**Themed Class Plans - LITE** 

# On the Course - Step 3 Course Management and Strategy







<b>Session</b> <b>Length:</b> 90mins	<b>Group Size:</b> 1:8	Mastering the Game Focus: On the Course Course Management & Strategy	Whole Golfer Focus: M Enjoy Errorful Practice
		louatogy	

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Class Timetable - Course Management & Strategy								
<b>Session</b> <b>Length:</b> 90mins	Group Size: 1:8	Mastering the On the Course Course Manage Strategy		Whole Golfer Focus: Mind Enjoy Errorful Practice	<b>Learning the Game Topic:</b> Orientation	<b>Learning the Game Focus</b> Orientation of the Club		ering the Game Challenge: Applicable
Time	Focus		Class Content	t				Games / Drills / Resource
30 Mins Prior	Setup ar	nd Welcome	Ensure you h	opropriate adapted teeing positions on have the appropriate equipment for ea welcome participants 5 minutes befo	ach learner that is attending	ng on the course		<ul> <li>Class Layout and Setup/ Adapted Course</li> </ul>
15 mins	Introduc	tion	<ul> <li>Introduce the the concept and importance of course management during a round of golf and outline some of the key concepts that may be explored during the session</li> <li>Introduce the Learning the Game and Whole Golfer focus</li> </ul>				<ul><li>Orientation of the Club</li><li>Enjoy Errorful Practice</li></ul>	
30 mins	Course F Private C	Mastering the Game On Course Play and Discussion• Play 1 - 2 holes from the appropriate adapted teeing position using a stableford or medal format. Explore a conservative approach with irons from tees with the emphasis on safety • This is a key time to build confidence playing in a group, in front of other golfers and not feeling self-conscious about bad shots				<ul> <li>Course Management &amp; Strategy</li> </ul>		
5 Mins	Whole Fe	<ul> <li>Whole Folder Focus</li> <li>Get the group together to introduce/discuss the Learning the Game or Whole Golfer focus</li> <li>Use this opportunity to discuss any situation that have arisen or any questions from the group</li> </ul>				<ul><li>Orientation of the Club</li><li>Enjoy Errorful Practice</li></ul>		
30 Mins	Mastering the Game On Course Play and Discussion• Play 1 - 2 holes from the appropriate adapted teeing position using a stableford or medal format using an aggressive approach with irons from tees with the emphasis on reward vs riskPrivate Coaching where appropriate• This is a key time to build confidence playing in a group, in front of other golfers and not feeling self-conscious about bad shots		<ul> <li>Course Management &amp; Strategy</li> </ul>					
10 Mins	MyGame	e+ Tracking	<ul> <li>Add any lesson media to the learner's Student Connect area</li> <li>Learners should be encouraged to mark their attendance at the Themed Class in the Journey to Club and Course Ready section of the MyGame+ area</li> <li>Encourage the learners to mark the challenge as complete for the Step they have attempted if they are successful within the Mastering the Game program wheel on the MyGame+ area</li> </ul>		<ul> <li>MyGame+ on GLF. Connect App</li> </ul>			
15 Mins Post	Relations	ship Building	Ensure every	er the class has finished to actively c one has their next playing or practice additional help		· · · · · · · · · · · · · · · · · · ·	those	GLF. Connect App
© 2023 Powered by <b>(</b>	Orbis Golf							<b>GAME</b> N



### **Themed Class Plans - LITE**



### Technical Guidance



- lacksquare





Individual Scoring Stats - Introduce the learners to the concept recording stats while on the golf course.

**Basics of Strategy -** Cover with the learners an approach to creating an on-course strategy and how this will ultimately benefit the score they achieve on the course.

**Dealing with Challenging Situations -** Outline to learner the inevitability of challenging situations on the golf course and how an effective strategy can help manage these situations.

Signing in to Play - Demonstrate the correct process for signing in and getting the correct equipment for the round

**Clubhouse Access -** Discuss with the learners at your facility, how to gain access to the clubhouse facilities and areas around the clubhouse.

