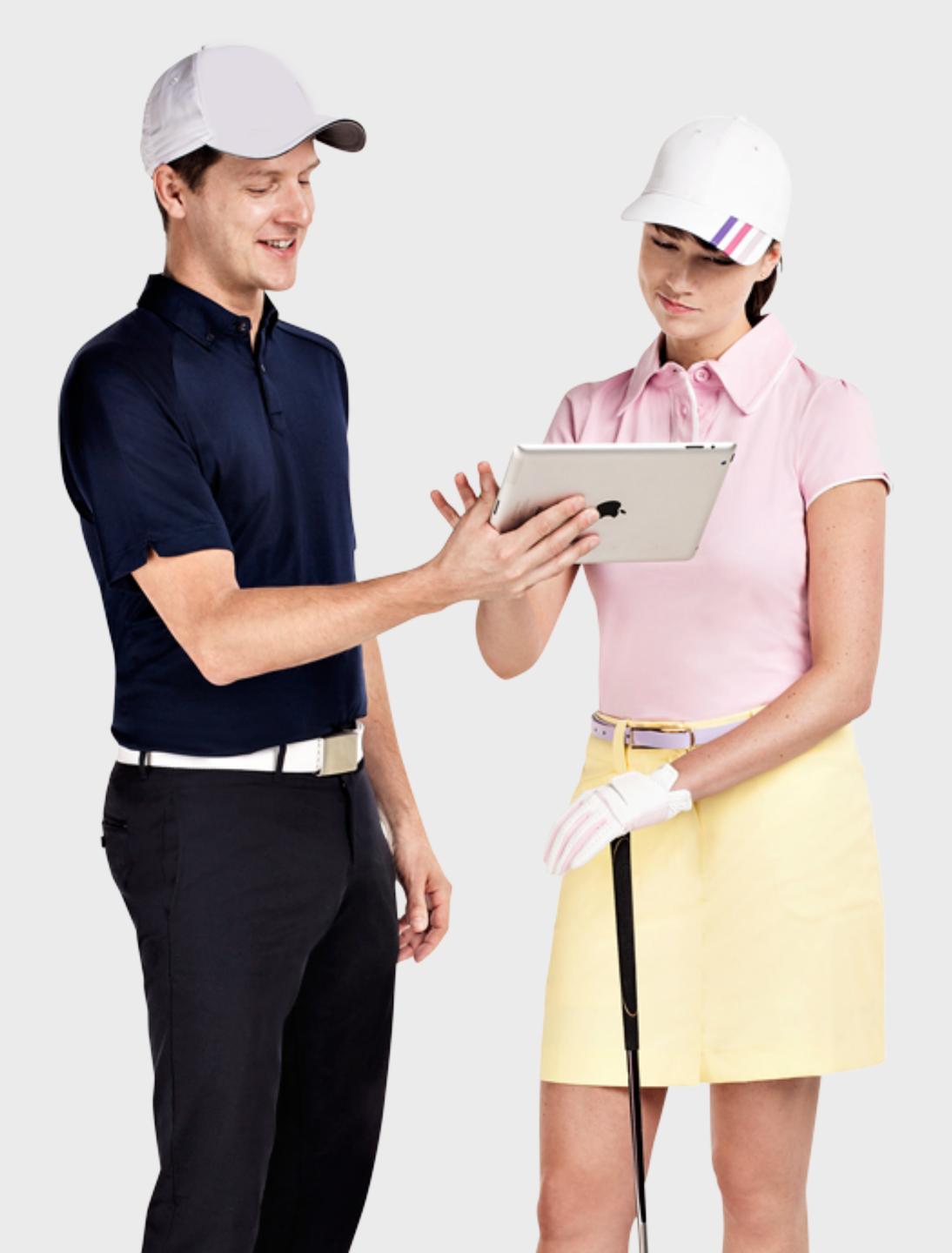






Contents

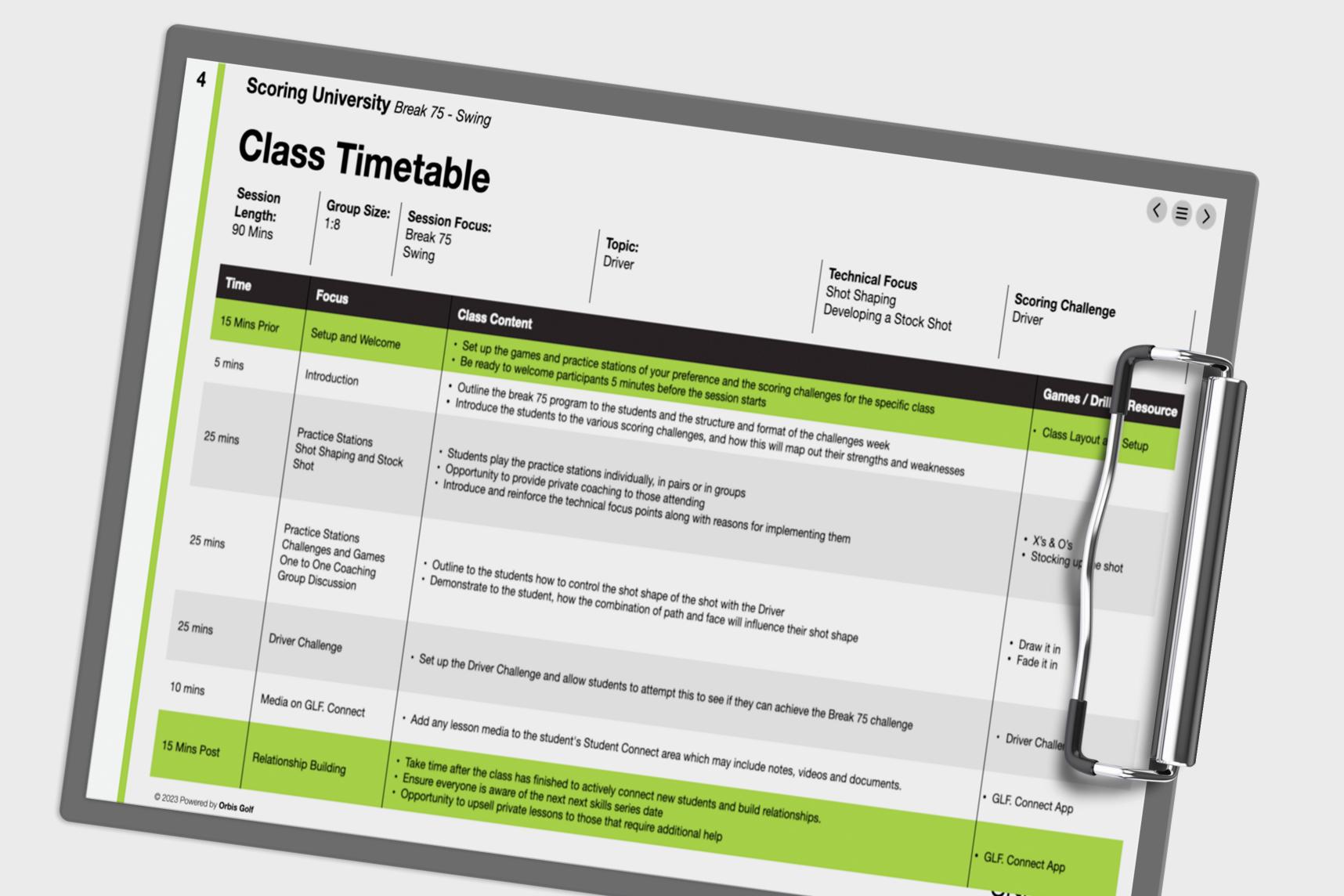
- **Class Timetable**
- **Class Objectives and Setup**
- **Practice Stations and Game Cards**
- **Scoring Skills Challenges**







Session Timetable









Class Timetable

Session Length: 90 Mins Group Size: 1:8

Session Focus: Break 85 Short Game **Topic:** Chipping

Technical Focus
Landing Zones
Understanding Roll

Scoring Challenge Chipping

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	 Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 	Class Layout and Setup
5 mins	Introduction	 Outline to the students the break 85 program and the structure and format of the short game class Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses 	
25 mins	Landing Zone Practice Stations Challenges and Games One to One Coaching Group Discussion	 Introduce the student to some top tips to improve strike when chipping around the green Keep your technical instruction to less than 5 minutes, in order to allow maximum time for play and practice and for you to reinforce the key skills with individual tuition 	Landing ZonesLand and Roll
25 mins	Understanding Roll Practice Stations Challenges and Games One to One Coaching Group Discussion	 Outline to the student, the concept of landing zones and understanding roll with regards to chipping Demonstrate to the student, how understanding landing zones can help them to become more effective in their ability to chip 	HurdlesLanding Circle
25 mins	Chipping Challenge	 Set up the Chipping Challenge and allow students to attempt this to see if they can achieve the Break 85 challenge Use the challenge scorecard to record the outcome of each attempt 	Chipping ChallengeChallenge Scorecard
10 mins	Media on GLF. Connect	 Add any lesson media to the student's Student Connect area which may include notes, videos and documents Ask Students to update the GLF. Connect App if they have successfully completed a challenge across the scoring goals 	GLF. Connect App
15 Mins Post	Relationship Building	 Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the next Scoring University themed class or challenge club class date Opportunity to upsell private lessons to those that require additional help 	GLF. Connect App



Technical Guidance

The technical guidance we are prescribing is to be delivered as you see fit, you should use your experience, preferences and be sure to link your technical advice to how this will help students to improve the key skill of putting. Some of technical content you may want to explore in this session may include:

Landing Zones - Demonstrate some simple key principles that will help them to understand landing zones and consistently hit the them:

- Outline to students the importance of knowing where the ball should land for different types of chip shots
- Demonstrate the difference moving the landing zones closer or further away will have on the outcome of the shot

Understanding Roll - Outline to the students the importance of being able to understand the concept roll on a chip shot;

- Demonstrate to the learning green reading with a chip shot and the importance of this to chip the ball closer and reduce scores
- Outline to the learner how the landing zone will effect the amount of roll and the aim taking by the golfer

