Practice Club Class Plans

Practice On the Green - Scoring Monday, March 28th - Sunday, March 3rd



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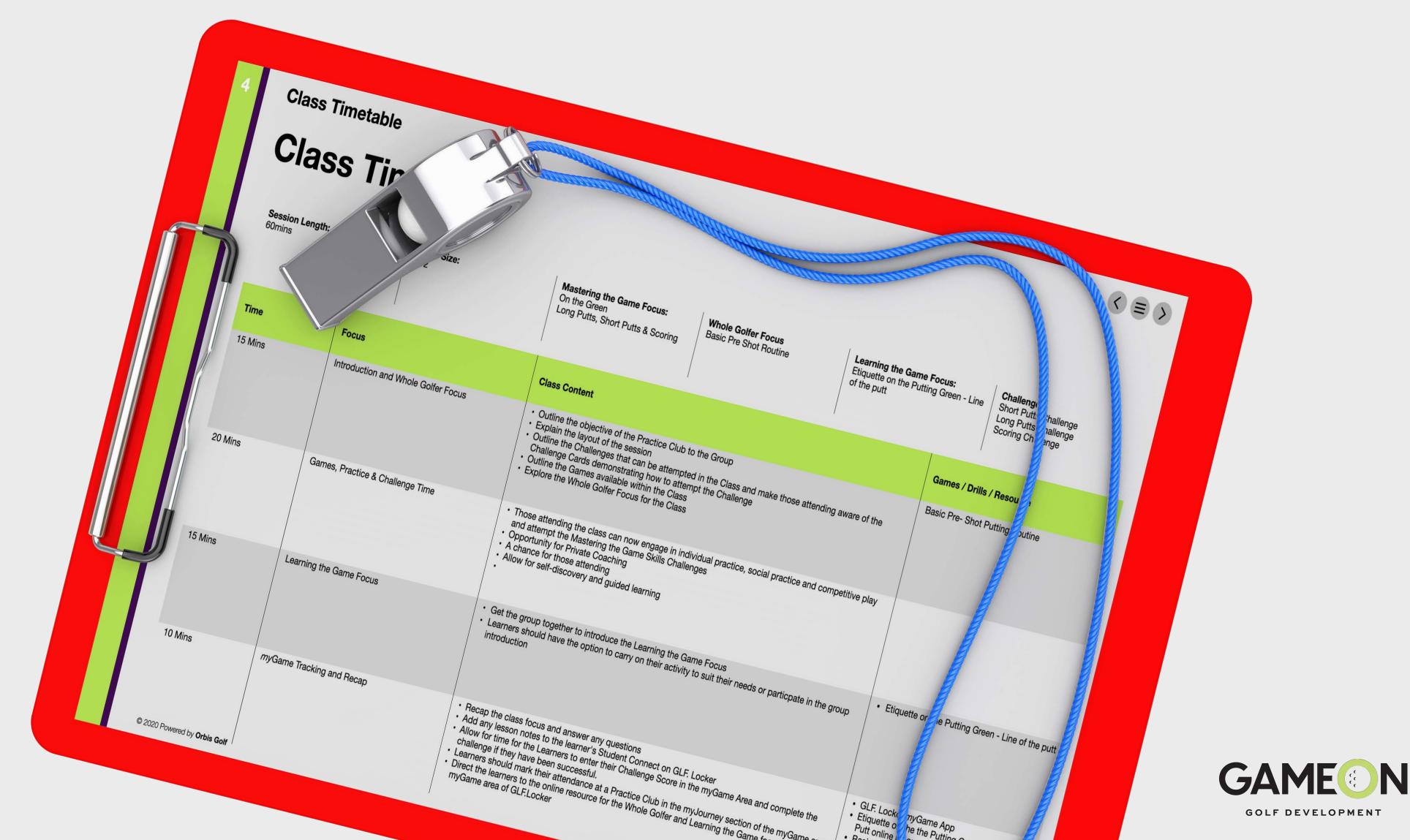






Class Timetable

Class Timetable





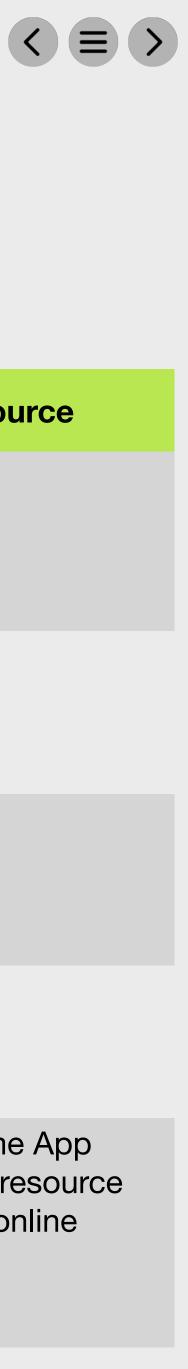




Class Timetable

Class Timetable

Class limetable					
Session Length: 60mins	Group Size: 1:12	Mastering the Game: On the Green Scoring	Whole Golfer: Respectful to others	Learning the Game: Using a Pitchmark	Challenge: Short Putts Challenge Long Putts Challenge Scoring Challenge
Time	Focus	Class Content			Games / Drills / Resource
10 Mins	Introduction and Whole Golfer Focus	Objectives - Opportunity for learners to practice their putting Practice Station: Pick a Point Game Station: Ladder Challenge Whole Golfer Focus: Becoming a respectful golfer			
20 Mins	Games, Practice and Challenge Time	Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning			Pick a Point Ladder Challenge
5 Mins	Learning the Game Focus	Get the group together to introduce the Learning the Game Focus Learners should have the option to carry on their activity to suit their needs or participate in the group introduction to the Learning the Game focus			Using a Pitchmark
15 Mins	Games, Practice and Challenge Time	Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning			Pick a Point Ladder Challenge
	<i>my</i> Game Tracking and Recap	Recap and add any lesson notes to the learner's Student Connect on GLF. Locker Allow for time for the Learners to enter their Challenge Score in the myGame Area and complete the challenge if they have been successful Learners should mark their attendance at a Practice Club in the myJourney section of the myGame area			 GLF. Locker <i>my</i>Game App Whole golfer online resou Learning the game online resource