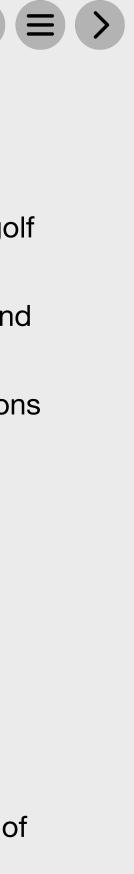
**Practice Facility Access -** Discuss with the students how to access practice facilities outside of the structured classes and any important rules when using these facilities.

### **Enjoy Error Full Practice**

The Whole Golfer theme this week is to recommend that it is beneficial to learn how to enjoy error full practice. This means understanding that for each attempt that the learners make that doesn't go to plan is helping them to learn how to deliver the skill effectively

The purpose of learning how to play shots from awkward lies is due to the fact that all golfers hit the ball into awkward positions. It is a fundamental part of the game, and to start off with an understanding that this is part of the challenge will benefit your learners greatly.

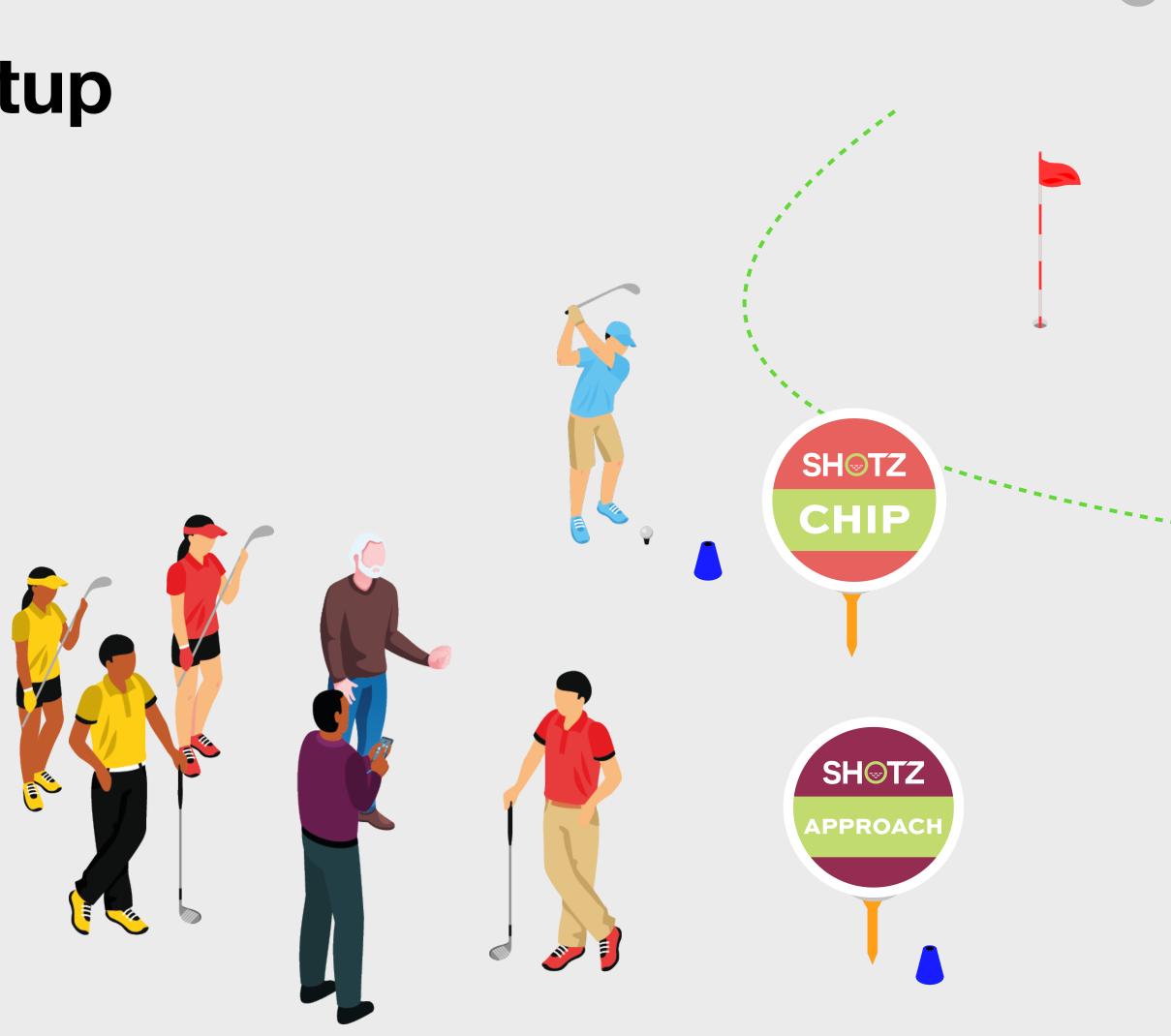




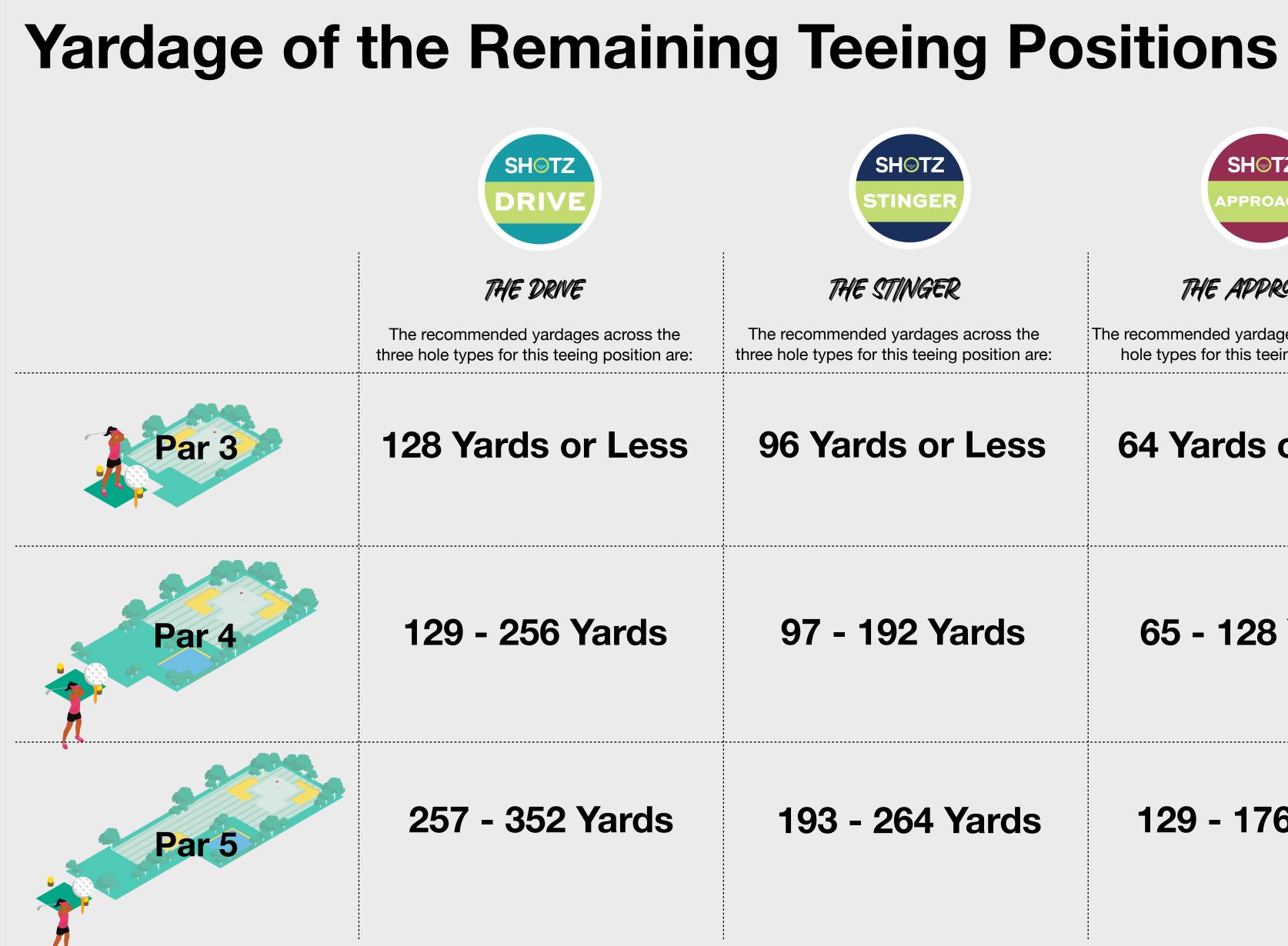
