Scoring University



Swing Challenge Week

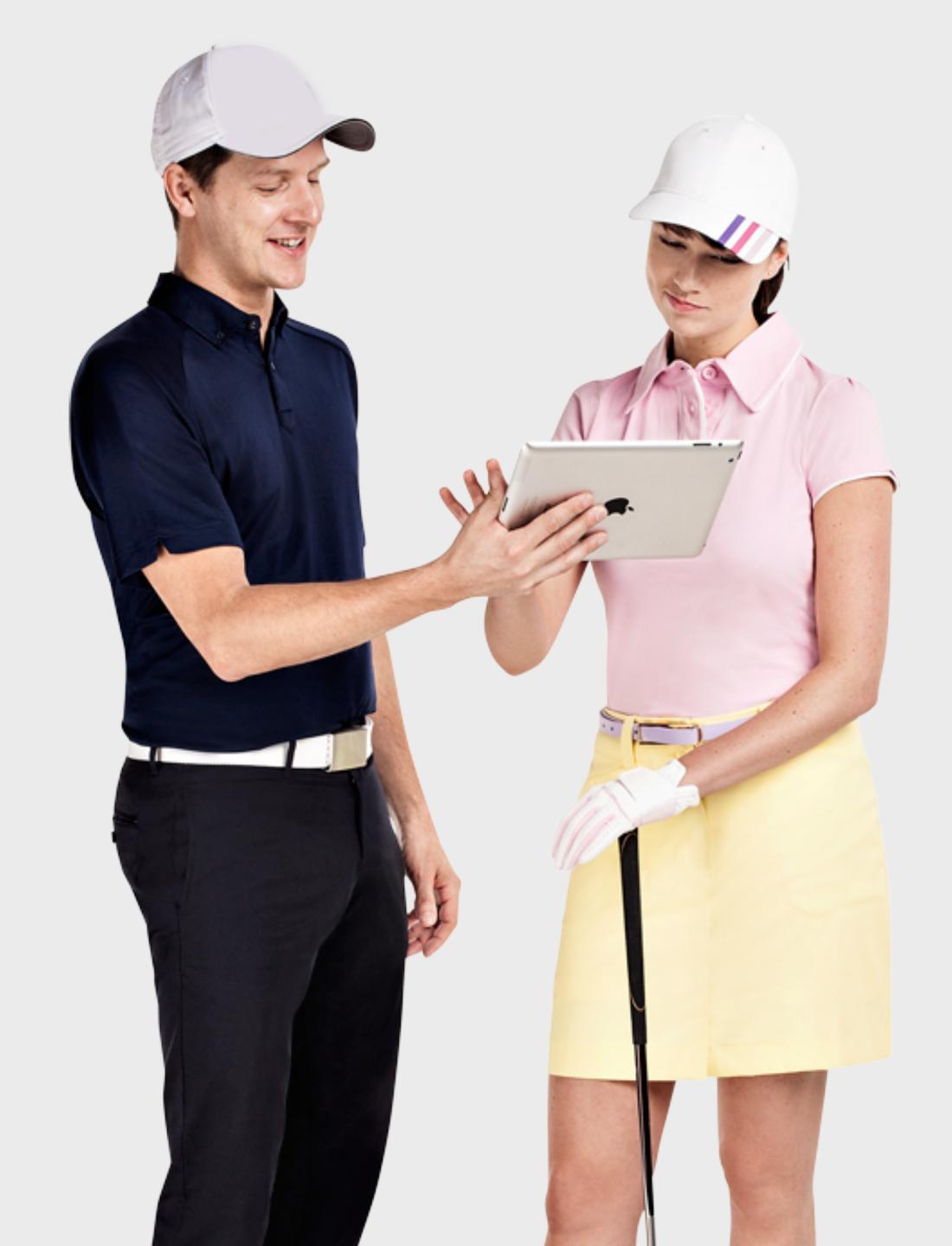








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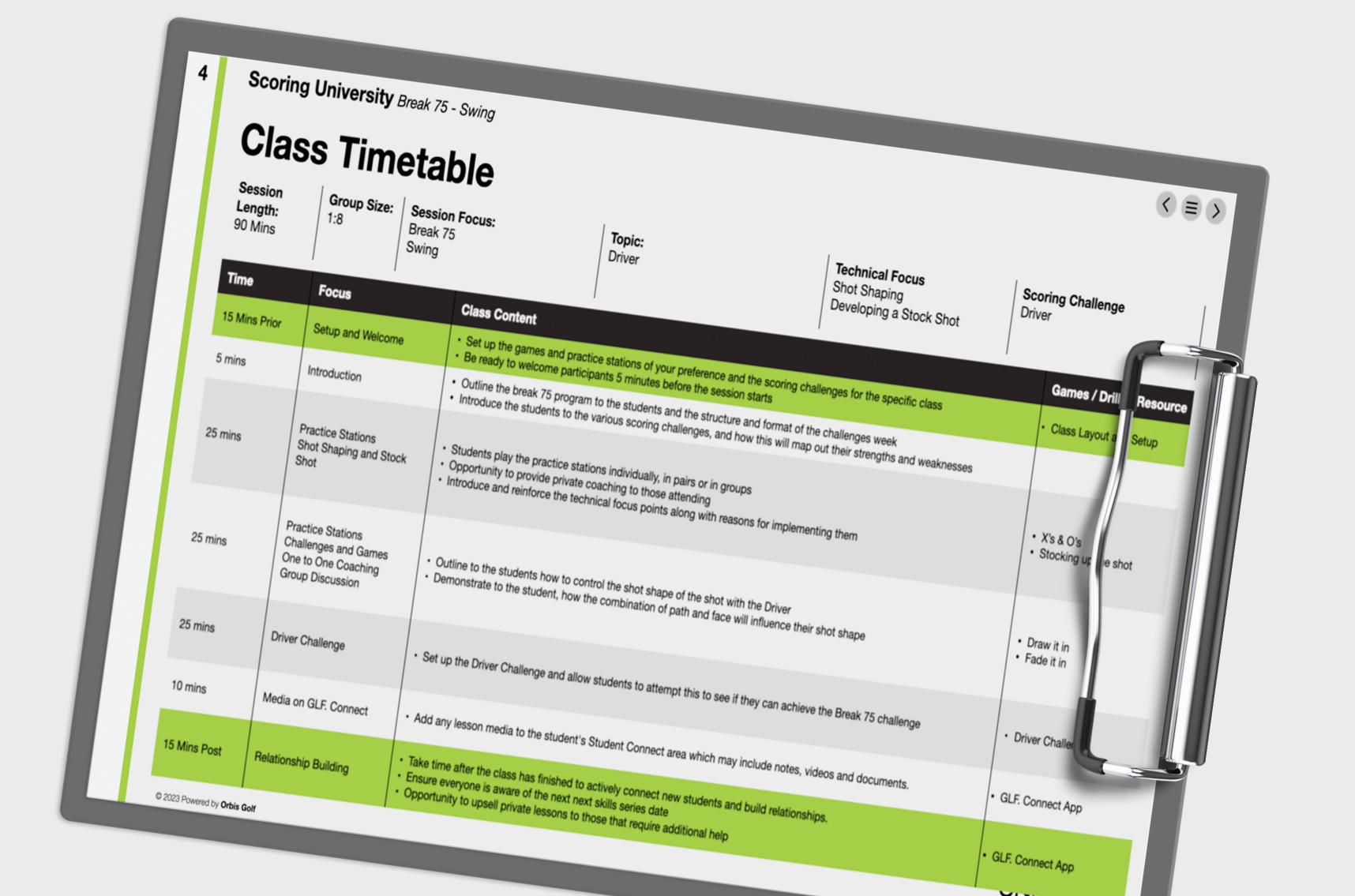








Session Timetable









Class Timetable - Challenge Week

Group Size: Session Focus: Topic: **Technical Focus Scoring Challenge** Session Challenges and Benchmarking 1:12 Break 90 Swing Challenges Swing Length: 90 Mins Challenge Week

