Practice Club Class Plans

Practice Around the Green Monday, November 21st- Sunday, November 27th





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GOLF DEVELOPMENT





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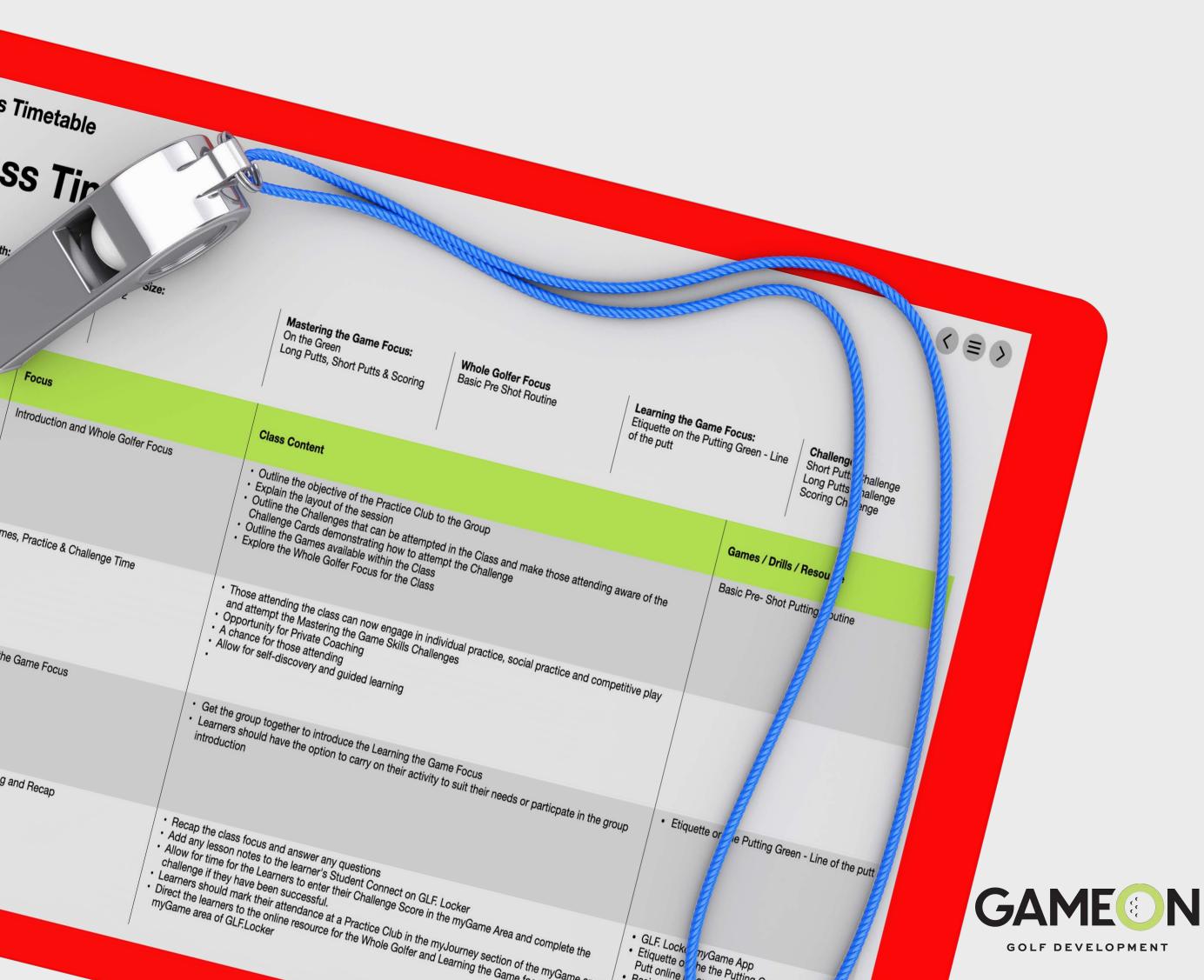
Class Timetable

Class Timetable



Class Timetable Class Tir Session Length; 60mins Focus 15 Mins 20 Mins Games, Practice & Challenge Time 15 Mins Learning the Game Focus 10 Mins myGame Tracking and Recap © 2020 Powered by Orbis Golf

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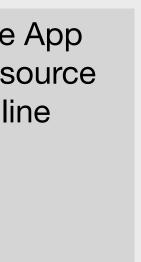


Class Timetable

Class Timetable

Session Length 60mins		n: Group Size: 1:12		Mastering the Game: Around the Green Bunker Play	Whole Golfer Focus What is a handicap index?	Learning the Game Rules and Etiquette Play the ball as it lies		Challenge: Chipping Challenge Pitching Challenge Bunker Play Challe
	Time	Focus		Class Content			Games / Drills / Resource	
10 Mins		Introduction and Whole Golfer Focus		 Objectives; Opportunity for learners to practice around the green Practice station: Entry Point Game station: Single, Double, Triple Whole Golfer Focus: What is a handicap index? 				
20 Mins		Games, Practice and Challenge Time		 Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning 			Entry Point Single, Double, Triple	
	5 Mins	Mins Learning the Game Focus		 Get the group together to introduce the Learning the Game Focus Learners should have the option to carry on their activity to suit their needs or participate in the group introduction 			• Play	/ the ball as it lies
15 Mins				 Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning 			Entry Point Single, Double, Triple	
	10 Mins	and Recap • Allow and c • Learr		 Allow for time for the learners to enter and complete the challenge if they have 	ap and add any lesson notes to the learner's Student Connect on GLF.Connect w for time for the learners to enter their Challenge Score in the myGame Area complete the challenge if they have been successful mers should mark their attendance at a Practice Club in the myJourney section are myGame area		WhoLear	Connect <i>my</i> Game A ole Golfer online reso rning the Game onlin ource





