On the Green - Green Reading Monday, July 4th - Sunday, July 10th





GOLF DEVELOPMENT



Class Timetable

Session Length: 60mins

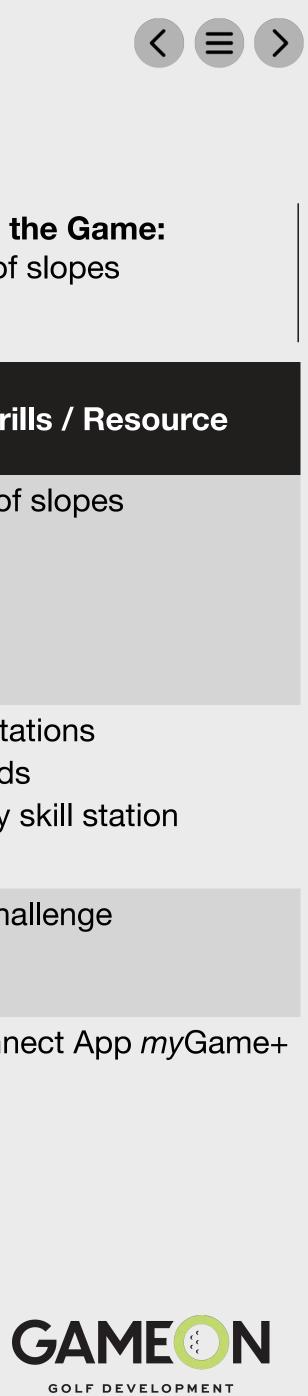
Group Size: 1:8

Mastering the Game Focus: On the Green Green Reading

	Time	Focus	Class Content	Games / Drills / Resourc
	5 mins	Introduction	 Objectives - Introduce the concept of green reading Get the group together to introduce the Learning the Game and Whole Golfer focus Introduce the Technical Guidance for the class Explain how to play the games and attempt the practice station activities 	Severity of slopes
	40 Mins	Mastering the Game	 Learners break out to play the games individually, in pairs or groups A chance to build relationships amongst the group Opportunity for private coaching 	 Practice stations Game cards Secondary skill station
	10 mins	Challenges and Recap	 Outline the relevant challenges students need to complete for this skill Recap Mastering the Game and Learning the Game Focus from the session 	Scoring challenge
	5 Mins	<i>my</i> Game Tracking	Update notes and challenges in the GLF. Connect App	• GLF. Connect App <i>my</i> G

Online Whole Golfer Resource Positive self-talk

Learning the Game: Severity of slopes



Technical Guidance Reading Greens

The technical guidance we are prescribing is to be delivered as you see fit, use your experience and be sure to link your technical advice to how this will help learners to improve the key skills of:

Where to aim if the putt is 10 feet, 20 feet or 30 feet

 \bullet

Learning the effect of slope over different distances How to read a green that has multiple slopes

Splitting the putt into sections and reading each section independently



Keep your technical instruction to less than 5 minutes, in order to allow maximum time for play and practice and for you to reinforce the key skills with individual tuition.







Encourage participants to practice positive self talk is going to help them as they navigate their way through the ups and downs of learning the game of golf.

Practicing and getting into the habit of giving positive reinforcement will help to encourage learners to stick with the process of learning the game even when it becomes very difficult for them with a particular skill.

Introduce the concept of learning the severity of the slope.

Using a process like Aimpoint can help to quantify the slope with a rating, e.g. a 1% slope, 5% slope, etc. When introducing this concept choose slopes that are quite extreme so that it is easier for Learners to see and feel the difference between different slopes.

Themed Class Plans





Severity of Slope

Positive Self Talk











Understanding Slopes





Equipment Needed

- Putter
- Golf Ball

How to Practice

- Help learners to choose a putt with multiple break
- Before taking their putt they should split the putt into sections and be able to tell you or their partner the break of each section of the putt
- The learner should be able to more easily determine the starting line of the putt once they have worked out the different slopes that are having an impact on the line of the putt
- Encourage working in pairs so that learners can openly discuss and help each other learn how to accurately read the slope on the green

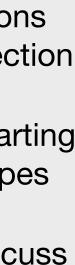
Technical Link

• This activity will help the learner to understand how to read a green that has multiple break