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	 Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 	Class Layout and Setup
5 mins	Introduction	 Outline to the learners the break 90 program and the structure and format of the challenges week Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses 	
25 mins	Scoring challenges Individual coaching Rotation around set up	 Allow the students to take part in the first rotation of three parts of scoring challenges During this time the students will attempt the iron challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions Lay out the games cards and hand out the scoring goal challenges scorecards to the participants 	Iron ChallengeChallenge Scorecard
25 mins	Scoring challenges Individual coaching Rotation around set up	 Allow the students to take part in the first of three parts of scoring challenges During this time the students will attempt the fairway woods challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions Lay out the games cards and hand out the scoring goal challenges scorecards to the participants 	Fairway Woods ChallengeChallenge Scorecard
25 mins	Scoring challenges Individual coaching Rotation around set up	 Allow the students to take part in the first of three parts of scoring challenges During this time the students will attempt the driver challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions Lay out the games cards and hand out the scoring goal challenges scorecards to the participants 	Driver ChallengeChallenge Scorecard
10 mins	Media on GLF. Connect	 Add any lesson media to the student's Student Connect area which may include notes, videos and documents. Ask Students to update the GLF. Connect App if they have successfully completed a challenge across the scoring goals 	GLF. Connect App
15 Mins Post	Relationship Building	 Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the next next skills series date Opportunity to upsell private lessons to those that require additional help 	GLF. Connect App



TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

Swing

Club Speed The linear speed of the club head's center just prior to first contact with the golf ball	Attack Angle The up or down movement of the club head of contact between the club and ball	Launch Angle The vertical angle the golf ball takes off at relative to the horizon	Club path The in-to-out or out-to-in movement of the club head	Ball Speed The speed of the golf ball's center of gravity at impact	Carry The straight-line distance between where the golf ball was launched from and where it lands
Face Angle The direction the club face is pointing at the point of contact between the club and ball	Face to Path The angle difference between the reported face angle and club path	Low Point Distance from the club head to the lowest point on the swing arc at the time impact	Launch Direction The horizontal angle the golf ball takes off at relative to the target line	Side The perpendicular distance between the target line and where the ball crosses a point	Total The straight-line distance between where the golf ball was launched from and its resting position.

Keep an eye out for the Trackman Sticker on the game or challenge cards



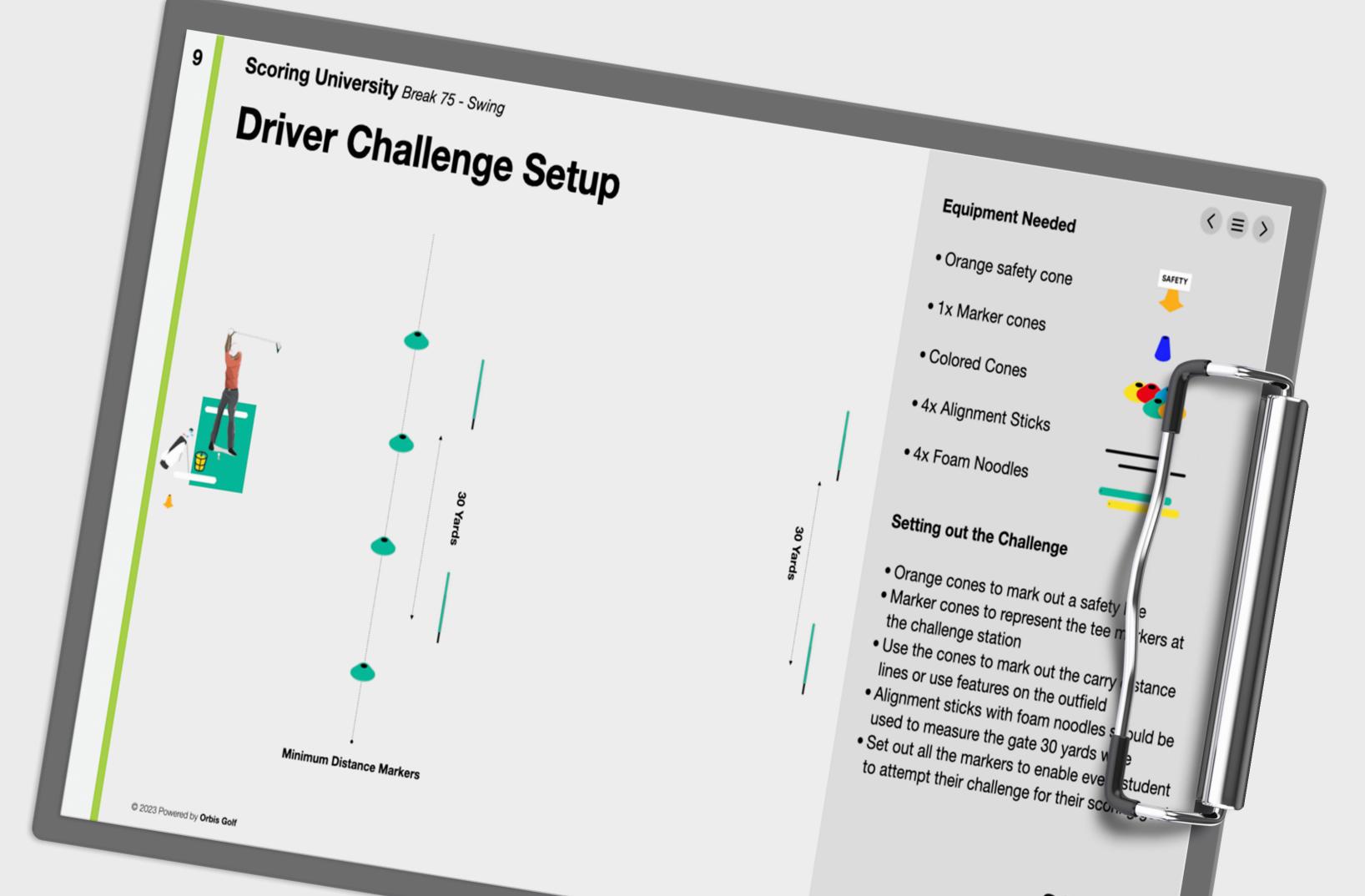
TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.





