Practice Club Class Plans

Practice Around the Green Monday, January 16th - Sunday, January 22nd





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GOLF DEVELOPMENT





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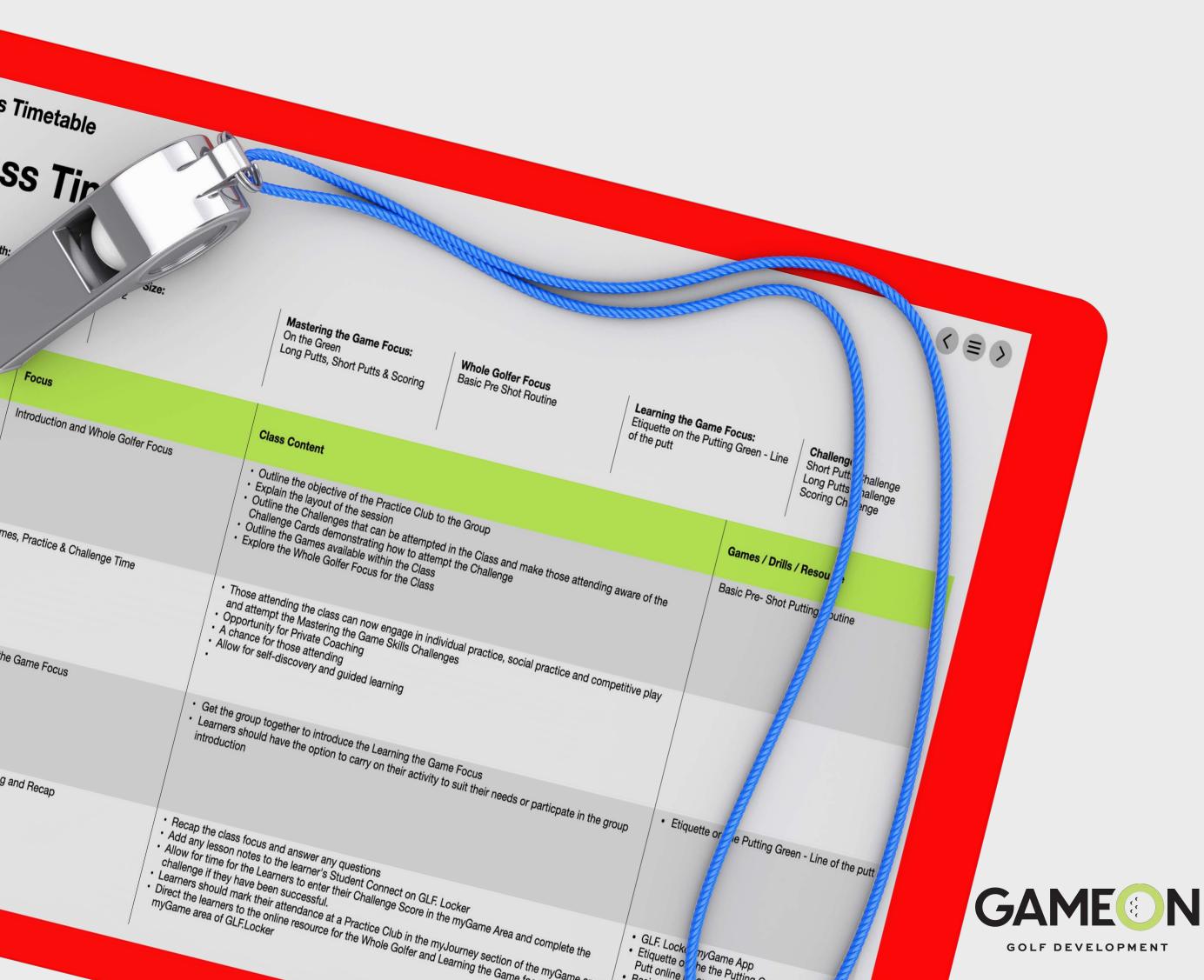
Class Timetable

Class Timetable



Class Timetable Class Tir Session Length; 60mins Focus 15 Mins 20 Mins Games, Practice & Challenge Time 15 Mins Learning the Game Focus 10 Mins myGame Tracking and Recap © 2020 Powered by Orbis Golf

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Class Timetable

Class Timetable

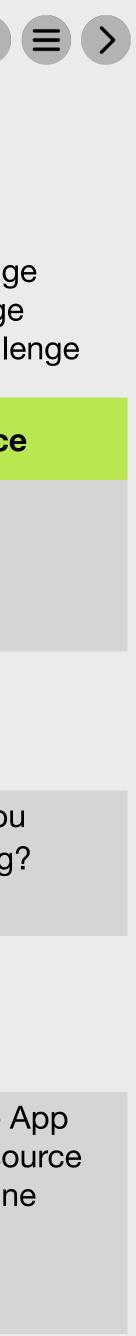
Session Length:	Group Size:	Mastering the Game:	
60mins	1:12	Around the Green	
		Pitching	

Time	Focus	Class Content	Games / Drills / Resource
10 Mins	Introduction and Whole Golfer Focus	 Objectives; Opportunity for learners to practice around the green Practice station: Clock control Game station: Closest to the Pin Whole Golfer Focus: Learn about the game, its history and top players 	
20 Mins	Games, Practice and Challenge Time	 Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning 	Clock Control Closest to the Pin
5 Mins	Learning the Game Focus	 Get the group together to introduce the Learning the Game Focus Learners should have the option to carry on their activity to suit their needs or participate in the group introduction 	 How many clubs are you allowed in your golf bag?
15 Mins	Games, Practice and Challenge Time	 Play the games individually, in pairs or in groups Opportunity for private coaching Develop social connections and allow for self-discovery and guided learning 	Clock Control Closest to the Pin
10 Mins	<i>my</i> Game Tracking and Recap	 Recap and add any lesson notes to the learner's Student Connect on GLF. Connect Allow for time for the learners to enter their Challenge Score in the myGame Area and complete the challenge if they have been successful Learners should mark their attendance at a Practice Club in the myJourney section of the myGame area 	 GLF. Connect myGame A Whole Golfer online resource Learning the Game online resource

Whole Golfer Focus

Learn about the game, its history and top players

Learning the Game Focus: Rules and Etiquette How many clubs are you allowed? **Challenge:** Chipping Challenge Pitching Challenge Bunker Play Challenge



