#### Crush It Junior Monthly Curriculum

# Curriculum

		Mastering the Game	Skill Focus	Whole Golfer Topic	Whole Golfer Focus	Learning the Game Category	Learning the Game Category	Challenge
Week 1	Jan 2nd - Jan 8th	Swing	Irons	Cognitive	Beginners Mindset	Rules and Etiquette	Introducing Yourself	Iron Challenge
Week 2	Jan 9th - Jan 15th	On the Green	Short Putts	Personal	Positvity	Orientation	The Clubhouse	Short Putts Challenge
Week 3	Jan 16th - Jan 22nd	Around the Green	Chipping	Social	Friendships	Preparing to Play	Staying Safe at the Golf Course	Chipping Challenge
Week 4	Jan 23rd - Jan 29th	Swing	Fairway Woods	Creative	My Hero	Orientation	Par 3, Par 4, Par 5	Fairway Woods Challenge
Week 5	Jan 30th - Feb 5th	On the Green	Long Putts	Cognitive	Your Goals	Preparing to Play	Why Should we Warm-Up?	Long Putts Challenge
Week 6	Feb 6th - Feb 12th	Around the Green	Pitching	Personal	Perseverance	Orientation	Areas of a Golf Hole	Pitching Challenge
Week 7	Feb 13th - Feb 19th	Swing	Driver	Social	Appreciation	Orientation	The Tee	Driver Challenge
Week 8	Feb 20th - Feb 26th	On the Green	Scoring	Creative	Practice at Home	Preparing to Play	Introducing the Scorecard	Scoring Challenge
Week 9	Feb 27th - Mar 5th	Around the Green	Bunker	Cognitive	Feeling Nervous	Rules and Etiquette	Introduce Rules in a Bunker	Bunker Challenge
Week 10	Mar 6th - Mar 12th	Swing	Iron	Personal	Responsibility	Orientation	Irons - Different Parts of the Club	Iron Challenge
Week 11	Mar 13th - Mar 19th	On the Green	Short Putts	Social	Praise	Orientation	The Putter	Short Putts Challenge
Week 12	Mar 20th - Mar 26th	Around the Green	Chipping	Creative	Body Language	Orientation	Using different clubs, with different lofts	Chipping Challenge
Week 13	Mar 27th - Apr 2nd	Swing	Fairway Woods	Cognitive	Coachable	Rules and Etiquette	The Woods	Fairway Woods Challenge

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Week 14	Apr 3rd - Apr 9th	On the Green	Long Putts	Personal	Honesty	Rules and Etiquette	Ball Marker	Long Putts Challenge
Week 15	Apr 10th - Apr 16th	Around the Green	Pitching	Social	Gratitude	Rules and Etiquette	The Pitchfork	Pitching Challenge
Week 16	Apr 17th - Apr 23rd	Swing	Driver	Creative	Don't be afraid to make mistakes	Orientation	The Driver	Driver Challenge
Week 17	Apr 24th - Apr 30th	On the Green	Scoring	Cognitive	Understanding	Rules and Etiquette	Where to leave your bag near the green?	Scoring Challenge
Week 18	May 1st - May 7th	Around the Green	Bunker	Personal	Integrity	Orientation	Sand Wedge, Loft and Bounce	Bunker Challenge
Week 19	May 8th - May 14th	Swing	Iron	Social	Trustworthiness	Preparing to Play	Driving Range Warm-Up	Iron Challenge
Week 20	May 15th - May 21st	On the Green	Short Putts	Creative	Independence	Preparing to Play	Putting Warm-Up	Short Putts Challenge
Week 21	May 22nd - May 28th	Around the Green	Chipping	Cognitive	Play in the Now	Rules and Etiquette	Who plays first? Chipping vs Putting	Chipping Challenge
Week 22	May 29th - Jun 4th	Swing	Fairway Woods	Personal	Hard work	Rules and Etiquette	Practicing Safely	Fairway Woods Challenge
Week 23	Jun 5th - Jun 11th	On the Green	Long Putts	Social	Respect for your Team	Rules and Etiquette	Etiquette on the Green	Long Putts Challenge
Week 24	Jun 12th - Jun 18th	Around the Green	Pitching	Creative	Additional Practice	Rules and Etiquette	Divots	Pitching Challenge
Week 25	Jun 19th - Jun 25th	Swing	Driver	Cognitive	Brush It Off	Orientation	Hitting with different parts of the Driver	Driver Challenge
Week 26	Jun 26th - Jul 2nd	On the Green	Scoring	Personal	Self Respect	Rules and Etiquette	Line of the Putt	Scoring Challenge