Objectives and Setup









Class Layout and Setup

Station 1:

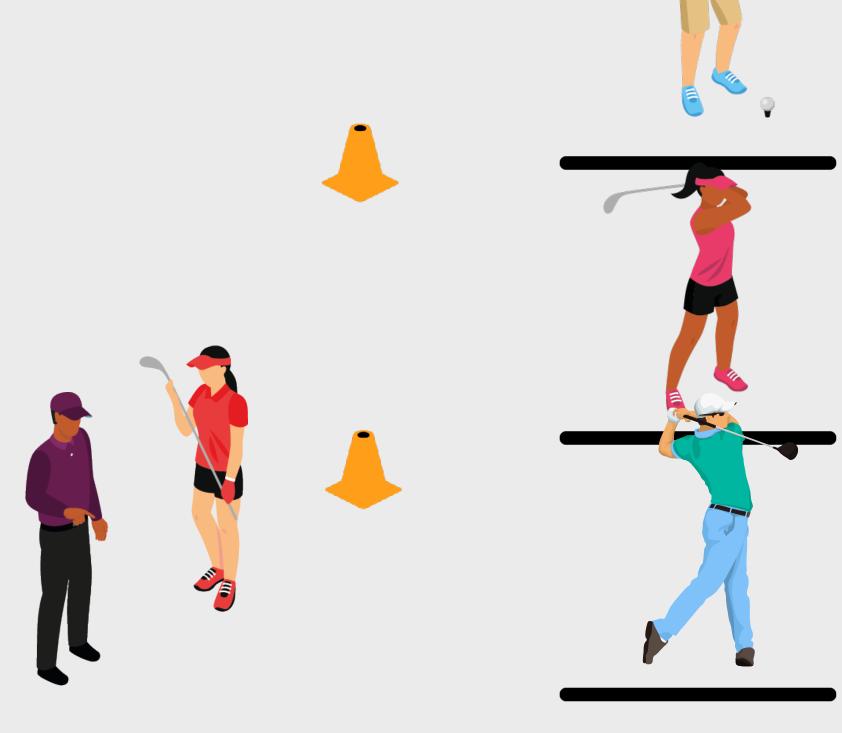
Iron Challenge



Fairway Wood Challenge

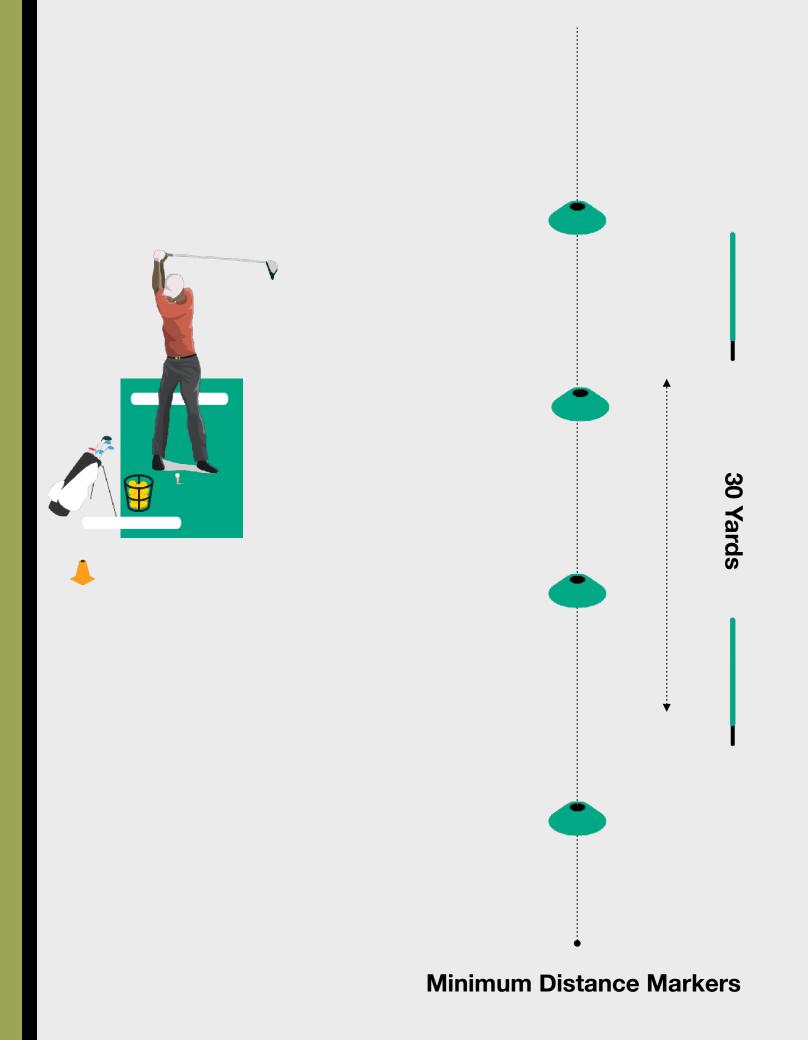
Station 3:

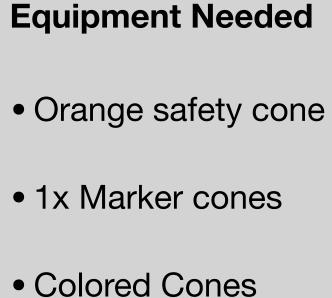
Driver Challenge





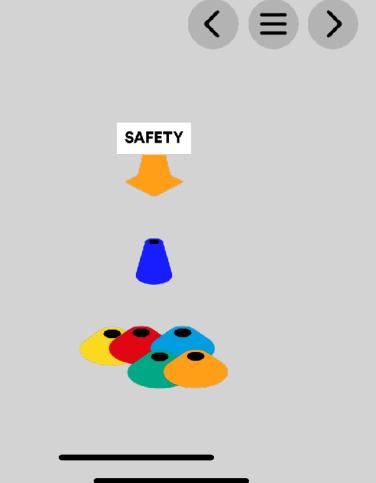
Driver Challenge Setup





• 4x Alignment Sticks

4x Foam Noodles

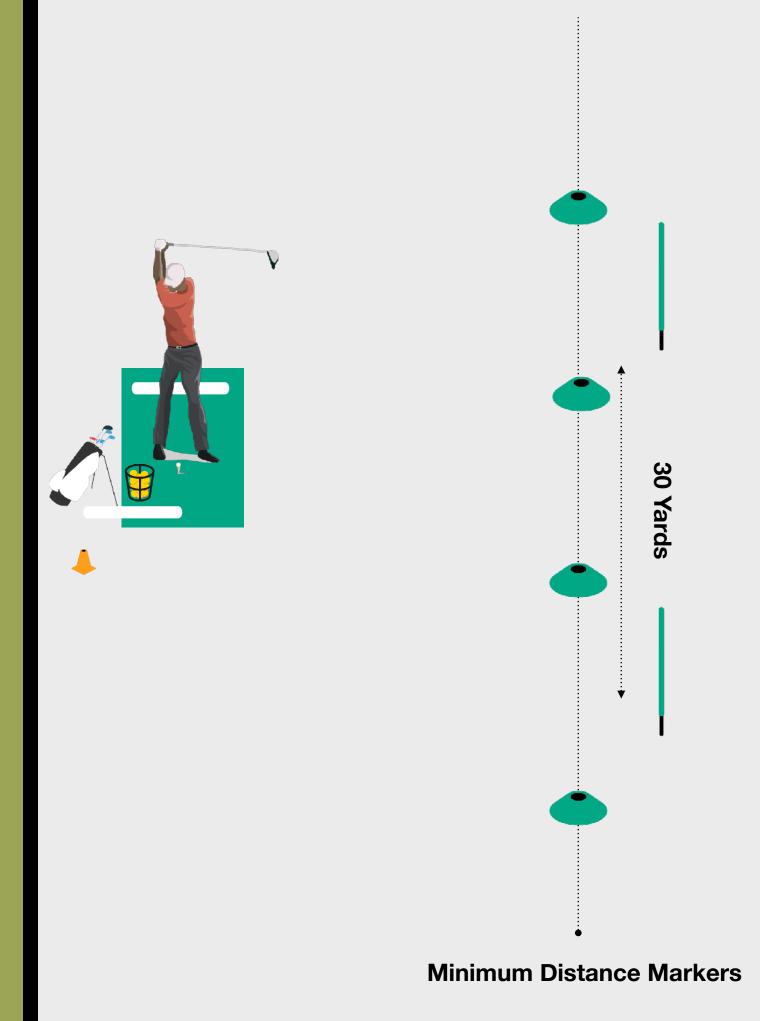


Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



Fairway Wood Challenge Setup











1x Marker cones



Colored Cones



• 4x Alignment Sticks



• 4x Foam Noodles

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal

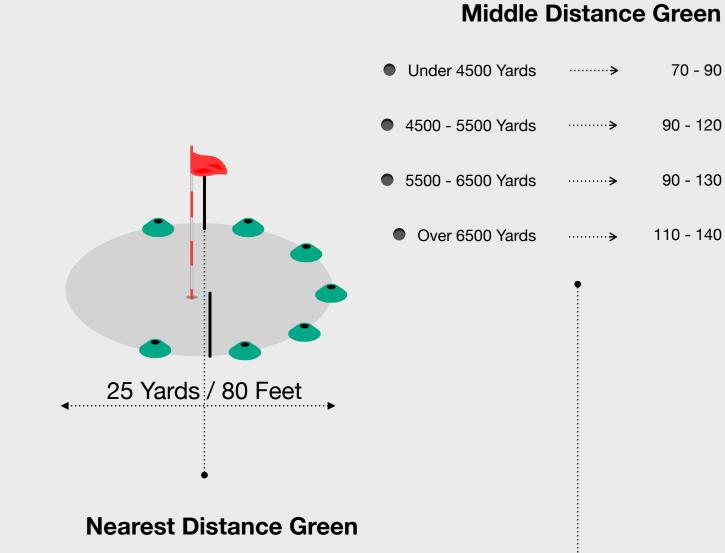


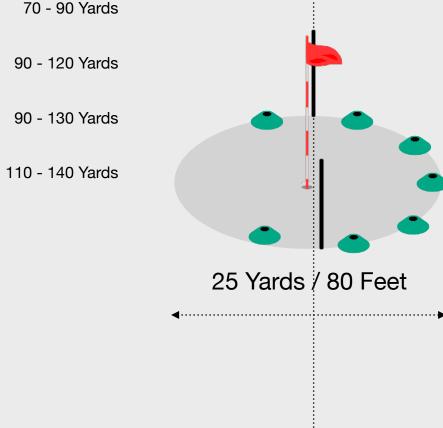
Iron Challenge Setup

Under 4500 Yards

4500 - 5500 Yards

Over 6500 Yards

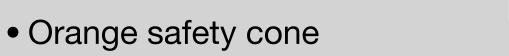






90 - 110 Yards **Furthest Distance Green** 25 Yards / 80 Feet 4500 - 5500 Yards 120 -150 Yards 5500 - 6500 Yards 130 -160 Yards Over 6500 Yards 140 -180 Yards