Class Plans

Practice Around the Green Class Layout and Setup

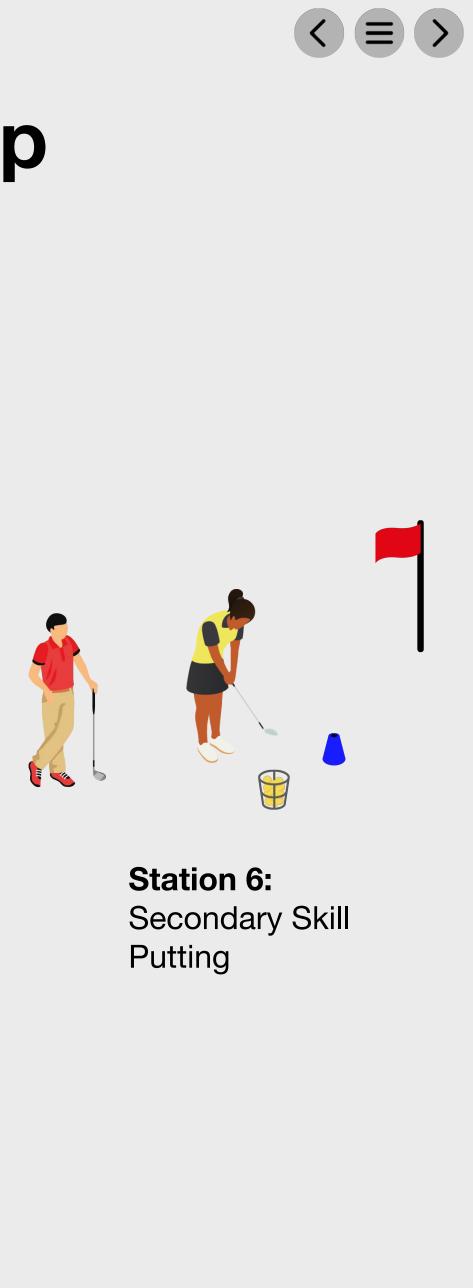
Station 1: Skills Challenge Chipping

Station 2: Skills Challenge Pitching

> Station 3: Skills Challenge Bunker Play



Station 4: Practice Station Clock Control





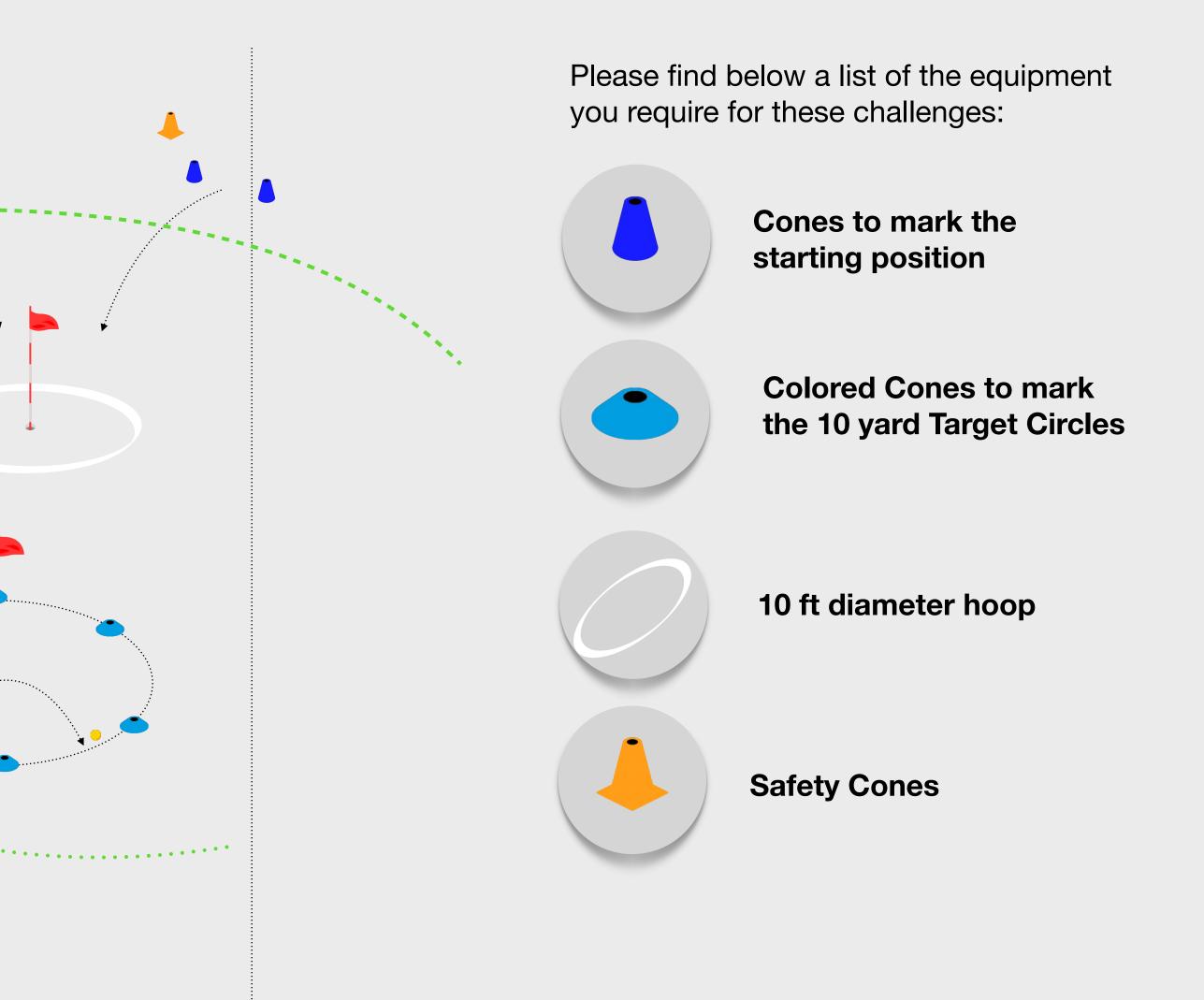
Station 5: Game Station Closest to the Pin



Class Plans

Around the Green Challenges

The graphic below provides an example of how each of the challenges connect together when laid out around your short game area:



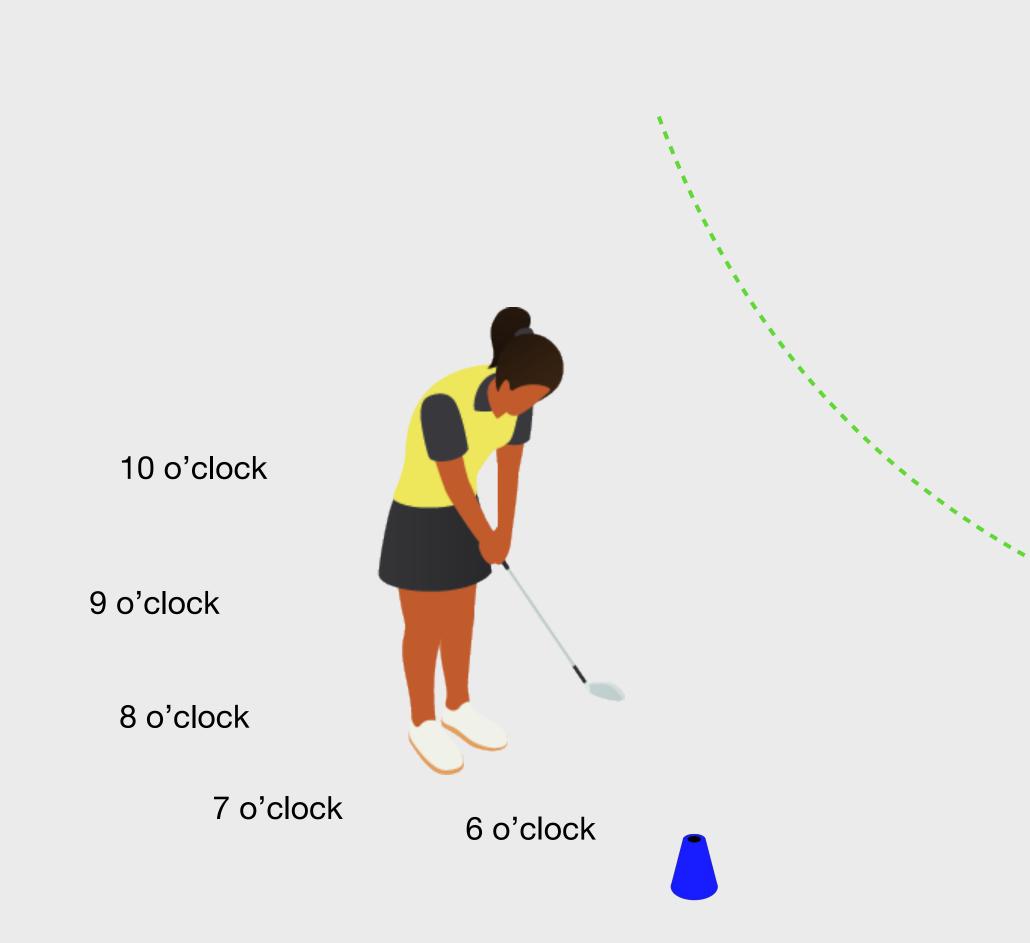








Clock Control





How to Practice

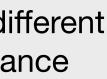
- Learners practice by swinging the club back different distances and seeing how this affects the distance the ball travels
- The learners should think about the club head travelling back to 7, 8, 9 and 10 o'clock to give some context to how far back they are swinging the club
- Do not worry about playing to a specific target, the aim should be to achieve good contact and see how far the ball travels when this is happens

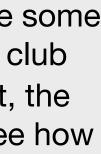
Technical Link

• This activity will help the learner to understand the distance the ball travels relative to the speed of the club head and length of swing





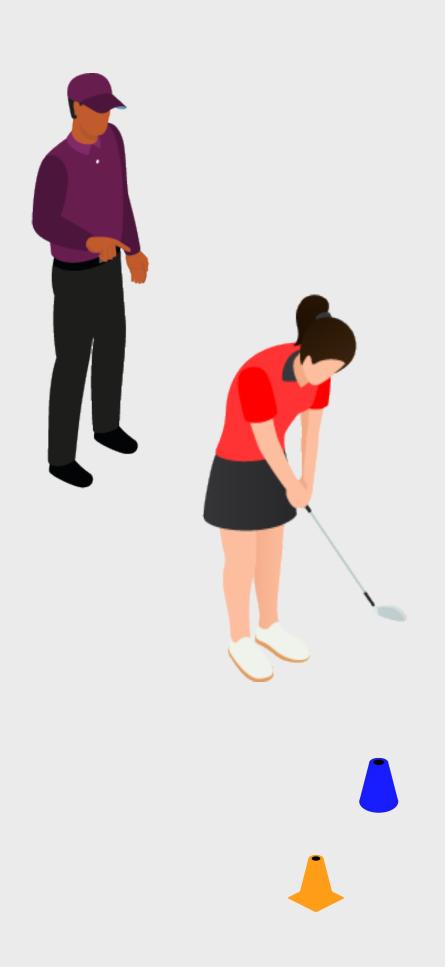






Game Cards

Closest to the Pin





Equipment Needed

• 10 golf balls

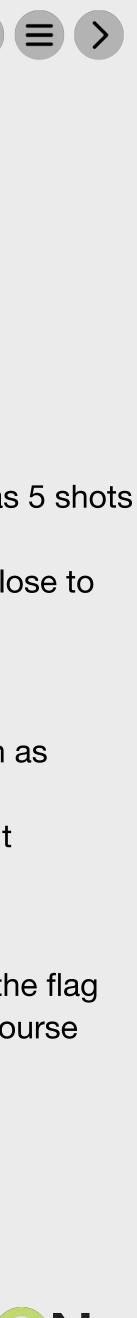
How to Play

- Nominate a player to play first. Each learner has 5 shots per round
- The first player attempts to pitch their ball as close to the flag as possible
- Then the second player hits their first shot and attempts to get it closer than the first
- The aim is to get as many balls close to the pin as possible, compared to your playing partner
- Each ball that is closer to the pin scores a point

Progression Ideas

- Vary the distance from the starting position to the flag
- Drop the ball each time to simulate a real, on course situation





Learning the Game

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

How many clubs are you allowed?

