

Scoring University



Pitching

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Session Timetable

4 Scoring University Break 75 - Swing

Class Timetable

Session Length: 90 Mins | Group Size: 1:8 | Session Focus: Break 75 Swing | Topic: Driver

Technical Focus: Shot Shaping, Developing a Stock Shot | Scoring Challenge: Driver

Time	Focus	Class Content	Games / Drill	Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 		
5 mins	Introduction	<ul style="list-style-type: none"> Outline the break 75 program to the students and the structure and format of the challenges week Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses 		
25 mins	Practice Stations Shot Shaping and Stock Shot	<ul style="list-style-type: none"> Students play the practice stations individually, in pairs or in groups Opportunity to provide private coaching to those attending Introduce and reinforce the technical focus points along with reasons for implementing them 	<ul style="list-style-type: none"> Class Layout and Setup 	
25 mins	Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> Outline to the students how to control the shot shape of the shot with the Driver Demonstrate to the student, how the combination of path and face will influence their shot shape 	<ul style="list-style-type: none"> X's & O's Stocking up the shot 	
25 mins	Driver Challenge	<ul style="list-style-type: none"> Set up the Driver Challenge and allow students to attempt this to see if they can achieve the Break 75 challenge 	<ul style="list-style-type: none"> Draw it in Fade it in 	
10 mins	Media on GLF Connect	<ul style="list-style-type: none"> Add any lesson media to the student's Student Connect area which may include notes, videos and documents. 	<ul style="list-style-type: none"> Driver Challenge 	
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> Take time after the class has finished to actively connect new students and build relationships. Ensure everyone is aware of the next next skills series date Opportunity to upsell private lessons to those that require additional help 		<ul style="list-style-type: none"> GLF Connect App GLF Connect App

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Class Timetable

Session Length:
90 Mins

Group Size:
1:8

Session Focus:
Break 85
Short Game

Topic:
Pitching

Technical Focus
Awkward Lies

Scoring Goal Challenge
Pitching Challenge

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> Set up the games and practice stations of your preference and the scoring goal challenge for the specific class Be ready to welcome participants 5 minutes before the session starts 	<ul style="list-style-type: none"> Class Layout and Setup
5 mins	Introduction	<ul style="list-style-type: none"> Outline the break 75 program to the students and the structure and format of the challenges week Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses 	
50 mins	Awkward Lies Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> Introduce the student to some top tips to play up and downhill when pitching around the green Outline to the student, top tips for pitching with the ball above and below your feet Demonstrate to the student how varying lies will affect the flight and contact on the golf ball Keep your technical instruction to less than 5 minutes, in order to allow maximum time for play and practice and for you to reinforce the key skills with individual tuition 	<ul style="list-style-type: none"> Pitch Uphill Pitch Downhill Pitch Ball Below Pitch Ball Above
25 mins	Pitching Challenge	<ul style="list-style-type: none"> Set up the Pitching Challenge and allow students to attempt this to see if they can achieve the Break 75 challenge 	<ul style="list-style-type: none"> Pitching Challenge Challenge Scorecard
10 mins	Media on GLF. Connect	<ul style="list-style-type: none"> Add any lesson media to the student's Student Connect area which may include notes, videos and documents Ask Students to update the GLF. Connect App if they have successfully completed a challenge across the scoring goals 	<ul style="list-style-type: none"> GLF. Connect App
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the next Scoring University themed class or challenge club class date Opportunity to upsell private lessons to those that require additional help 	<ul style="list-style-type: none"> GLF. Connect App

Technical Guidance

The technical guidance we are prescribing is to be delivered as you see fit. You should use your experience, preferences and be sure to link your technical advice to how this will help students to improve the key skill of pitching. Some of technical content you may want to explore in this session may include:

Awkward Lies - Introduce to the students the difficulties and challenges of pitching from awkward lies:

- Discuss how an awkward lie when pitching can create difficulties controlling distance and flight
- Explain how practising from different lies with ball above and below your feet can give them on course knowledge to fall back on
- Demonstrate to the students how pitching uphill and downhill will affect their landing zone and roll of a pitch shot
- Explain to the students how to play a pitch shot from a bad lie in long grass, or from a tight lie



Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.