• 1x Marker cones



Colored Cones



• 9x Alignment Sticks



• 12x Foam Noodles



• 3x Flagstick

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Colored cones to mark out the three target greens
- Foam Noodles placed onto the alignment sticks used to mark the target widths
- Set out all the markers to enable every player to attempt their challenge for their scoring goal
- Flag to be used as marker for middle of the target green (optional)







Swing Challenges







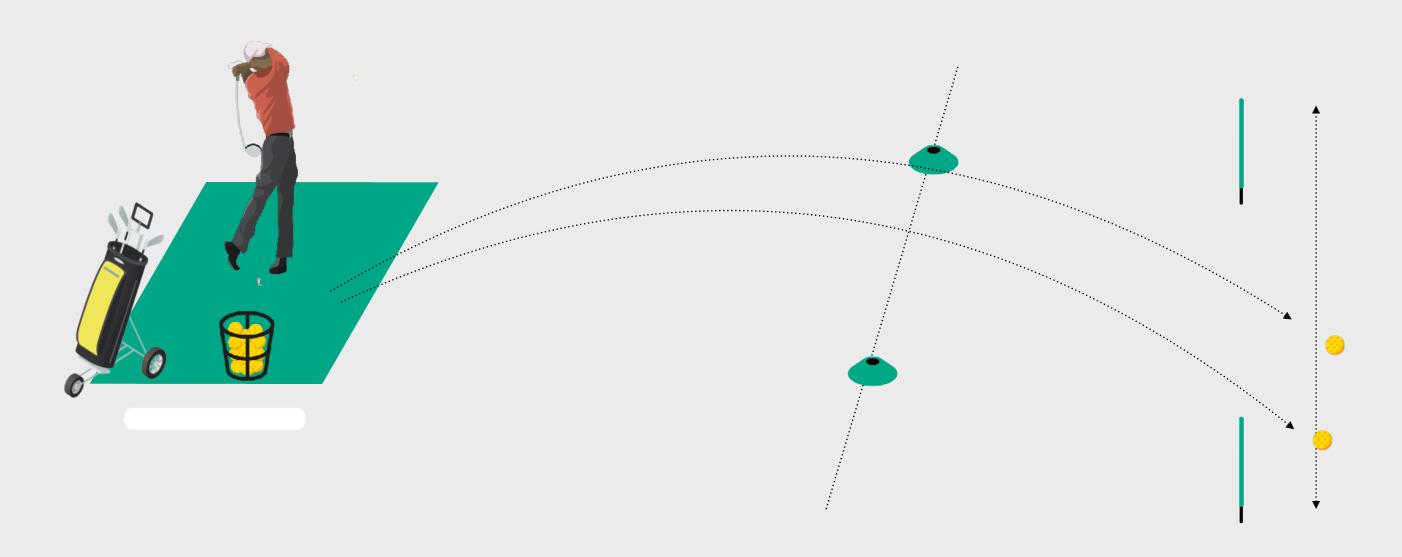
Driver Challenge

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the
Appropriate
Minimum Distance
for your chosen
Course Length

Course Length	Distance
< 4500 Yards	120
4500 -5500 Yards	160
5500 -6500 Yards	180
> 6500 Yards	210

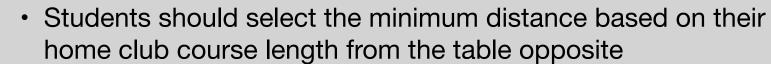


Minimum Distance Markers

30 Yard Wide Target Gate

Attempting the Challenge





- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Driver. The student has a total of 10 attempts
 - 4/ 10 shots between a target gate