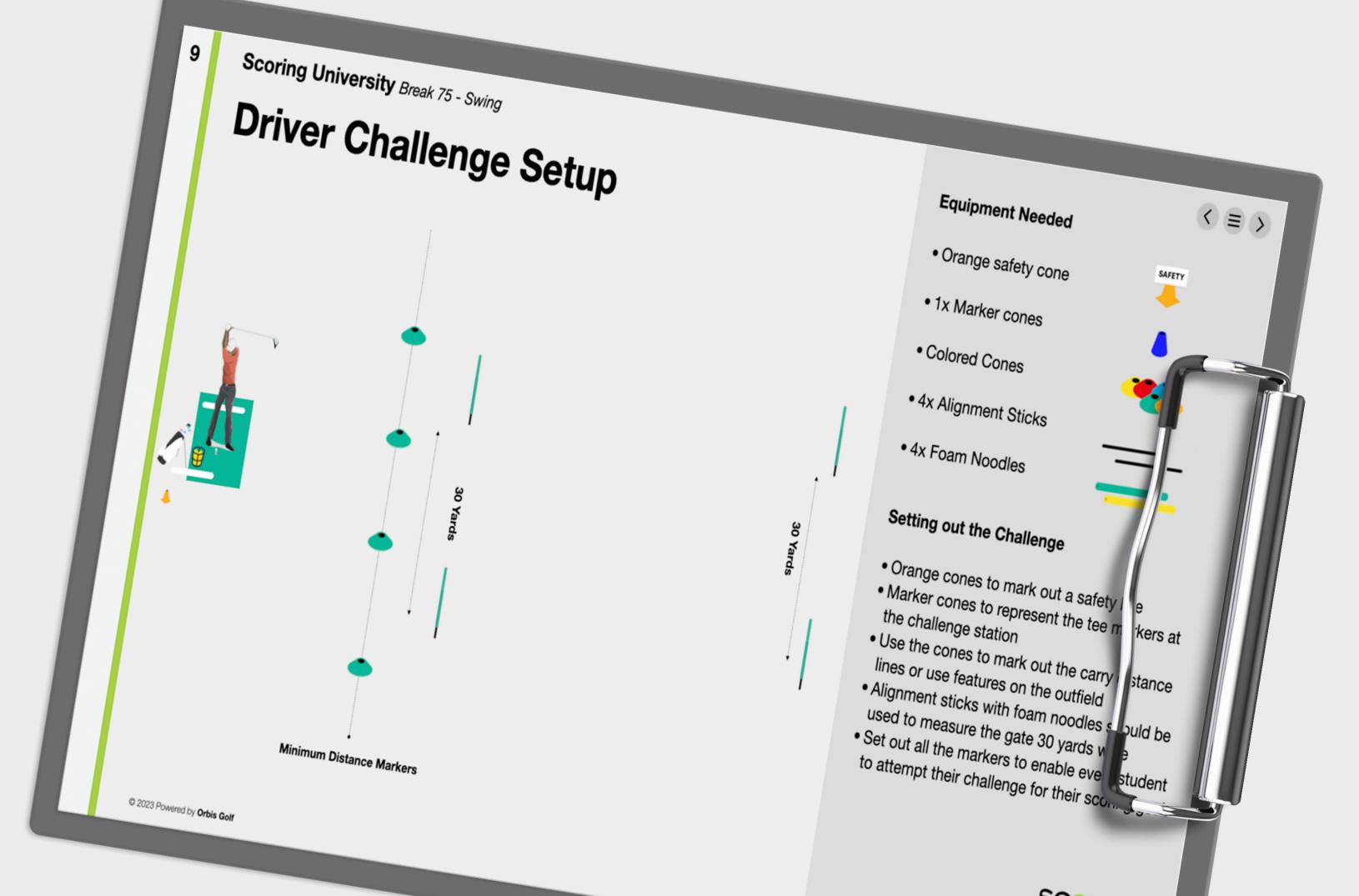


Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.





Objectives and Setup









Example Class Layout and Setup

Station 1: Practice Station Landing Zones



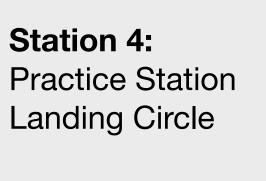
Station 2: Practice Station Land and Roll