### **Course Play Layout and Setup**

The graphic opposite provides an example image of how we suggest you manage your group on the course so that the course play activity can be delivered in a safe, fun and engaging manner:

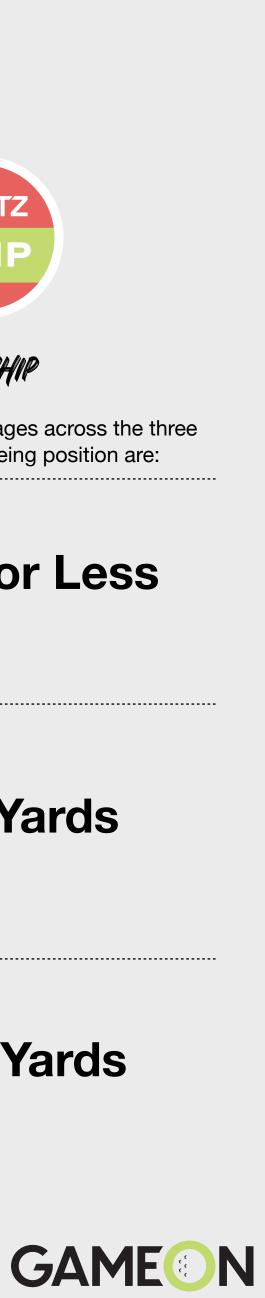
- Take a cone onto the course to indicate where the learners should start from. Use the adapted course guidance to start the learners from an appropriate teeing position and we recommend this to be The Chip or The Approach
- Learners take it in turns to hit their tee shot, the group select the best shot and then all learners take a shot from there or alternatively they play in pairs playing the hole individually and picking the best score at the end of the hole in the better ball format
- Remember this class is about discussion and discovery. It isn't primarily intended to be a playing opportunity. Take the time to promote questions, discussion and demonstrations
- Safety is your top priority when on the course, ensure the group understand some of the key principles to playing golf safely on the course;
  - Players should never go in front of the learner hitting the shot
  - Learners should always be aware of other golfers on the course
  - Learners should understand what to do when they hear the shout of "fore" and that they should shout "fore" when their ball is travelling towards someone







SH©TZ APPROACH	SH@TZ CHIP
THE APPR9ACH	THE CHIP
The recommended yardages across the three hole types for this teeing position are:	The recommended yardages across the hole types for this teeing position
64 Yards or Less	32 Yards or Les
65 - 128 Yards	33 - 64 Yards
129 - 176 Yards	65 - 88 Yards
	Dependent   Dependent



## **Adapted Rules**

Adapted Rules	Tee Guidance	Step Guidance		
10 Shot maximum	Tee 1-4	Steps 1 and 2		
Air Shot Rule	Tee 1-4	Steps 1 and 2		
Pick and Place Rule	Tee 1-4	Steps 1 and 2		
Lost Ball Rule	Tee 1-4	Steps 1 and 2		
Bunker Grounding	Tee 1-4	Steps 1 and 2		
3 Attempt rule in Bunkers	Tee 1-4	Steps 1 and 2		
Tee it Up Rule	Tee 1-4	Steps 1 and 2		