Discuss with the learners how many golf clubs you are allowed in a golf bag for a typical round of golf. Discuss what the make up of these clubs should be. Things to consider;

- In addition to a driver what are the fairway wood or hybrid clubs would they like to carry
- As well as a putter what are the short clubs will they need for pitching and chipping
- Are there any clubs they should consider bearing in mind the golf course they are playing



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Themed Class Plans

The Whole Golfer

This is an elaboration of the content covered in the Themed Class this week. Be clear that you are covering this so that anyone who missed the themed class is able to receive the content.

Add to the content delivered in the themed class and provide further information on the following areas:

Learn about the game, it's history and top players

Explain to the learners about the rich history of golf. This will add a lot of excitement and enthusiasm to the learner's journey in the game, and inspire them to continue to learn and enjoy the sport.

Ask the learner to go away and research some of the top golfers throughout the sports history. Make them aware of major tournaments and Ryder Cup competitions.











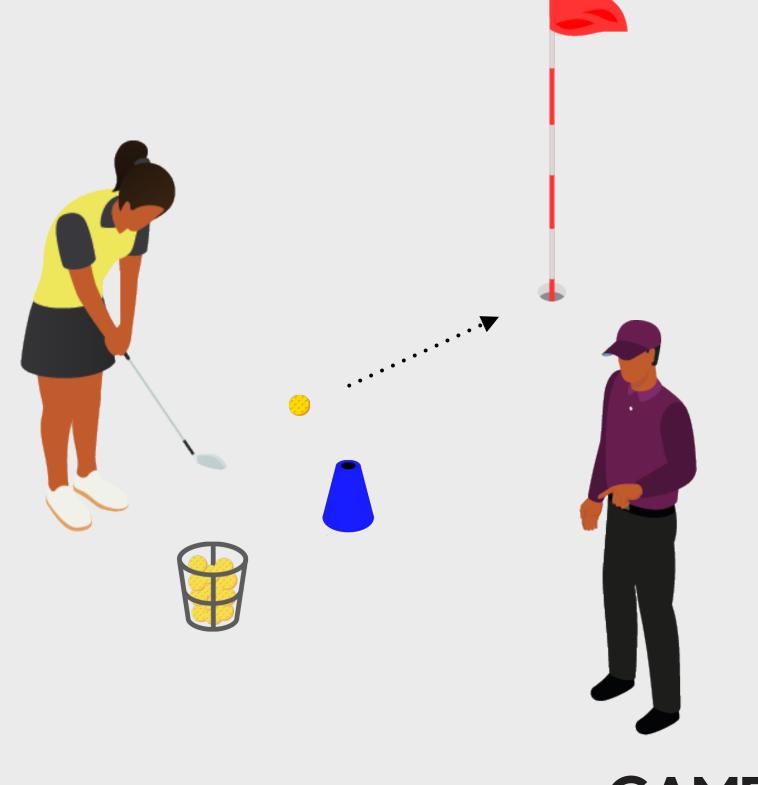
Secondary Skill

To allow for variety of practice during the session, and to enable those that may have missed a class to catch up on practicing some of the other skills we recommend having one of the stations set up as a secondary skill.

This week's secondary skill is **putting**, providing learners an opportunity to practice what has been taught in their putting classes.











Mastering the Game Skill Challenges

Skill Challenges





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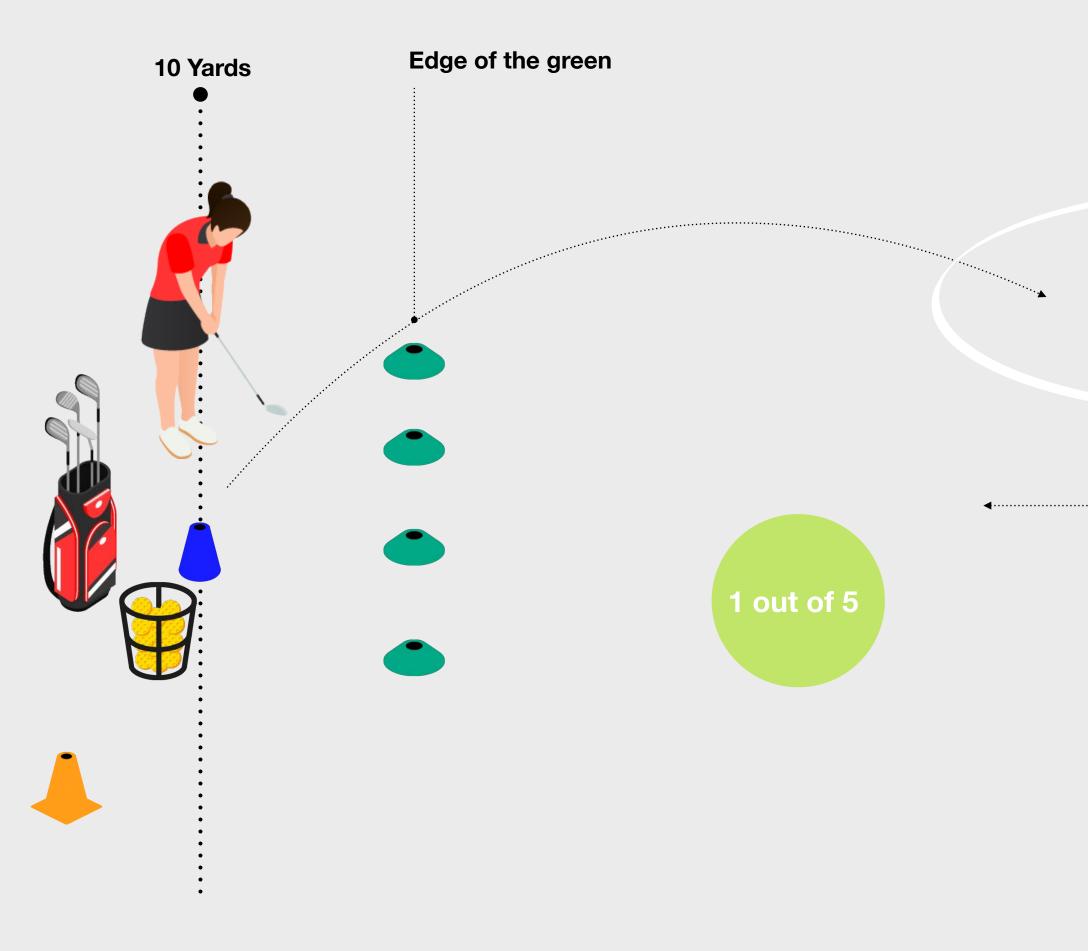
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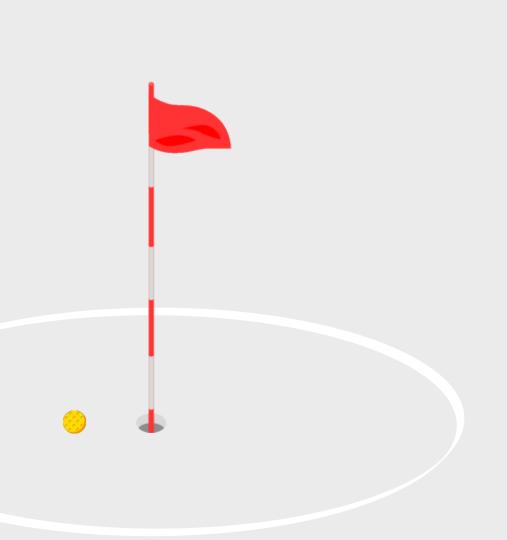