Class Plans

Practice Around the Green Class Layout and Setup

Station 1: Skills Challenge Chipping

Station 2: Skills Challenge Pitching

> Station 3: Skills Challenge Bunker Play



Station 4: Practice Station Entry Point

5

Station 5: Game Station

Single Double Triple





Station 6: Secondary Skill Putting



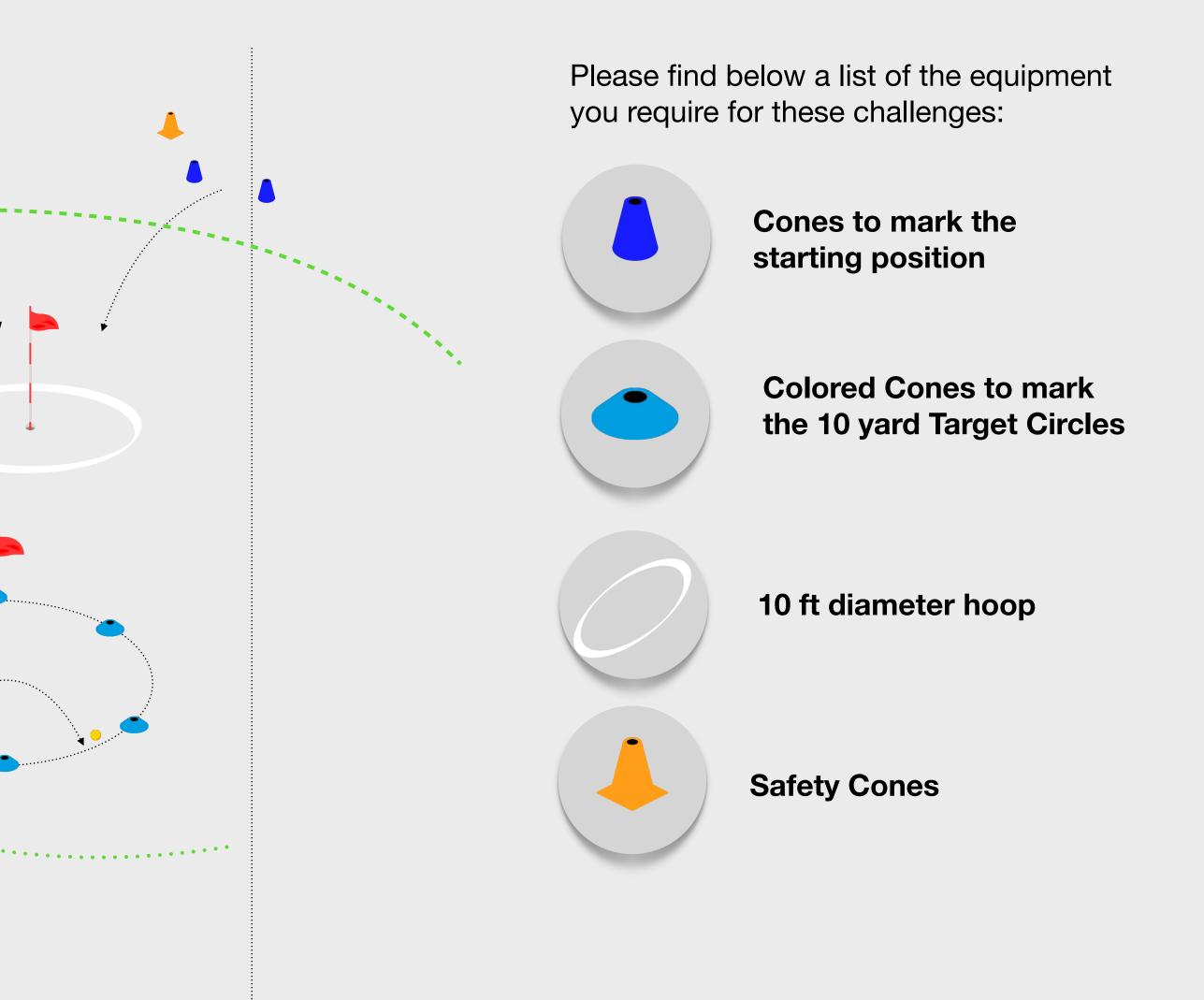




Class Plans

Around the Green Challenges

The graphic below provides an example of how each of the challenges connect together when laid out around your short game area:



