Scoring University Break 80 - Swing

Scoring University



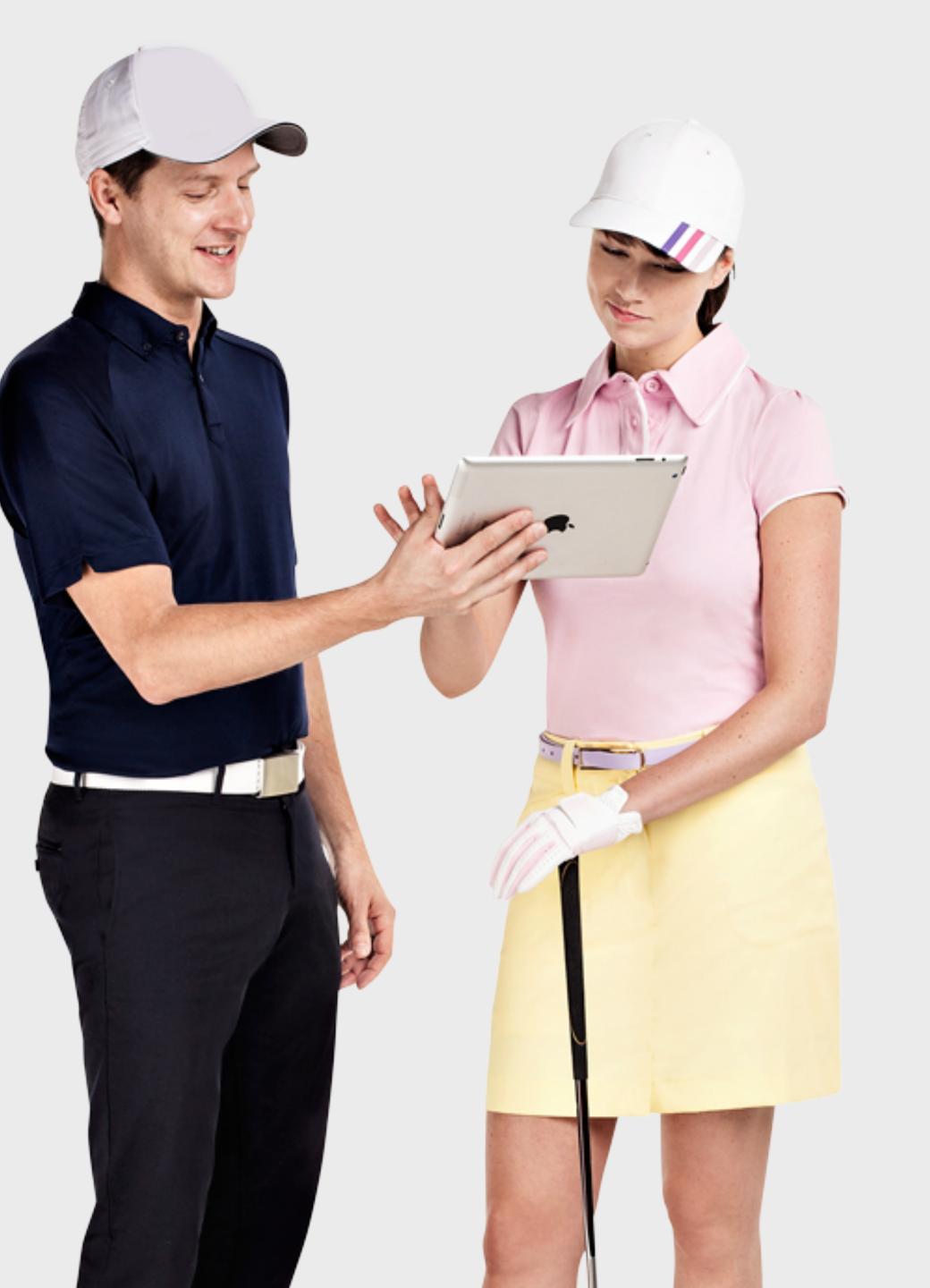
Hybrid and Fairway Woods

SCORING UNIVERSITY CLAIM YOUR GAME



Contents

- Class Timetable
- **Class Objectives and Setup**
- **10** Practice Stations and Game Cards
- 15 Scoring Skills Challenges