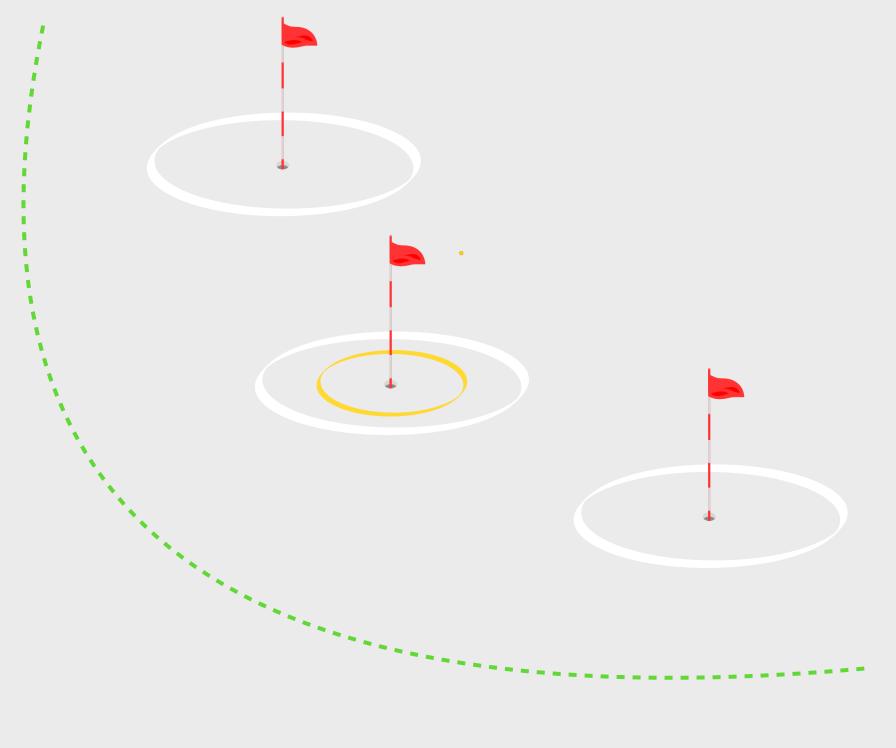


Station 3: Practice Station Hurdles



Group Discussion: Start, during and end of class



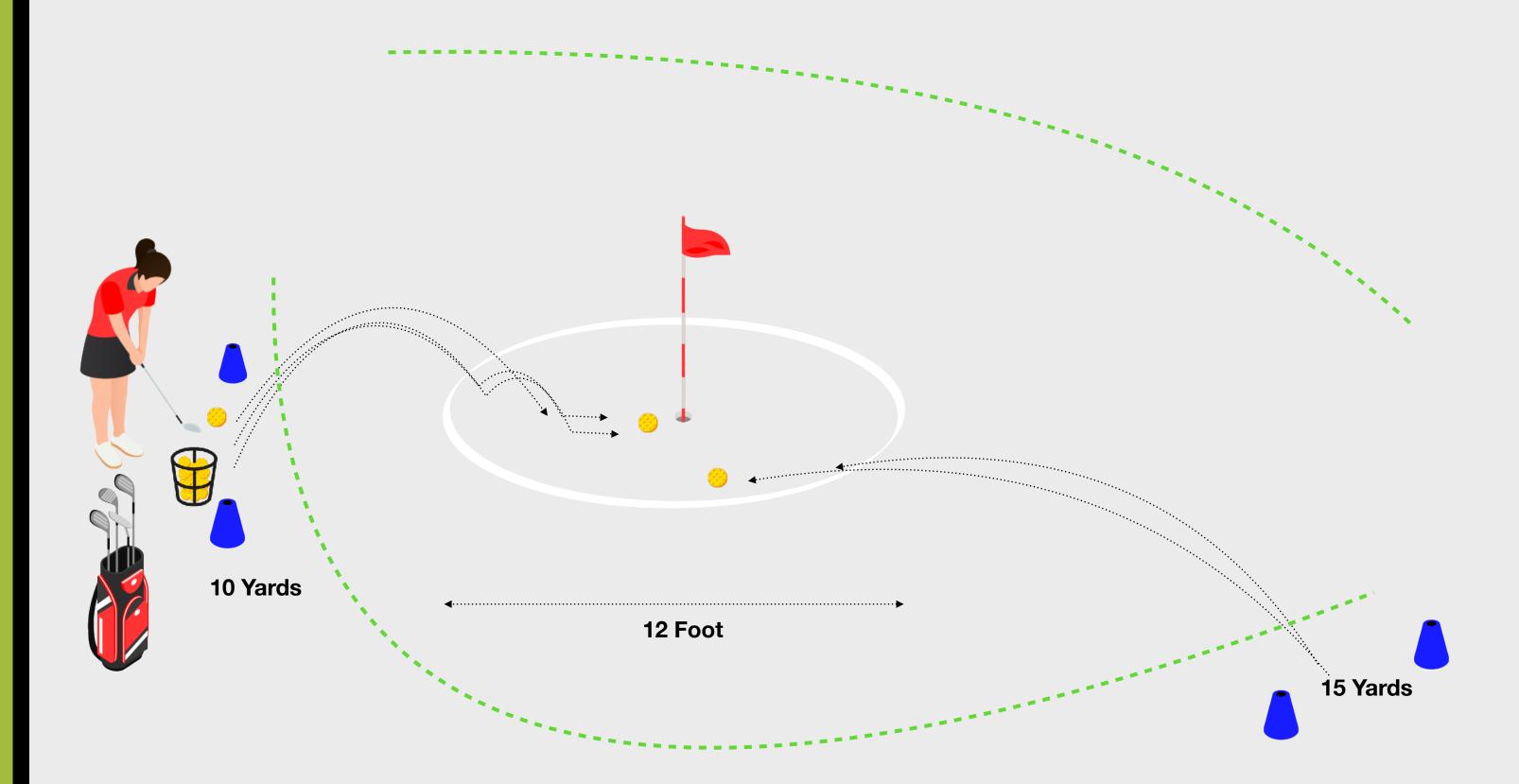




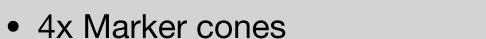
Station 5: Challenge Station



Chipping Challenge Setup





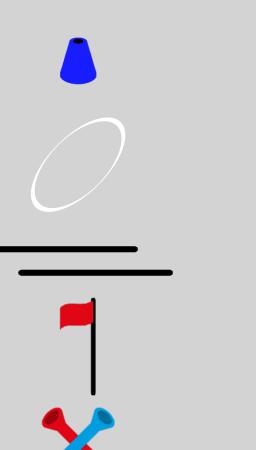








Tee Pegs



Setting out the Challenge

- 1 flag should be selected on the green.
 Alignment sticks could be used where this isn't possible
- Your 12-foot target circle from your equipment bag is placed around the flag or alignment stick