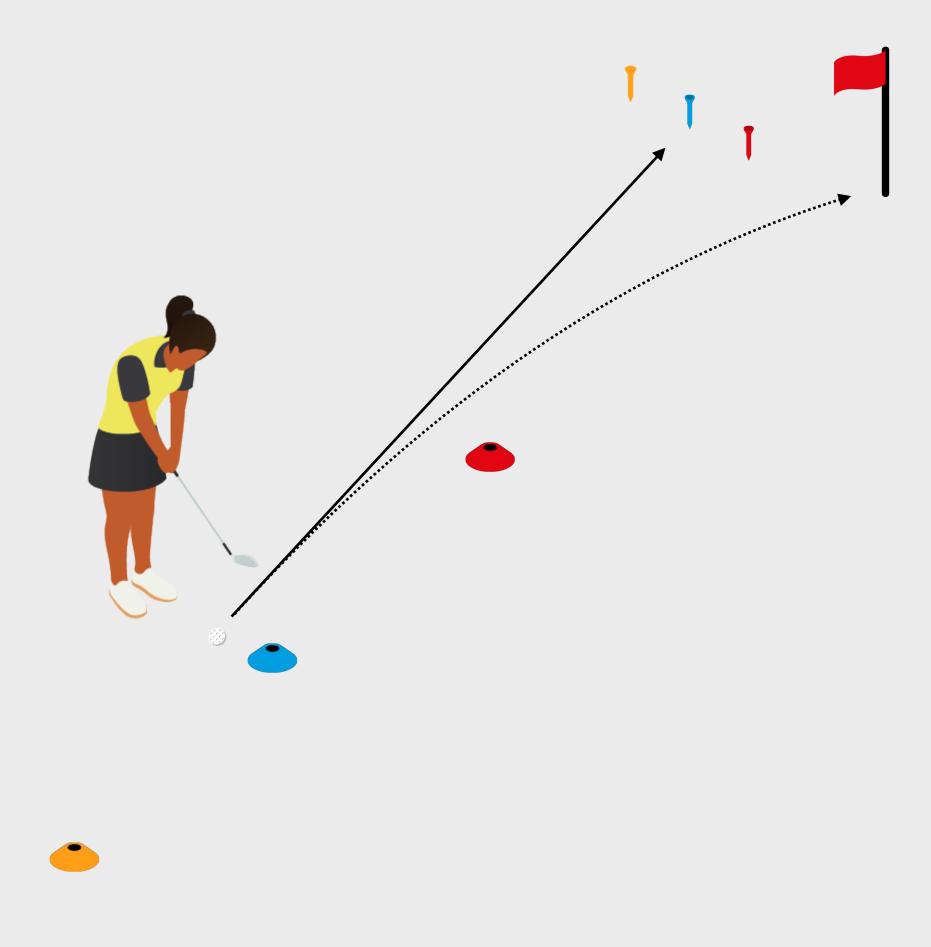








Pick a Point





Equipment Needed

- 3 Tee Pegs
- 3 Cones
- Putter
- Golf Ball

How to Practice

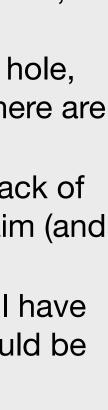
- Set this activity up on a sloped surface with 3 cones placed at 10, 20 and 30 feet from the hole
- Get the learner to place the corresponding tees level with the hole, and explain how even though the putt is the same direction there are differing amounts of break due to the length of the putt
- The learner should attempt the putts and based on the feedback of whether the ball missed high or low they should adjust their aim (and the tee position) accordingly
- Be sure to help the learner understands that speed of putt will have an effect on how soon the putt breaks, and therefore this should be taken into account when choosing where to aim
- Encourage the learners to work in pairs here to ensure correct aim at the start and to notice if a putt was just misaligned or mis-hit

Technical Link

• This activity will help the learner to understand how to aim effectively on a sloped surface, especially with respect to longer putts