Scoring University Break 80 - Swing

Session Timetable

4 Scoring II	
ocoring Unive	rsity Break 75 - Swing
Class T	imetable
	D Size: Session Focus: Break 75 Swing
15 Mins Prior Setup and 5 mins Introduction	Be ready to welcome participants 5 Outline the holds.
25 mins Practice Stati Shot Shaping Shot	ions to the various
25 mins Practice Stations Challenges and C One to One Coac Group Discussion	Games · Outling to u
25 mins Driver Challenge 10 mins Media on GLF. Conne	Set up the Driver Challenge and allow stude
15 Mins Post Relationship Building	Take time after the class has finished to
© 2023 Powered by Orbis Golf	 Ensure everyone is aware of the next next skills Opportunity to upsell private lessons to those the





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Class Timetable

Session	Group Size:	Session Focus:	Topic:
Length: 90 Mins	1:8	Break 80 Swing	Hybrids an

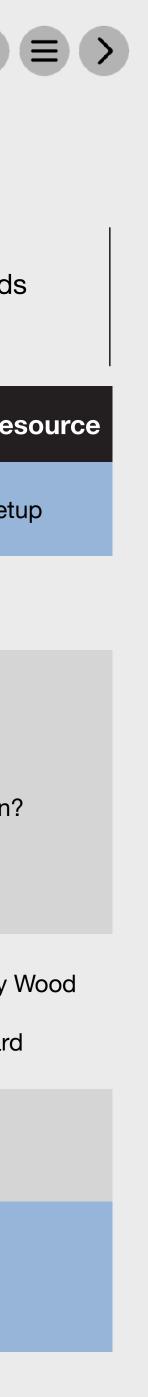
Time	Focus	Class Content
15 Mins Prior	Setup and Welcome	 Set up the games and practice stations of Be ready to welcome participants 5 minut
5 mins	Introduction	 Outline to the students the break 80 prog Introduce the students to the various score
50 mins	Club Selection Practice Stations Challenges and Games One to One Coaching Group Discussion	 Give an introduction to key concepts in cl You should specifically focus on how stude Students play the practice stations individe Opportunity to provide private coaching to Introduce and reinforce the technical focul You may want to get the students back to demonstration
25 mins	Hybrid and Fairway Wood Challenge	 Set up the Hybrid and Fairway Wood Cha challenge Use the challenge scorecard to record the
10 mins	Media on GLF. Connect	 Add any lesson media to the student's Stite Ask Students to update the GLF. Connect
15 Mins Post	Relationship Building	 Take time after the class has finished to a Ensure everyone is aware of the next Sco Opportunity to upsell private lessons to the

Technical Focus

Club Selection / Strategy off the Tee

Scoring Challenge Hybrids and Fairway Woods Challenge

Games / Drills / Resource of your preference and the scoring challenges for the specific class Class Layout and Setup ites before the session starts gram and the structure and format of the week oring challenges, and how this will map out their strengths and weaknesses club selection and when to use different clubs around the course Idents should use their Hybrids and Fairway Woods strategically on the course • Yardage Finder idually, in pairs or in groups Shot Scenario to those attending • What's your Pattern? us points along with reasons for implementing them • Start Small ogether halfway through the session for questions, discussions and further allenge and allow students to attempt this to see if they can achieve the Break 80 • Hybrid and Fairway Wood Challenge Challenge Scorecard ne outcome of each attempt Student Connect area which may include notes, videos and documents GLF. Connect App ct App if they have succesfully completed a challenge across the scoring goals actively connect new students and build relationships oring University themed class or challenge club class date • GLF. Connect App those that require additional help



Technical Guidance

The technical guidance we are prescribing is to be delivered as you see fit, you should use your experience, preferences and be sure to link your technical advice to how this will help students to improve the key skill of hybrids/ fairway woods. Some of technical content you may want to explore in this session may include:

- strategy. Some of the content you may want to explore includes:
 - ٠ should make during their pre-shot routine. This may include:
 - The length of the hole ٠
 - The position of hazards and width of fairway ٠
 - The students confidence and scoring history on the hole ۲
 - •
 - Their dispersion patterns ٠
 - ٠



Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.