Objectives and Setup

9 Scoring University *Break 75 - Swing*

Driver Challenge Setup

Minimum Distance Markers

30 Yards

30 Yards

Equipment Needed

- Orange safety cone
- 1x Marker cones
- Colored Cones
- 4x Alignment Sticks
- 4x Foam Noodles

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their score

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Example Class Layout and Setup

Station 1:
Practice Station
Pitch Uphill



Station 2:
Practice Station
Pitch Downhill



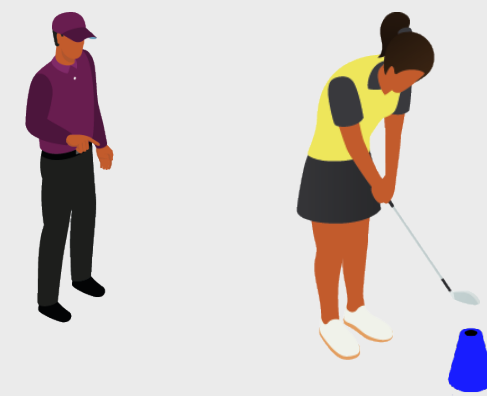
Station 3:
Practice Station
Pitch Ball Above



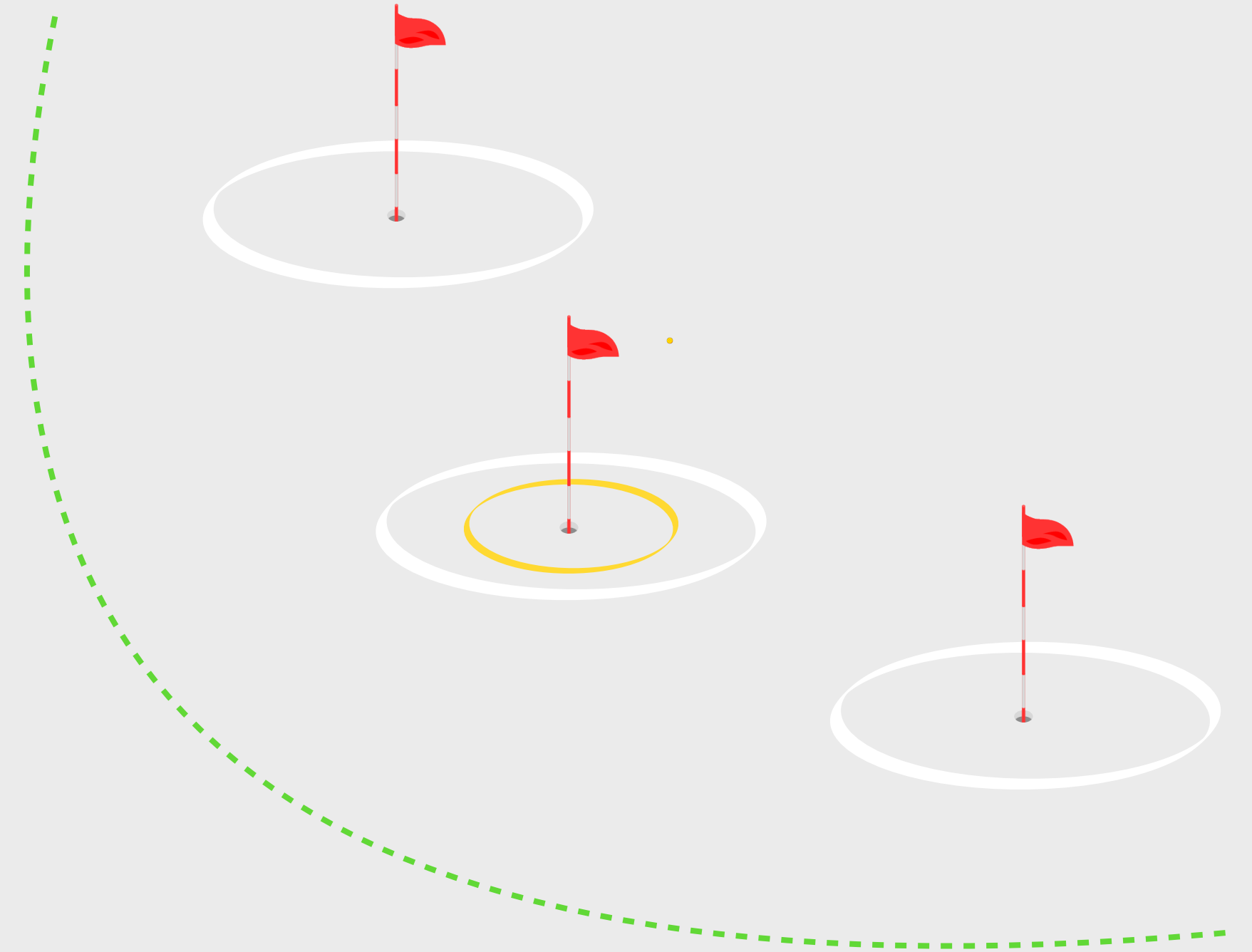
Station 4:
Practice Station
Pitch Ball Below