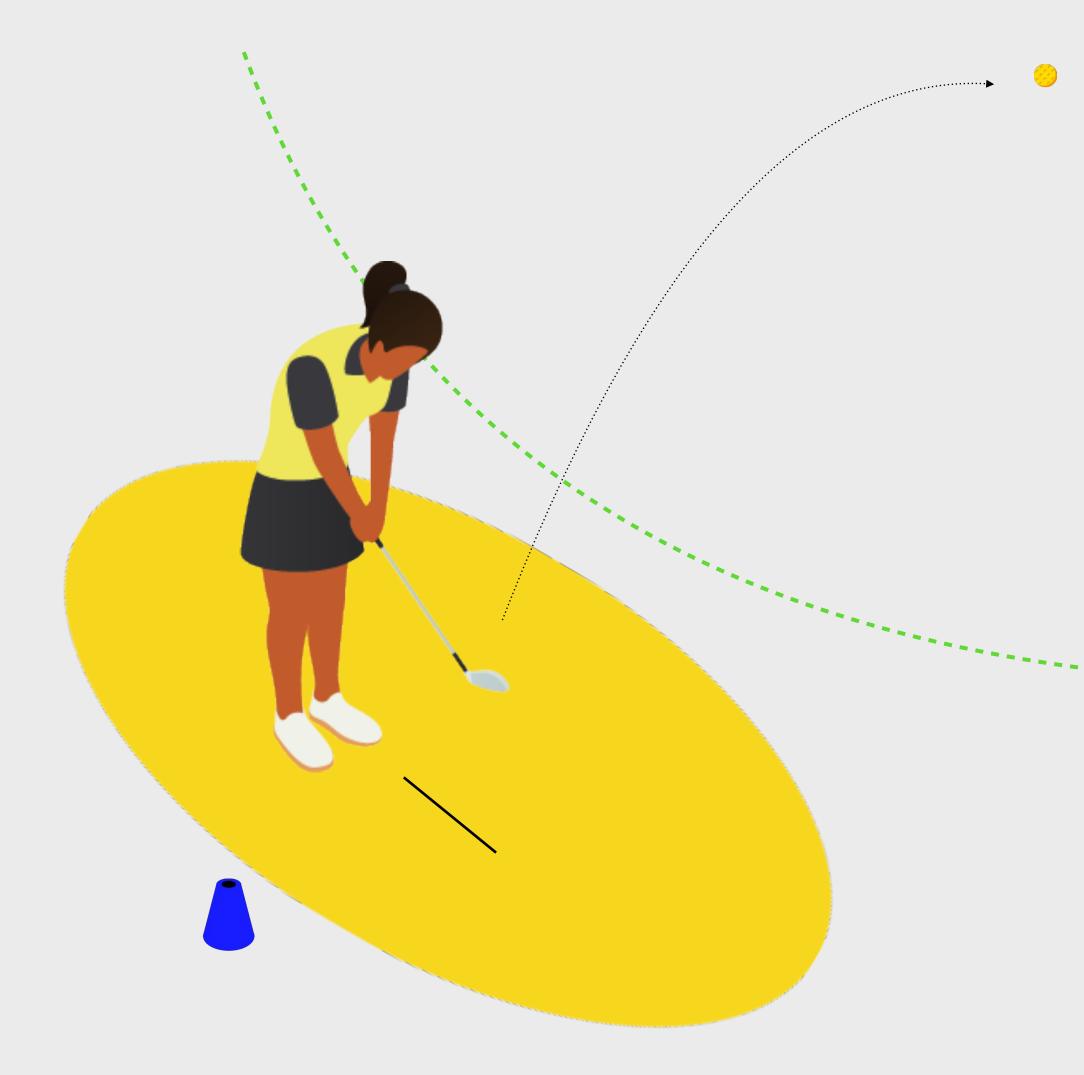








Entry Point





Equipment Needed

- Sand Wedge
- Golf balls

How to Practice

- The learner should draw a line in the sand, and then attempt to strike the line in order to practice getting the entry point consistent
- The learner should hit two or three practice swings, hitting the line each time, and then place a ball just an inch ahead of the line and repeat their swing in order to hit the ball out of the sand

Technical Link

• This activity will help learners build an awareness of where their club is entering the sand





Game Cards

Single, Double, Triple





Equipment Needed

- Sand Wedge
- Cones
- Golf balls

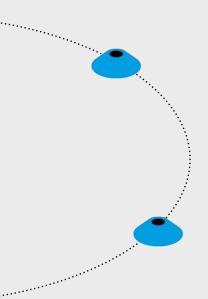
How to Play

- Players take it in turns to hit their shots, they can have either 1, 2 or 3 attempts each turn
- The learner receives 1 point if they hit the ball out of the bunker, 2 points if they hit the ball onto the green and 3 points if they hit the ball inside the 10 yard circle of cones
- If the learner chose to have just 1 attempt they get to triple the points scored, if they chose 2 attempts they double the points scored for that round
- The winner is the learner that scores the most points each round

Progression Ideas

• Increase the difficulty of the challenge by asking learners to choose how many attempts their opponent needs to take each round











Learning the Game

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

Play the ball as it lies

The Learning the Game theme this week is about understanding that in the rules of golf the ball must be played as it lies, and that air shots still count as a stroke!

Be sure to reinforce that whilst they are learning the adapted rules we have provided them with will be enough to help them as they learn, but as they play with more golfers at the club they need to be aware of the rules of golf.











Themed Class Plans

The Whole Golfer

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

What is a Handicap Index?

Explain to your learners what a handicap index is, and how by the end of the programme they will be at a standard to achieve a handicap index that will allow them to play and enjoy their golf at different courses around the world.

"A Handicap Index provides every golfer, regardless of age, gender or skill level, with a universal measure of playing ability under the World Handicap System[™]."