Chipping Challenge



14



10 Feet



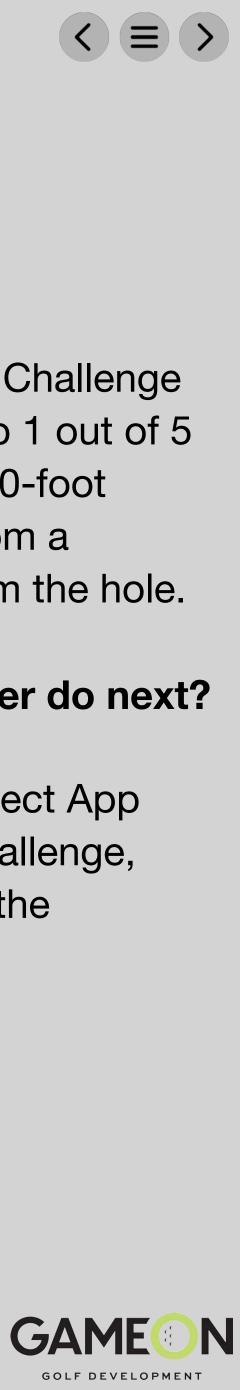
The Challenge

To complete the Level 1 Challenge the learner needs to chip 1 out of 5 shots to finish within a 10-foot diameter target circle from a distance of 10 yards from the hole.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Chipping



Pitching Challenge



15

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The Challenge

To complete the Level 1 Challenge the learner needs to 2 out of 5 shots finish anywhere on the green from a starting position 20 yards from the hole. The learner should start from a minimum distance of 10 yards from the edge of the green.

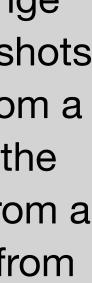
What should the Learner do next?

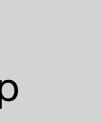
- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Pitching