Club Selection/ Strategy - Introduce some key principles for how and when to use Hybrids/ Fairway Woods on the golf course and how this links to

Discuss the scenarios on the golf course that would require an alternative tee shot to using a Driver and the considerations they

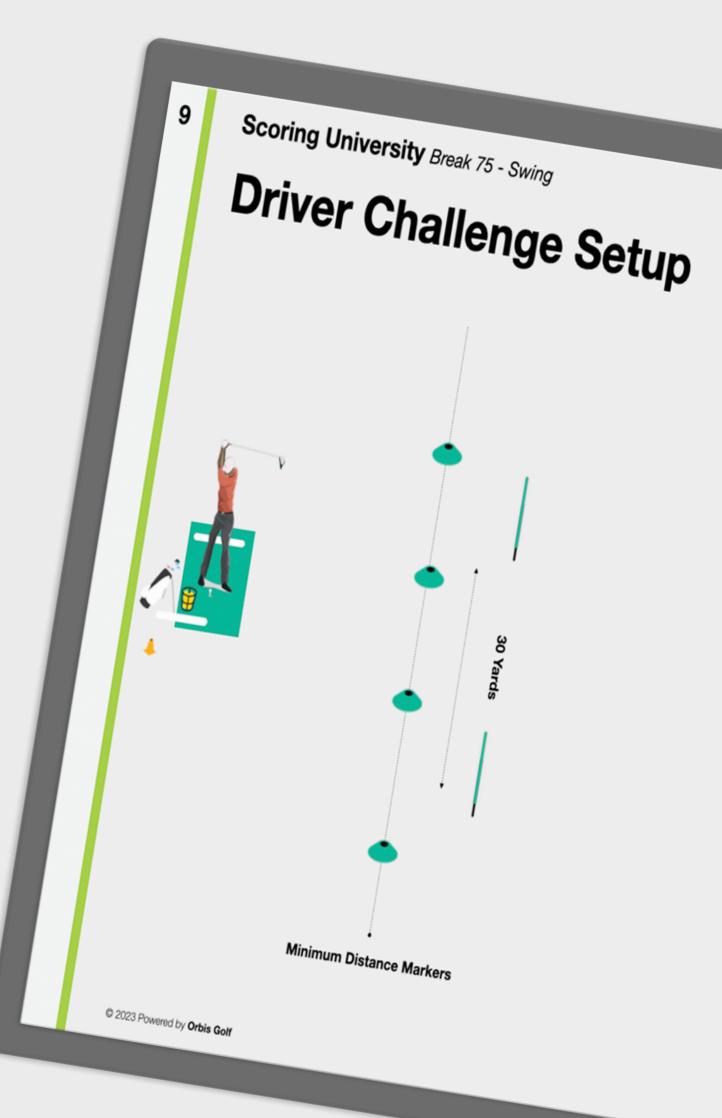
The hole number and how this links to the context of the game they are playing

Discuss how handicap indexes and the strokes received on the hole should influence their strategy and club selection