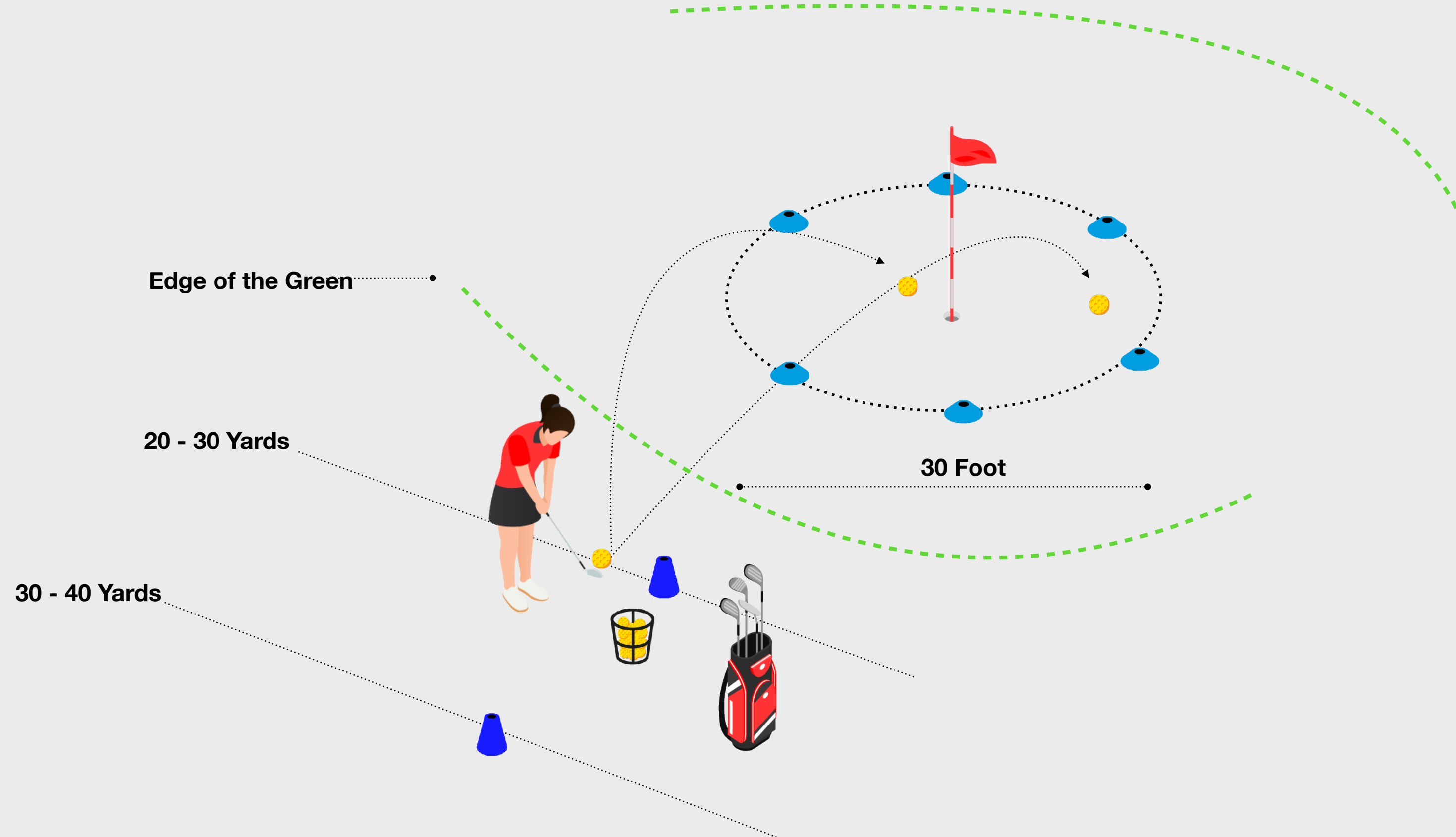
Group Discussion:
Start, during and end of class