Practice on the Green Class Layout and Setup

Station 1: Short Putts Challenge



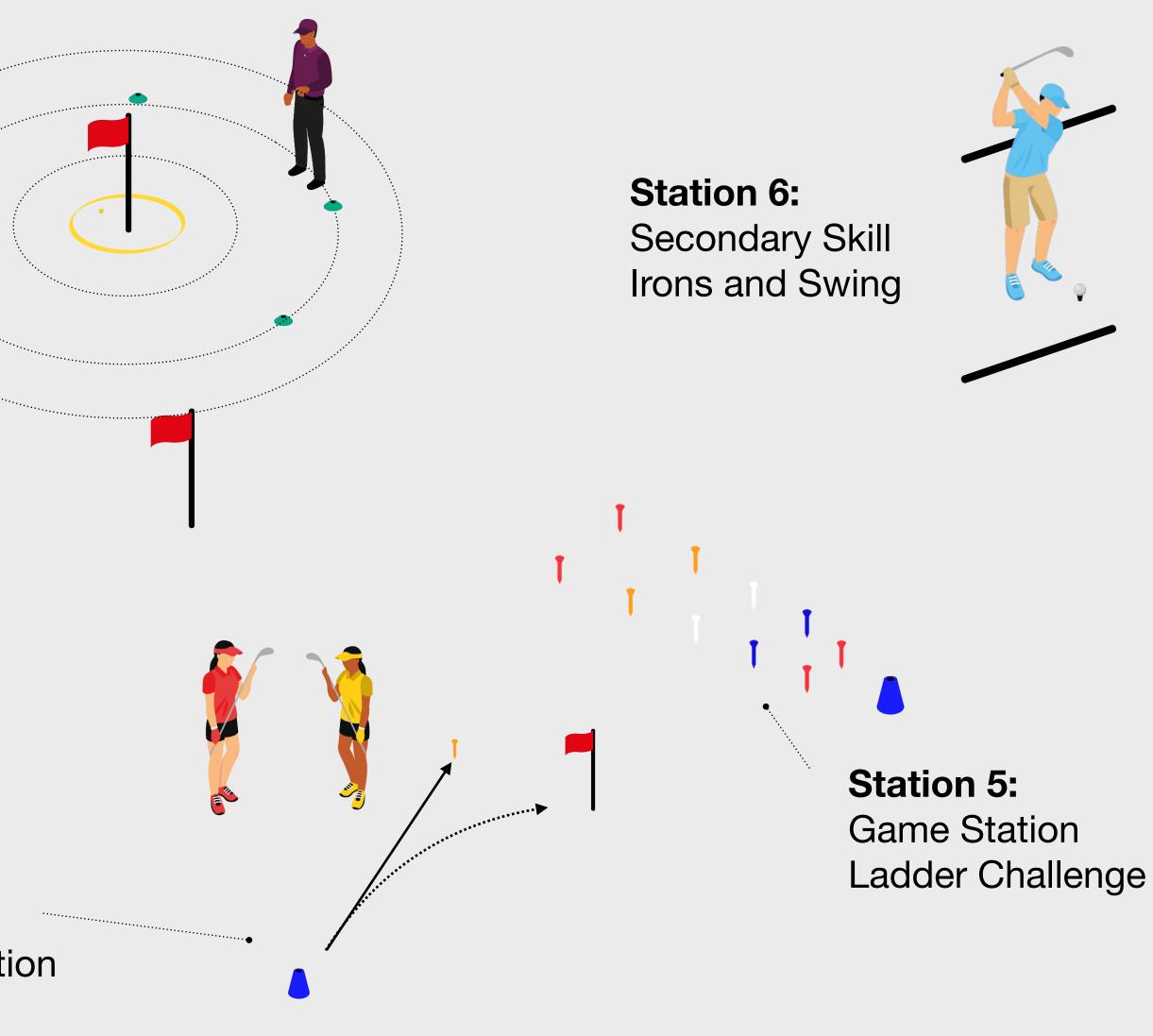
Station 2: Long Putts Challenge



Station 3: Scoring Challenge

coring Challenge

Station 4: Practice Station Pick a Point

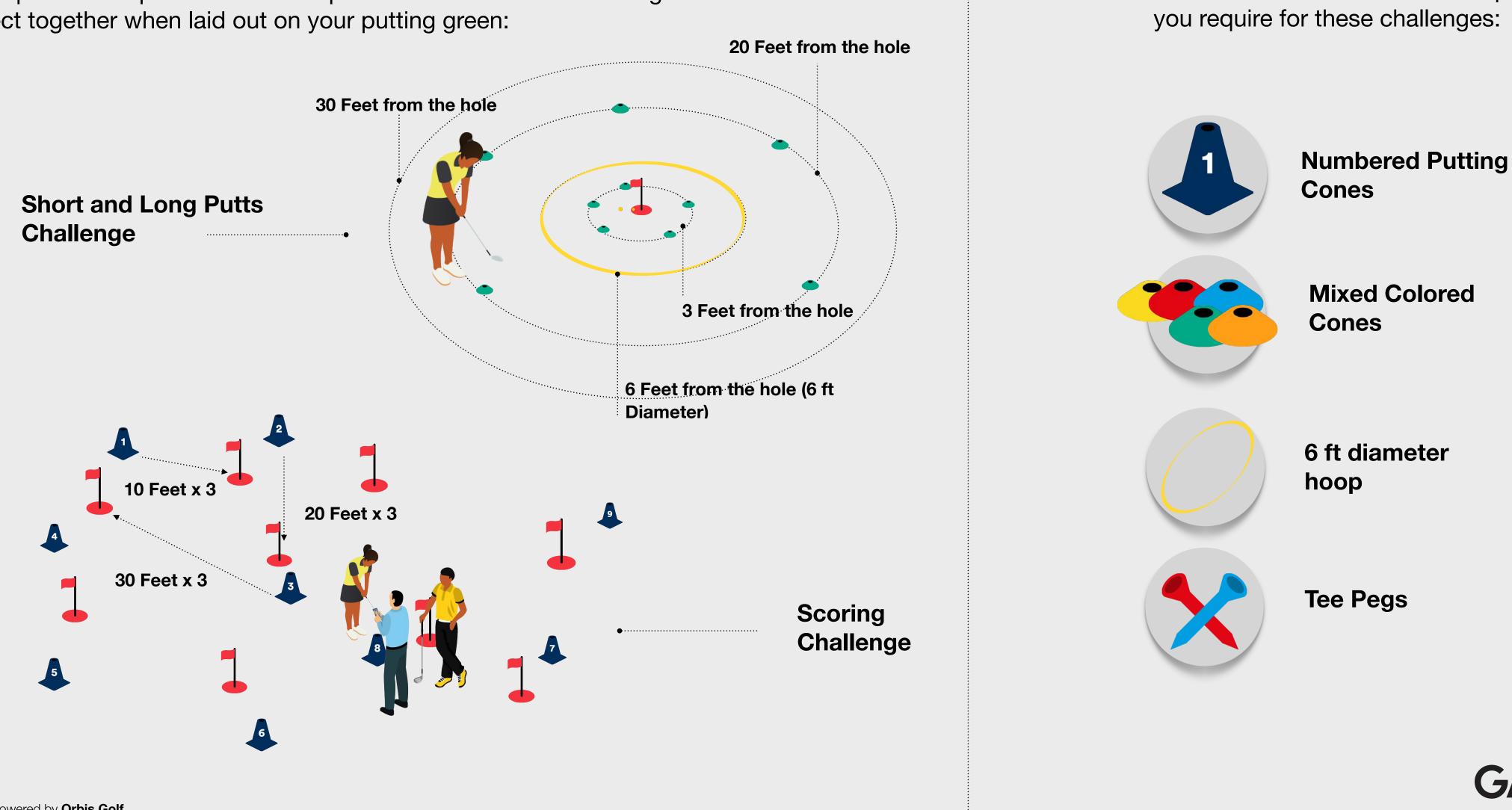


GAME N GOLF DEVELOPMENT



On the Green Challenges Layout and Set Up

The graphic below provides an example of how each of the challenges connect together when laid out on your putting green:



Please find below a list of the equipment you require for these challenges:





GOLF DEVELOPMEN

Pick a Point





Equipment Needed

- 2 Tee Pegs
- Putter
- Golf Ball

How to Practice

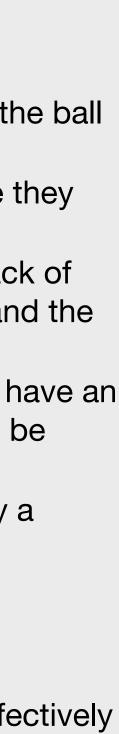
- Set this activity up on a sloped surface with a tee peg where the ball should be placed
- Get the learner to place another tee in a straight line to where they think that they should aim in order to hole the putt
- The learner should attempt the putt and based on the feedback of whether the ball missed high or low should adjust their aim (and the tee position) accordingly
- Be sure to help the learner understand that speed of putt will have an effect on how soon the putt breaks, and therefore this should be taken into account when choosing the position to aim at
- Encourage the learners to work in pairs here and discuss why a certain position is correct or not