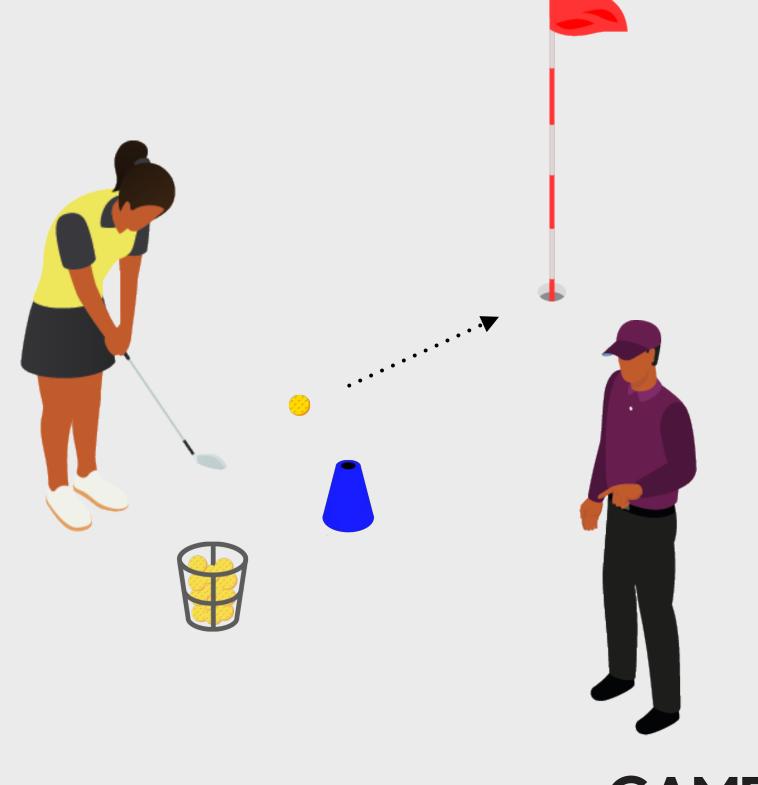
Secondary Skill

To allow for variety of practice during the session, and to enable those that may have missed a class to catch up on practicing some of the other skills we recommend having one of the stations set up as a secondary skill.

This week's secondary skill is **putting**, providing learners an opportunity to practice what has been taught in their putting classes.











Mastering the Game Skill Challenges

Skill Challenges





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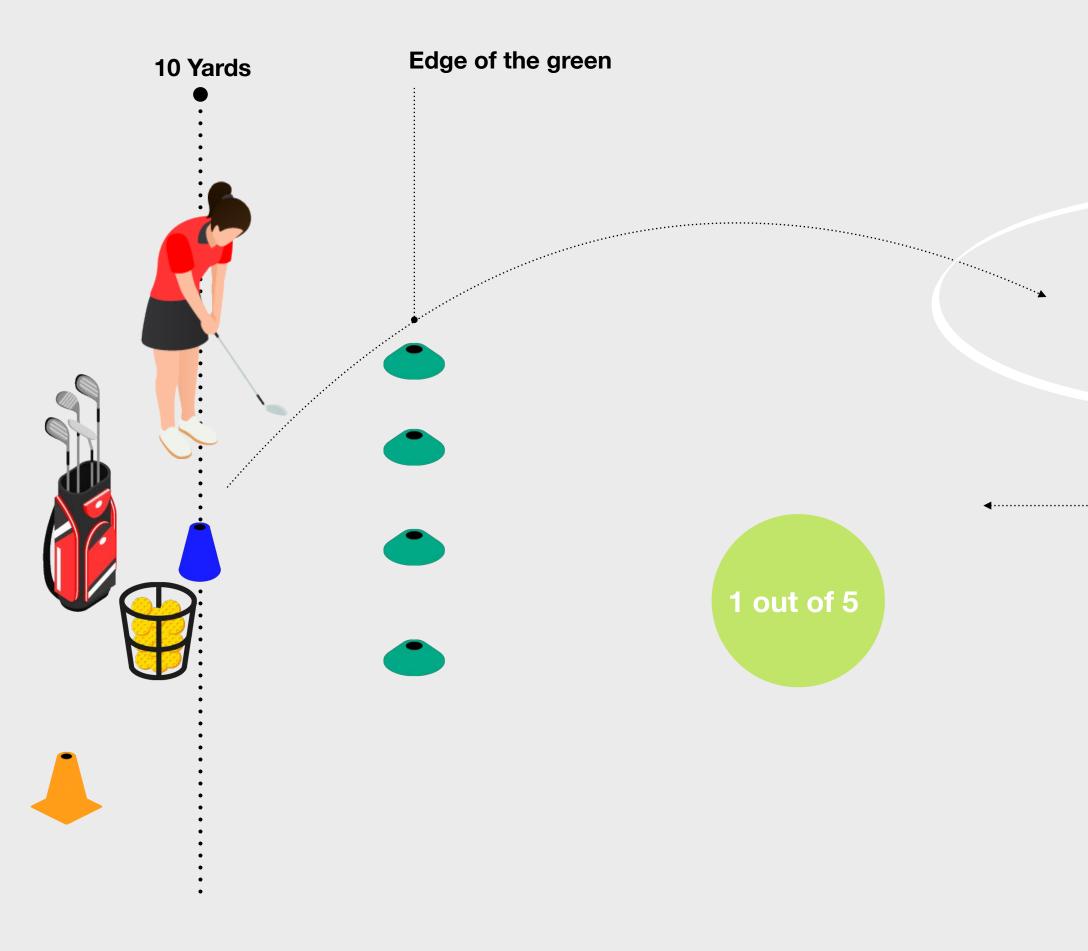
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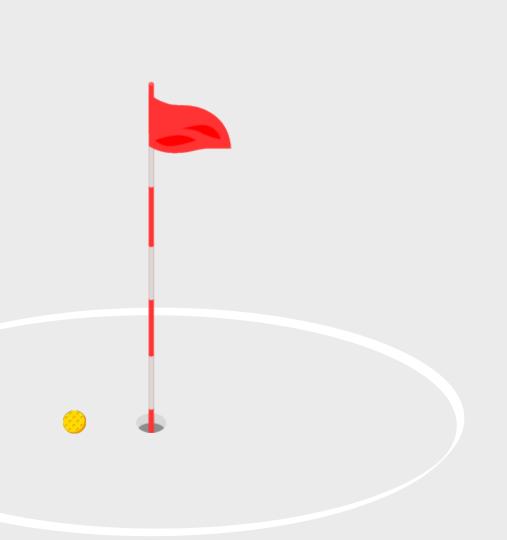