Objectives and Setup

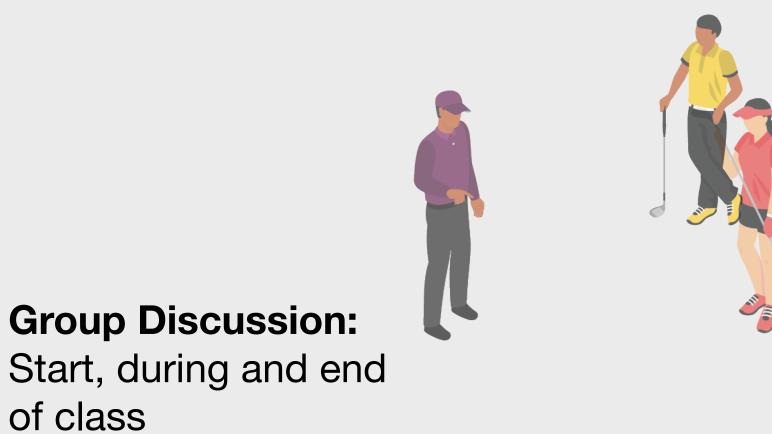


Equipment Needed < = > Orange safety cone SAFETY 1x Marker cones Colored Cones 4x Alignment Sticks 4x Foam Noodles Setting out the Challenge Orange cones to mark out a safety Marker cones to represent the tee m the challenge station kers at Use the cones to mark out the carry stance lines or use features on the outfield Alignment sticks with foam noodles shuld be used to measure the gate 30 yards w Set out all the markers to enable eve to attempt their challenge for their scon. student SCORING



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Example Class Layout and Setup



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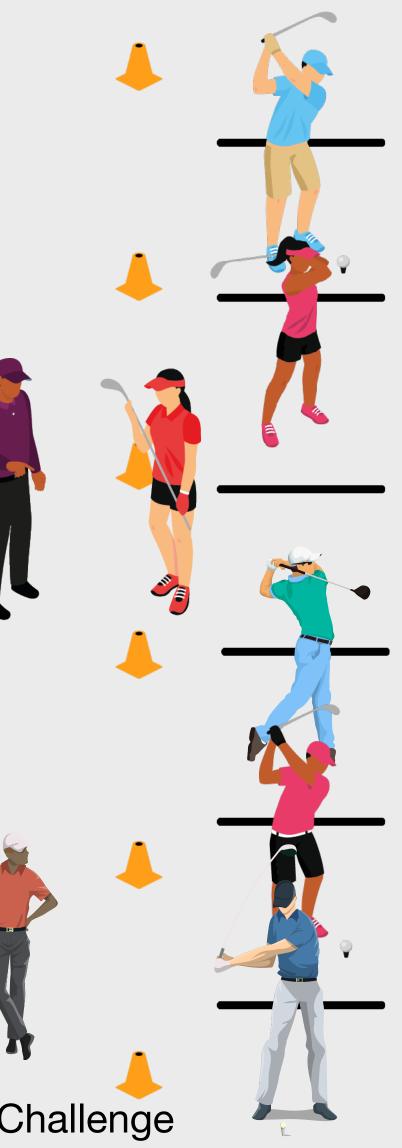
Station 1: Practice Station Yardage Finder

Station 2: Game Station Shot Scenario

Station 3: Practice Station What's your Pattern?

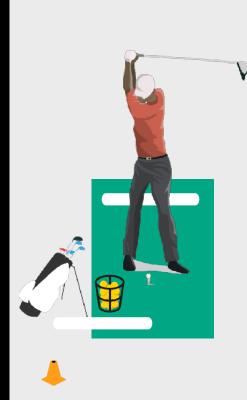
Station 4: Game Station Start Small

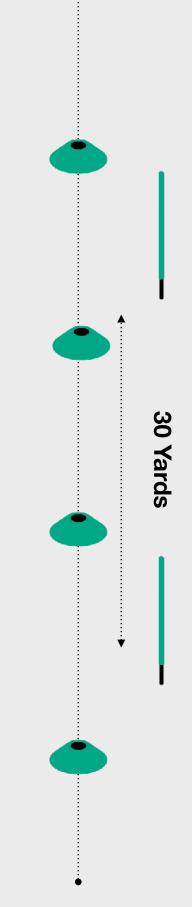
Station 5: Challenge Station Hybrid and Fairway Wood Challenge





Fairway Wood Challenge Setup



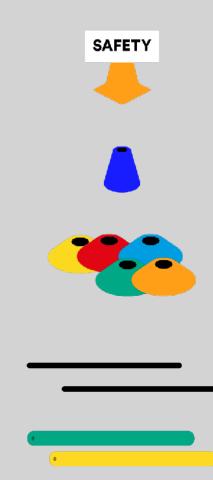


Minimum Distance Markers



Equipment Needed

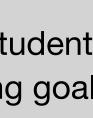
- Orange safety cone
- 1x Marker cones
- Colored Cones
- 4x Alignment Sticks
- 4x Foam Noodles



Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal











TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

		Sw	ing		
Club Speed The linear speed of the club head's center just prior to first contact with the golf ball	Attack Angle The up or down movement of the club head of contact between the club and ball	Launch Angle The vertical angle the golf ball takes off at relative to the horizon	Club path The in-to-out or out-to-in movement of the club head	Ball Speed The speed of the golf ball's center of gravity at impact	Carry The straight-line distance between where the golf ball was launched from and where it lands
Face Angle The direction the club face is pointing at the point of contact between the club and ball	Face to Path The angle difference between the reported face angle and club path	Low Point Distance from the club head to the lowest point on the swing arc at the time impact	Launch Direction The horizontal angle the golf ball takes off at relative to the target line	Side The perpendicular distance between the target line and where the ball crosses a point	Total The straight-line distance between where the golf ball was launched from and its resting position.

Keep an eye out for the Trackman Sticker on the game or challenge cards



TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.





Practice and Games Cards

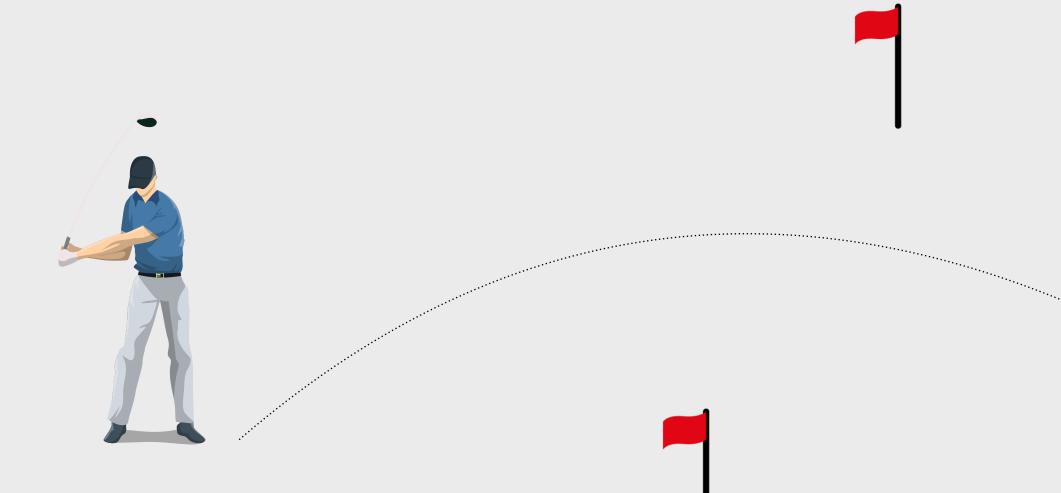






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Yardage Finder





Equipment Needed

- Tees
- Hybrids/ Fairway Woods
- Golf Balls
- Launch monitor or similar (optional)

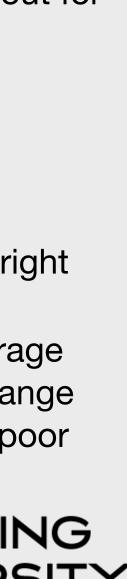
How to Practice

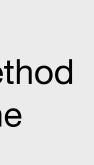
- Ask the student to get all of their Hybrids/ Fairway Woods out of their bag
- Using the launch monitor or similar distance measuring method hit shots with a full swing and record distances for each one
- Hit at least 10 shots to get an average
- Take shots from the ground as well as off the tee and look out for differences

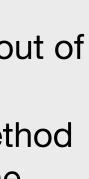
Technical Link

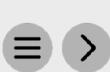
- Knowing your yardages is a critical element to making the right club selection decisions on the course
- This drill should give students an idea of not only their average distance for each Hybrid and Fairway Wood, but also the range of those distances, therefore they will know the result of a poor strike and a good strike