Station 5:
Challenge Station

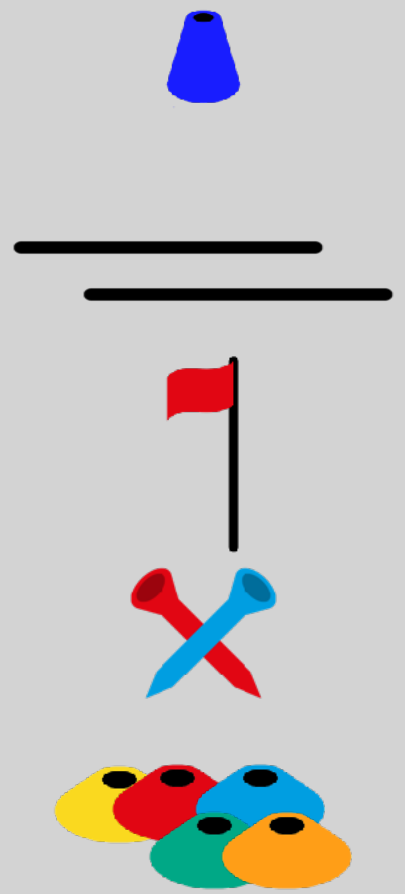


Pitching Challenge Setup



Equipment Needed

- 2x Marker cones
- 1x Alignment Sticks
- 1x Flagstick
- Tee Pegs
- 6x Colored Cones