Technical Link

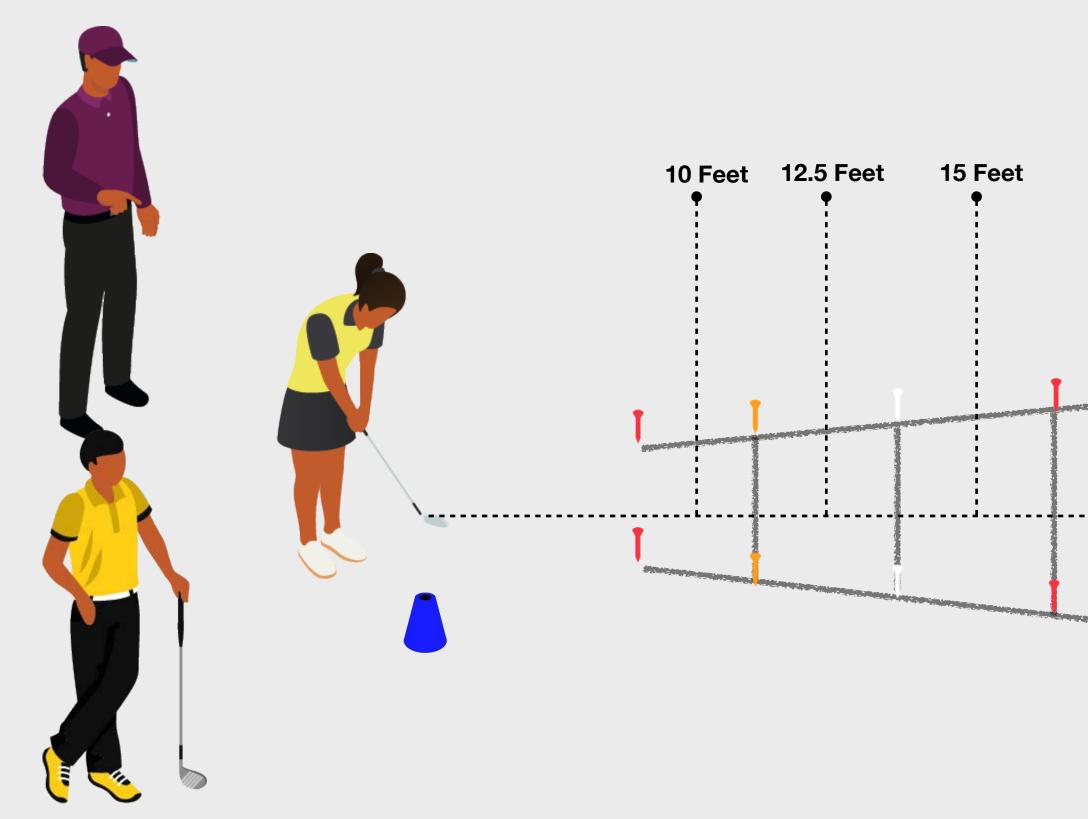
 This activity will help the learner to understand how to aim effectively on a sloped surface and simplify the process with respect to sloping putts







Ladder Challenge







- String for the target boxes
- 12 tee pegs cones to mark the edge of the boxes
- A single cone to represent the starting position

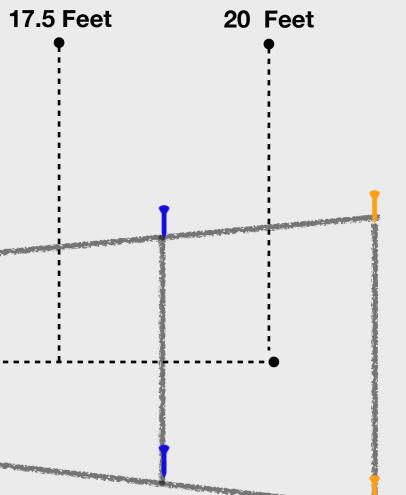
How to Play

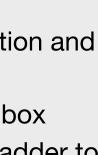
- A learner starts by attempting to putt their ball into the first and smallest box on the ladder
- If they are successful, the return to the starting position and attempt their next go to the second box
- If unsuccessful they repeat their attempt to the first box
- The learners attempts to complete all steps on the ladder to complete the game
- This game can be played individually, in pairs or groups

Progression Ideas

- Vary the size of the boxes
- Vary the distance between the starting point around and the boxes
- Increase the number of shots that must go into the boxes before the box is completed
- Attempt the boxes in reverse
- Add a consequence to the game by limiting the number of attempts before moving back a box.



















Learning the Game

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

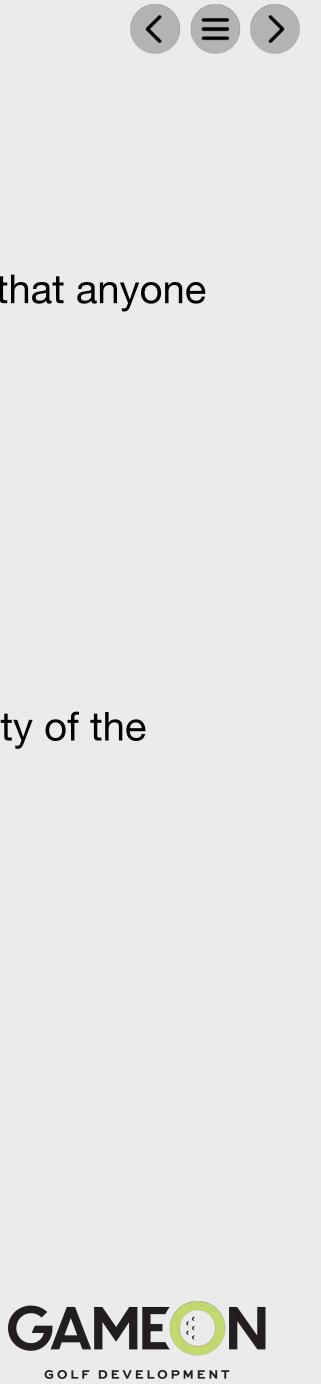
Add to the content delivered in the themed class and provide further information on the following areas:

What is a pitch mark?

Make sure learners understand what a pitch mark is and the importance of repairing it in order to preserve the quality of the putting surface and how it will be considerate to other golfers. Explain about how to use the pitchfork repairer.







Practice Club Class Plans

Whole Golfer

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

Becoming a respectful golfer...

Explain to the learner the importance of reciprocal respect when on the golf course.

When it is your playing partner's turn to hit a shot It is courteous to be quiet, so that they can concentrate on their shot. Golf is a very sociable sport but there are times when quiet is required and traditionally









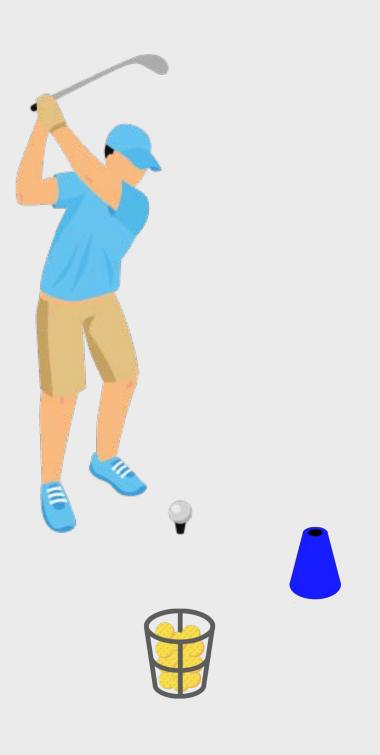
Secondary Skill

To allow for variety of practice during the session, and to enable those that may have missed a class to catch up on practicing some of the other skills we recommend having one of the stations set up as a secondary skill.

This week's secondary skill is **swing**, providing learners an opportunity to practice what was learnt in their swing classes.