Chipping Challenge



14



10 Feet



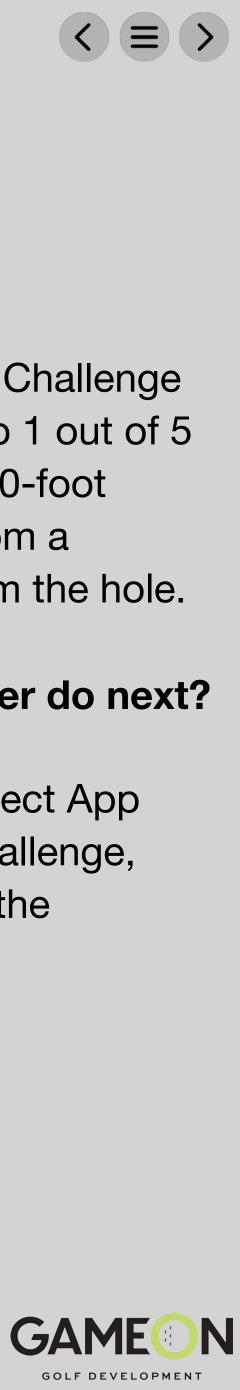
The Challenge

To complete the Level 1 Challenge the learner needs to chip 1 out of 5 shots to finish within a 10-foot diameter target circle from a distance of 10 yards from the hole.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Chipping



Pitching Challenge



15

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The Challenge

To complete the Level 1 Challenge the learner needs to 2 out of 5 shots finish anywhere on the green from a starting position 20 yards from the hole. The learner should start from a minimum distance of 10 yards from the edge of the green.

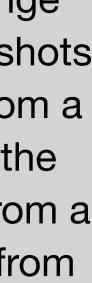
What should the Learner do next?

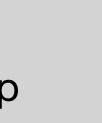
- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Pitching



