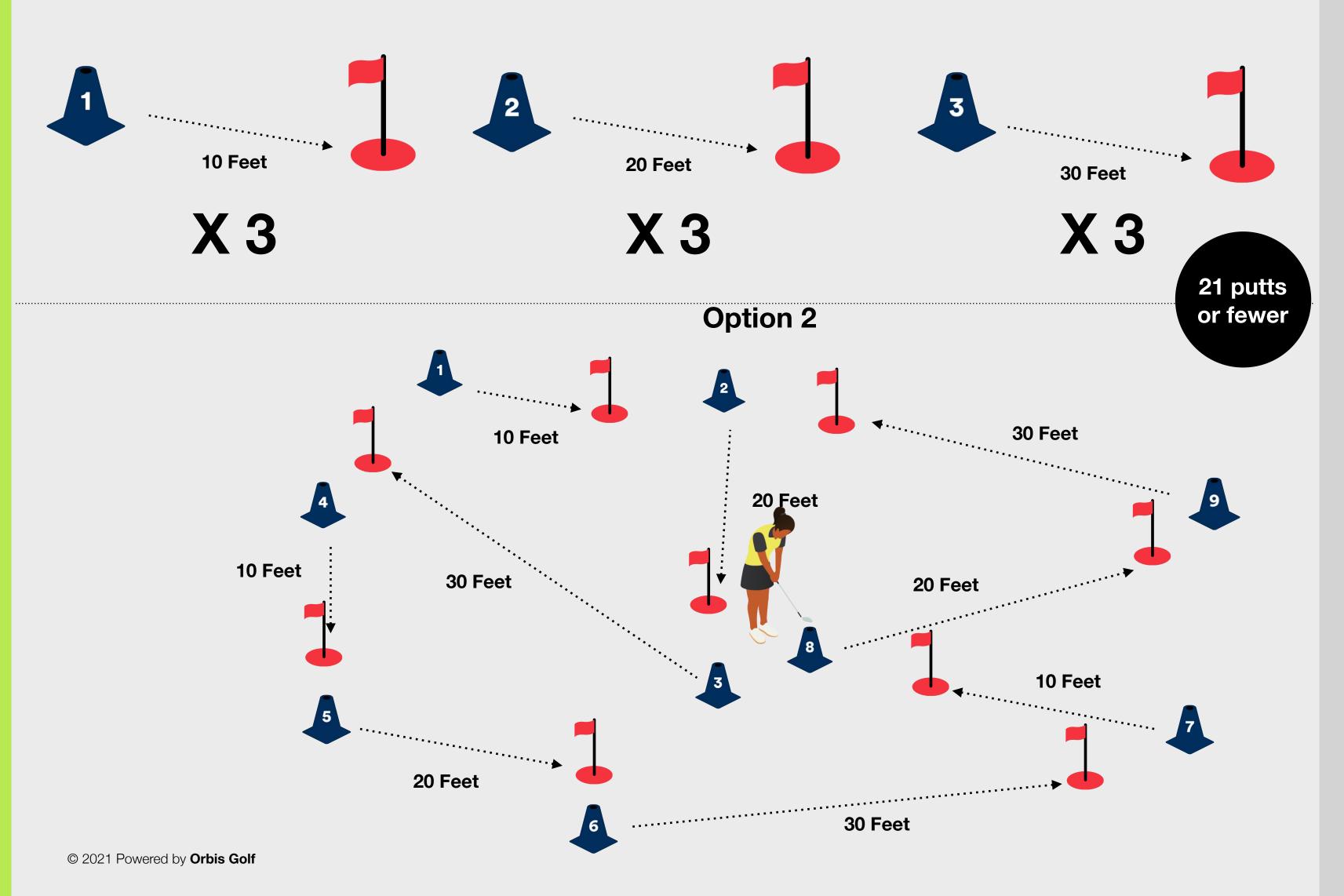




Level 3 Challenges - Coach

Scoring Challenge

Option 1





The Challenge

To complete the Level 3 Challenge within the Scoring skill element, the learner needs to score 18 putts or fewer for 9 holes on the putting green, playing 3 holes at a starting distance of 10 feet, 3 holes at a starting distance of 20 feet and 3 holes from a starting distance of 30 feet from the hole.

What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring

3