GOLF DEVELOPMENT





Mastering the Game Skill Challenges

Skill Challenges





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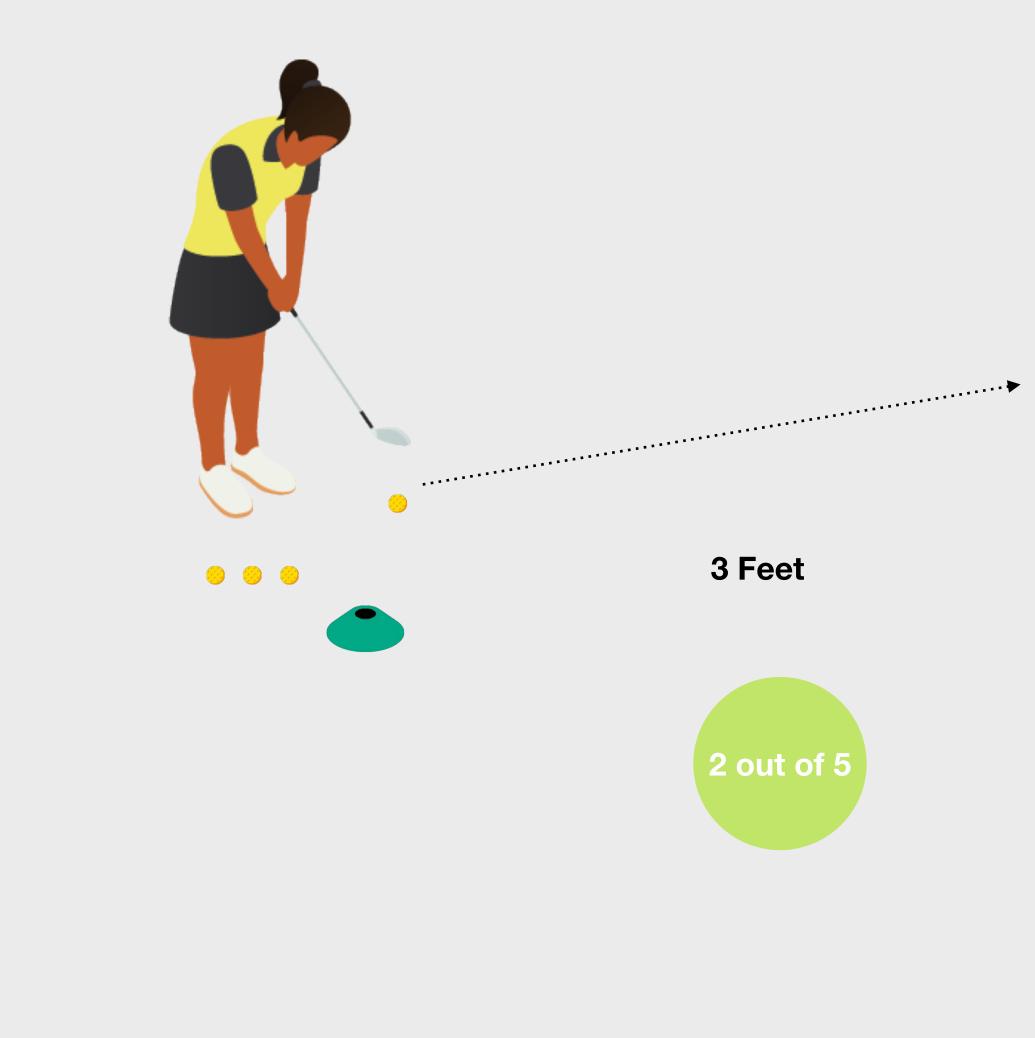
13







Short Putts Challenge



14





The Challenge

To complete the Level 1 Challenge the learner needs to putt 2/5 balls in the hole from 3 feet on a flat green surface from one position around the hole.

What should the Learner do next?

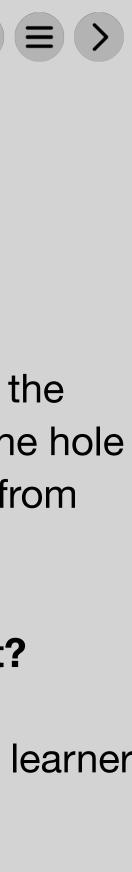
After attempting the challenge, the learner should:

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

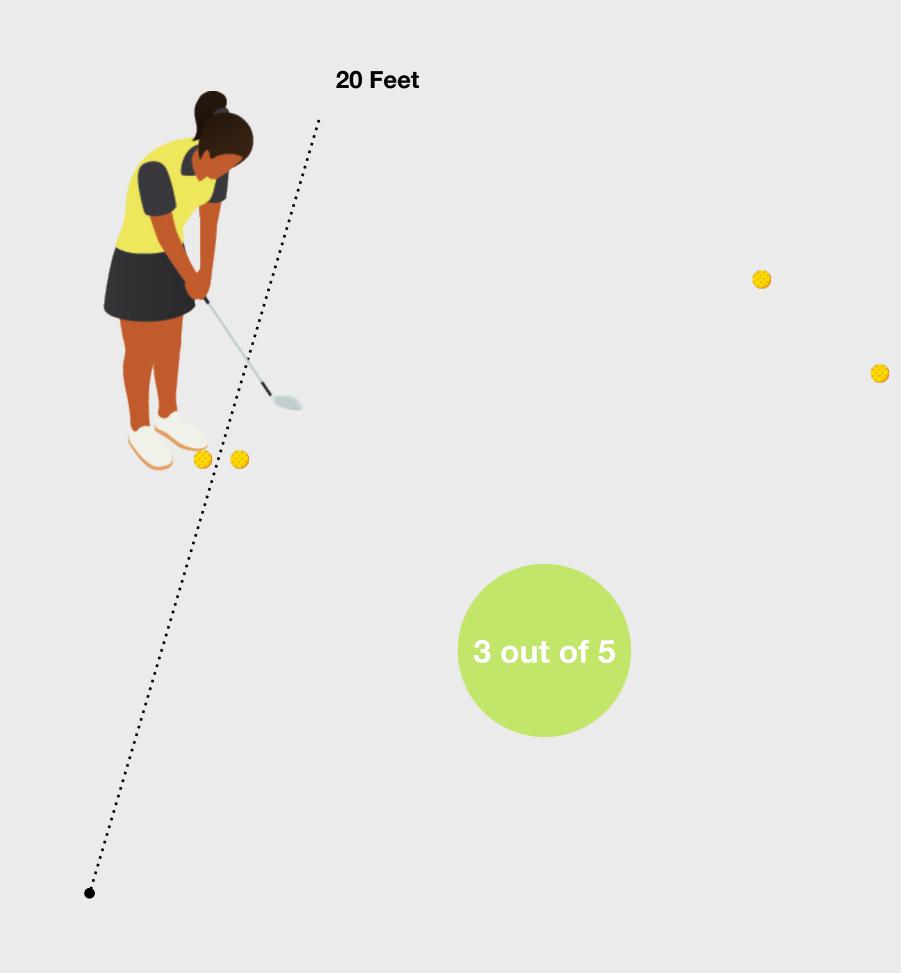
Short Putts



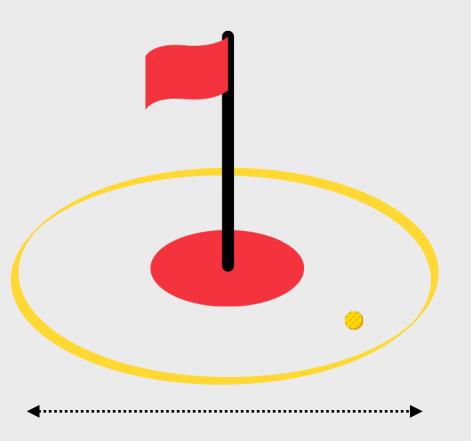




Long Putts Challenge



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6 Feet



The Challenge

To complete the Level 1 Challenge within the Long Putts skill element, the Learner has 5 attempts to putt 3 balls to within a 6 foot diameter circle around the hole from a single position 20 feet from the hole.

What should the Learner do next?

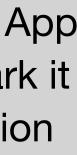
After attempting the challenge, the learner should:

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Long Putts

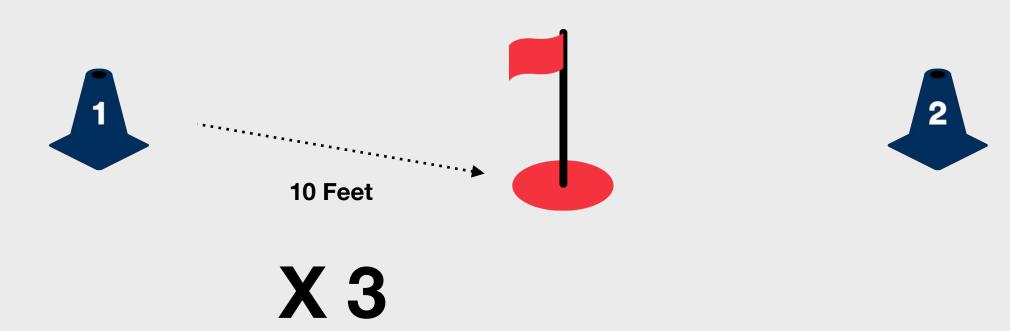


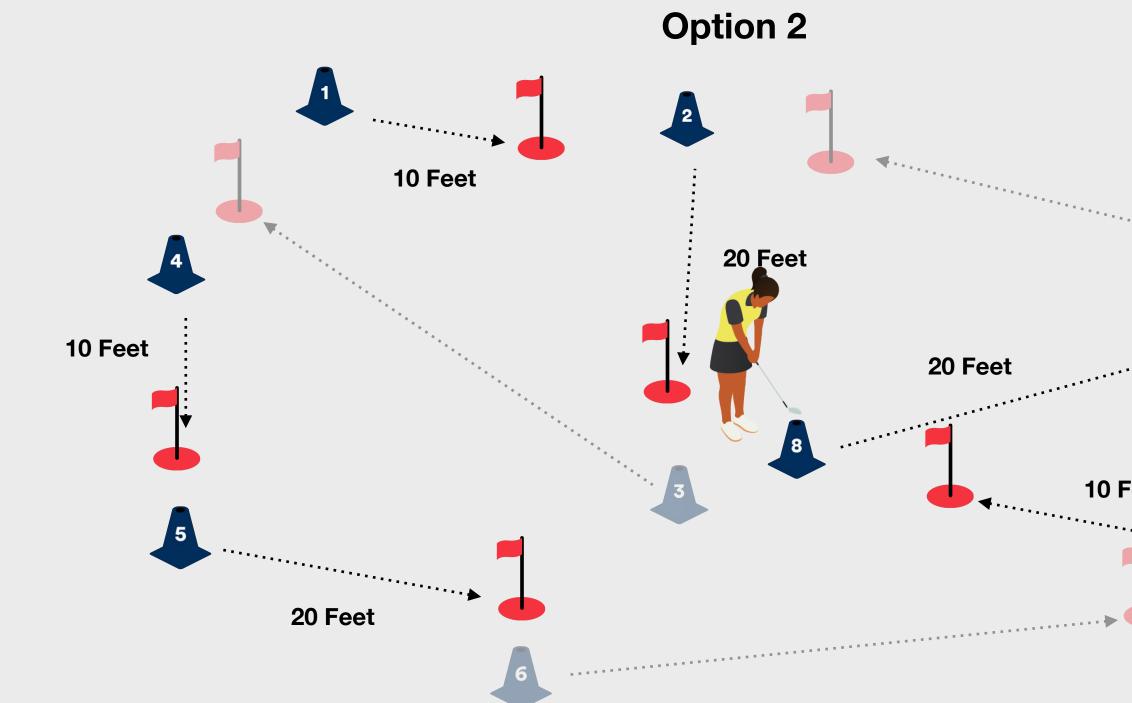


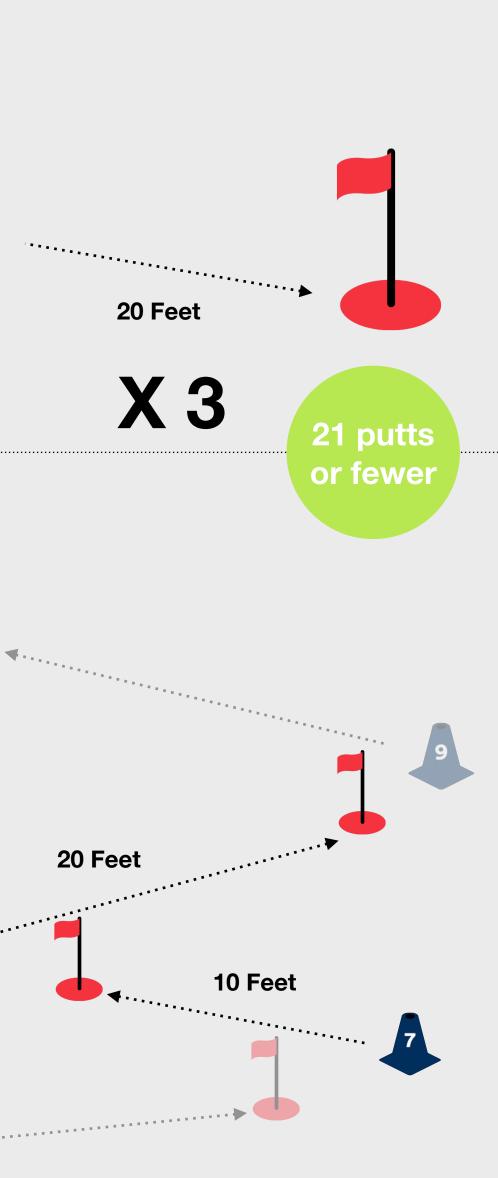


Scoring Challenge

Option 1









The Challenge

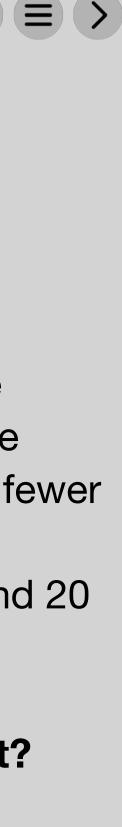
To complete the Level 1 Challenge within the Scoring skill element, the learner needs to score 21 putts or fewer over 6 holes on the putting green starting 10 feet away on 3 holes and 20 feet away on 3 holes.

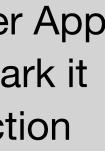
What should the Learner do next?

- Log their score on the GLF. Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring











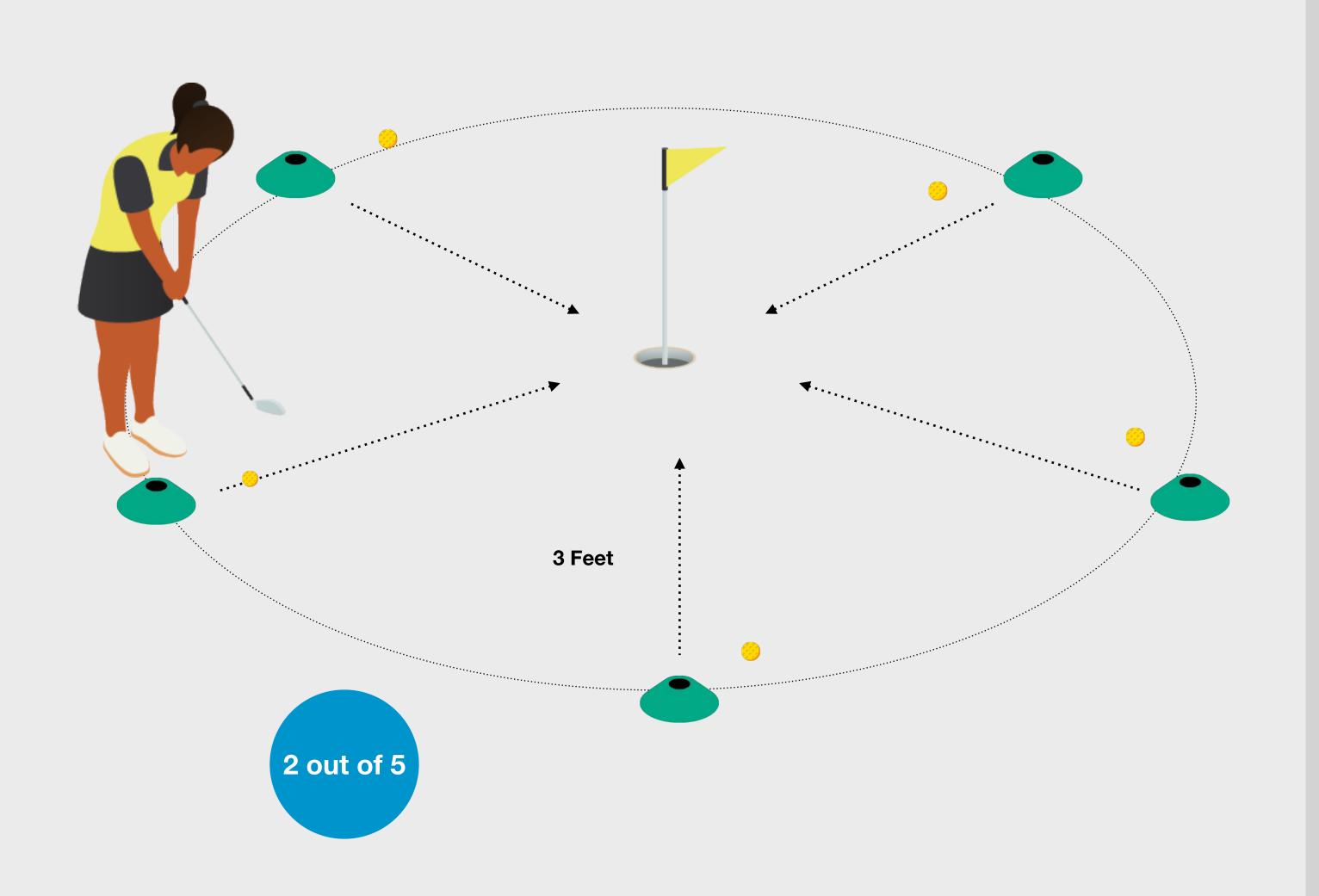
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Level 2 Challenges - Coach

Short Putts Challenge



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The Challenge

To complete the Level 2 Challenge the learner needs to hole 2 out of 5 putts from a distance of 3 feet from 5 different positions around the hole.