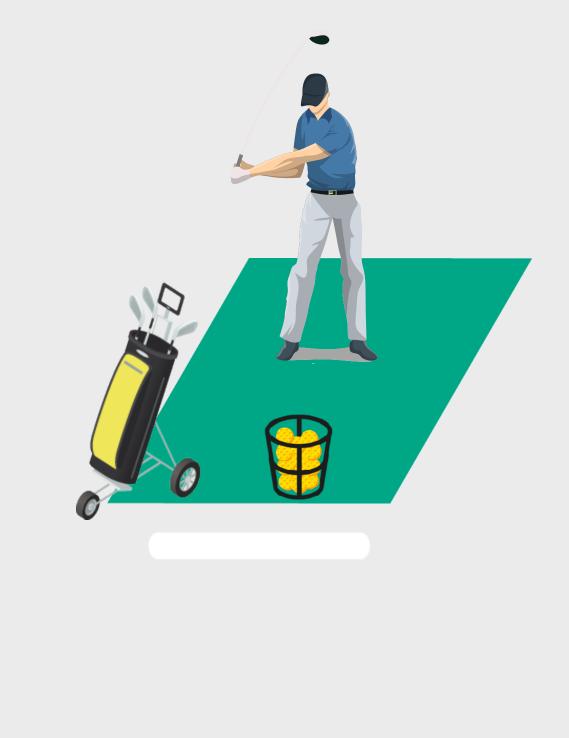








Shot Scenario







Equipment Needed

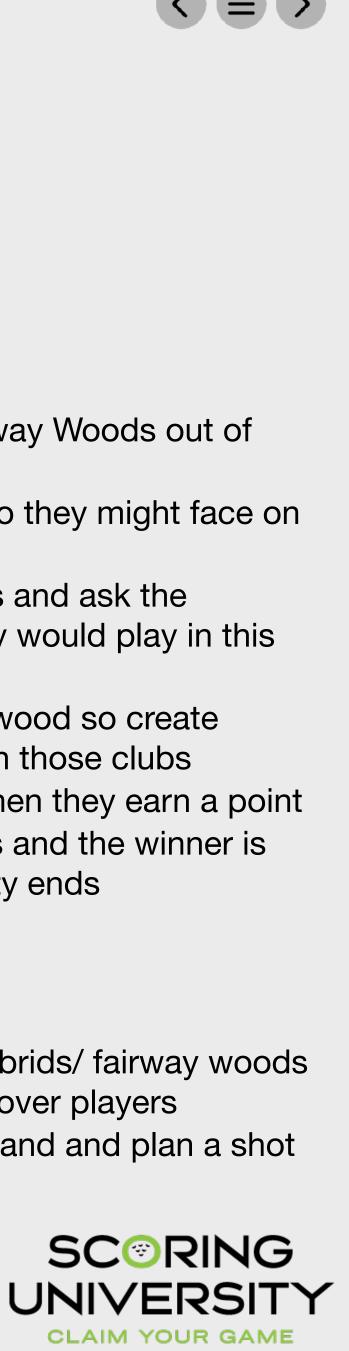
- Tees
- Hybrids/ Fairway Woods
- Golf Balls