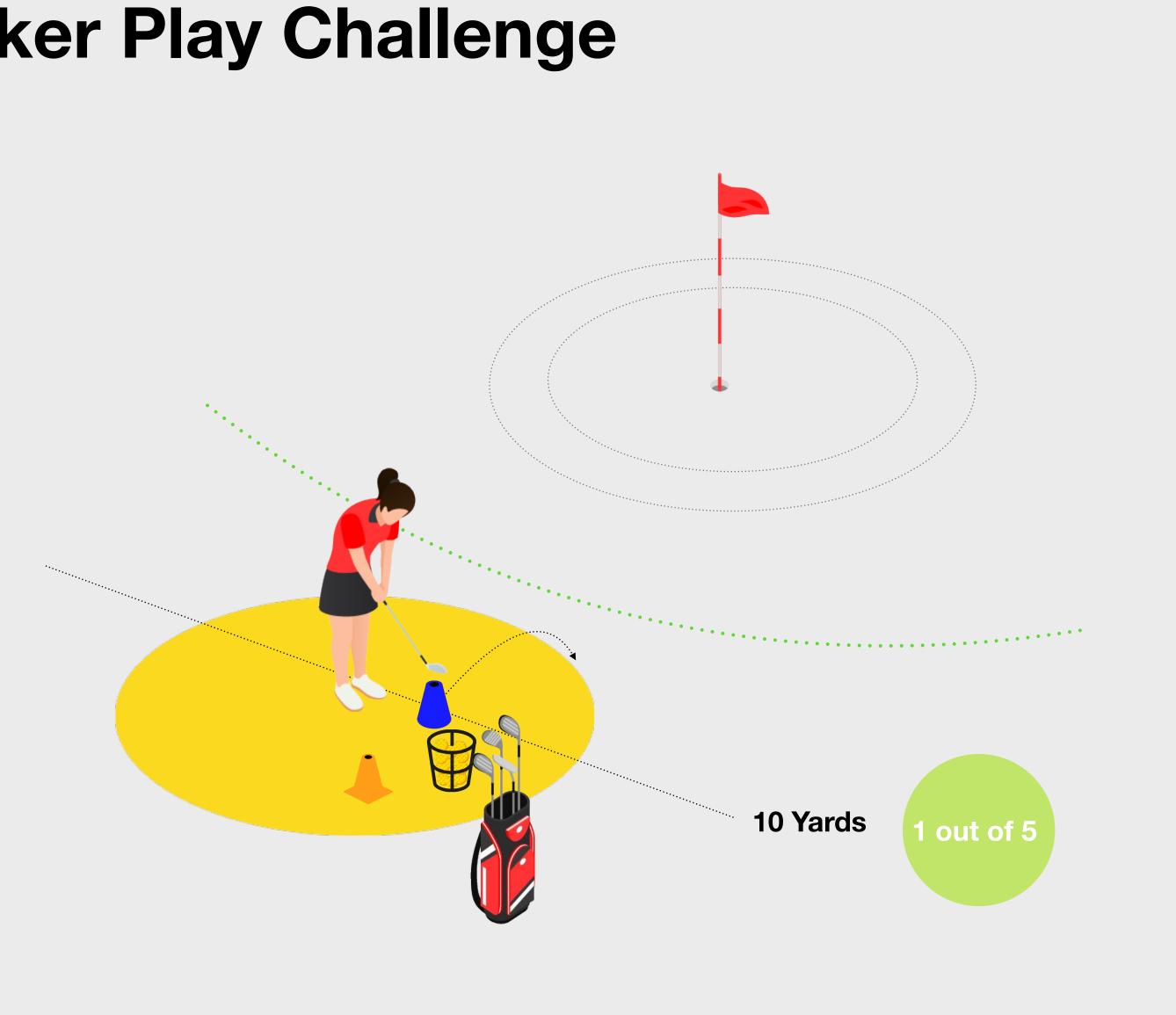








Bunker Play Challenge



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The Challenge

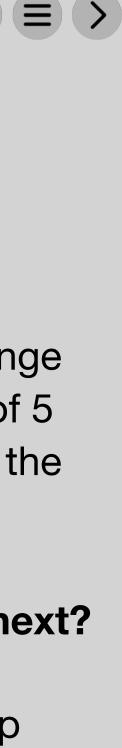
To complete the Level 1 Challenge the Learner needs to hit 1 out of 5 shots to finish anywhere out of the bunker.

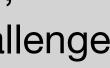
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Bunker Play











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B

Blue



The Challenge

Chipping

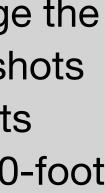
2

To complete the Level 1 Challenge the learner needs to chip 2 out of 5 shots from 10 yards and 1 out of 5 shots from 15 yards to finish within a 10-foot diameter target circle.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section





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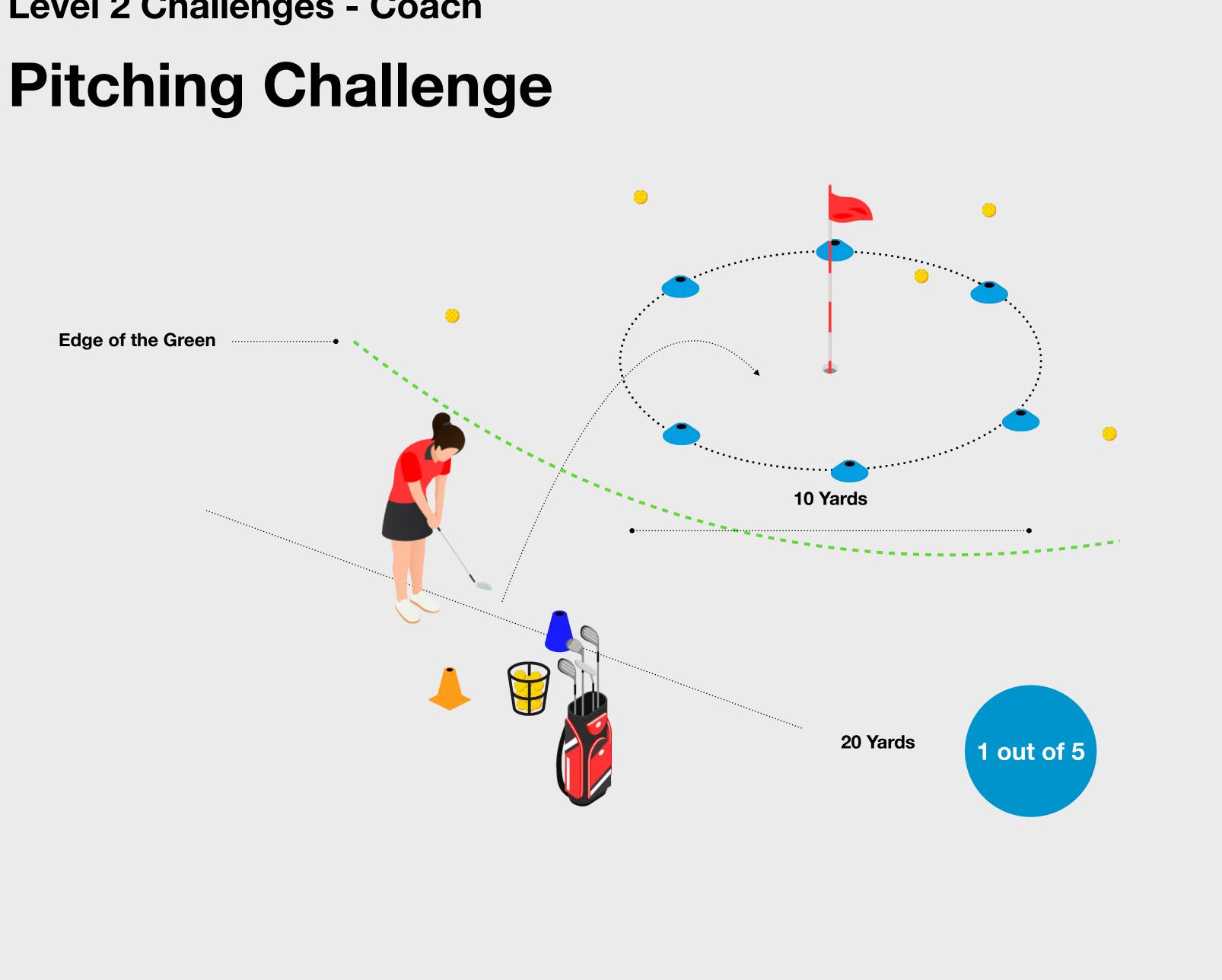






GOLF DEVELOPMENT

Level 2 Challenges - Coach



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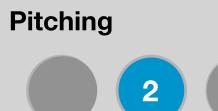


The Challenge

To complete the Level 2 Challenge the learner needs to hit 1 out of 5 shots from 20 yards within a 10-yard circle.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section