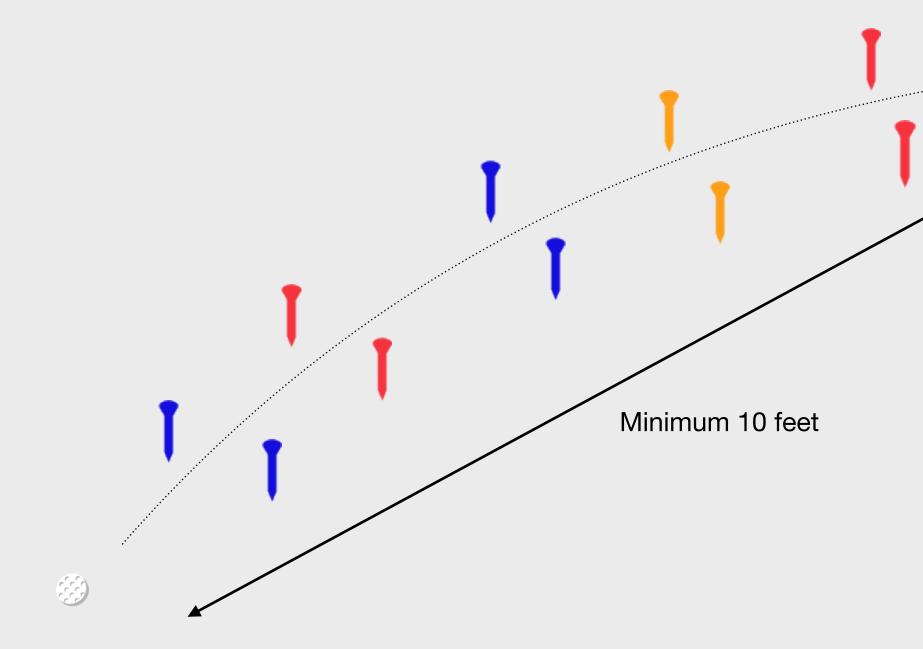








Gate Challenge





Equipment Needed

- 10 Tee Pegs
- Putter
- Golf Ball

How to Practice

- Set up the tee pegs on a slope as gates for the learners to try and hit the putt through at the appropriate pace for the ball to miss the tees
- As the learner improves, narrow the size of the gates, or increase the number of gates/distance of the putt

Technical Link

- This activity will help the learner to understand the break of a putt over the length of the putt as a whole
- It will help them to understand how length of putt affects the break and how to aim appropriately





Guess the Break







Equipment Needed

• A coin or ball marker

How to Play

- A learner predicts the half-way point of the putt
- The purpose is to note how the slope changes around the hole and therefore the learner needs to adapt where they are aiming
- We suggest framing this as an opportunity to learn the slope on a green, although it can be played competitively, seeing how many putts each learner can hole
- This game can be played individually, in pairs or small groups

Progression Ideas

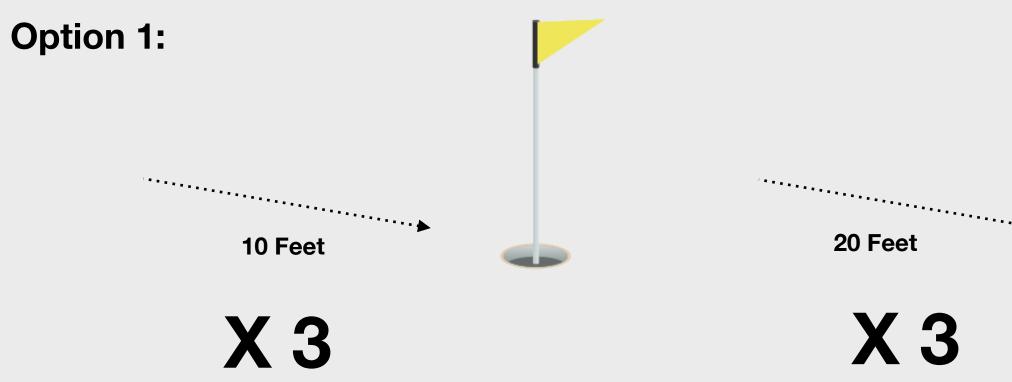
- Play on a more severely sloped surface
- Introduce a competitive element
- Increase or decrease the length of the putts