What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward



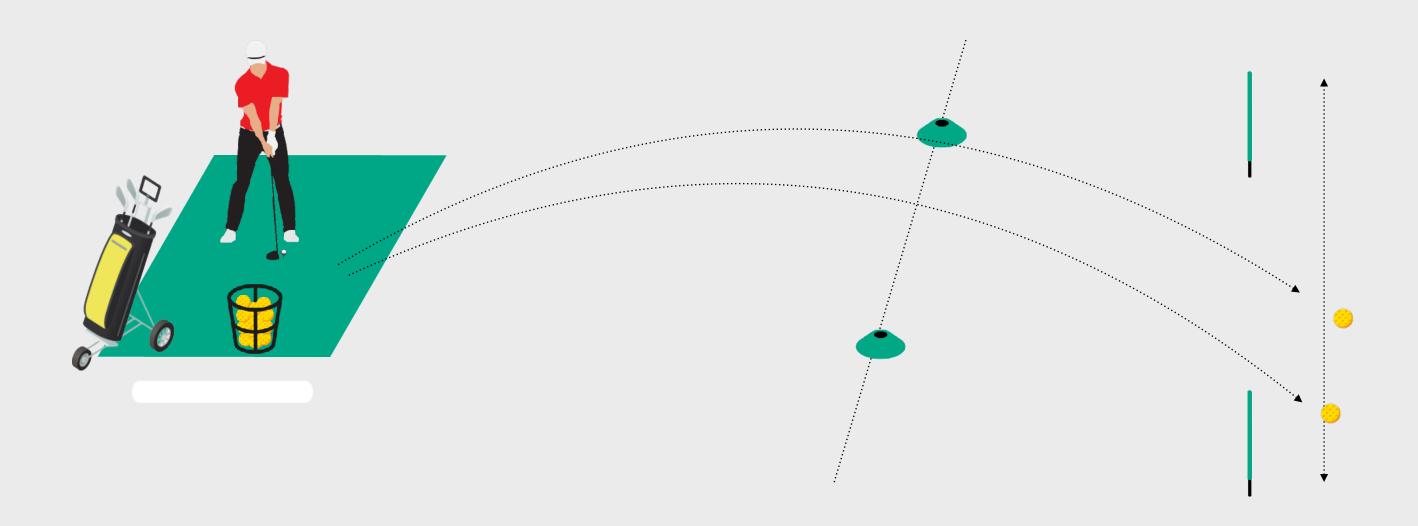


Fairway Wood Challenge

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

	Course Length	Minimum Distance
Select the Appropriate Minimum Distance for your chosen Course Length	< 4500 Yards	105
	4500 -5500 Yards	140
	5500 -6500 Yards	160
	> 6500 Yards	190



Minimum Distance Markers

30 Yard Wide Target Gate

Attempting the Challenge



- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts
 - 4/ 10 shots between a target gate

What to do Next:

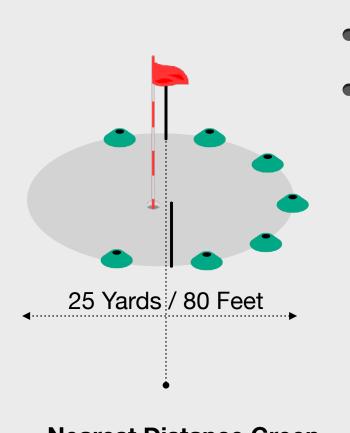
 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

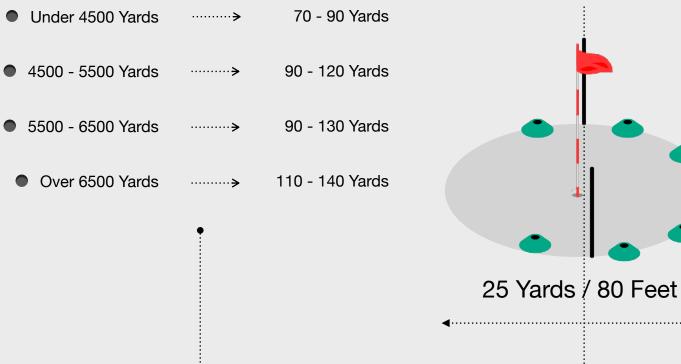




Iron Challenge

Middle Distance Green





Nearest Distance Green

	Under 4500 Yards	·····>	50 - 70 Yard
•	4500 - 5500 Yards	······>	70 - 90 Yards
	5500 - 6500 Yards	·····→	80 - 90 Yards
	0 0500 \		00 440 1/ 1

50 - 70 Talus
70 - 90 Yards
80 - 90 Yards

25 Yards / 80 Feet

Furthest Distance Green

5500 - 6500 Yards

······→ 130 -160 Yards

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Attempting the Challenge



- · Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- · Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit five shots to each target distance using whatever Iron/ Hybrid they require to reach the given distance. Students have a total of 5 attempts for each distance. attempts for each distance:
 - 1/5 shots land on the nearest target green
 - 2/5 shots land on the middle target green
 - 3/5 shots land on the further target green

What to do Next:

• On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