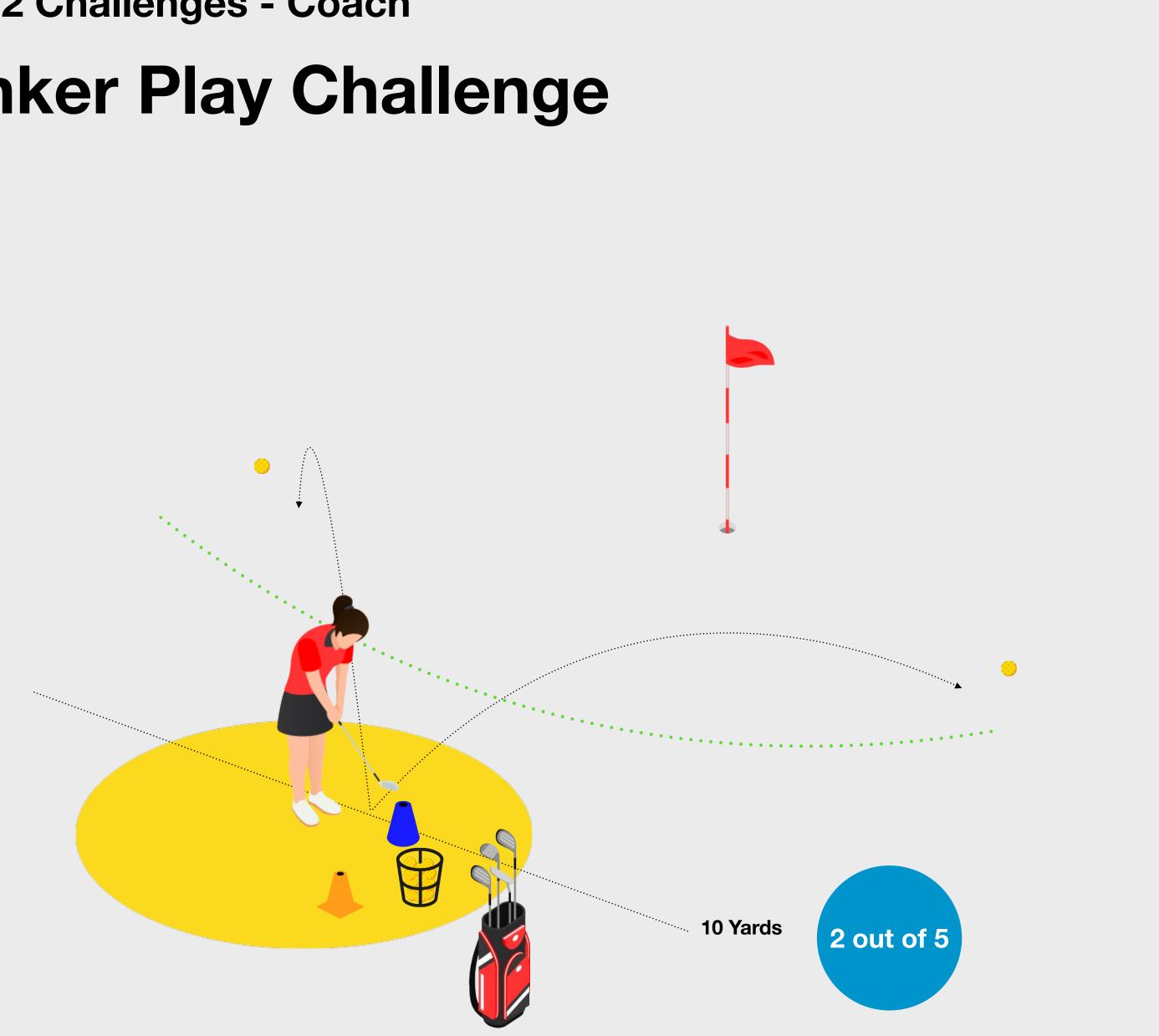




GAME

Level 2 Challenges - Coach

Bunker Play Challenge





The Challenge

To complete the Level 1 Challenge the learner needs to hit 2 out of 5 shots to finish anywhere on the green.

What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

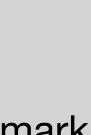
Bunker Play

2









Level 3









Level 3 Challenges - Coach

Chipping Challenge





The Challenge

To complete the Level 1 Challenge the learner needs to chip 4 out of 5 shots from 10 yards, 2 out of 5 shots from 15 yards and 1 out of 5 shots to finish within a 10-foot diameter target circle.

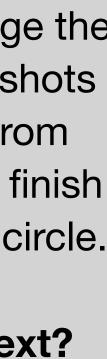
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Chipping