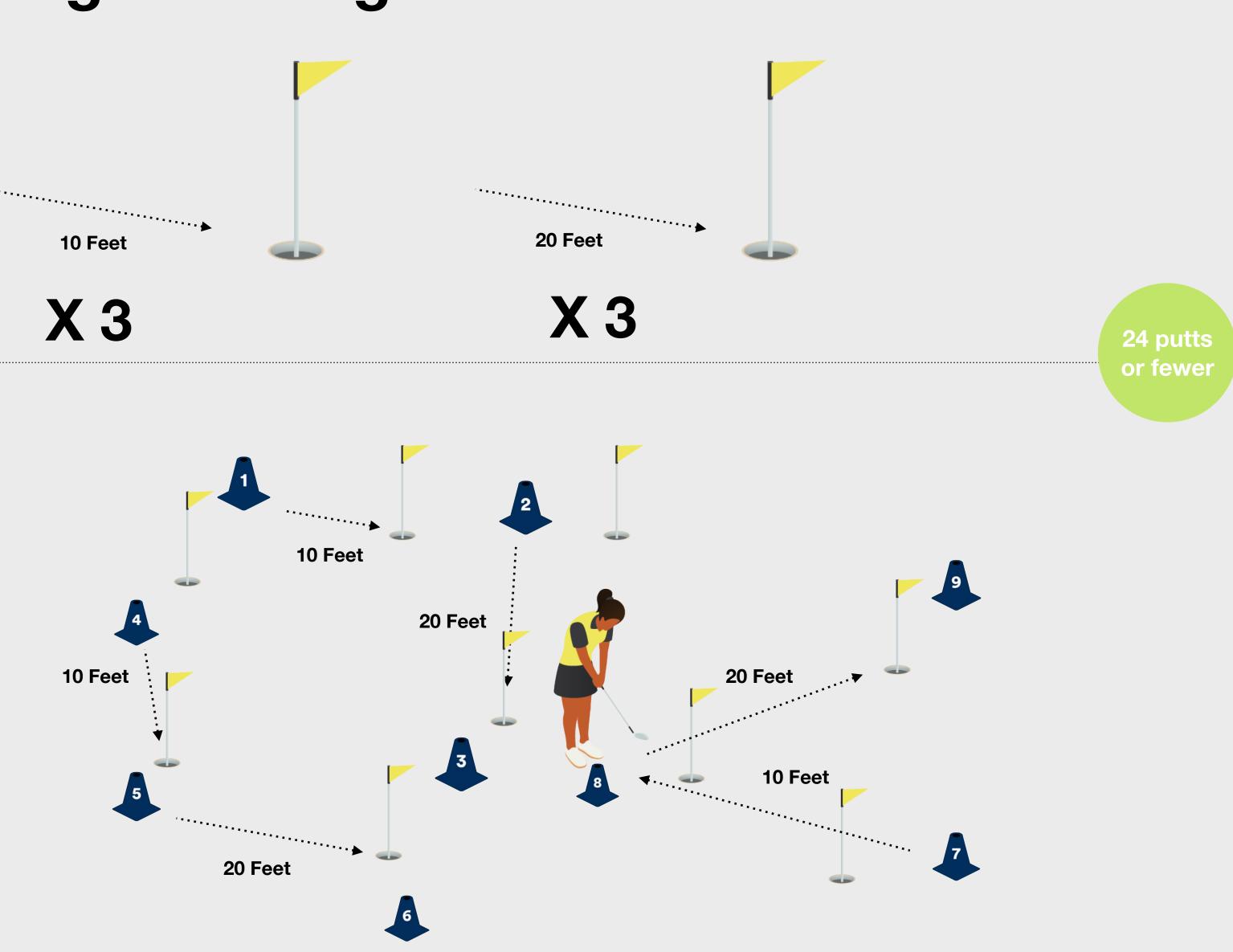


Level 1 Challenges - Coach

Scoring Challenge



Option 2:





The Challenge

To complete the Level 1 Challenge the learner needs score 24 putts or less over 6 holes. 3 putts should be attempted starting from 10 feet and 3 putts from 20 feet from the hole.

Equipment you Need

The equipment you will need for this challenge:

- Numbered cones from your equipment bag to mark the starting positions.
- Golf Balls
- Scorecard and pencil

What should the Learner do next?

After attempting the challenge, the learner should:

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring



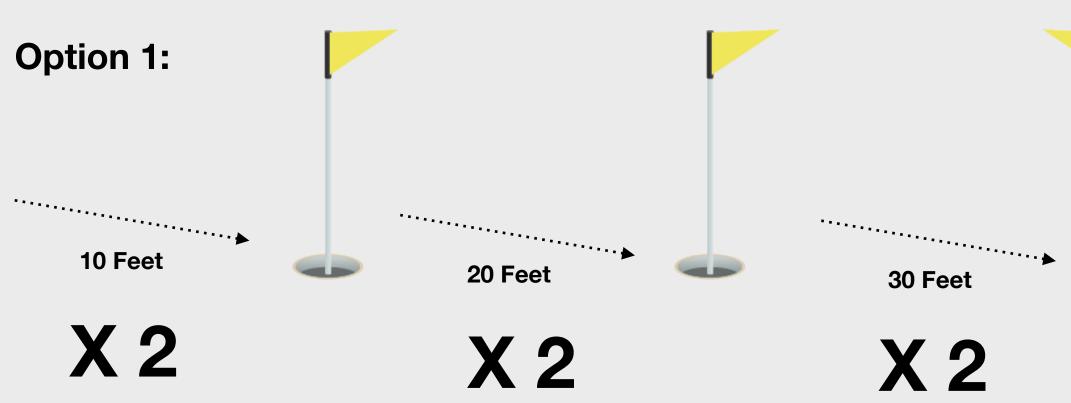


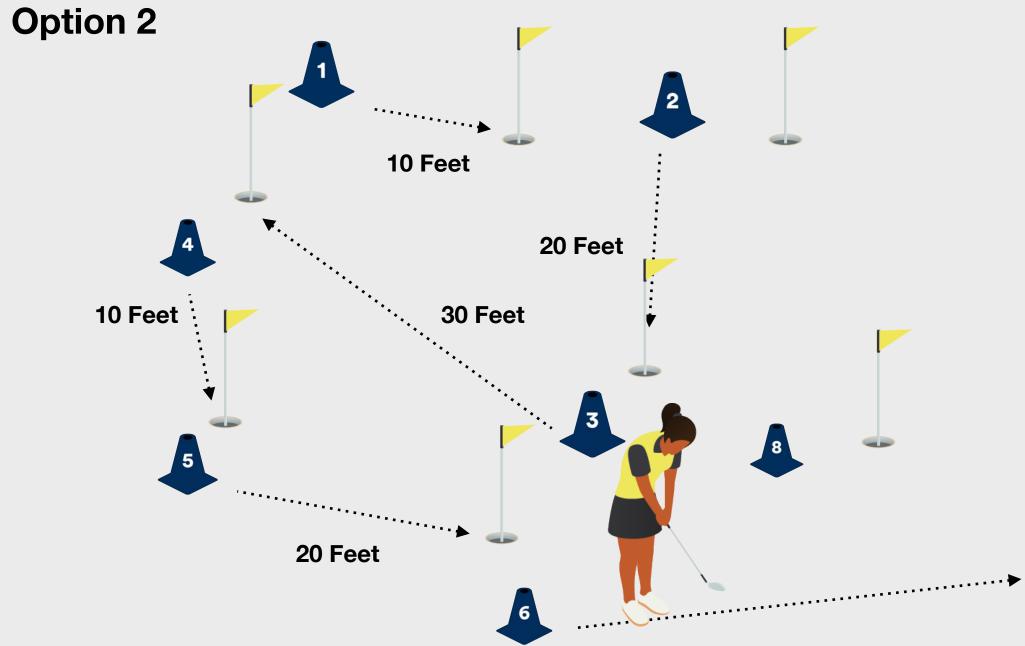


N

Blue

Scoring Challenge









The Challenge

To complete the Level 2 Challenge the learner needs score 21 putts or less over 6 holes. 2 putts should be attempted from a starting position 10 feet, 2 putts from 20 feet and 2 putts from 30 feet from the hole.

Equipment you Need

The equipment you will need for this challenge:

- Numbered cones from your equipment bag to mark the starting positions.
- Golf Balls
- Scorecard and pencil

What should the Learner do next?

After attempting the challenge, the learner should:

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

Scoring

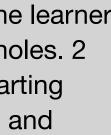


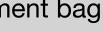








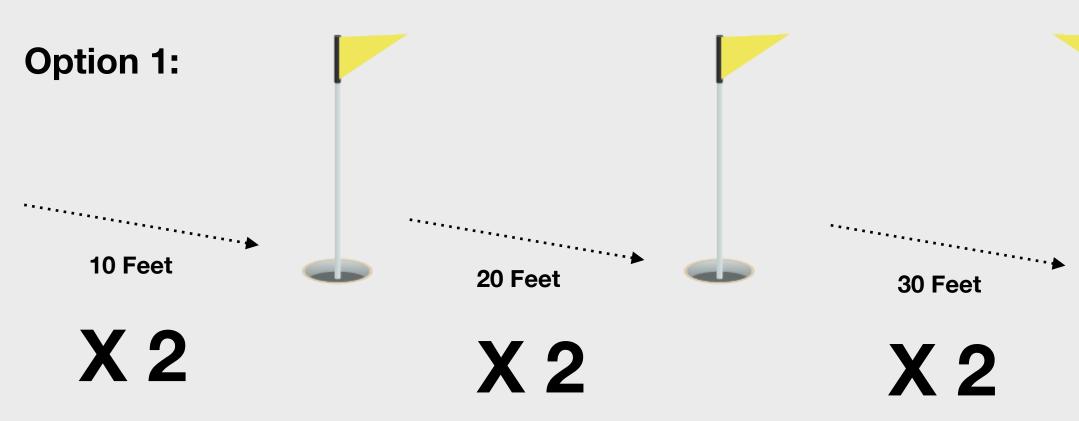


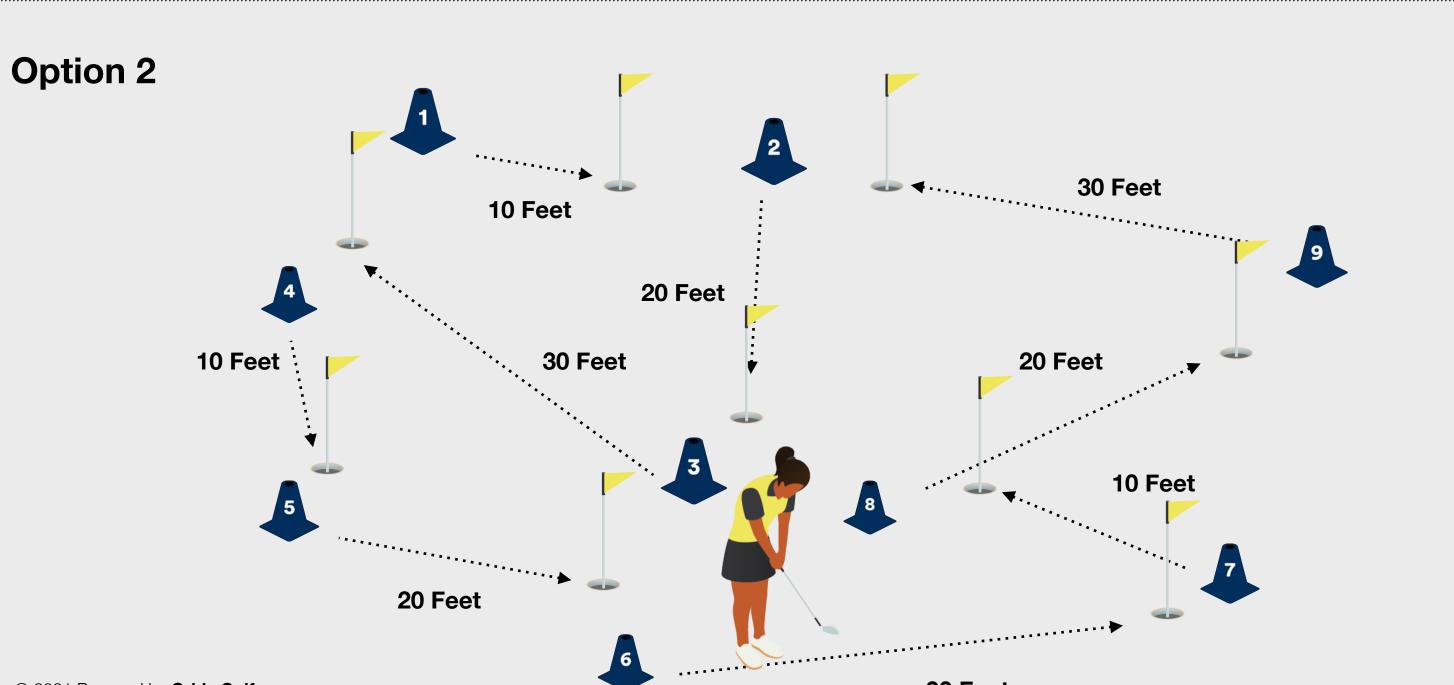


E N

Level 3 Challenges - Coach

Scoring Challenge





m

Ye

Black



The Challenge

To complete the Level 3 Challenge the learner needs score 21 putts or less over 9 holes. 3 putts should be attempted from a starting position 10 feet, 3 putts from 20 feet and 3 putts from 30 feet from the hole.

Equipment you Need

The equipment you will need for this challenge:

- Numbered cones from your equipment bag to mark the starting positions.
- Golf Balls

21 putts

or fewer

Scorecard and pencil

What should the Learner do next?

After attempting the challenge, the learner should:

- Log in to the GLF.Locker App
- If they complete the challenge, mark it as complete in the Challenge Section

3

Scoring





EN