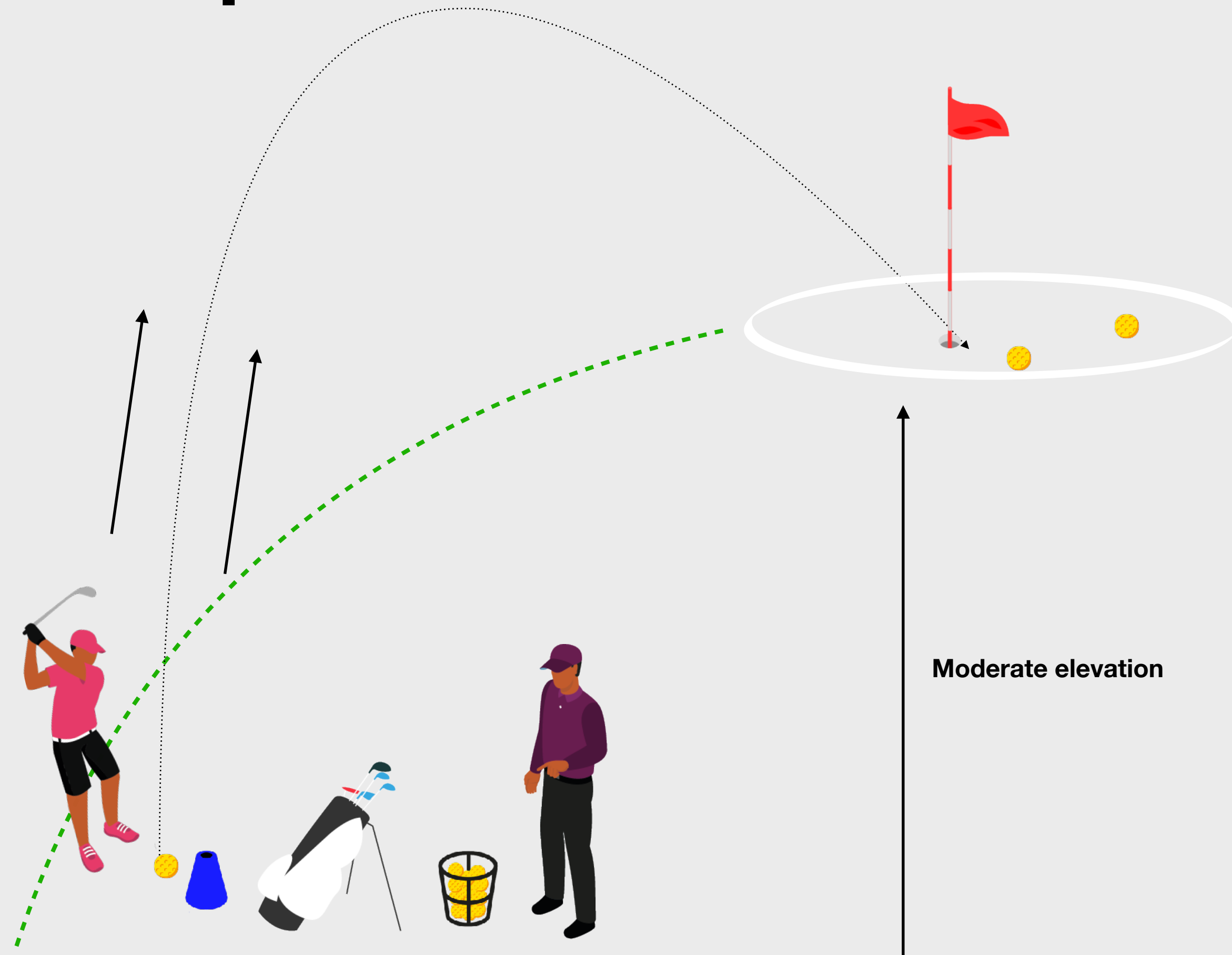
Setting out the Challenge

- Create a 30 foot diameter target circle around the flag/alignment stick using the colored cones
- Using marker cones create starting points positioned in a row at distances of 20 - 30 yards and 30 - 40 yards

Practice and Games Cards



Pitch Uphill



Equipment Needed

- Uphill shot on course or on range
- Various Wedges
- Golf Balls

How to Practice

- Students should understand how an uphill lie will affect the flight of a pitch shot and adjustments that can be made to mitigate the effect
- Explain how an uphill lie will shorten the shot because of the additional height
- Explain to the students how to adjust their technique and to change club to allow for the change in distance

Technical Link

- By making adjustments to the setup and club selection explain to the students how these changes will affect their result