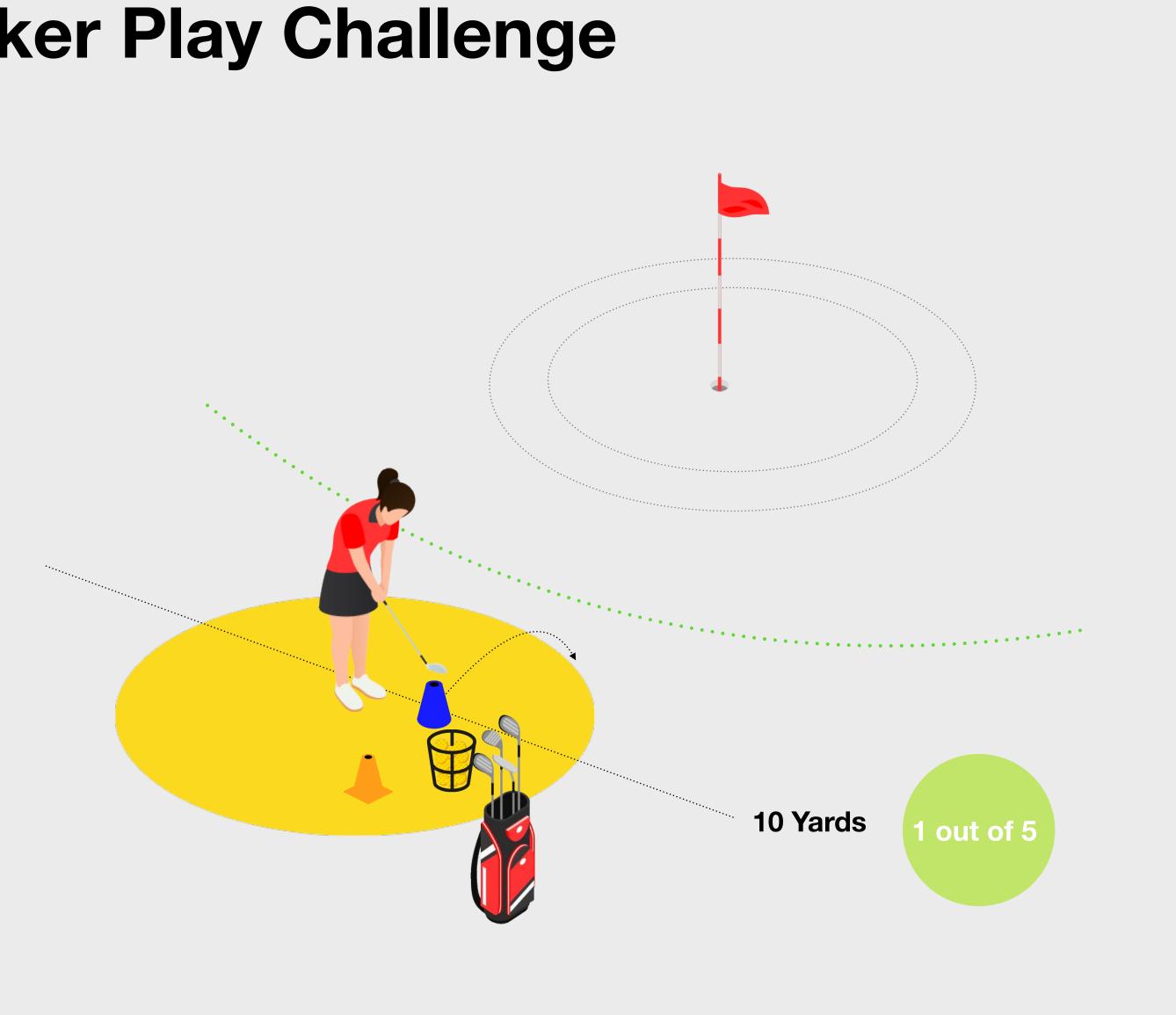








Bunker Play Challenge



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The Challenge

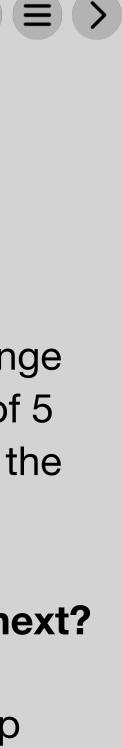
To complete the Level 1 Challenge the Learner needs to hit 1 out of 5 shots to finish anywhere out of the bunker.

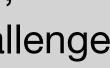
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Bunker Play











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N

B

Blue



The Challenge

Chipping

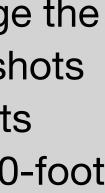
2

To complete the Level 1 Challenge the learner needs to chip 2 out of 5 shots from 10 yards and 1 out of 5 shots from 15 yards to finish within a 10-foot diameter target circle.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section





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GOLF DEVELOPMENT

Level 2 Challenges - Coach



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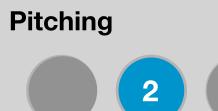


The Challenge

To complete the Level 2 Challenge the learner needs to hit 1 out of 5 shots from 20 yards within a 10-yard circle.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section