What should the Learner do next?

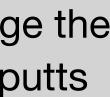
- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

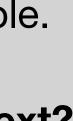
Short Putts





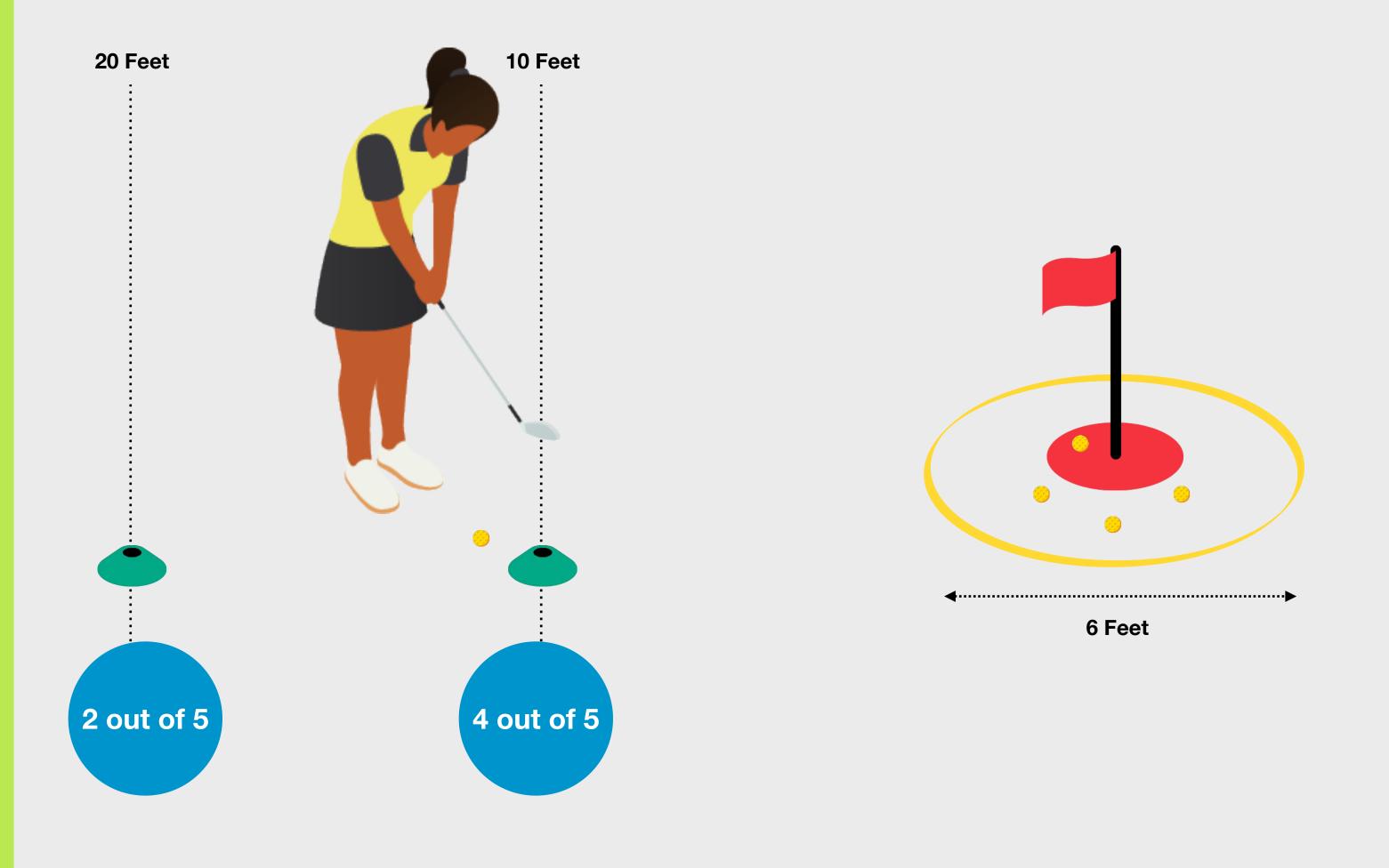








Level 2 Challenges - Coach Long Putts Challenge



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The Challenge

To complete the Level 2 Challenge within the Long Putts skill element, the Learner has 5 attempts to putt 4 ball to within a 6 foot diameter circle around the hole from a 10 feet from the hole and 2 balls from a distance of 20 feet from the hole.

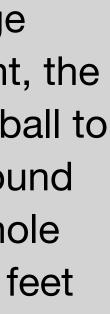
What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