Pitch Downhill

Equipment Needed

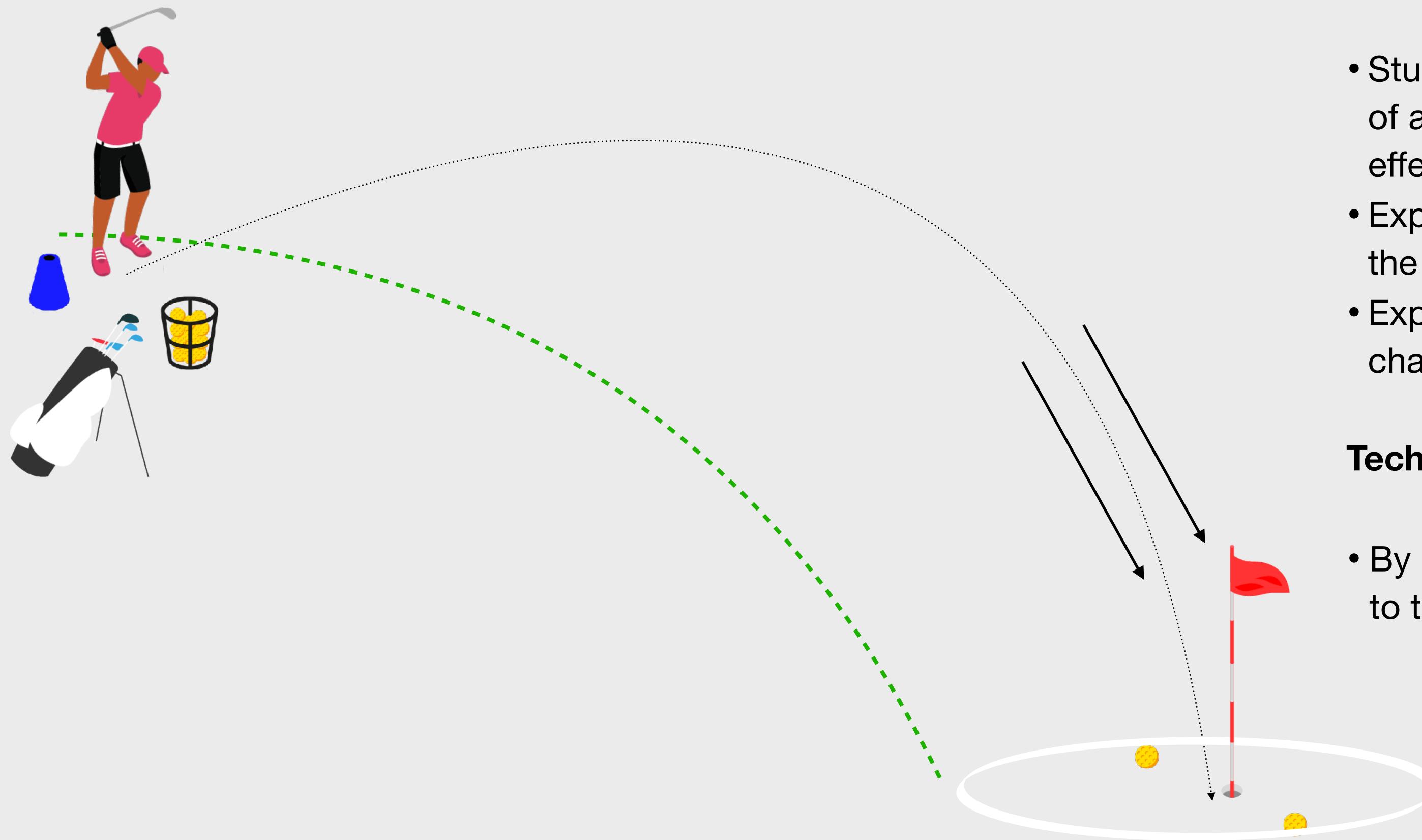
- Downhill shot on course or on range
- Various Wedges
- Golf Balls