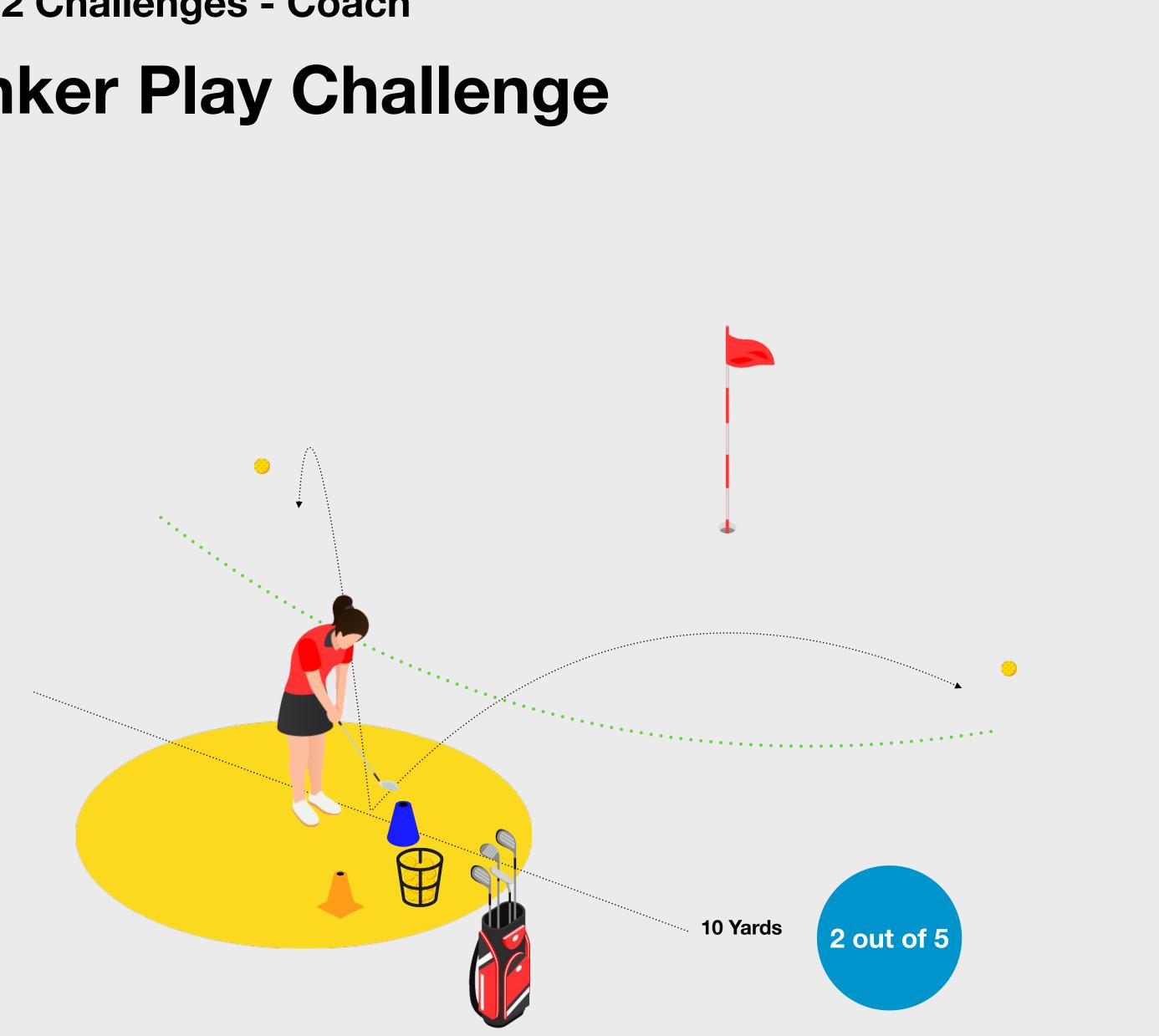




GAME

Level 2 Challenges - Coach

Bunker Play Challenge





The Challenge

To complete the Level 1 Challenge the learner needs to hit 2 out of 5 shots to finish anywhere on the green.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

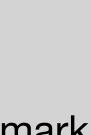
Bunker Play

2









Level 3









Level 3 Challenges - Coach

Chipping Challenge





The Challenge

To complete the Level 1 Challenge the learner needs to chip 4 out of 5 shots from 10 yards, 2 out of 5 shots from 15 yards and 1 out of 5 shots to finish within a 10-foot diameter target circle.

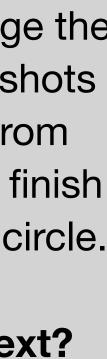
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Chipping

3



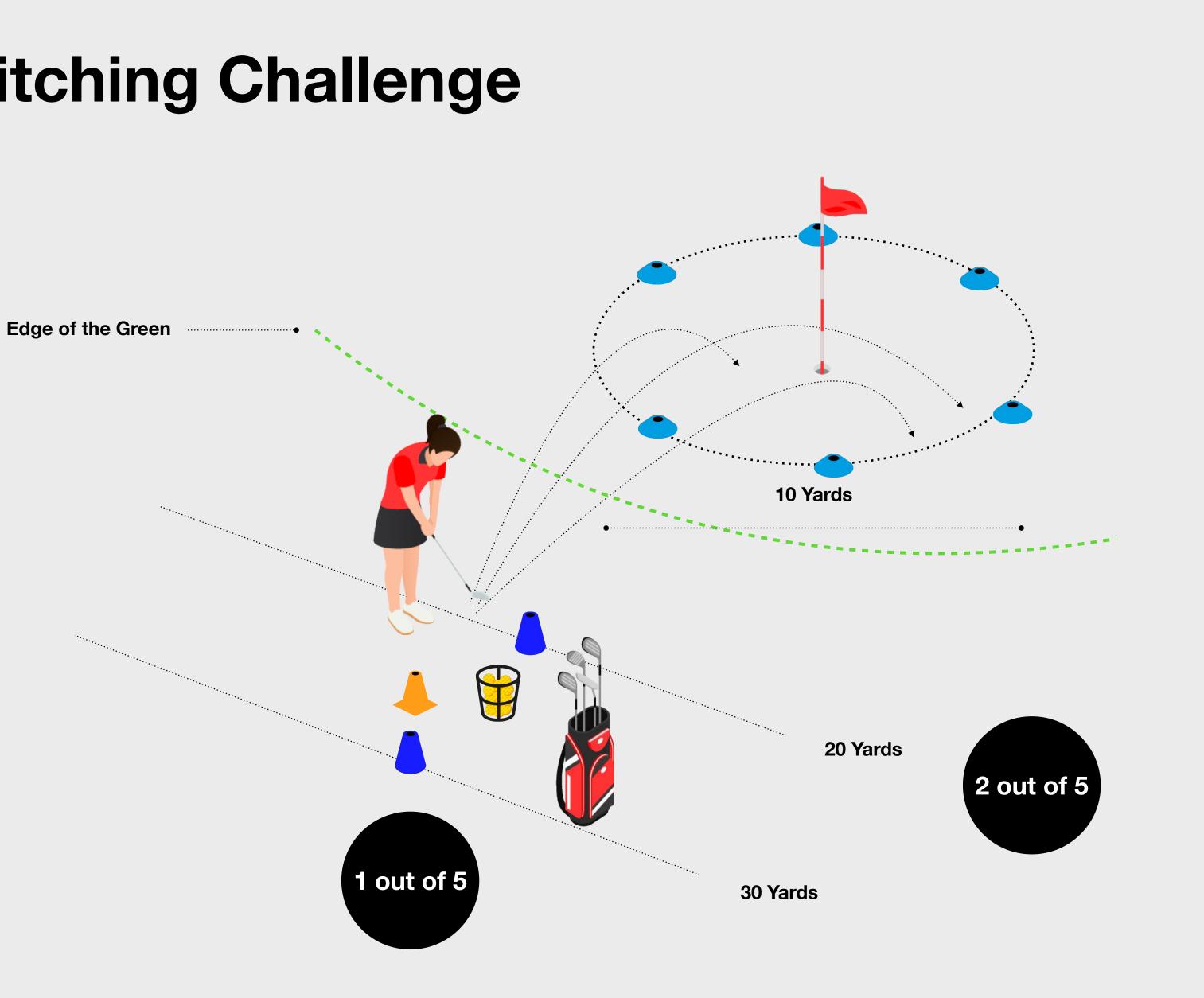


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Level 3 Challenges - Coach

Pitching Challenge





The Challenge

To complete the Level 3 Challenge the learner needs to hit 3 out of 5 shots from 20 yards and 1 out of 5 shots to within a 10-yard circle.