- Three starting points are positioned around the green at 10 yards and over 15 yards
- Each starting position should be places close to the edge of the green
- These starting position should offer variation in lie and angle to the target





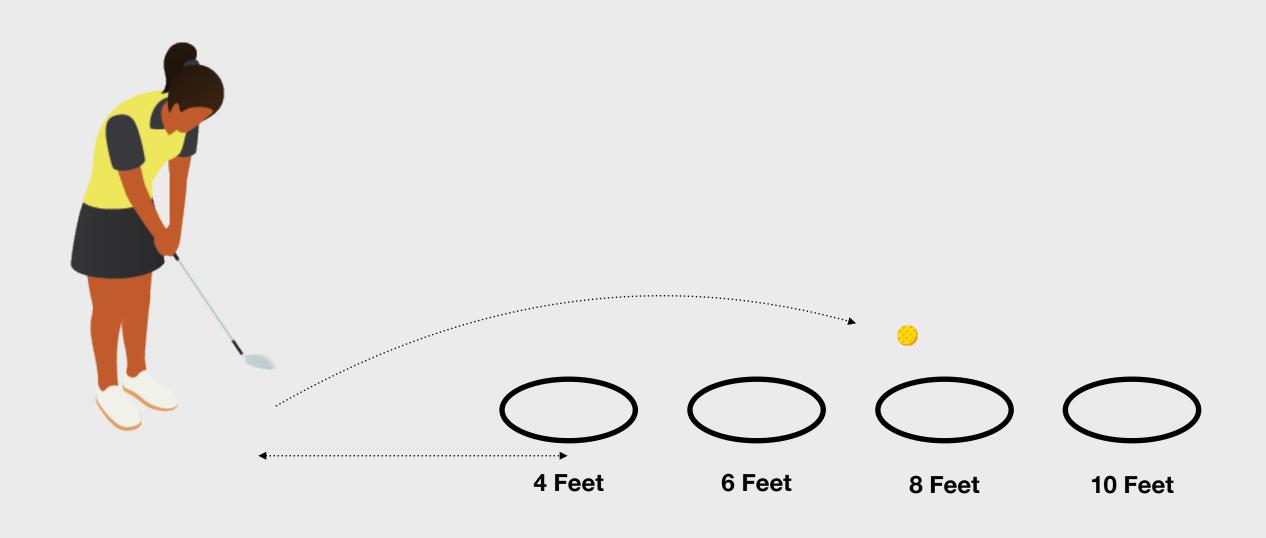
Practice and Games Cards







Landing Zones



Equipment Needed

- Hoops
- Golf balls

How to Play

- Place the hoops on the ground from 4 to 10 feet
- The aim is to chip the ball to land in the first hoop, and then each consecutive hoop thereafter
- The learner counts how many shots it takes to chip the ball to land in each hoop