How to Practice

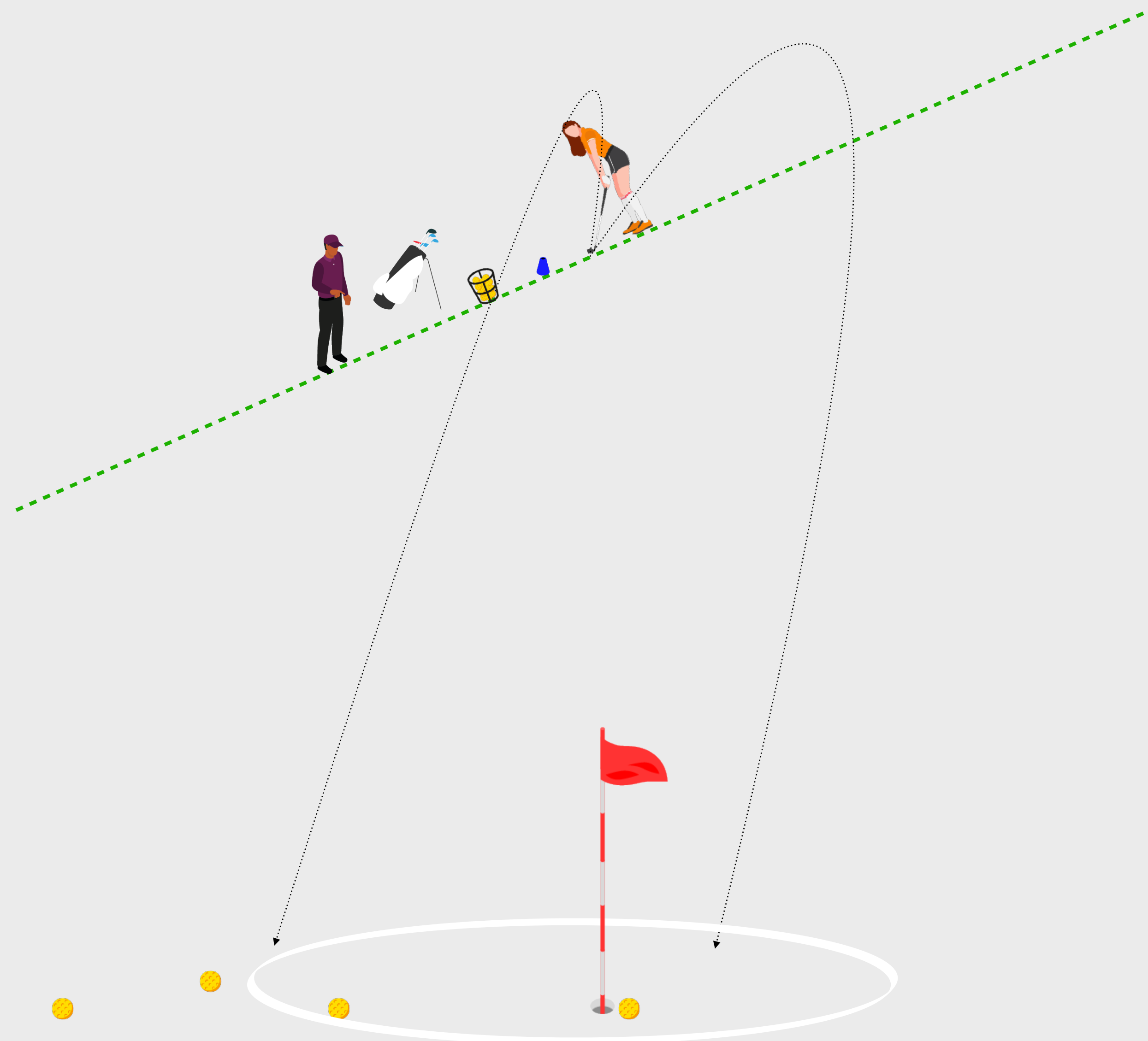
- Students should understand how an downhill will affect the flight of a pitch shot and adjustments that can be made to mitigate the effect
- Explain how a downhill lie will add length to the shot because of the angle of the terrain
- Explain to the students how to adjust their technique and to change club to allow for the change in distance

Technical Link

- By making adjustments to the setup and club selection, explain to the students how these changes will affect their result



Pitch Ball Below



Equipment Needed

- Side slope shot on course or on range with ball below the students feet
- Various Wedges
- Golf Balls

How to Practice

- Students should understand how the ball below their feet will affect the flight of a pitch shot and adjustments that can be made to mitigate the effect
- Explain how having the ball below their feet will make the ball go to the right for a right handed golfer
- Explain to the students how to adjust their technique and to change club to allow for the potential change in distance

Technical Link

- By making adjustments to the setup and club selection explain to the students how these changes will affect their result

Pitch Ball Above



Equipment Needed

- Side slope shot on course or on range with ball above the students feet
- Various Wedges
- Golf Balls

How to Practice

- Students should understand how the ball above their feet will affect the flight of a pitch shot and adjustments that can be made to mitigate the effect
- Explain how having the ball above their feet will make the ball go to the left for a right handed golfer
- Explain to the students how to adjust their technique and to change club to allow for the potential change in distance