How to Play

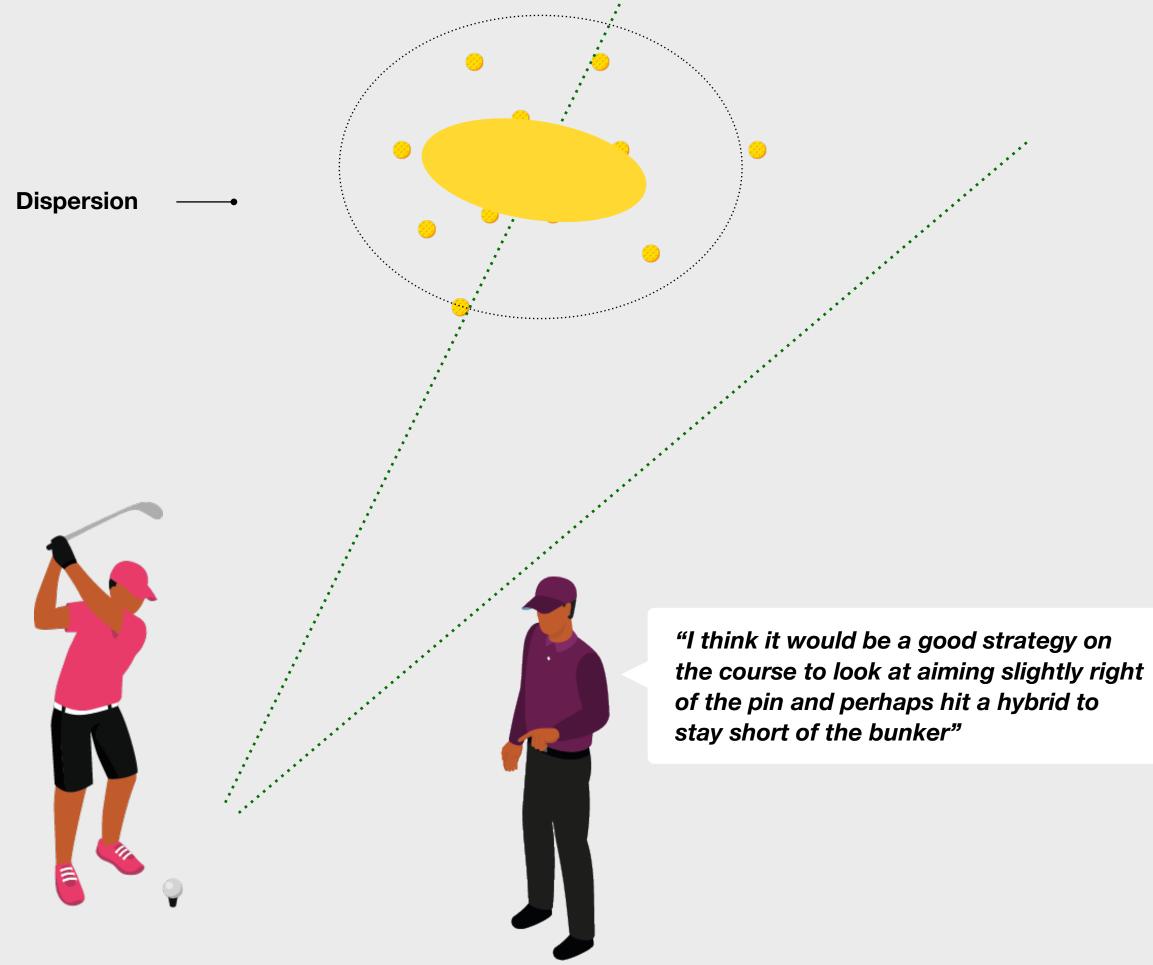
- Ask the student to get all of their Hybrids/ Fairway Woods out of their bag
- Describe to the student a tee shot shot scenario they might face on the course
- Use existing targets on the range for aim points and ask the students to describe then attempt the shot they would play in this scenario
- They are only allowed to use a hybrid/ fairway wood so create scenarios specific to that students yardage with those clubs
- If they successfully hit the shot they describe then they earn a point
- This game can be played individually or in pairs and the winner is the player with the most points when the activity ends

Technical Link

- Being able to hit a range of shots with these hybrids/ fairway woods can give students an advantage on the course over players
- This activity will encourage students to understand and plan a shot before executing it



What's your Pattern?





Equipment Needed

- 1 Target
- Fairway Wood and Hybrids
- Golf Balls
- Pencil and Paper

How to Practice

- Pick a fairway target on the driving range or practice ground
- The student should pick the appropriate clubs for the distance
- The student hits 10 20 shots depending on the time available
- The students marks on paper the landing position of each shot they hit relevant to the target
- At the end of the shots, the students will have a dispersion pattern
- This can be used to educate the students on their shot patterns and help them develop a strategy on the golf course
- The students can re-attempt this using an alert native strategy and also complete the pattern with all fairway woods and hybrids

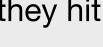
Technical Link

• This activity will help the student to build an awareness of their shot patterns and help them produce a strategy to use on the golf course