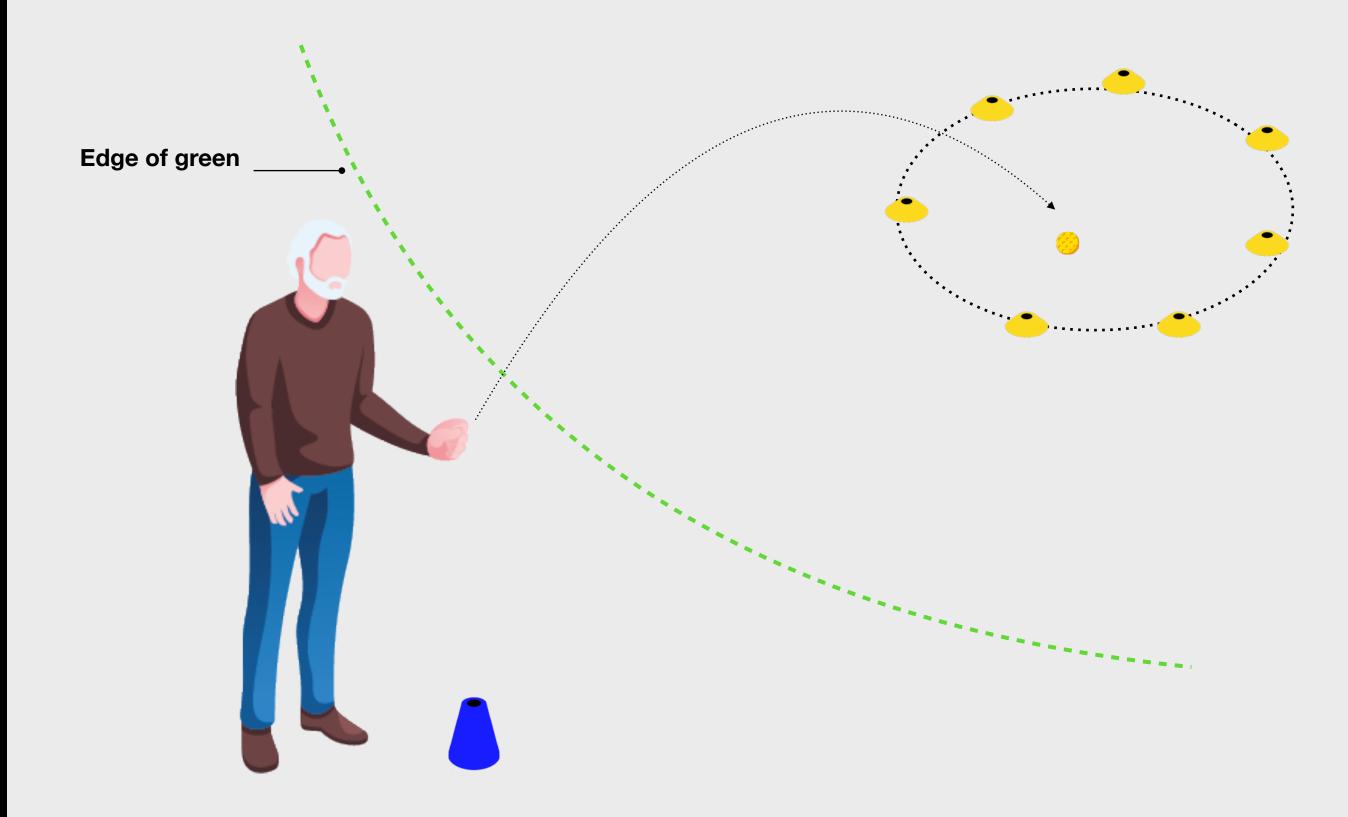
Progression Ideas

- Provide a limit on the number of attempts to complete the challenge
- Extend the challenge by adding more hoops, or asking learners to land the ball in each hoop consecutively to the furthest hoop, and then back to the closest hoop again





Land and Roll



Equipment Needed

- 7 Cones
- Pitching Wedge or Sand Wedge
- Golf balls

How to Practice

- The landing circle marked out in yellow cones is the target the learner is trying to land the ball in
- Learner should stand sideways on and using right or left hand throw the ball into the air trying to land the ball in the circle
- Maintain the same speed of arm action and try and develop some consistent landing. To see how the trajectory affects the amount of roll throw the ball higher or lower
- Once the learner has achieved the ideal flight and roll by throwing the ball they should try to replicate the flight using a golf club

Technical Link

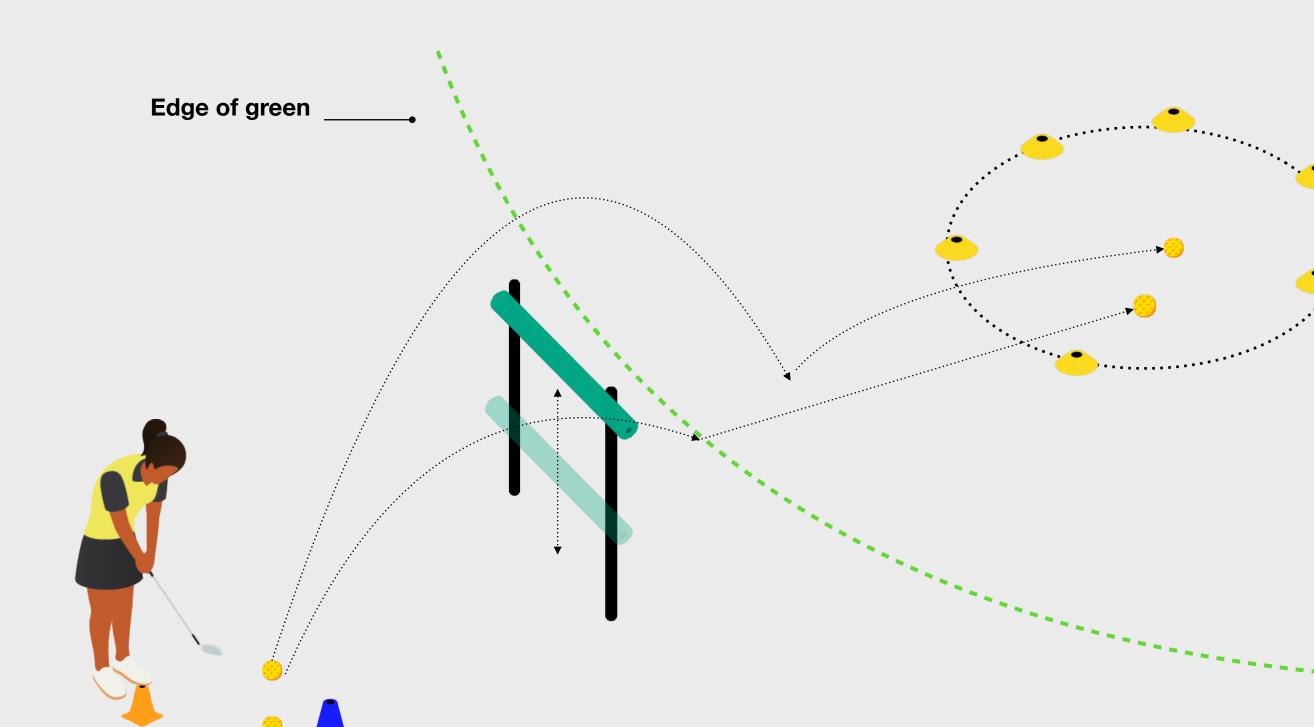
- This activity is designed to help the learner to understand about length of arm action versus where the ball lands
- It is used to mimic the action of chipping and controlling the trajectory of the flight and where the ball lands
- It will also show the learner that varying trajectory will increase or decrease the roll SC®RING