3



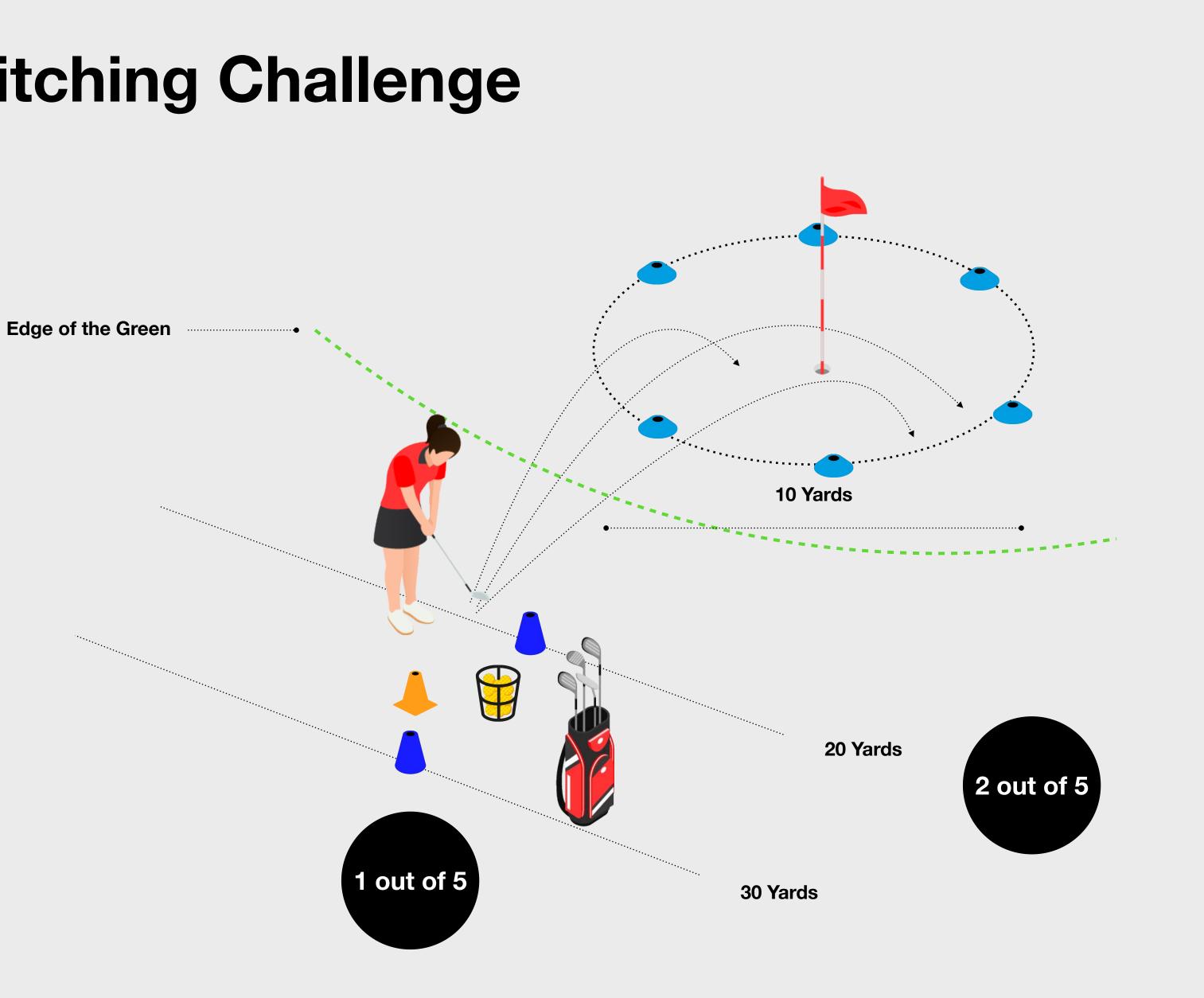


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Level 3 Challenges - Coach

Pitching Challenge





The Challenge

To complete the Level 3 Challenge the learner needs to hit 3 out of 5 shots from 20 yards and 1 out of 5 shots to within a 10-yard circle.

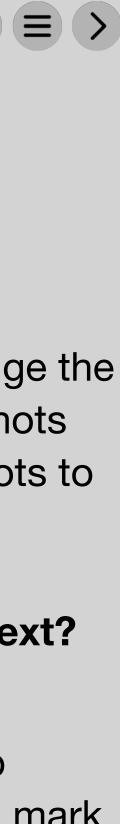
What should the Learner do next?

- Log in to the GLF.Connect App
- If they complete the challenge, mark it as complete in the challenge section

Pitching

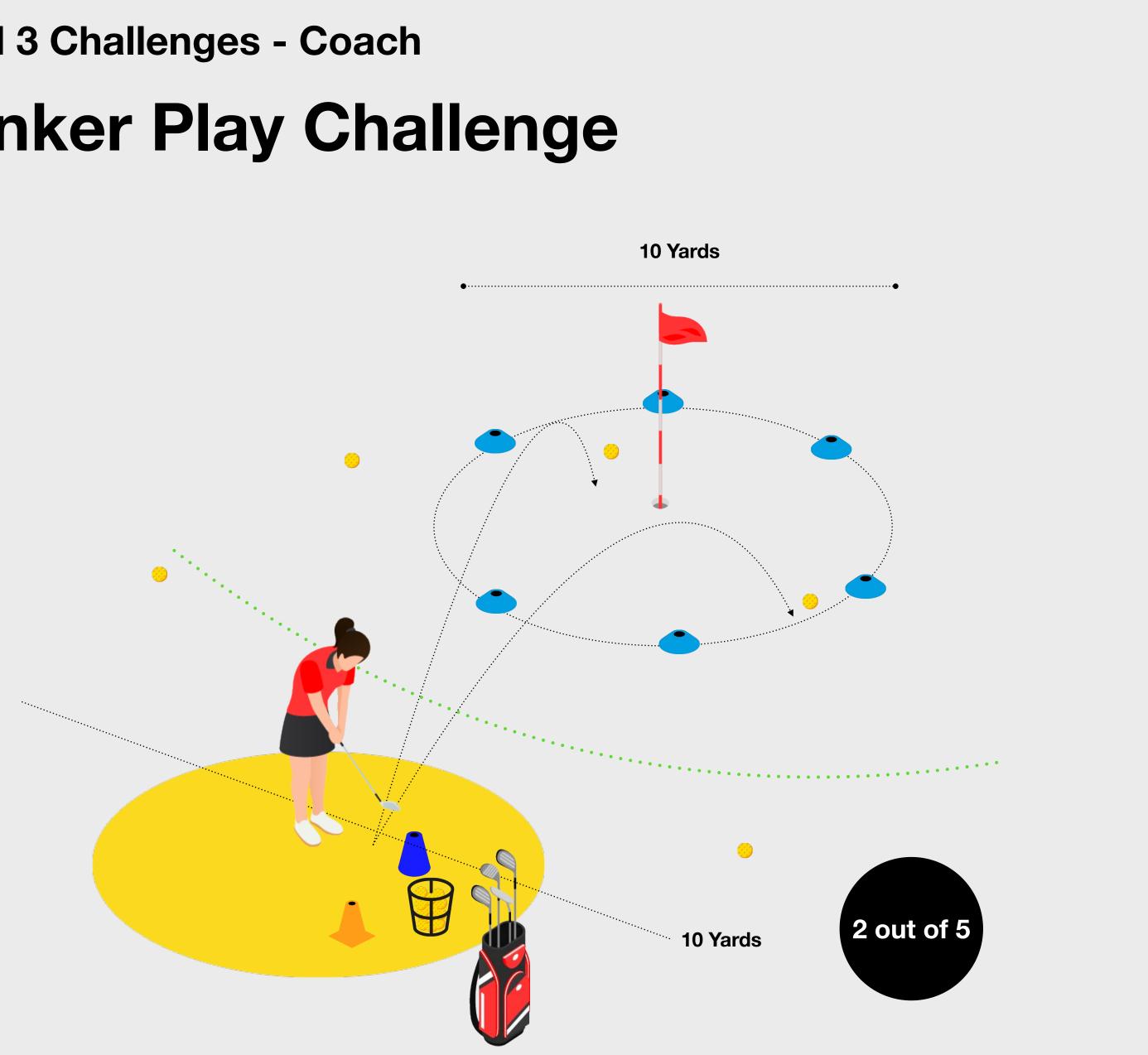






Level 3 Challenges - Coach

Bunker Play Challenge



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The Challenge

To complete the Level 3 Challenge the learner needs to hit 1 out 5 shots to come to rest within a 10-yard diameter target circle and all shots must finish out of the bunker

What should the Learner do next?

- Log in to the GLF. Connect App
- If they complete the challenge, mark it as complete in the challenge section

Bunker Play