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Week 27	Jul 3rd - Jul 9th	Around the Green	Bunker	Social	Teamwork	Preparing to Play	Keeping your Clubs Clean	Bunker Challenge
Week 28	Jul 10th - Jul 16th	Swing	Iron	Creative	Curiosity	Playing and Scoring	How many practice swings are appropriate?	Iron Challenge
Week 29	Jul 17th - Jul 23rd	On the Green	Short Putts	Cognitive	Respect	Rules and Etiquette	Who plays first?	Short Putts Challenge
Week 30	Jul 24th - Jul 30th	Around the Green	Chipping	Personal	Confidence	Playing and Scoring	When to Play a Chip Shot	Chipping Challenge
Week 31	Jul 31st - Aug 6th	Swing	Fairway Woods	Social	Engagement	Playing and Scoring	Pre-Shot Routine	Fairway Woods Challenge
Week 32	Aug 7th - Aug 13th	On the Green	Long Putts	Creative	Open Minded	Preparing to Play	What to Wear?	Long Putts Challenge
Week 33	Aug 14th - Aug 20th	Around the Green	Pitching	Cognitive	Effort	Playing and Scoring	Ground Under Repair	Pitching Challenge
Week 34	Aug 21st - Aug 27th	Swing	Driver	Personal	Resilience	Rules and Etiquette	Out of Bounds	Driver Challenge
Week 35	Aug 28th - Sep 3rd	On the Green	Scoring	Social	Safety	Playing and Scoring	Simple Stretches	Scoring Challenge
Week 36	Sep 4th - Sep 10th	Around the Green	Bunker	Creative	Ambitious	Rules and Etiquette	Play the ball as it lies	Bunker Challenge
Week 37	Sep 11th - Sep 17th	Swing	Iron	Cognitive	Preparation	Orientation	Lie Angle	Iron Challenge
Week 38	Sep 18th - Sep 24th	On the Green	Short Putts	Personal	Passion	Rules and Etiquette	Ready Golf	Short Putts Challenge
Week 39	Sep 25th - Oct 1st	Around the Green	Chipping	Social	Cooperation	Rules and Etiquette	What is a penalty area?	Chipping Challenge

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Week 40	Oct 2nd - Oct 8th	Swing	Fairway Woods	Creative	Positive Energy	Preparing to Play	What's in the Bag?	Fairway Woods Challenge
Week 41	Oct 9th - Oct 15th	On the Green	Long Putts	Cognitive	Attitude towards learning	Preparing to Play	What Time do you Arrive?	Long Putts Challenge
Week 42	Oct 16th - Oct 22nd	Around the Green	Pitching	Personal	Self Discipline	Preparing to Play	Pace of Play	Pitching Challenge
Week 43	Oct 23rd - Oct 29th	Swing	Driver	Social	Leadership	Rules and Etiquette	What are the rules on the tee?	Driver Challenge
Week 44	Oct 30th - Nov 5th	On the Green	Scoring	Creative	Talent	Playing and Scoring	Stableford Points	Scoring Challenge
Week 45	Nov 6th - Nov 12th	Around the Green	Bunker	Cognitive	Growth Mindset	Playing and Scoring	Matchplay Format	Bunker Challenge
Week 46	Nov 13th - Nov 19th	Swing	Iron	Personal	Fairness	Playing and Scoring	Texas Scramble Format	Iron Challenge
Week 47	Nov 20th - Nov 26th	On the Green	Short Putts	Social	Caring	Playing and Scoring	Ryder Cup Playing Formats	Short Putts Challenge
Week 48	Nov 27th - Dec 3rd	Around the Green	Chipping	Creative	Imagination	Rules and Etiquette	How many clubs are you allowed in the bag?	Chipping Challenge
Week 49	Dec 4th - Dec 10th	Swing	Fairway Woods	Social	Teaching your Parents	Playing and Scoring	Shouting Fore!	Fairway Woods Challenge
Week 50	Dec 11th - Dec 17th	On the Green	Scoring	Creative	Create your own game	Preparing to Play	Pre-Round Routine	Scoring Challenge
Week 51	Dec 18th - Dec 24th	Around the Green	Pitching	Cognitive	Focus	Playing and Scoring	Reacting to Shots on the Course	Pitching Challenge
Week 52	Dec 25th - Dec 31st	Swing	Driver	Personal	Patience	Preparing to Play	Lessons	Driver Challenge

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