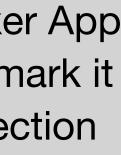
Long Putts





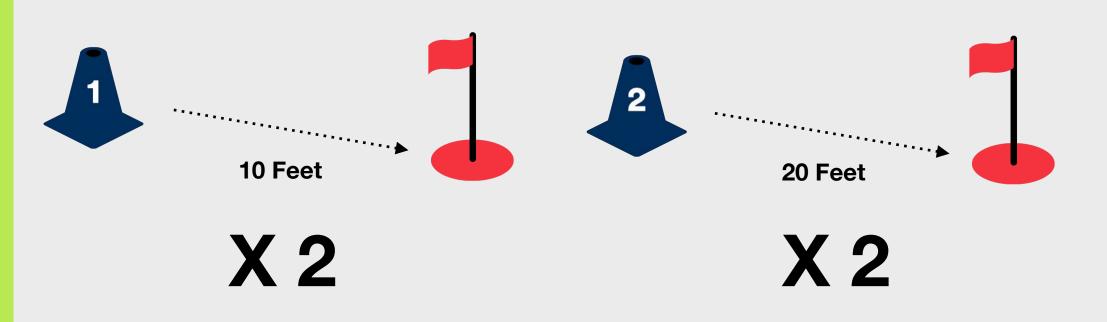




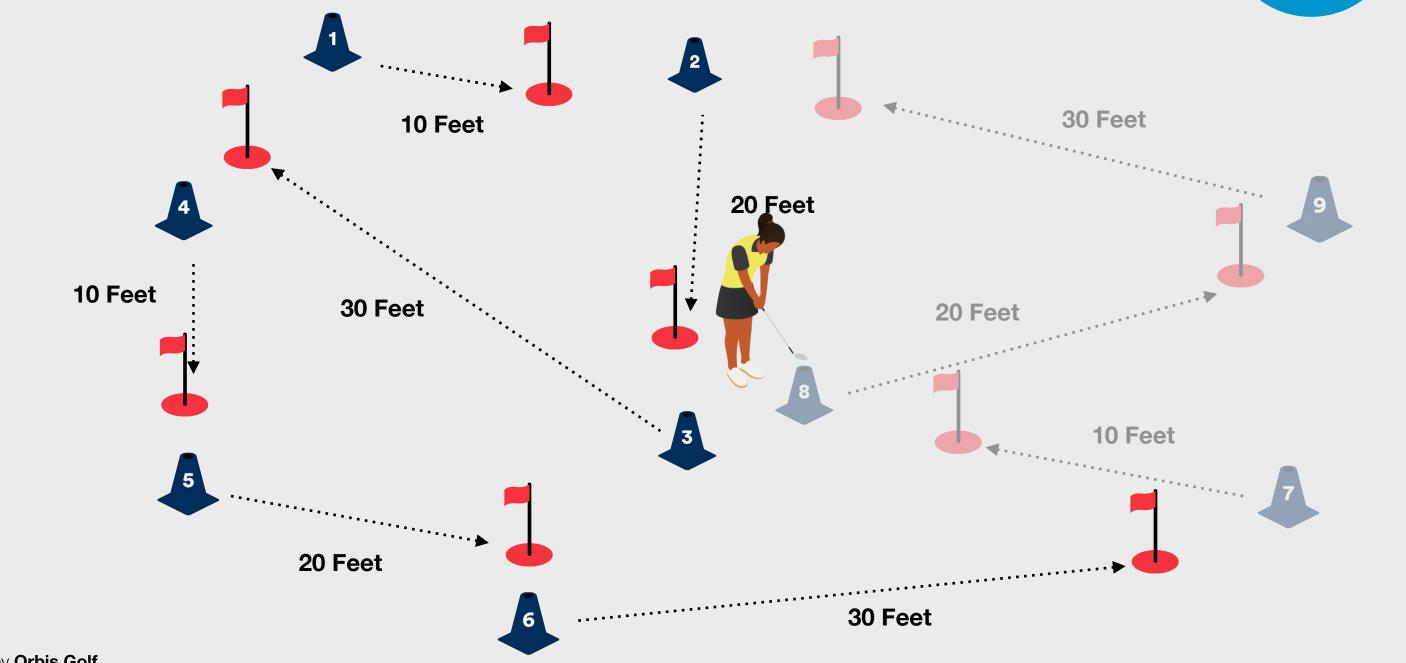


Level 2 Challenges - Coach Scoring Challenge

Option 1

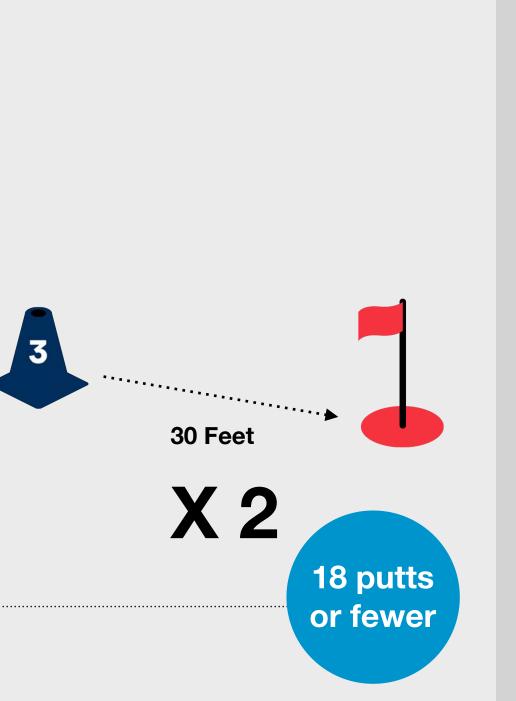


Option 2



N

Blue





The Challenge

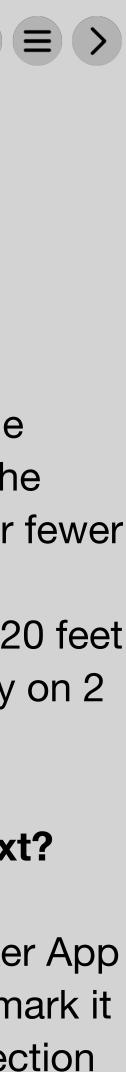
To complete the Level 2 Challenge within the Scoring skill element, the learner needs to score 18 putts or fewer over 6 holes on the putting green starting 10 feet away on 2 holes, 20 feet away on 2 holes and 30 feet away on 2 holes.

What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring





Level 3

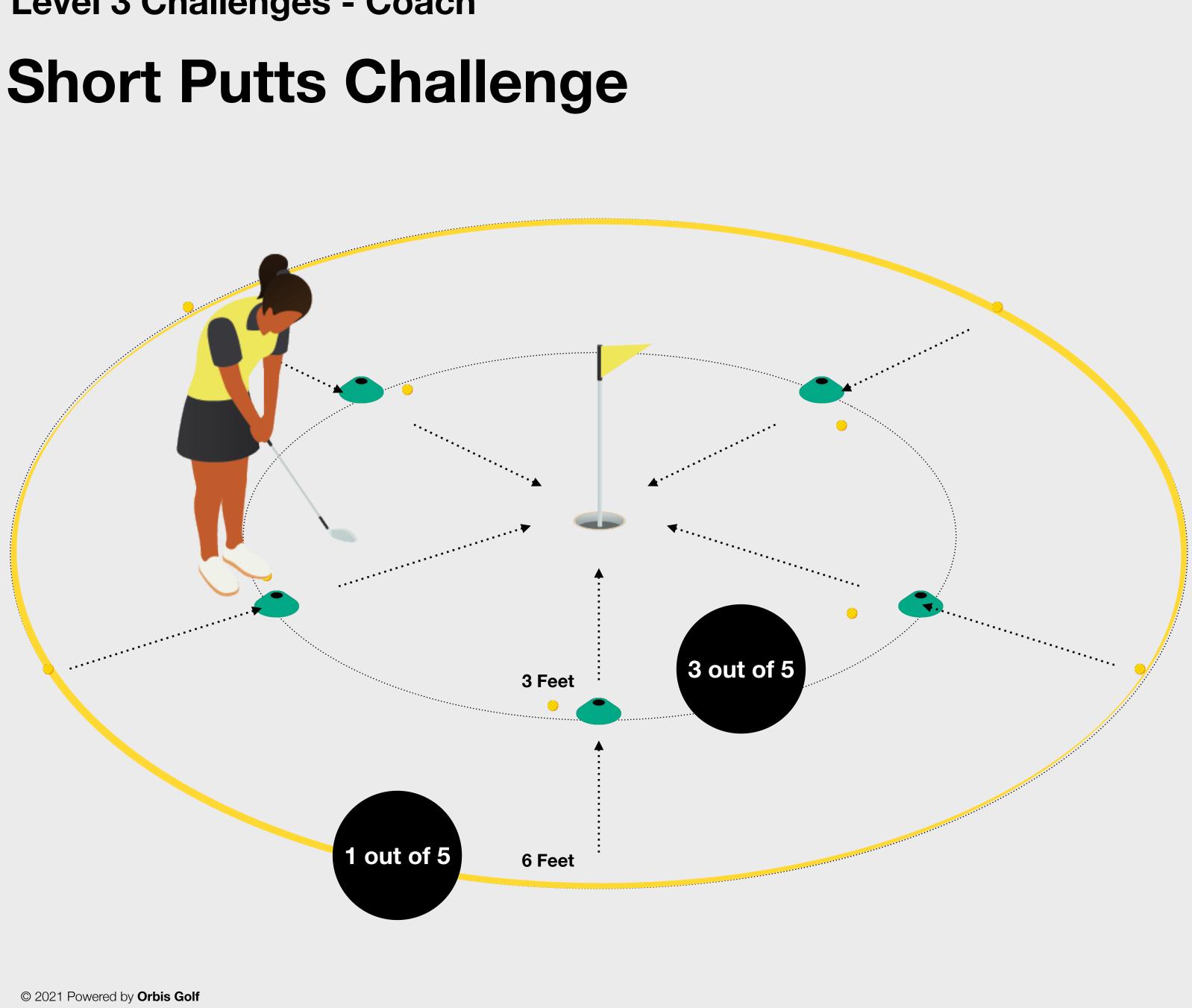








Level 3 Challenges - Coach





The Challenge

To complete the Level 3 Challenge the learner needs to hole 3 out of 5 putts from a distance of 3 feet and and 1 out of 5 putts from 6 feet from 5 different positions around the hole.

What should the Learner do next?