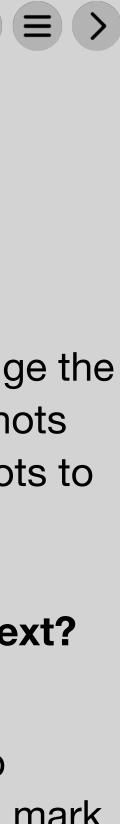
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Pitching

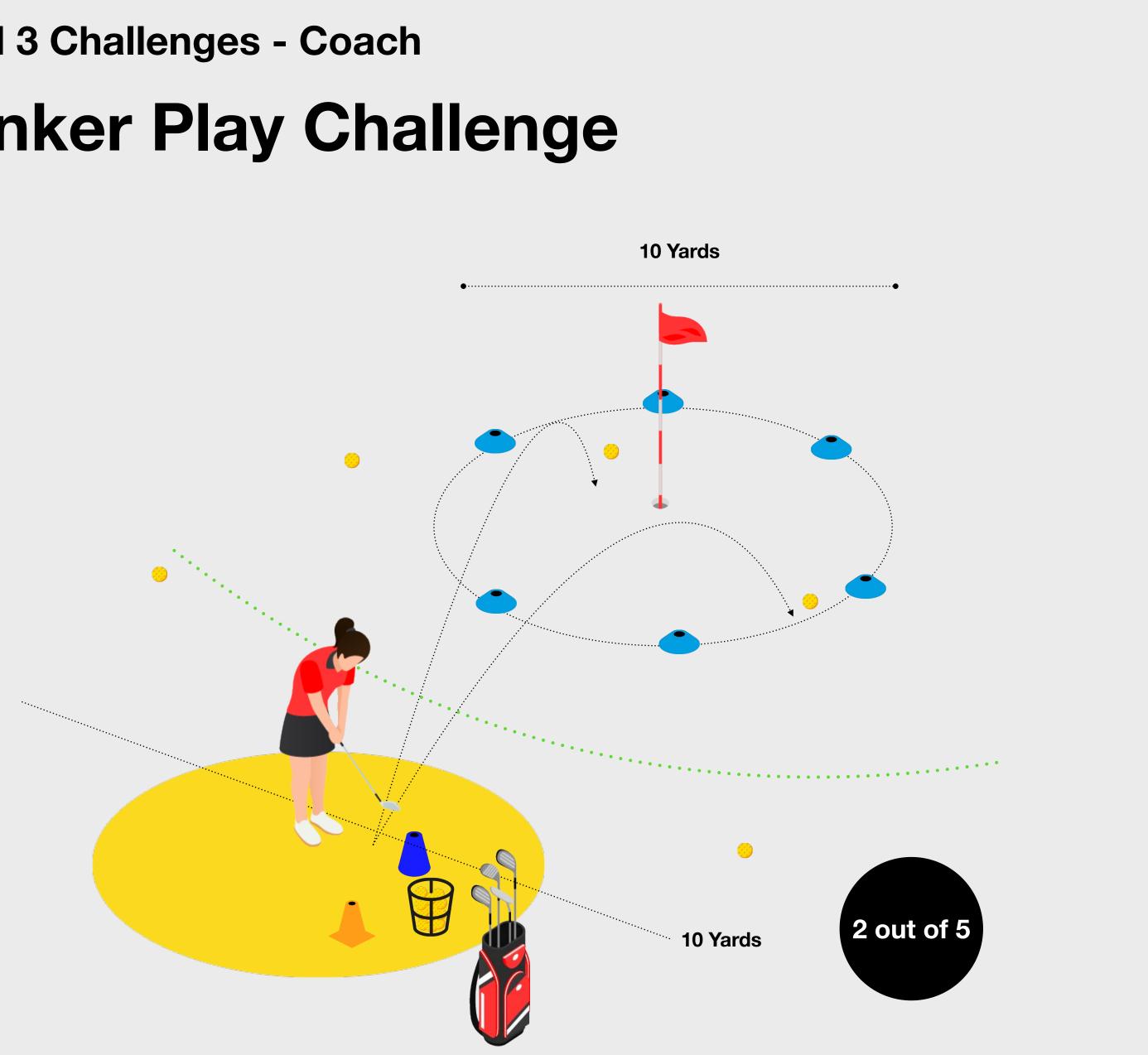






Level 3 Challenges - Coach

Bunker Play Challenge



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The Challenge

To complete the Level 3 Challenge the learner needs to hit 1 out 5 shots to come to rest within a 10-yard diameter target circle and all shots must finish out of the bunker

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Bunker Play