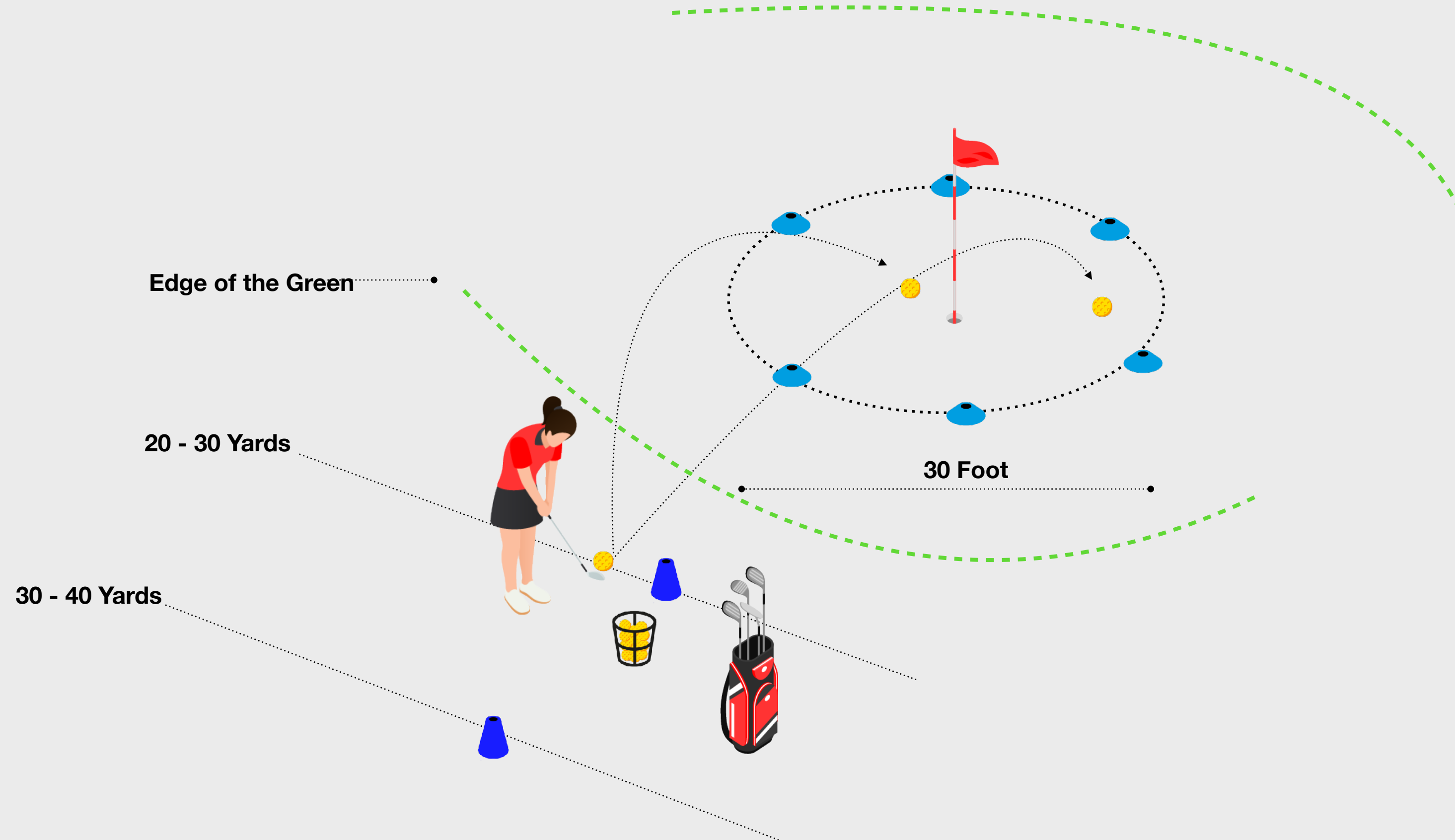
Technical Link

- By making adjustments to the setup and club selection explain to the students how these changes will affect their result

Pitching Challenge



Pitching Challenge



Attempting the Challenge

- Students hit 10 shots in a random order from each starting position to finish within the target circle
- Record the result of each attempt on the Challenge Scorecard
- Students should drop the ball on each attempt

The Challenge

- Attempt to pitch the ball to within the target circle from each position around the green. Students should attempt 10 shots from each starting position

- **7/10 pitches within target circle from 20 - 30 yards**
- **6/10 pitches within target circle from 30 - 40 yards**

What to do Next:

- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