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Short Putts



3



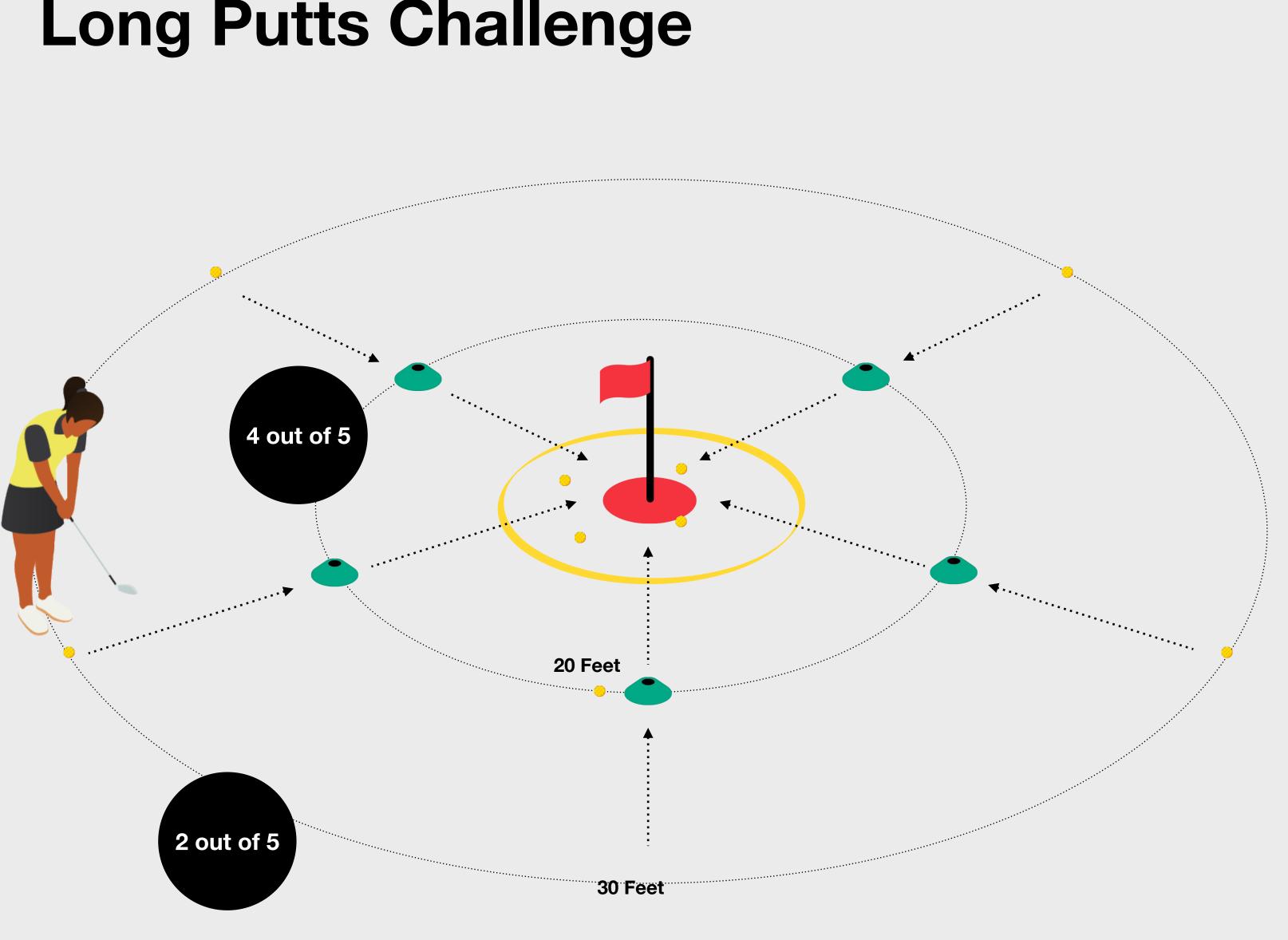






Level 3 Challenges - Coach

Long Putts Challenge





The Challenge

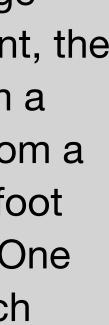
To complete the Level 3 Challenge within the Long Putts skill element, the learner needs to putt 4 balls from a distance of 20 feet and 2 balls from a distance of 30 feet to within a 6 foot diameter circle around the hole. One putt should be attempted for each position around the hole.

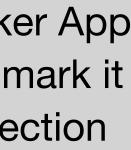
What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Long Putts



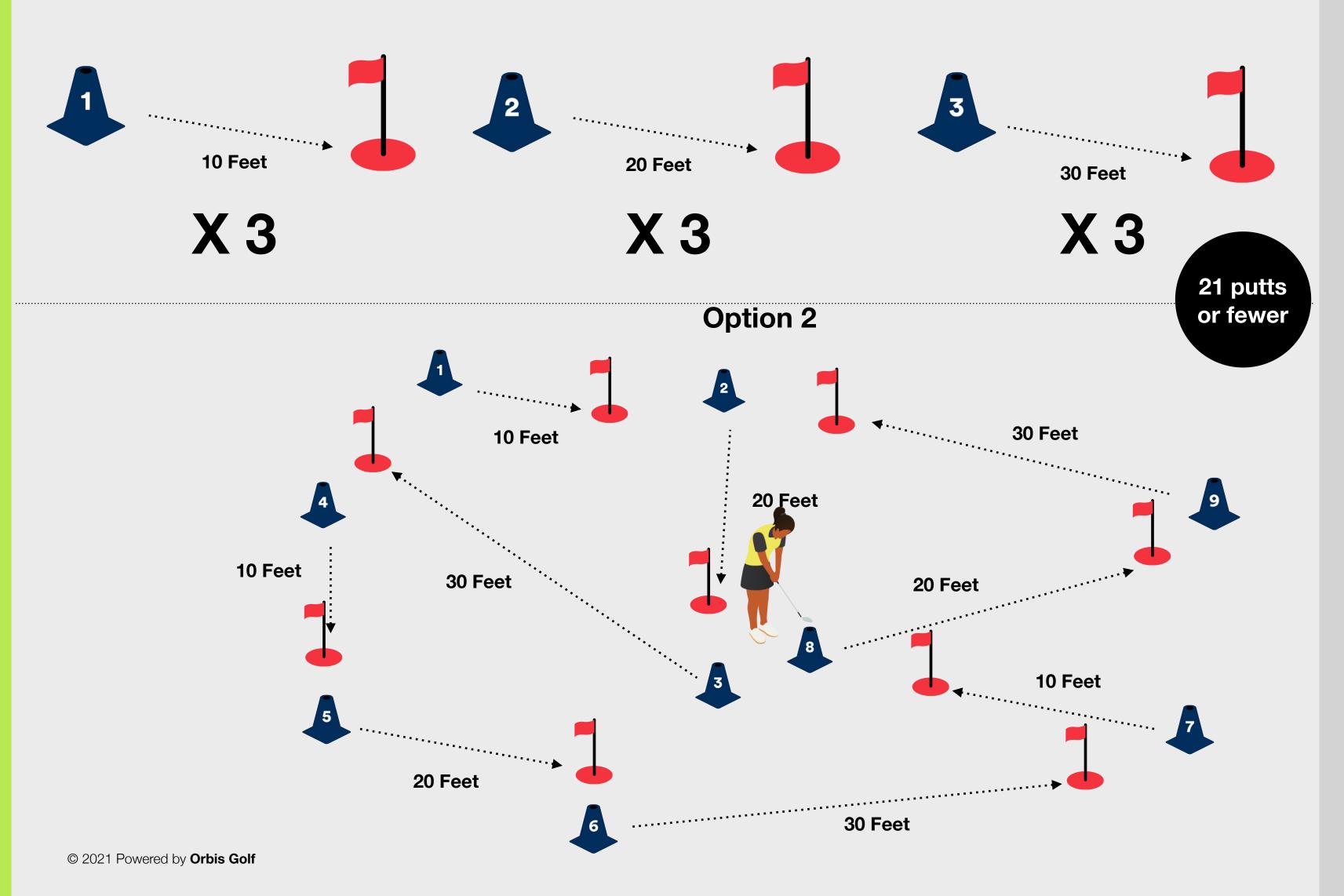




Level 3 Challenges - Coach

Scoring Challenge

Option 1





The Challenge

To complete the Level 3 Challenge within the Scoring skill element, the learner needs to score 18 putts or fewer for 9 holes on the putting green, playing 3 holes at a starting distance of 10 feet, 3 holes at a starting distance of 20 feet and 3 holes from a starting distance of 30 feet from the hole.

What should the Learner do next?

- Log their score on the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring

3