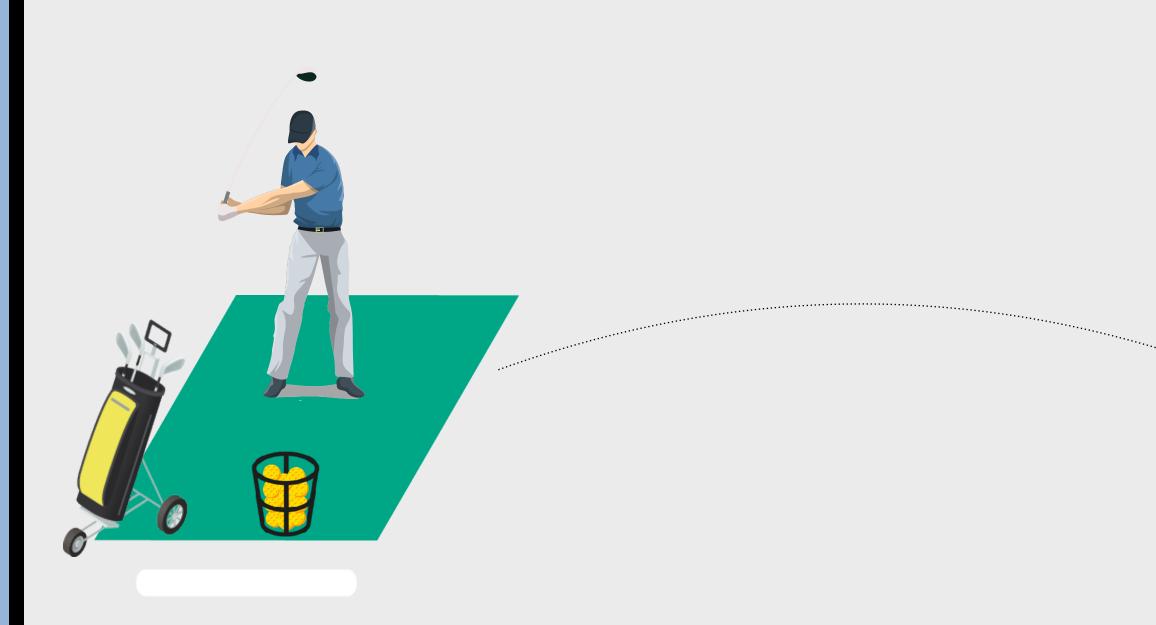








Start Small





Equipment Needed

- Tees
- Hybrids/ Fairway Woods
- Golf Balls

How to Practice

- Using their hybrids/ fairway woods as chippers, students must attempt to hit shots towards close range targets less than 100 yards
- The focus should be on making solid contact and reducing distance through shortening their swing
- Alternate between targets and advise them to also grip down the shaft to shorten distance and gain control

Technical Link

- This activity can help students gain more confidence in using hybrids/ fairway woods and get use to their club heads interaction with the turf
- It will also introduce them to utilising these clubs for shorter shots around the green





Hybrid and Fairway Wood Challenge





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Scoring University Break 80 - Swing

Fairway Wood Challenge

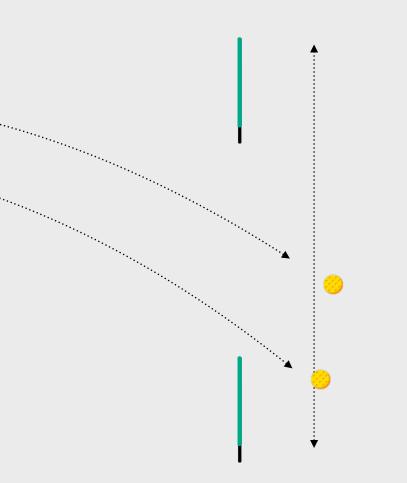
TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the Appropriate **Minimum Distance** for your chosen **Course Length**

Minimum Distance Markers

Course Length	Minimum Distance
< 4500 Yards	135
4500 -5500 Yards	170
5500 -6500 Yards	190
> 6500 Yards	215



30 Yard Wide Target Gate

Attempting the Challenge

- · Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts
 - 8/10 shots between a target gate

What to do Next:

• On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward