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Hurdles



Equipment Needed

- Alignment sticks and a noodle to create the hurdles
- Golf balls
- 7 Cones to create target

How to Play

- Place the hurdles 5 feet ahead of the learner
- Aim is to chip the ball over the crossbar and land in the appropriate place for the ball roll into the circle
- The learner receives 10 attempts to chip the ball over the hurdle with 2 different clubs over 2 different hurdle heights
- 5 shots with a 8 iron with 30% through the air and 70% rolling
- 5 shots with a SW with 70% through the air and 30% rolling

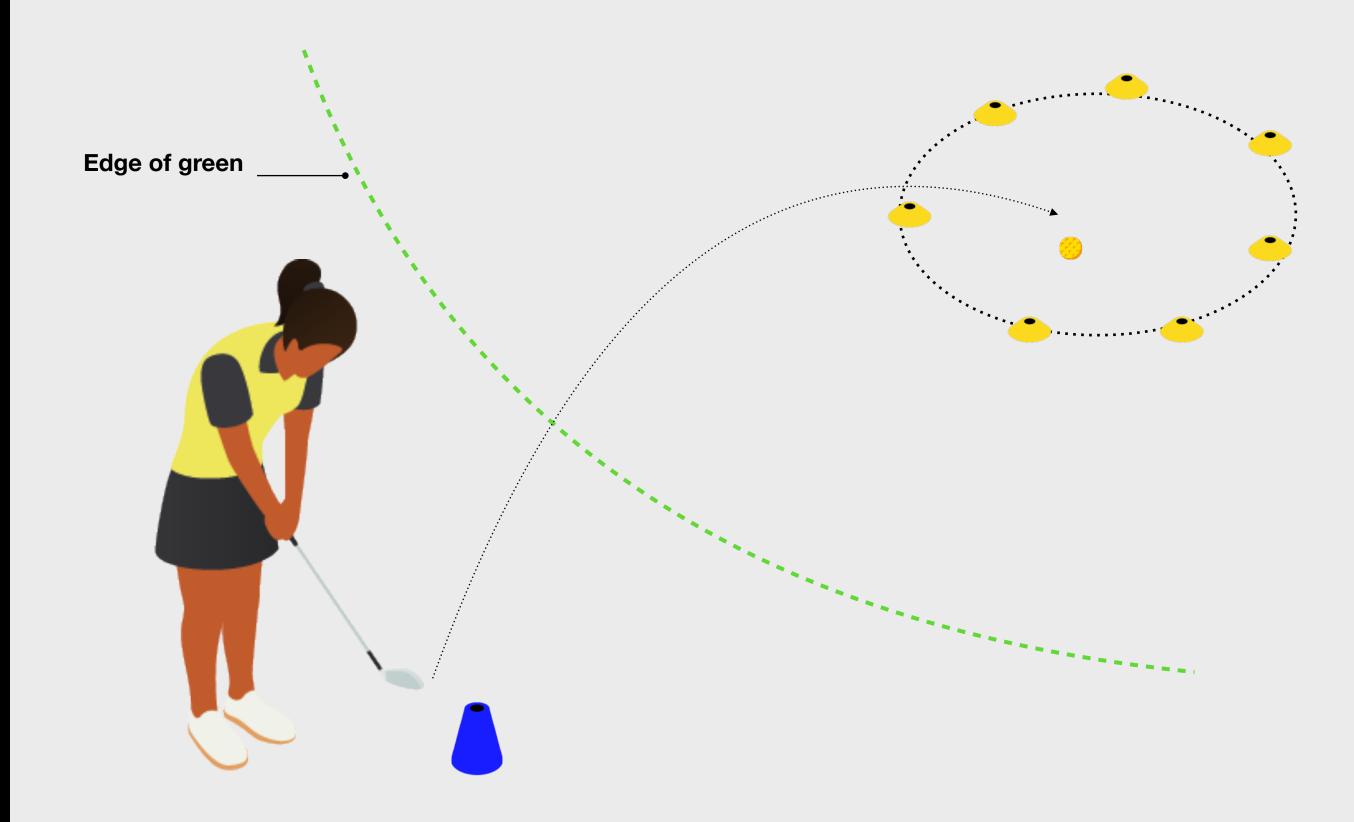
Progression Ideas

- Vary the height of the noodle
- Vary the position of the target circle





Landing Circle



Equipment Needed

- 7 Cones
- Pitching Wedge or Sand Wedge
- Golf balls

How to Practice

- The landing circle marked out in yellow cones is the target the learner is trying to land the ball in
- Using the correct set up, swing in a pendulum action and chip the ball and try and land in the circle
- Adjust the length of back swing and follow through to adjust the distance the ball flies through the air

Technical Link

- This activity will help the learner to get a feel for which length swing produces which length of shot
- Encourage the learner to visualise the ball lifting into the air and landing in the circle
- This activity is designed to focus the learner on where the ball is landing as opposed to where it will finish. If the correct landing spot is chosen the result will take care of itself



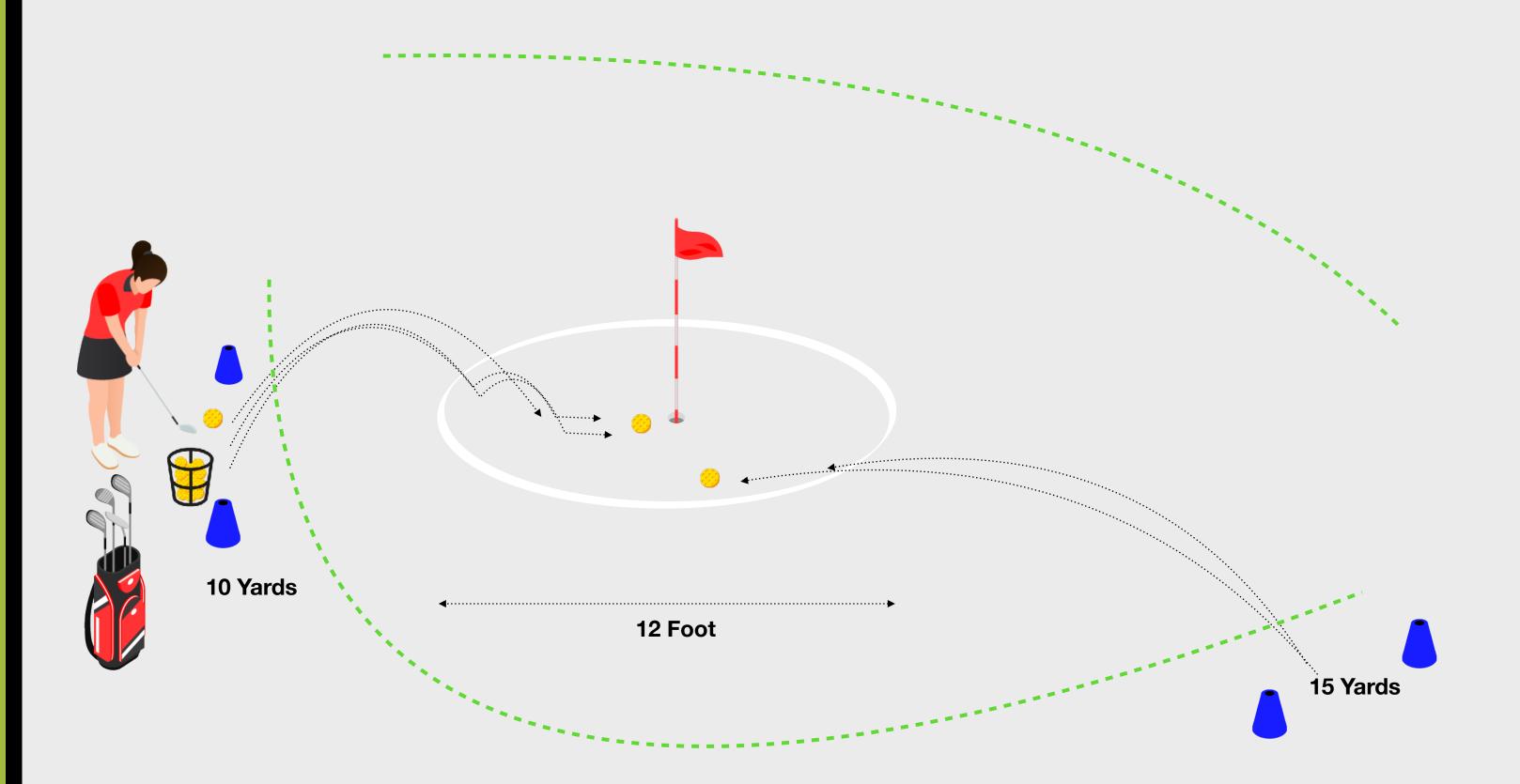


Chipping Challenge





Chipping Challenge



Attempting the Challenge



- Students hit 10 shots in a random order from each starting position to finish with the target circle
- Record the result of each attempt on the Challenge Scorecard
- Students should drop the ball on each attempt

The Challenge

- Attempt to chip the ball to within the target circle from each position around the green. Students should attempt 10 shots from each starting position
 - 7/10 chips within target circle from 10 yards
 - 5/10 chips within target circle from 15 yards

What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

